

# Newsletter



*Happy Mother's Day on May 10th!*



## May 2026



### TABLE OF CONTENTS

PAGE

Executive Director – Jessica Parsons.....	2
Deputy Director – Katrice Obidike .....	3
Check Out the Website • <b>Rent Pulled May 4th</b> .....	3
Social Services – Tricia Robinson .....	4-5
Introduction to Computers – Mark Lewin.....	4
Facilities Director – Kelly Hauer • AD: LV Meet & Greet.....	6
<u>Ladies &amp; Mothers</u> , Join Us! <b>FLYER for Luther Village &amp; Luther Towers</b> .....	7
Pictures: Bingocize • AD: Stephen Ministry with Helen Morella .....	8
The Book Club Review: The House in the Pines by Jack Ostram.....	9
How to Prevent Financial Fraud FLYER .....	10
Pictures: Flower Pot Art .....	11-12
Pictures: Luther Towers IV Renovation • ADs: Newcomers • “Fairwells” • Stand By Me ( <i>a free program</i> ) .....	13
ADs: Exercise Class • Health First Medical Care • Bingo & Dominos Schedules • Haircuts • <b>May Walking Club Information</b> .....	14
Pictures: LV Bingo • BingoWorld Baltimore ( <i>excursion pics!</i> ) .....	15
Pictures: DE State Wellness Event .....	16
<u>Movie Night</u> : “Remarkably Bright Creatures” starring Sally Field .....	17
May Menu .....	18
May Bluebird Schedule — REMINDER ( <i>always check for changes!</i> ) .....	19
Luther Towers May Activity Calendar.....	20
Luther Village May Activity Calendar .....	21
Phone Extensions.....	22

From the Desk of The Executive Director

## JESSICA PARSONS

I hope this message finds you well and enjoying the changing season. It is always a pleasure to see the strong sense of community that makes our complexes such special places to call home.

This month, please join us for a Mother's Day celebration as we honor the wonderful women in our community. While we recognize mothers, this event is open to all women. We will be planning food based on the number of sign-ups, so please be sure to sign up in advance so we can prepare accordingly.

We look forward to a wonderful time with good food, great company, and bingo games! Deadline for signing up is May 1st.

### **Garden Boxes:**

Garden boxes have been assigned to those who requested one. As a reminder, please water only your own box, as others may prefer not to have their boxes tended by others. Additionally, please do not harvest fruits or vegetables from boxes assigned to other residents.

### **Health and Safety Inspections:**

Health and Safety inspections will be conducted this month. Residents will receive a 2-day notice prior to their scheduled inspection, so please be prepared. Gregory will be training to assist with these inspections, so you may see an additional person accompanying the team.

Going forward, Health and Safety Inspections will take place in January, April, July, and October each year. You will receive advance notice of the specific timing as the date approaches.

### **Wi-Fi Update:**

As previously shared, we are actively pursuing grant funding to improve infrastructure and provide Wi-Fi access for residents. This service will support access to healthcare, social connection, banking, and other daily online needs.

We are pleased to announce that we have been awarded \$124,817 toward a total project cost of \$248,000 for both campuses. This funding will allow us to purchase all necessary equipment for Luther Towers and Luther Village, as well as complete installation at Luther Towers I. Luther Towers I is the largest building and will house the primary equipment for the broadband network.

We have also submitted additional grant applications to fund the remainder of the project. The remaining work will be completed in phases: Phase 2 will include installation at Luther Towers II, III, and IV, and Phase 3 will cover Luther Village I, II, and III.

In addition, we will provide training for residents to help ensure everyone is comfortable and able to take full advantage of the new Wi-Fi services. Please stay tuned for training dates.

### **Renovation:**

We are continually seeking ways to enhance our facilities and grounds to better serve our residents. We recently completed renovations to the Luther Towers IV Parlor, creating a refreshing and welcoming space for gatherings and social activities. We hope you enjoy the updated look. *See pics on Page 10.*

*Jessica P*

### **HOW TO PREVENT FINANCIAL FRAUD:**

Wilmington University's Center for Law, Justice and Society will present an informative session on how to prevent financial fraud on...

