

Newsletter

Happy Easter on Sunday, April 5th



April 2026



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From the Desk of The Executive Director **JESSICA PARSONS**

Planning for the future isn't always easy to think about, but having the right documents in place can provide peace of mind for you and your loved ones. Regardless of age, there are 3 essential forms that everyone should consider completing to ensure their wishes are clearly outlined and honored when it matters most.

First, a **Power of Attorney** is a document that takes effect while you are still living. It allows you to designate a trusted individual to handle your business and financial affairs. Depending on your preference, this authority can begin immediately or only take effect if you become incapacitated and unable to manage things on your own.

Second, a **Living Will** also applies during your lifetime. This document ensures that medical decisions can be made on your behalf if you are unable to communicate your wishes. By putting this in place, you provide guidance and clarity to your loved ones during what can often be a stressful and emotional time.

Finally, a **Will** becomes effective after your passing. At that point, the Power of Attorney and Living Will are no longer valid. A Will allows you to specify how you would like your personal belongings and assets to be handled according to your wishes. Taking the time to complete these three important

documents can make a significant difference for both you and your family.

Consulting with an attorney can help ensure everything is properly prepared and aligned with your specific needs. **Jacki Chacona**, a lawyer from Delaware Volunteer Legal Services, *freely gives her time*, and currently, there is no waiting list. Please see Tricia to schedule an appointment.

Deliveries:

We understand how frustrating it can be when deliveries don't arrive as expected. To help ensure your packages reach you promptly and at the correct location, we have a simple suggestion: please include your building number and floor with your address.

While we often assume that delivery companies know the layout and numbering of our two campuses, they do not. Providing only your apartment number and street address may not give enough information for accurate delivery, as drivers may not know which building to access.

By including your building and floor, you can help ensure your deliveries arrive at the right location. This small step can save time and reduce confusion for both you and the delivery personnel.

Jessica P

May – Walking Club:

We are excited to announce a new activity this May – a “Walking Club.” This special program will run throughout the month of May *only*.

Whether you're looking to get some exercise, enjoy the fresh air, or connect with fellow residents, this is a perfect opportunity to get moving and have fun.

Each walk will last approximately 20-30 minutes, making it an easy and enjoyable way to stay active. The schedule is as follows:

***Luther Towers:**

Wednesdays and Fridays at 10:00am

***Luther Village:**

Tuesdays and Thursdays at 10:00am

Luther Towers participants will meet behind Luther Towers I by the shuffleboard area.

Luther Village participants will meet by the Gazebo at LV3.

Two staff members will join the group to help guide and support participants. The Walking Club is open to all residents, and no matter what your pace, everyone is welcome.

Walking is a great way to boost your health, reduce stress and simply enjoy the outdoors. Each time you participate, your name will be entered into a raffle at the end of the month. We will evaluate whether to continue the Walking Club beyond May based on participation. We look forward to seeing you there!

From the Desk of The Deputy Director
KATRICE OBIDIKE

Well, we have been blessed with another spring season, and I am excited to see what great changes it brings. This is a bitter-sweet time for me because, as of March 25th, my daughter, last born, will be 18 years old and will be leaving for Texas for college this summer.

She is my best friend, and I will miss her beyond imagination. I absolutely cannot believe how fast the time has gone by. There are so many things I still have planned for us.

I am sharing this with you to say that life is extremely short in the grand scheme of things, so we should live our lives to the fullest doing the things we most enjoy with those we most enjoy being around.

Let those you love know how you feel about them and the joy they bring you – because tomorrow is not promised to any of us, and the last thing I ever want to say is that ...

“I wish I had.”

I used to always look at the negative side of things and call it reality. I had a truly glass half empty type of attitude; and then I started to get in touch with my spiritual self.

I have found that you can certainly speak things into existence, whether good or bad, so I urge you to always try to think in a positive manner and embrace things that are pleasing.

I, especially, know how well that works. It’s called faith. I used to get angry when things did not go my way or when negative things in my life occurred, but guess what? Now I am thankful for each and everything that occurs in my life.

It does not matter whether it is good or bad, because I know, no matter what, I will get through it. I also know that whatever trials or tribulations that are sent my way are only preparing me for the greatness that is in store for me, and because of that, I will always forge forward, being all that I can possibly be along the way, and so should you.

Katrice



WEBSITE

LutherTowersOfDover.com

Visit our website to check out our video!

