# Summer Begins on June 20th! June 2025

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JUNE TEENTH

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#### From the Desk of The Executive Director KIM MENDOZA

It is so hard to believe another month has gone by; we are almost half-way through the year. Make sure you get outside and enjoy the weather while you can; at this rate, winter will be here in no time.

Last month was a sad time for our staff and the residents of Luther Village. We lost not only a long time resident, but one of the hardest working individuals you could run across.



Johnny Boyd was a resident at Luther Village and the janitor for over 16 years. Those of you who live in the buildings he maintained can attest to the fact that he took pride in keeping his buildings looking nice - AND THAT HE DID. His wife Mary, who is a wonderful person, went home to New

York to live with her daughter. Their presence will definitely be missed!

We also had 2 HUD building inspections last month, Luther Village I and Luther Towers III. Both inspections went well and we received outstanding ratings. Thanks to you (residents) for doing your part in helping us achieve this, and to the maintenance staff - we couldn't do it without each and every one of you.



#### **INFORMATION —BOTH CAMPUSES**—

#### **RENT Pulled On June 4th**

In some months, your rent may not come out of your account on the 4th due to holidays or weekends.

Please check with your bank to verify rent funds have been deducted before pulling your money out while assuming the rent was already paid.

> This will avoid the problem of Insufficient Funds.

#### **REMINDER** – *AGAIN!*

One of the things that should not need to be repeated but I am going to do it anyway because it continues to happen.

#### **Residents, Family Members** or Guests are **NOT ALLOWED to SMOKE Inside the Buildings PERIOD!**

This is a LEASE VIOLATION and can put your **TENANCY IN JEOPARDY!** 

Please don't put me or yourself in this situation. There are numerous areas outside on both campuses where you can smoke.



'Bus'Ted – June Bugs submitted by Chris Fulvio



June is a time I hold dear, with bugs in the air and bugs in my hair, but the weather is nice so I don't care!

When I get on my bus and think about bugs, some are nice and some are thugs.

But the best bugs of all are the ones that just fly bv

on their way to make someone else crv.

The other type of bug is ones that don't read the monthly newsletter, but that's all you need to see when and where my bus rolls along dropping people off all with a song.

So don't be the bug that doesn't read! **BE THE BUG** 

WE ALL NEED!

#### From the Desk of The Deputy Director JESSICA PARSONS

Hope you all are getting out and enjoying the sunny days. We do not get many months of warm weather, so take advantage.

We provide exceptional security for our residents. I am so proud of our security team and the work they put in to ensure you have a safe place to live. They have a tough job, from running the desk ,to viewing the numerous cameras we have.

However, at times their job becomes more difficult when residents allow visitors in the building who have not utilized the Rise system. The Rise system ensures each guest is logged appropriately in case of an emergency, but also that there is a reason they are in our building.

The system is in place so individuals cannot walk off the street and loiter in our buildings. Not only are you putting yourself at risk but other residents as well.

#### **LEW FRIDAY** is Retiring this month!

Lew is more than just a maintenance man to all who know him, and we will miss him and



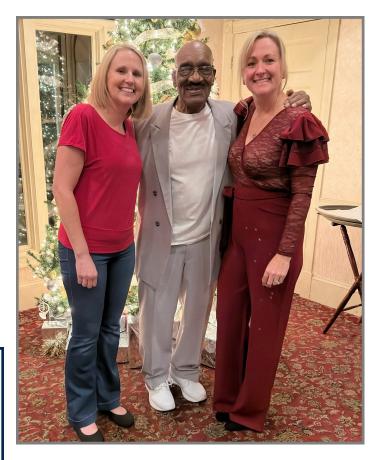
#### his "service with a smile"!

Please join us at Luther Towers I in the Activity Room from 9-10am on Friday, June 20th, as we say goodbye to one of our favorite employees.

> Coffee and donuts will be provided while supplies last. -From the Staff Appreciation Committee

#### **Reminders:**

When you go on long trips or you believe you will be in rehab/hospital for a length of time, please have your mail placed on hold. Many times, the mail carrier will advise us he can no longer deliver mail as the box is full.



We are all heartbroken over the loss of Johnny Boyd. He was not only a resident for the past 17 years, but he was also one of our janitors for Luther Village for the past 16 years.

Johnny was one of the hardest working individuals you would ever meet. Everyone who knew Johnny knew that he was especially particular about his floors. Nobody would dare to clean his floors, those were his floors and his job!

I will miss our little conversations, his laugh and his humming/singing around the buildings. Rest in Peace my friend, you will be missed



Hello, Everyone!



Please read over the Activity Calendar and Activity Dates very carefully.

#### NOTES:

Many of our regular activities are on a <u>different day of the week</u> due to holidays and vacation.

We will <u>not have movie matinee</u> in June. We should return to normal schedule in July.

Thank you for your patience.