**June 3rd from 1:00pm to 2:00pm**

**See Flyer on Page 10**

### **MAY – WALKING CLUB**

See Page 14 for

**INFORMATION**

From the Desk of The Deputy Director  
**KATRICE OBIDIKE**

This month's article is dedicated to all the mothers out there. The best way I can describe motherhood is the first job a female has where she is on a voluntary status for the rest of her being. The difference is she doesn't really mind if she never gets paid for the job because she adores it so much. What could ever bring more joy than spraying Bactine on a scraped knee or elbow, blowing snotty noses, cleaning soiled diapers, answering the question "why?" 1,000 times per day, rising at the break of dawn to get to a sports event on time, going broke just to keep them happy, feeding them before you feed yourself because they are your cubs, or simply clutching a really tight hug... and I could go on and on.

I know it is extremely difficult to let go. Believe me, I have been there and done that and am about to experience it again this summer. The part that becomes heart wrenching is watching them fly up, up and away; yet, at the same time, this is the part where your heart is also overwhelmed with joy at the sight of your descendants spreading their wings and drifting into the unknown with nothing but the lessons you and life have taught them. It's a feeling of ambivalence... you don't know whether to laugh or cry!

*To all of our Towers & Village mothers,  
I wish you a very Happy Mother's Day!!*

This journey has been the most meaningful task of my entire life, and I have never and will never diminish the importance of this undertaking with which we have been truly blessed.

Mothers, I hope to see you all at the special gathering designed just for you: For Luther Village, the celebration will be Monday, May 4th at 10:00am in the Activity Room; and for Luther Towers, the celebration will be Friday, May 8th at 1:00pm in the Activity Room.

*Katrice*

**Happy Mother's Day!**



**WEBSITE**

**LutherTowersOfDover.com**

Visit our website to check out our video!

It proudly features some of our very own residents, and we're thrilled with how well it turned out.

A big thank you again to all the staff and residents who made this happen!

**INFORMATION BOTH CAMPUSES**

**RENT Pulled on**

**May 4th**

In some months, your rent may not come out of your account on the 4th **due to holidays or weekends.**

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will avoid Insufficient Funds problems.



From the Office of Social Services  
**TRICIA ROBINSON**

Hello, Everyone! 🙋

Please enjoy the pictures of the Wellness event we had with the Delaware State University students. The students were able to conduct fall risk assessments, blood pressure checks, eye evaluations, and strength testing.

Public Health was on site to check cholesterol, give vaccines and many other services. This was a great event and I am grateful for the turn out. The students were so kind and caring to us all.

Please also enjoy the pictures of Bingocize! We have recently been able to order Team Bingo + Exercise T-shirts which has only added to our fun!

*Tricia*

### **IMPORTANT**

The participants of bingo and exercise could really see the efforts of exercising paying off for them. When the students performed balance and strength testing, it was directly correlated to many of the exercises we do at Bingocize!

Please consider joining us! It is not just for the fun of Bingo. Studies show that a little exercise each day can help to gain strength, balance and ...

**REDUCE YOUR FALL RISK!**

**FREE Just Do It! FREE**  
**WILLS FOR SENIORS**  
If you are interested in having a **WILL, or POWER OF ATTORNEY, or ADVANCED HEALTHCARE DIRECTIVE** prepared, call Tricia to schedule an appointment with **Jacki Chacona** from Delaware Volunteer Legal Services.  
We are ready to take more clients!  
Call 302-674-1408 ext 131.  
**Why Are You Procrastinating?**

### **INTRODUCTION TO COMPUTERS Come Learn With Us!**

Have you ever wanted to order groceries from home, stay in touch with family, or just feel more comfortable around technology? This class is for you! Join us on May 20th at 1pm or May 22nd at 10am (see ad to the left!).

**What is this class?** A friendly, no-pressure, one-hour introduction to computers – designed specifically for beginners. No experience needed, and no question is too basic!

**What will we cover?** We'll touch on a mix of helpful basics, including:

- What are the different parts of a computer and how are they used
- How to get around on a screen using a mouse or touchscreen
- How to browse the internet for news, information, and everyday needs
- A peek at how computers can help with things like ordering groceries, printing statements, and staying connected with loved ones
- What is "AI"? – A Basic Introduction

**What should I bring?** If you have a laptop, tablet or smartphone, we encourage you to bring it along so you can follow right along with the lesson! If you don't have a device, no worries at all – come anyway, watch, listen, and learn. Seeing it in action is a great first step, and you're welcome to ask questions throughout

**Will there be time for questions?** Absolutely! Q&A is a big part of the session. There are no silly questions here – in fact, your questions help everyone learn!