It proudly features some of our very own residents, and we’re thrilled with how well it turned out.

A big thank you again to all the staff and residents who made this happen!

INFORMATION BOTH CAMPUSES

RENT Pulled on
April 6th

In some months, your rent may not come out of your account on the 4th **due to holidays or weekends.**

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will avoid Insufficient Funds problems.



From the Office of Social Services
TRICIA ROBINSON

Hello, Everyone! 

LOTS happening in April – Please take a close look and watch your calendars!

Every month there is an ad in the newsletter for **Health First Medical Care**. I know we all glance over ads as we continually see them, so I wanted to make an extra effort to let you know about Health First Medical Care.

Many patients at Luther Towers and Luther Village are in the care of Nurse Practitioner Abigail Mensah from Health First. She does a wonderful job for them. I was recently able to sit in on a home visit with her and a patient and became even more impressed with her.

Abigail will come right to your home for primary care and does next day visits if you are not feeling well. She can also facilitate lab work being done right in your apartment if she is the ordering provider. Imagine how much time and effort this could save you from going out to the doctor! You can call and schedule an appointment with her (*see the ad*).

Above all else, please consider taking advantage of this wonderful service.

It's just a call away...

Tricia

MEDICARE 101

w/ a light snack

Friday, April 17th at 1:00pm.

A Medicare Representative would like to visit to share educational information on Medicare.

There is no solicitation permitted at Luther Towers / Luther Village.

Please DO NOT Give Out Your Personal Information.

This is an information only event.



Just Do It! **WILLS FOR SENIORS**

If you are interested in having a **WILL, or POWER OF ATTORNEY, or ADVANCED HEALTHCARE DIRECTIVE**

prepared, please give me a call to schedule an appointment with

Jacki Chacona from

Delaware Volunteer Legal Services.

We are ready to take more clients!

Call 302-546-3005 ext 131.

Is Your Mission Accomplished?

DELAWARE STATE UNIVERSITY STUDENTS Fall Risk Assessments & Health Assessments

**Wednesday, April 8th
10:00am-11:30am**

Luther Towers I Activity Room.

You may remember *this* very well attended event from our Health Fair – the college students did an outstanding job and they are coming back!!!

Please come out and support the students and get some much needed health checks.

Fall Risk, Blood Pressure,
AND MORE!

FLOWER POT DECORATING w/ COMPASSIONATE CARE THURSDAY, APRIL 23RD AT 1:00PM

Come out and join!

All supplies provided for free.



GAME DAY & COLORING COMFORT COMBINED!

Thursday, April 30th
at 1:00pm

hosted by *Luther Towers*

All Must Sign Up on Bulletin Board in Your Building

—Supplies are Provided—

Table Games, Card Games,
Snacks & Drinks, & Coloring!

Both Campuses Welcome to Attend!



Prize Bingo – LV Lunch Time Friday:
April 10th & April 24th
in LV-III Activity Room

MOVIE NIGHTS

The movie showing in April will be
“Zootopia 2”
starring *Shakira*

Luther Towers:

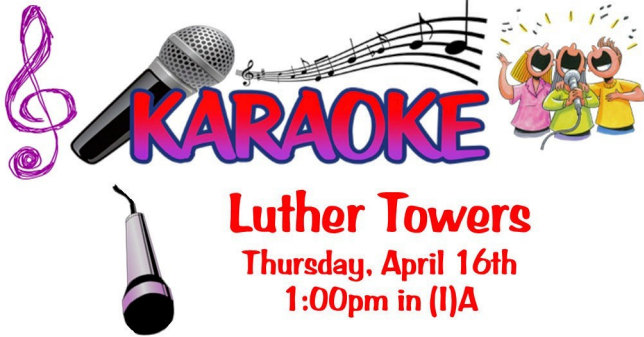
Thursday, April 9th, 5:30pm

Luther Village:

Thursday, April 16th, 5:30pm

Come Join Us for A Great Time!
Sign Up on Bulletin Board in Your Building

See Flyer Page 15



Luther Towers

Thursday, April 16th
1:00pm in (I)A

— BOTH CAMPUSES WELCOME TO ATTEND —
Snacks & Drinks & Door Prizes & Fun & More Fun!
Sign Up on Bulletin Board in Your Building

BINGOCIZE: Meeting twice weekly on
Tuesdays & Thursdays at 10:00am.

See your April calendar at
the end of Newsletter.