**INTRODUCTION TO COMPUTERS**



**LT – Wednesday, May 20th, 1pm**  
**LV – Friday, May 22nd, 10am**

*Mark*



### GAME DAY & COLORING COMFORT COMBINED!

Thursday, May 28th  
at 1:00pm

hosted by *Luther Towers*

All Must Sign Up on Bulletin Board in Your Building

—Supplies are Provided—

Table Games, Card Games,  
Snacks & Drinks, & Coloring!

Both Campuses Welcome to Attend!



Prize Bingo – LV Lunch Time Friday’s:  
May 15th & May 29th  
in LV-III Activity Room

### MOVIE NIGHTS

The movie showing in May will be  
“Remarkably Bright Creatures”  
starring Sally Field

**Luther Towers:**

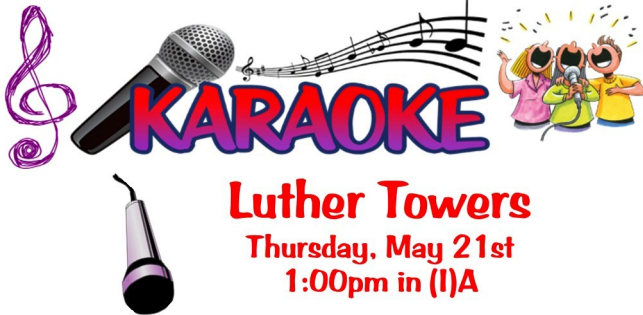
Thursday, May 14th, 5:30pm

**Luther Village:**

Thursday, May 21st, 5:30pm

Come Join Us for A Great Time!  
Sign Up on Bulletin Board in Your Building

See Flyer Page 15



### Luther Towers

Thursday, May 21st  
1:00pm in (I)A

– BOTH CAMPUSES WELCOME TO ATTEND –  
Snacks & Drinks & Door Prizes & Fun & More Fun!  
Sign Up on Bulletin Board in Your Building

**BINGOCIZE:** Meeting twice weekly on  
Tuesdays & Thursdays at 10:00am.

See your May calendar at  
the end of Newsletter.

Each session includes several games of  
bingo mixed with education and exercise!

**LOTS OF GREAT BINGO PRIZES!**

**Don't Forget!**  
**EXERCISE WITH BETSY**  
Every Monday at 10:15am in LT-I(A)



### DIABETES CLASS

This class began in April and  
the last 2 weeks of the class will be  
May 6th & 13th.

Everyone Who Has Participated  
Has Learned Valuable Information!

The Book Clubs are open to ALL residents.  
(see calendar for date)

**To Join the Book Club,**

To Join, Call Tricia at 674-1408 ext 131

### MONTHLY ACTIVITIES FOR RESIDENTS *Tricia*

We post activities in the calendars located at  
the back of the Newsletter for Luther Towers  
and Village residents. Highlighted on my page  
are the more popular activities by attendance.

Activities are held for YOU to get out and be  
active in an environment where great care is  
afforded to each and everyone of you.  
**Let's Get Moving! Sign Up & Participate!**

From The Maintenance Manager  
**KELLY HAUER**

**PEST CONTROL**



**Luther Village Apartments**

None at This Time



**Luther Towers Apartments**

May 06 ..LT-1 ...201-223 ... LT-2.....B01-B18  
 May 13 ..LT-1 ...301-323 ... LT-3....1001-1018  
 May 20 ..LT-1 ...401-423 ... LT-3.....2001-2018  
 May 27 ..LT-1 ...501-523 ... LT-3.....3001-3018

**THOUGHT OF THE MONTH  
 TODAY'S TO-DO LIST!**

- 1-Smile
- 2-Don't Sweat the Small Stuff
- 3-Think Positive
- 4-Inspire
- 5-Love
- 6-Be Grateful
- 7-Be Happy



**KELLY'S REMINDERS:**

I have noticed... Residents are leaving their trash in the hallway outside of the Trash Compactor Room for staff to put it in the compactor... That's NOT how it works...

It is **YOUR RESPONSIBILITY** to take your trash to the Trash Chute Room or to the Dumpster for disposal and to place it properly down the chute or in the dumpster...