*Each session includes several games of
bingo mixed with education and exercise!*

LOTS OF GREAT BINGO PRIZES!



The Book Clubs are open to ALL residents.
(see calendar for date)

To Join the Book Club,

Call Tricia at 674-1408 ext 131

Don't Forget!
EXERCISE WITH BETSY
Every Monday at 10:15am in LT-I(A)



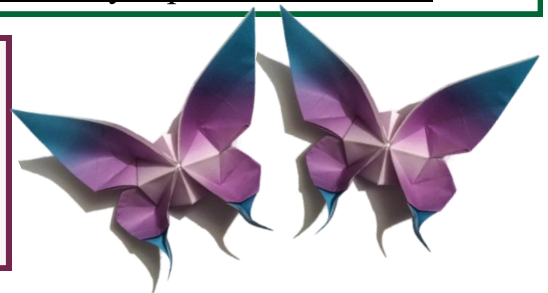
DIABETES CLASS

We will have a 5 week Diabetes Class
starting in April.

Wednesday, April 1st, Ms. Joanne will be
here from **10am-12pm** to get you enrolled.
The First Week of Diabetes Class will start
Wednesday, April 15th at 10am.

ORIGAMI BUTTERFLIES

We will be making Origami Butterflies w/Anita on Friday,
April 10th at 1:00pm.
Please come out and join! All supplies provided for free!





From The Maintenance Manager
KELLY HAUER

PEST CONTROL

Luther Towers Apartments

Apr 22... LT-4....4301-4316

Luther Village Apartments

Apr 01 ...LV-3...2nd, 3rd & 4th Floors

Apr 08 ...LV-3...1st floor... LV-2...Entire Bldg

Apr 15 ...LV-1...2nd & 3rd Floors

Apr 22 ...LV-1...1st Floor

**THOUGHT OF THE MONTH
 HAPPY APRIL!**

*To everyone who is reading this...
 May joy find you,
 Love surround you,
 Laughter sing with you,
 Good health bless you,
 And God walk with you
 each and every day of April.*



KELLY'S REMINDERS:

Problems continue with washing machines...

- ♦ Using too much detergent – the load only needs about 1/8 to 1/4 cup detergent
- ♦ Overloading / stuffing / crowding the machine with so much material does not allow any space for “sloshing” and your load will *not get cleaned properly...* it gets wet and that’s about it.
- ♦ Proper loading – if load is bulky, only fill machine about half full (there will be “space” above your load). If washing heavy towels, 2 full-sized towels along with small towels/cloths is recommended in a load.

When the machine fails to function as you expect it to, then possibly that machine was either overloaded **or** there was more than 1/4 cup detergent in the dispenser...

If you follow the procedures above, the machine will work fine — and your wash will be cleaner.

ALSO please be neat with the detergent and wipe up your spills! The next person should not have to clean up after anyone but themselves.

Call the Front Desk for ALL Maintenance Issues *Kelly*

STANDARD MAINTENANCE CHARGES

Windows:

- \$ 40.00 Replacement Screen
- \$ 75.00 Storm Window
- \$ 80.00 Slim Shade Blinds
- \$ 15.00 Slim Shade Operator (screen mount)
- \$ 20.00 Slim Shade Operator (window mount)
- \$ 10.00 Curtain Rod

Locks:

- \$ 5.00 Replacement Key
- \$ 10.00 Dead Bolt Latch
- \$ 50.00 Lock Change

Miscellaneous:

- \$ 10.00 Access Card
- \$ 2.00 Lanyard
- \$ 5.00 Laundry Card
- \$ 1.00 Light Bulb
- \$150.00 Minimum Carpet Repair

Ranges:

- \$ 12.00 Burner Knobs
- \$ 4.00 Drip Pan (each)
- \$ 30.00 Broiler Pan
- \$ 10.00 Range filter

Electrical Repairs:

- \$ 15.00 Bath Light Lens
- \$ 15.00 Ceiling Light Globe
- \$ 4.00 Receptacle
- \$ 1.00 Receptacle Cover
- \$ 4.00 Switch
- \$ 4.00 Switch Cover
- \$ 50.00 Cord Mate Necklace

Bathroom:

- \$ 6.00 Medicine Cabinet Shelf
- \$ 5.00 Soap Dish
- \$ 29.00 Toilet Seat
- \$ 75.00 Shower Curtain w/hooks (for walk-in shower only)

Refrigerators:

- \$ 5.00 Ice cube trays
- \$100.00 Crisper Tray Cover
- \$ 35.00 Shelf Railing
- \$ 11.00 Shelf bracket (each)



Yard & Bake Sale!