No Where Else and Not By Our Staff



Call the Front Desk for ALL Maintenance Issues *Kelly*

**STANDARD MAINTENANCE CHARGES**

**Bathroom:**

- \$ 6.00 Medicine Cabinet Shelf
- \$ 5.00 Soap Dish
- \$ 29.00 Toilet Seat
- \$ 75.00 Shower Curtain w/hooks (for walk-in shower only)

**Refrigerators:**

- \$ 5.00 Ice cube trays
- \$100.00 Crisper Tray Cover
- \$ 35.00 Shelf Railing
- \$ 11.00 Shelf bracket (each)

**Ranges:**

- \$ 12.00 Burner Knobs
- \$ 4.00 Drip Pan (each)
- \$ 30.00 Broiler Pan
- \$ 10.00 Range filter

**Electrical Repairs:**

- \$ 15.00 Bath Light Lens
- \$ 15.00 Ceiling Light Globe
- \$ 4.00 Receptacle
- \$ 1.00 Receptacle Cover
- \$ 4.00 Switch
- \$ 4.00 Switch Cover
- \$ 50.00 Cord Mate Necklace

**Windows:**

- \$ 40.00 Replacement Screen
- \$ 75.00 Storm Window
- \$ 80.00 Slim Shade Blinds
- \$ 15.00 Slim Shade Operator (screen mount)
- \$ 20.00 Slim Shade Operator (window mount)
- \$ 10.00 Curtain Rod

**Locks:**

- \$ 5.00 Replacement Key
- \$ 10.00 Dead Bolt Latch
- \$ 50.00 Lock Change

**Miscellaneous:**

- \$ 10.00 Access Card
- \$ 2.00 Lanyard
- \$ 5.00 Laundry Card
- \$ 1.00 Light Bulb
- \$150.00 Minimum Carpet Repair



**MEET  
 and  
 GREET**

**Join Us!**

**LUTHER VILLAGE (I)A  
 MAY 9, 2026  
 4:00PM**

# A Tribute to ALL Our Resident Mothers



## LADIES & MOTHERS, JOIN US!

> LIGHT REFRESHMENTS & MIMOSAS <



LUTHER VILLAGE

Monday, May 4th, 10:00am

LV-III Activity Room

LUTHER TOWERS

Friday, May 8th, 1:00pm

LT-I Activity Room



“Honoring Mothers and  
All Who Share a Mother’s Heart”

# BINGOCIZE



**STEPHEN MINISTRY**  
*is here to help and will  
 come to your doorstep.*



How Can We Help? Going through a Difficult Time?  
 Health Crisis? Loneliness? Alienated from Family?

Everyone goes through difficult times. Having someone to care, to listen, and to share God's love with you can help you get through the confusion, stress, or loneliness you may be experiencing.

If you are interested in speaking with someone who is willing to listen with care, please reach out to ...

**Helen Morella**  
 Coordinator for Stephen Ministry Team  
 St. John's Lutheran Church  
 302-734-7078



# THE BOOK CLUB

Luther Towers / Luther Village

## The House in the Pines

A Review by Jack Ostram

How stable are you? How stable is anyone of us? Do we believe everything we see, hear, touch and smell? What is real? What is illusion?

These questions and others are addressed in the latest Luther Towers Book Club read, “The House in the Pines” by Ana Reyes.

The story focuses on Maya, a 20 something young woman and her struggles not only with her withdrawal from Klonopin (a medication used to treat seizure disorders and anxiety with a high risk of drowsiness, dizziness and memory loss), her search to understand her deceased father’s manuscript and understand the reason for at least two unexplained deaths in front of a man she dated with no apparent reason for either death.

The story is interwoven with Maya’s past. Her father, Jaino, was a Guatemalan who was assassinated during one of the many insurrections that occurred in Guatemala during the 70s and 80s.

Before his death he fell in love with Brenda, a missionary staying at his house. The result was Maya. However, Jaino was killed before Brenda knew she was pregnant.

She kept his manuscript he worked on and Maya, as she got older, translated the story.

Maya meets Frank, a \$vengali-!YP□man! who ‘-Yorks jn the Ubrary. It seems he has a special hold on Maya and almost anyone he meets, including Maya’s best friend Aubrey, who quickly sees through Frank’s mysticism and becomes a threat to him.

Ms. Reyes’ dual timeline approach can be confusing at times, making the reader question what time period are they in but, overall, it is effective. The tension builds gradually as the reader travels with Maya trying to unravel the mystery that is Frank.

How can he have such a hold on people? How can he do what he does to Maya and others?

A quick clue: pay attention to the Prologue. It gives you a strong clue as to what you are about to read.

Ms. Reyes has crafted an interesting psychological thriller. It is a fairly quick read and entertaining. Readers may be disappointed with an unresolved ending but, then again, it wouldn’t be a psychological thriller without one.