Saturday, May 2nd

8:00am to 2:00pm

Luther Towers Building I

For a Table,

Contact Virginia Metzler

302-719-1663



“Time to Spring Clean!”

From The Desk Supervisor KARI EBERT

Spring is here, and residents of Luther Towers and Luther Village enjoyed painting spring-time motifs on aprons on March 25th, thanks to a group of women whose focus is on the arts, community service, and supporting women's creative endeavors. The National League of American Pen Women is the oldest women's professional arts organization in America with headquarters in Washington DC. It was founded over 125 years ago by a group of women who were tired of not being able to enjoy the same rights and privileges as male journalists. They formed the first women's press group, and required professional credentials to become a member.

I joined the Holly Branch chapter (Kent & Sussex Counties) in 2020 and met a really great group of ladies. The Pen Women accept professionals in writing, visual arts, and musical composition. I am only one of two writers in our branch. All the other members are incredibly talented painters (some of them write, too, but they're credentialed in art). Many have won awards and had their work shown in museums and art leagues all over. I love connecting my areas of interest, and a few years ago I asked Tricia if we could lead residents in a painting event. It was so successful that we've begun making it an annual collaboration between Luther Towers/Luther Village and the Holly Branch of the Pen Women. Last year, we painted canvas bags for Valentine's day, and this year we painted springtime aprons. I think everyone had a wonderful time, and my fellow Pen Women are so inspired that our next meeting always involves a discussion of exciting ideas for the following year. It's a pleasure to be a part of such an important historical organization, but even more of a pleasure to bring together

two groups of people that mean so much to me. The smiles on residents' faces and the excitement of the Pen Women tell me that it was a pleasure for them as well. I wonder what next year's event will be. Whatever it is, I hope to see you there!



A Quick Reminder

2:00 p.m. is *STAT TIME!* Both front desks perform the daily stat check at that time, and only an emergency will interrupt that very important task. This is the time that we make sure every single resident is accounted for. It's important to complete it as efficiently and quickly as possible in case someone is in need of medical attention and can't get to the phone or pull cord.

Please don't be offended if we ask you to call back to schedule transportation arrangements or document complaints. We're just trying to make sure everyone is healthy and well.

If you set off your pull cord by accident, please call security immediately. When a pull cord is activated, an ambulance is summoned. Security has to find out if it's needed or a false alarm. The quicker we can cancel an alarm the better since EMS has a lot of emergency calls. The top three reasons for a false alarm are: vacuuming up the cord, toddler grandchildren fascinated by the cord, and cats who just want to play.

Kari

BINGOCIZE



Barbara Doles (left) is our Bingocize Instructor and we could not do it without her! She volunteers her time to us one time a week and we are so grateful. PAM Rehab hosted Bingo at Luther Towers and residents had a great time.



We enjoyed wearing green on St Patrick's Day; plus a resident donated some lovely treats for everyone to enjoy!

Jessica Balog & Kelly Daniels are all in for St Patrick's Day Bingocize!



STEPHEN MINISTRY
is here to help and will come to your doorstep.



How Can We Help? Going through a Difficult Time?
Health Crisis? Loneliness? Alienated from Family?

Everyone goes through difficult times. Having someone to care, to listen, and to share God's love with you can help you get through the confusion, stress, or loneliness you may be experiencing.

If you are interested in speaking with someone who is willing to listen with care, please reach out to ...

Helen Morella

Coordinator for Stephen Ministry Team
St. John's Lutheran Church
302-734-7078

THE BOOK CLUB

Luther Towers / Luther Village

Such a Fun Age

Review by Jack Ostram



The latest read of the Luther Towers Book Club titled “**Such a Fun Age**” by Kiley Reid turned out to be not so much fun. While any author’s effort needs to be applauded because – if it was easy, everyone would do it – I’m afraid this effort falls short in satisfaction.

It could be this book was not meant for seniors as you find here at the Towers. The book is a satire on race relations and privilege but, since the vast majority of residents grew up during the turbulent 50s, 60s and 70s, perhaps the satire is lost on us somehow. Race, religion and privilege are sensitive subjects for seniors.