See You Next Month

— Jack



# HOW TO PREVENT FINANCIAL FRAUD

PROTECT YOUR MONEY. PROTECT YOUR FUTURE.



Join us for an important training designed to help older adults recognize, avoid, and protect themselves from financial scams.



Experts will discuss the latest types of financial scams and share practical tips to help you stay safe from scammers and protect what you've earned.



WEDNESDAY  
**JUNE 3, 2026**



1:00 PM – 2:00 PM



**LUTHER TOWERS**  
430 Kings Highway  
Building 1  
Dover, DE 19901



**EDUCATE.  
EMPOWER.  
PROTECT.**  
*Knowledge is  
your best defense.*



PRESENTED BY  
**WILMINGTON UNIVERSITY  
CENTER FOR LAW,  
JUSTICE AND SOCIETY**

Empowering our community through education, awareness, and action to prevent crime and promote justice for all.

*Stay informed. Stay vigilant. Stay protected.*

## SCAMS TO WATCH FOR



ONLINE SHOPPING SCAMS



BUSINESS IMPOSTER SCAMS



TECH SUPPORT SCAMS



GOVERNMENT IMPERSONATION SCAMS



ROMANCE SCAMS



# Flower Pot Art



Sandra Bowden Avant



Vanessa Brady Hines



Dolores Anderson



Patty Stark



Jeannie Wilson



Virginia Metzler



Carol Loeffler  
& Helen Causey

There was  
So Much Joy  
that it was difficult  
to keep  
anyone out!

# Flower Pot Art



Sonia Tuma



Bernice Rollings



Loray Sullivan



Jean Wilkerson



Sandy Henderson



Linda Stevenson



Betty Baker Lee



# Luther Towers IV Renovation

Arrangement **BEFORE** Renovation



Things have really changed!  
What was “against the wall” is now  
arranged for socializing!

Arrangement **AFTER** Renovation



Arrangement **AFTER** Renovation



Arrangement **AFTER** Renovation



## **NEWCOMERS** *Welcome, Neighbor!*

- LT1-610. Maria Sanchez
- LT1-501. Michael Woodard
- LT2-B14 Rose Stanchick
- LT2-A13 Brian Makowsky



## *Fairwell, Neighbor*

LT-I... 416 .... Viola Hall



## **STAND BY ME ~ A FREE PROGRAM**

“Stand By Me” is a program to assist senior citizens with managing finances & creating a budget, etc. Participants are assigned their own financial coach.

If you have been struggling with managing your finances and are interested in these services, you can call **Alcyone King** at **302-922-0490**. The program is sponsored by the State of Delaware and The United Way.



**Exercise Class**  
**“MORNING STRETCH**  
**W/BETSY”**

**Every Monday Morning at**  
**10:15am in Luther Towers I(A)**

**Hosted by:**  
**Certified Instructor**  
**Betsy Gustafson**



**HEALTH FIRST MEDICAL CARE**  
**QUALITY COMPREHENSIVE CARE AT HOME**

**PROVIDING A WIDE RANGE**  
**OF SERVICES**

- Primary Care
- Mental Health Consult/  
Mental Health Counseling
- Annual Wellness Exam
- Medication Management/  
Pharmacy Consultation
- Audiology/Optometry  
Assessments
- Podiatry

**NEXT DAY**  
**APPOINTMENTS**

**MEDICAL DIRECTOR**  
**ERNEST TAMAJONG**  
**CRNP/DNP<sub>o</sub>**



**CONTACT INFORMATION:**  
**302-616-9324**  
 etamajong@health1mc.com  
 www.health1mc.com

**Affordable Health Care Solutions**  
**in the Comfort of Your Home**

**MAY – WALKING CLUB:**

We are running this club throughout the month of May *only*. It’s a perfect opportunity to check out the feeling of getting yourself moving and having fun. It’s only 20-30 minutes of your day but what a way to start! The schedules are posted in the calendars for each location as well as here.

**\*Luther Towers:**  
**Wednesdays and Fridays at 10:00am**

**\*Luther Village:**  
**Tuesdays and Thursdays at 10:00am**

Luther Towers participants will meet behind **Luther Towers 1 by the shuffleboard area.**

Luther Village participants will meet at the **Village 3 Gazebo.**

Two staff members will join the group to help guide and support participants. The Walking Club is open to all residents, and no matter what your pace, everyone is welcome.

Each time you participate, your name will be entered into a raffle held at the end of the month.

We will evaluate whether to continue the Walking Club beyond May based on participation.

***We look forward to seeing you there!***

**BINGO SCHEDULE**  
**LUTHER TOWERS**

Mondays	5:00pm	(II)A
Wednesdays	5:30pm	(I)A
Thursdays	5:45pm	(IV)
Fridays	5:30pm	(I)A
Saturdays	5:00pm	(II)A



**DOMINOS**  
**LUTHER VILLAGE**

**EXCLUSIVELY**  
**Mondays...5:30pm...(I)A**



**LUTHER TOWERS BEAUTY SHOP**  
**\$10.00 HAIRCUTS**

**SPECIAL! SPECIAL! SPECIAL!**  
**NEW CLIENTS ONLY**

**APPOINTMENTS AVAILABLE**  
**WED/THU/FRI**

**TO MAKE APPOINTMENT**  
**CALL 302-674-1408 x129**

# LV BINGO



# BINGOWORLD BALTIMORE



# Delaware State Wellness Event



BASED ON THE BEST-SELLING PHENOMENON  
**SALLY FIELD    LEWIS PULLMAN**

# REMARKABLY **BRIGHT** CREATURES

This Was A  
Book Club Read  
& We Loved It!

**MOVIE NIGHT**  
'Remarkably Bright  
Creatures'  
starring: Sally Field  
BRAND NEW RELEASE  
THURSDAY, May 14  
5:30PM  
LT 1 ACTIVITY ROOM  
SIGN UP ON BULLETIN BOARD IN YOUR BLDG

**MOVIE NIGHT**  
'Remarkably Bright  
Creatures'  
starring: Sally Field  
BRAND NEW RELEASE  
THURSDAY, May 21  
5:30PM  
LV 3 THEATRE  
SIGN UP ON BULLETIN BOARD IN YOUR BLDG



NETFLIX PRESENTS AN ANONYMOUS CONTENT / NIGHT OWL STORIES PRODUCTION AND OLIVIA NEWMAN FILM SALLY FIELD "REMARKABLY BRIGHT CREATURES" LEWIS PULLMAN JUAN CHEN  
KATHY BAKER, BETH GRANT, SOFIA BLACK-DELLA WITH COLM MEANEY AND ALFRED MOLINA COSTUME DESIGNER MARY VERINEAU, CSA AND LINDSAY GRAHAM AHAMONU, CSA SUPERVISOR SEASON KENT MUSIC BY DICKSON HINCHLIFFE  
EXECUTIVE PRODUCER CARLA HETLAND EDITOR TAMARA NEEM PRODUCTION DESIGNER JENNIFER MORDEN DIRECTOR OF PHOTOGRAPHY ASHLEY CONNOR EXECUTIVE PRODUCERS ALESSIA RODRIGUES, ERIKA HAMPSON, OLIVIA NEWMAN, SHELBY VAN PELT, TONY LIPP, ALISA TAGER  
PRODUCED BY BRYAN UNKLESS, S.P.A. PETER CRAIG, S.P.A. DAVID LEVINE BASED ON THE BOOK BY SHELBY VAN PELT SCREENPLAY BY OLIVIA NEWMAN AND JOHN WHITTINGTON WRITTEN BY OLIVIA NEWMAN