The novel starts off promising with an incident at an upscale grocery in suburban Philadelphia as Emira Tucker, a twenty something African American female is grabbed by store security and accused of taking a white child, Briar Cunningham, when in fact, Emira had been asked to babysit by the child’s parents – Peter Cunningham, a news reporter for a local television station; and Alix Cunningham, a writer of product reviews working on a book. The incident is recorded by Kelley Copeland, a thirty-something gentleman.

Promising start ... one would hope.

Kelley offers to help Emira put the incident on the web, but she refuses. Eventually they wind up in a relationship.

Meanwhile, Alix, feeling bad about the incident, begins to obsess about Emira. Her obsession turns to stalking, at least online.

Turns out Kelley and Alix had a relationship in high school that turned out bad for Alix. We discover this on page 71. Another 82 pages before Alix discovers Emira is dating the guy who dumped her.

Expecting a “Real Housewives” no-holds-barred confrontation... nothing.

The rest of the book evolves into a debate on race and obsession as Alix and Kelley try to get Emira to leave either one; each one pointing out flaws of the other regarding race. Not until Alix finds the video of the incident in Emira’s email and leaks it to her husband’s co-worker is there any kind of confrontation. Even that is tame and disappointing.

It seems the only character there is any empathy for is Briar, the toddler who recognizes she is not her mother’s favorite and tells Emira. Unfortunately, this is no longer enough to keep Emira employed.

In the end, no one really gets hurt. No one gets bitter. And really no one gets any sort of satisfying revenge...

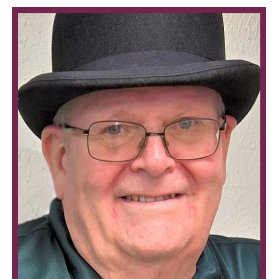


The book club is open to anyone. If interested, contact Tricia Robinson at 302-674-1408 ext 131.

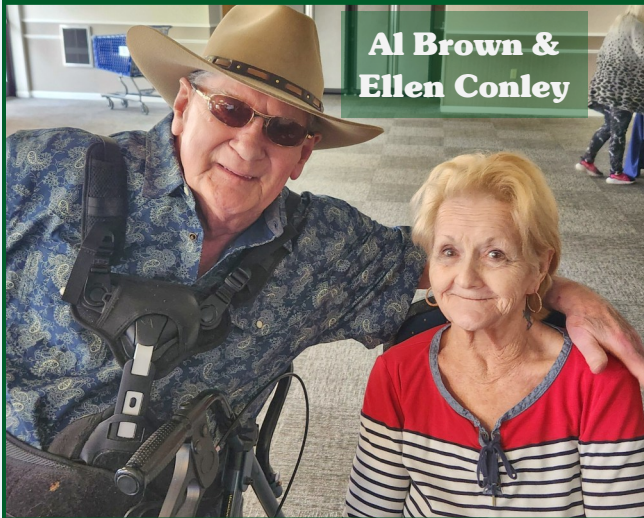
Remember, not all picks are winners. That’s what makes a book club interesting!