PG-13

ONLY ON **NETFLIX** | MAY 8

# Menu May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
27 Chicken Tetrazzini w/Noodles Buttered Peas Wheat Bread / Milk Fruit	28 Taco Chili w/Rice Chef's Blend Veggies Sour Cream / Tortilla Chips Salsa / Milk Pudding <b>Cinco De Mayo</b>	29 BBQ Pulled Pork on Bun Potato Wedges Mexican Corn Milk / Fruit	30 Fried Chicken Mac & Cheese Seasoned Collard Greens Roll / Milk Ice Cream	1 Chicken Pot Pie Buttered Zucchini Wheat Bread / Milk Mousse
4 Swedish Meatballs Buttered Noodles Buttered Green Beans Roll / Milk Fruit	5 Baked Chicken w/Gravy Mashed Potatoes Peas & Carrots Dinner Roll / Milk Lemon Pudding	6 Tuna Salad on Bun Lettuce & Tomato Macaroni Salad Milk Applesauce	7 Roast Beef w/Gravy Mashed Potatoes Buttered Carrots Asparagus Roll / Milk Cake w/Icing <b>Birthday &amp; Mother's Day</b>	8 Jumbo Beef Hot Dog on Bun w/ Relish/ Ketchup/Onions Potato Wedges Coleslaw Milk / Fruit
11 Meatloaf w/Gravy Mashed Potatoes Mixed Veggies Wheat Bread / Milk Pudding	12 Sausage & Peppers White Rice Chef's Veggies Roll / Milk Mixed Fruits	13 Beef Stew w/Potatoes & Veggies Broccoli Biscuit / Milk Fruit	14 Liver & Onions w/Gravy Mashed Potatoes Buttered Green Beans Roll / Milk Sherbet	15 BBQ Chicken Baked Beans Macaroni Salad Roll / Milk Mixed Fruit <b>Memorial Day Celebration</b>
18 <b>CLOSED</b> <b>MEMORIAL DAY HOLIDAY</b>	19 Chicken & Dumplings Buttered Green Beans Biscuit / Milk Applesauce	20 Fried Fish Scalloped Potatoes Mixed Veggies Cornbread / Milk Yogurt	21 Chicken Parmesan Spaghetti Chef's Blend Italian Bread / Milk Yogurt	22 Chicken Parmesan Spaghetti Chef's Blend Italian Bread / Milk Yogurt
25	26	27	28	29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30		<p><b>PLEASE NOTE • PICK UP TIMES</b></p> <p><b><u>TUESDAY &amp; WEDNESDAY:</u></b></p> <p><b>Luther Village 8:45am, 9:45am, 11:00am,</b>  <b>Luther Towers 9:00am, 10:00am, 11:15am, 1:00pm</b></p> <p><b><u>THURSDAY:</u></b></p> <p><b>Luther Village 8:45am</b>  <b>Luther Towers 9:00am</b></p>
3	4	5 9:00am, 10:00am SAFEWAY, FOOD LION 11:00am ROSES	6 WALMART	7 WALMART 1½ hour each trip 9am, 11am		
10	11	12 9:00am, 10:00am SAFEWAY, FOOD LION 11:00am BYLER'S	13 WALMART	14 REHOBOTH BEACH		
17	18	19 9:00am, 10:00am SAFEWAY, FOOD LION 11:00am BYLER'S	20 WALMART	21 WALMART 1½ hour each trip 9am, 11am		
24	25	26 9:00am, 10:00am SAFEWAY, FOOD LION 11:00am BYLER'S	27 WALMART	28 MIDDLETOWN FARMERS MARKET		
31						

# May 2026 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
3	4	5	6	7	8	9
12pm/(I)A <b>CHURCH SERVICE</b>	9:30am/(I)A <b>SNAP REP</b> 10:15 EXERCISE w/BETSY 1pm/(I)A CAUSEY	10am/(I)A <b>BINGOCIZE</b>	10am/(I)Parlor Walking Club 10a-12p/(I)A <b>Diabetes Class</b> Week 4 5:30pm/(I)A <b>BINGO</b>	10am/(I)A <b>BINGOCIZE</b> 5:45pm/(IV) <b>BINGO</b>	10am/(I)Parlor Walking Club 1p/(I)A <b>Word Search</b> w/Anita 5:30pm/(I)A <b>BINGO</b>	10am/(I)Parlor Walking Club 5:30pm/(I)A <b>BINGO</b>
10	11	12	13	14	15	16
12pm/(I)A <b>CHURCH SERVICE</b> 1pm/(I)Conf Rm Stephen Ministry	10:15 EXERCISE w/BETSY 1pm/(I)A CAUSEY	10am/(I)A <b>BINGOCIZE</b> 3pm/(I)C <b>CHERUB GRP</b>	10am/(I)Parlor Walking Club 10a-12p/(I)A <b>Diabetes Class</b> Week 5 5:30pm/(I)A <b>BINGO</b>	10am/(I)A <b>BINGOCIZE</b> 5:30pm/(I)A <b>MOVIE NIGHT</b> 5:45pm/(IV) <b>BINGO</b>	10am/(I)Parlor Walking Club 5:30pm/(I)A <b>BINGO</b>	10am/(I)Parlor Walking Club 5:30pm/(I)A <b>BINGO</b>
17	18	19	20	21	22	23
12pm/(I)A <b>CHURCH SERVICE</b> 1pm/(I)Conf Rm Stephen Ministry	10:15 EXERCISE w/BETSY 1pm/(I)A CAUSEY	10am/(I)A <b>BINGOCIZE</b> 12:15-1pm <b>FOOD BOX</b>	10am/(I)Parlor Walking Club 1p/(I)A <b>Computer Class</b> 5:30pm/(I)A <b>BINGO</b>	10am/(I)A <b>BINGOCIZE</b> 1pm/(I)A <b>KARAOKE</b> 5:45pm/(IV) <b>BINGO</b>	10am/(I)Parlor Walking Club 5:30pm/(I)A <b>BINGO</b>	10am/(I)Parlor Walking Club 5:30pm/(I)A <b>BINGO</b>
24	25	26	27	28	29	30
12pm/(I)A <b>CHURCH SERVICE</b>	10:15 EXERCISE w/BETSY <b>MEMORIAL DAY</b>	10am/(I)A <b>BINGOCIZE</b> 2-4pm/(I)A <b>DE HOSPICE</b>	10am/(I)Parlor Walking Club 1pm/(I)A <b>BOOK CLUB</b> 5:30pm/(I)A <b>BINGO</b>	10am/(I)A <b>BINGOCIZE</b> 1pm/(I)A <b>GAME DAY/ ADULT COLORING</b> 5:45pm/(IV) <b>BINGO</b>	10am/(I)Parlor Walking Club 5:30pm/(I)A <b>BINGO</b>	10am/(I)Parlor Walking Club 5:30pm/(I)A <b>BINGO</b>
31						
12pm/(I)A <b>CHURCH SERVICE</b>						6pm/(I)A <b>MEET-N-GREET</b>