See You Next Month

— Jack



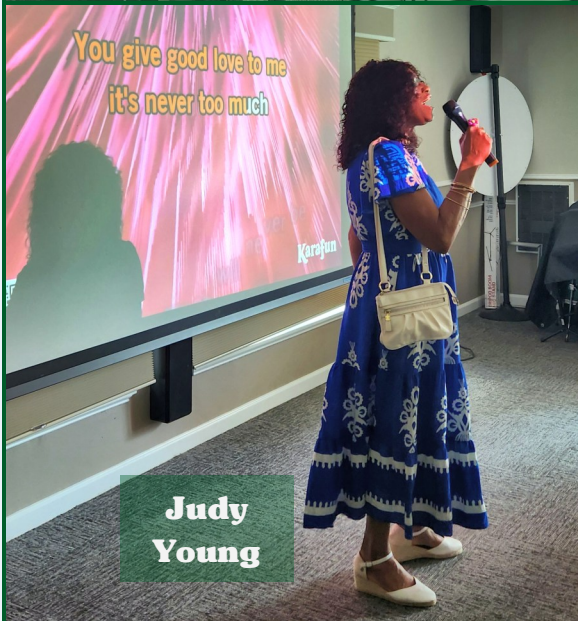
Karaoke



Al Brown & Ellen Conley



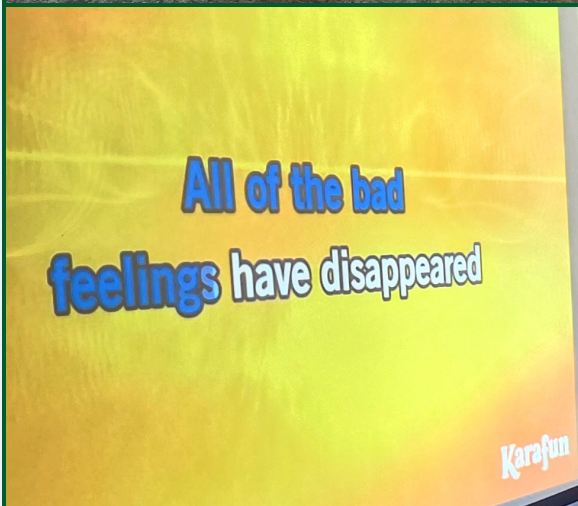
Bernice Rollings



Judy Young



Jean Wilkerson & Doris Bushey



Carol Loeffler

MEET & GREET

Join Us!

Enjoy Meeting & Making New Friends.

While you're at it, have a snack & a sip.

Find out what you might be missing!



**LUTHER VILLAGE (I)A • 4:00PM
APRIL 14, 2026**

NEWCOMERS

Welcome, Neighbor!

LT-1.....Deartha Conyers
LT-2.....Francisco Cruz
LT-2.....Nakia Harris



*Fairwell,
Neighbor*

LV-1 William Robb
LV-1 William Cain
LT-2 William Taylor
LT-3 Richard Stombaugh



STAND BY ME ~ A FREE PROGRAM

“Stand By Me” is a program to assist senior citizens with managing finances & creating a budget, etc. Participants are assigned their own financial coach.

If you have been struggling with managing your finances and are interested in these services, you can call **Alcyone King** at **302-922-0490**. The program is sponsored by the State of Delaware and The United Way.



Exercise Class "MORNING STRETCH W/BETSY"

Every Monday Morning at
10:15am in Luther Towers I(A)

Hosted by:
Certified Instructor
Betsy Gustafson



NO 
SMOKING
IN OUR BUILDINGS

LV Bingo



HEALTH FIRST MEDICAL CARE

QUALITY COMPREHENSIVE CARE AT HOME

PROVIDING A WIDE RANGE OF SERVICES

- Primary Care
- Mental Health Consult/
Mental Health Counseling
- Annual Wellness Exam
- Medication Management/
Pharmacy Consultation
- Audiology/Optometry
Assessments
- Podiatry

**NEXT DAY
APPOINTMENTS**

MEDICAL DIRECTOR

ERNEST TAMAJONG
CRNP/DNP_{CO}

HEALTH 1ST
MEDICAL CARE 

CONTACT INFORMATION:
302-616-9324
etamajong@health1mc.com
www.health1mc.com

Affordable Health Care Solutions
in the Comfort of Your Home

BINGO SCHEDULE LUTHER TOWERS

Mondays	5:00pm	(II)A
Wednesdays	5:30pm	(I)A
Thursdays	5:45pm	(IV)
Fridays	5:30pm	(I)A
Saturdays	5:00pm	(II)A



DOMINOS LUTHER VILLAGE

EXCLUSIVELY
Mondays...5:30pm...(I)A



LUTHER TOWERS BEAUTY SALON

\$10.00 HAIRCUTS

SPECIAL! SPECIAL! SPECIAL!
NEW CLIENTS ONLY

APPOINTMENTS AVAILABLE
WED/THURS/FRI

TO MAKE APPOINTMENT
CALL 302-674-1405 x129

LT March Paint Class!



We are so grateful to Rosetta Roach, Janet Tomaszewski, and Kari Ebert for coming to teach our painting class!

LV March Paint Class!





MOVIE NIGHT
'Zootopia 2'
 STARRING:
 Shakira
THURSDAY, APRIL 9
5:30PM
 **LT I (A)** 
 SIGN UP ON BULLETIN BOARD IN YOUR BLDG

MOVIE NIGHT
'Zootopia 2'
 STARRING:
 Shakira
THURSDAY, APRIL 16
5:30PM
 **LV III THEATRE** 
 SIGN UP ON BULLETIN BOARD IN YOUR BLDG



Disney
ZOOMANIA

AB 26. NOVEMBER NUR IM KINO

© 2020 Disney Enterprises, Inc.