# May 2026 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
						9am/(III)A Private Reservation 6pm/(II)A KING
3	4	5	6	7	8	9
11am/(III)A CHURCH	6pm/(II)A KING	10am/LV3 Gazebo Walking Club	9:30-11am/(I)A FOOD STAMP Rep	10am/LV3 Gazebo Walking Club 12-3pm/(III) CERAMICS 6pm/(II)A KING	9am/(III)A Private Reservation	9am/(III)A Private Reservation 4pm/(I)A MEET-N-GREET 6pm/(II)A KING
10	11	12	13	14	15	16
9am/(I)A Private Reservation 11am/(III)A CHURCH	6pm/(II)A KING	10am/LV3 Gazebo Walking Club 9am(I)A DRIVER SAFETY Class		10am/LV3 Gazebo Walking Club 12-3pm/(III) CERAMICS 6pm/(II)A KING	1pm/(III)A PRIZE BINGO	9am/(III)A Private Reservation 6pm/(II)A KING
17	18	19	20	21	22	23
11am/(III)A CHURCH	6pm/(II)A KING	10am/LV3 Gazebo Walking Club 11:30-12pm FOOD BOX		12-3pm/(III) CERAMICS 10am/LV3 Gazebo Walking Club 5:30pm/(I)Theatre MOVIE NIGHT 6pm/(II)A KING	10am/(III)A COMPUTER CLASS	9am/(III)A Private Reservation 6pm/(II)A KING
24	25	26	27	28	29	30
11am/(III)A CHURCH	6pm/(II)A KING	10am/LV3 Gazebo Walking Club		10am/LV3 Gazebo Walking Club 12-3pm/(III) CERAMICS 6pm/(II)A KING	1pm/(III)A PRIZE BINGO	9am/(III)A Private Reservation 6pm/(II)A KING
31						
11am/(III)A CHURCH						

**LUTHER  
TOWERS  
Phone Extensions**

**302-674-1408**

<b>Name &amp; Position</b>	<b>Extension #</b>
Jessica Parsons, Executive Director .....	130
Katrice Obidike, Deputy Director .....	112
Tricia Robinson, Social Services .....	131
Jessica Balog, Admissions.....	119
Corrin Parsons, Administrative Coordinator.....	113
Dollaire Wagoner, Accounting/Director of Finance.....	133
Boima Sando, Accounting .....	132
Kari Ebert, Desk Supervisor .....	0
Kelly Hauer, Facilities Director .....	111
Kitchen .....	128
Mark Lewin, System Administrator .....	124
Karen Ambruso, Beauty Shop.....	129
<i>By Appointment Only</i>	
<b>Front Desk / Security .....</b>	<b>0</b>

**LUTHER  
VILLAGE  
Phone Extensions**

**302-674-3780**

<b>Name &amp; Position</b>	<b>Extension #</b>
Luther Village 1 Desk .....	212
Medical Transportation .....	242-6187

**Visit Our Website:  
LutherTowersOfDover.com**