Monday	Tuesday	Wednesday	Thursday	Friday
30 Spaghetti w/Meat Sauce Italian Blend Wheat Bread / Milk Fruit	31 Fried Fish Mac & Cheese Stewed Tomatoes Wheat Bread / Milk Tropical Fruit	1 Chicken Filet Mashed Potatoes w/Gravy Buttered Broccoli Wheat Bread / Milk Applesauce	2 EASTER FEAST Baked Ham w/Pineapple Sauce Sweet Potatoes Mac & Cheese Chef's Blend Veggies Dinner Roll / Milk Assorted Pies	3 HOLIDAY GOOD FRIDAY - CLOSED -
6 Spaghetti w/Meat Sauce Italian Blend Wheat Bread / Milk Fruit	7 Fried Fish Mac & Cheese Stewed Tomatoes Wheat Bread / Milk Tropical Fruit	8 Tacos w/Lettuce & Tomato, Sour Cream, Taco Sauce Spanish Rice Milk Yogurt	9 BIRTHDAY Roast Turkey w/Gravy Herb Dressing Buttered Peas w/Pearl Onions Roll / Milk Cake	10 Meatloaf w/Gravy Mashed Potatoes Buttered Spinach Wheat Bread /Milk Applesauce
13 Baked Ziti w/Meat Sauce Mixed Veggies Italian Bread / Milk Rice Pudding	14 Liver & Onions w/Gravy Mashed Potatoes Buttered Green Beans Roll / Milk Tropical Fruit	15 Navy Bean Soup Chicken Salad on Bun Lettuce & Tomato Milk Pudding	16 Boneless Pork Chop w/Onion Mashed Potatoes & Gravy Mixed Veggies Wheat Bread / Milk Ice Cream	17 Italian Meatball on Roll French Fries Coleslaw Milk Fruit
20 Chicken & Dumpling Buttered Peas Biscuit / Milk Applesauce	21 Sausage, Peppers & Onions w/Rice Mixed Veggies Wheat Bread / Milk Vanilla Pudding	22 Chef Salad w/Turkey, Cheese, HC Egg, Lettuce, Tomato & Dressing Wheat Bread / Milk Fruit	23 Fried Chicken Mashed Potatoes w/Gravy Collard Greens Cornbread / Milk Sherbet	24 Chicken Pot Pie Broccoli Roll / Milk Fruit
27 Sloppy Joe on Bun Potato Wedges Succotash Milk Fruit	28 BBQ Chicken Potatoes au Gratin Mixed Greens Roll / Milk Tapioca Pudding	29 Vegetable Soup Tuna Salad on Bun w/ Lettuce & Tomato Macaroni Salad Milk Jell-O	30 Pot Roast Boiled Potatoes Buttered Carrots Roll / Milk Yogurt	1

April 2026 Activity Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2	3
			10a-12p/(I)A Diabetes Class Registration 5:30pm/(I)A BINGO	10am/(I)A BINGOCIZE 5:45pm/(IV) BINGO	 5:30pm/(I)A BINGO 9am Private Reservation
5	6	7	8	9	10
 12pm/(I)A CHURCH SERVICE	9am/(I)A FOOD STAMP REP 10:15 EXERCISE w/BETSY 1pm/(I)A CAUSEY	10am/(I)A BINGOCIZE 10am/(I)A BINGOCIZE 3pm/Grp I(C) CHERUB	10a-11:30p/(I)A DE State Univ Students Hth Screening 5:30pm/(I)A BINGO	10am/(I)A BINGOCIZE 5:30pm/(I)A MOVIE NIGHT 5:45pm/(IV) BINGO	1pm/(I)A Origami Butterfly Craft w/Anita (LV Bingo) 5:30pm/(I)A BINGO 9am Private Reservation
12	13	14	15	16	17
12pm/(I)A CHURCH SERVICE	10:15 EXERCISE w/BETSY 1pm/(I)A CAUSEY	10am/(I)A BINGOCIZE 3pm/Grp I(C) CHERUB	10a-12p/(I)A Diabetes Class Week 1 5:30pm/(I)A BINGO	10am/(I)A BINGOCIZE 1pm/(I)A KARAOKE 5:45pm/(IV) BINGO	1:00pm/(I)A Medicare 101 5:30pm/(I)A BINGO 9am Private Reservation
19	20	21	22	23	24
12pm/(I)A CHURCH SERVICE	10:15 EXERCISE w/BETSY 1pm/(I)A CAUSEY	10am/(I)A BINGOCIZE 12:15-1pm FOOD BOX	10a-12p/(I)A Diabetes Class Week 2 5:30pm/(I)A BINGO	10am/(I)A BINGOCIZE 1pm/(I)A DECORATING FLOWER POTS 5:45pm/(I)A BINGO	(LV Bingo) 5:30pm/(I)A BINGO 9am Private Reservation
26	27	28	29	30	1
12pm/(I)A CHURCH SERVICE	10:15 EXERCISE w/BETSY 1pm/(I)A CAUSEY	10am/(I)A BINGOCIZE 2-4pm/(I)A DE HOSPICE	10a-12p/(I)A Diabetes Class Week 3 1pm/(I)A BOOK CLUB 5:30pm/(I)A BINGO	10am/(I)A BINGOCIZE 1pm/(I)A GAME DAY/ ADULT COLORING 5:45pm/(I)A BINGO	2 9am Private Reservation



April 2026 Activity Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	
29	30	31	1	2	3	4
			9:30am/(I)A FOOD STAMP Rep	12-3pm/(III) CERAMICS 6:30pm/(II)A KING		9am/(III)A Private Reservation 6:30pm/(II)A KING
5	6	7	8	9	10	11
 11am/(III)A CHURCH	5:30pm/(II)A (RSVD) KING			12-3pm/(III) CERAMICS 6:30pm/(II)A KING	1pm/(III)A PRIZE BINGO	9am/(III)A Private Reservation 4pm/(I)A MEET-N-GREET 6:30pm/(II)A KING
12	13	14	15	16	17	18
11am/(III)A CHURCH	5:30pm/(II)A (RSVD) KING			12-3pm/(III) CERAMICS 5:30pm/(III)A MOVIE NIGHT 6:30pm/(II)A KING		9am/(III)A Private Reservation 6:30pm/(II)A KING
19	20	21	22	23	24	25
11am/(III)A CHURCH	5:30pm/(II)A (RSVD) KING	11:30-12pm FOOD BOX		12-3pm/(III) CERAMICS 6:30pm/(II)A KING	1pm/(III)A PRIZE BINGO	9am/(III)A Private Reservation 6:30pm/(II)A KING
26	27	28	29	30	1	2
11am/(III)A CHURCH	5:30pm/(II)A (RSVD) KING			12-3pm/(III) CERAMICS 6:30pm/(II)A KING		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2		<p>PLEASE NOTE • PICK UP TIMES</p> <p><u>TUESDAY & WEDNESDAY:</u></p> <p>Luther Village 8:45am, 9:45am, 11:00am,</p> <p>Luther Towers 9:00am, 10:00am, 11:15am, 1:00pm</p> <p><u>THURSDAY:</u></p> <p>Luther Village 8:45am</p> <p>Luther Towers 9:00am</p>
5	6	7 9am, 10am SAFEWAY, FOOD LION 11am ROSES	8 WALMART	9 WALMART 1½ hour each trip 9am, 11am		
12	13	14 9am, 10am SAFEWAY, FOOD LION 11:00am BYLER'S	15 WALMART	16 WALMART 1½ hour each trip 9am, 11am		
19	20	21 9am, 10am SAFEWAY, FOOD LION 11:00am BYLER'S	22 WALMART	23 WALMART 1½ hour each trip 9am, 11am		
26	27	28 9am, 10am SAFEWAY, FOOD LION 11:00am BYLER'S	29 WALMART	30 MIDDLETOWN FARMERS MARKET		

**LUTHER
TOWERS
Phone Extensions**

302-674-1408

Name & Position	Extension #
Jessica Parsons, Executive Director	130
Katrice Obidike, Deputy Director	112
Tricia Robinson, Social Services	131
Jessica Balog, Admissions.....	119
Corrin Parsons, Administrative Coordinator.....	113
Dollaire Wagoner, Accounting/Director of Finance.....	133
Boima Sando, Accounting	132
Kari Ebert, Desk Supervisor	0
Kelly Hauer, Facilities Director	111
Kitchen	128
Mark Lewin, System Administrator	124
Karen Ambruso, Beauty Shop.....	129
<i>By Appointment Only</i>	
Front Desk / Security	0

**LUTHER
VILLAGE
Phone Extensions**

302-674-3780

Name & Position	Extension #
Luther Village 1 Desk	212
Medical Transportation	242-6187

**Visit Our Website:
LutherTowersOfDover.com**