#### "HEALTHY HEART" with Anita Brumley

Come Out to Win Prizes and Play Bingo

Friday, June 13th at 1:00pm (I)A

Both Campuses are Welcome

LV Prize Bingo – Lunch Time LV-III Activity Room Friday • June 13th • 1:00pm



The Book Clubs are open to ALL residents. We distribute books once per month and get together to discuss how we feel about the book.

#### **Luther Towers:**

Wednesday, June 20th at 1:00pm (I)A

Call Tricia to Join the Book Club at 674-1408 ext 131.

# BINGOCIZE

Meeting Twice Weekly on Tuesdays & Thursdays at 10:00am. LT-I Activity Room

Each session includes several games of bingo mixed with education and exercise!

#### Lots of Great Bingo Prizes!

At the end of *each full 20-session program*, participants <u>who have attended 16 or more</u> sessions will receive a certificate of completion and a parting gift.



# WILLS FOR SENIORS

If you are interested in having prepared a WILL, or POWER OF ATTORNEY, or ADVANCED HEALTHCARE DIRECTIVE,

#### PLEASE CALL ME

to schedule an appointment with Jacki Chacona from Delaware Volunteer Legal Services. We are ready to take more clients!

Call 302-546-3005 ext 131.

Have You Done It? It's Easy!

### VENDING MACHINES

"In Reach" is now responsible for stocking the soda and snack machines. If you experience an issue with a machine, call the number on the machine: <u>1-866-796-8363</u>

Provide the machine's I.D.# and your information. They will take care of your refund.

EXERCISE CLASS Every Monday at 10:15am with Betsy! Start your week off right! Get Moving!

# **MOVIE NIGHTS**

The movie showing in June will be **"Black Bag"** starring Cate Blanchett & Michael Fassbender

Luther Towers: Thursday, June 12th, 5:30pm

Luther Village: Wednesday, June 18th, 5:30pm

Come Join Us for A Great Time! Sign Up on Bulletin Board in Your Building

**JUNETEENTH** is a federal holiday in the United States. It is celebrated annually on June 19th to commemorate the slavery in the United States.

The holiday's name, first used



Forget!

in the 1890s, is a portmanteau of the words "June" and "nineteenth" — referring to June 19, 1865, the day when Major General Gordon Granger ordered the final enforcement of the Emancipation Proclamation in Texas at the end of the American Civil War. *—Wikipedia* 



» Toilet Paper » Paper Towels » Cleaning Products » Laundry Products

undry Products

» Humidifiers » Home Decor

COUNT

#### SO MUCH MORE! Please Visit Our Sale and See for Yourself!

# From the Desk of Kari Ebert

Wow! We are in the 6th month of the year already! There are so many things to celebrate in June: Father's Day, Juneteenth, Pride Month, and lots of kids are celebrating the end of the school year.

There doesn't have to be a specific holiday to celebrate the blessings we have of being in this great community of people who care about one another. Even if you're not the best of friends, I'm sure you can celebrate the fact that if you need help, someone nearby will help you.

As a lot of you know, my father had several heart attacks and was diagnosed with congestive heart failure a little more than  $1\frac{1}{2}$ years ago. He has made such strides in reclaiming his health since then with the help of my sisters, his friends, his church, and, most of all, his determined mindset. He has taken every opportunity that he can (even when he doesn't enjoy it or it is difficult) to keep his health as top priority. I celebrate his progress with him every Sunday when we have our weekly phone call. He tells me some things he might be struggling with and some things that went well. We laugh together about silly things, then I tell him how proud I am of him.

I recently read an article that described the health benefits of celebrating even the smallest of things. It stated that celebrating can release endorphins which not only help your mood, they can lessen pain and boost your immune system. So find something to celebrate by yourself or with your neighbor, even if it's a small thing and enjoy the healthful benefits!



#### A COUPLE OF GENTLE REMINDERS

- Please remember that all boxes on Food Box Day must be taken out to the recycling dumpster and not left out for staff to take care of. It is your responsibility to dispose of your own garbage and recycling.
- Please remember that all guests who visit are held to all the house rules that you are. If they break rules like vaping or smoking inside the building, being noisy after hours, or harassing other residents, they will be spoken to. However, <u>YOU</u> are ultimately responsible for their behavior. Don't let your guests jeopardize your lease.

Here's a lovely poem by Mary Oliver that celebrates a tiny thing but asks a huge question we should ask ourselves at any age.

#### The Summer Day By Mary Oliver

Who made the world? Who made the swan, and the black bear? Who made the grasshopper? This grasshopper, I mean – the one who has flung herself out of the grass, the one who is eating sugar out of my hand, who is moving her jaws back and forth instead of up and down – who is gazing around with her enormous and complicated eyes. Now she lifts her pale forearms and thoroughly washes her face. Now she snaps her wings open, and floats away. I don't know exactly what a prayer is. I do know how to pay attention, how to fall down into the grass, how to kneel down in the grass, how to be idle and blessed, how to stroll through the fields, which is what I have been doing all day. Tell me, what else should I have done? Doesn't everything die at last, and too soon? Tell me, what is it you plan to do with your one wild and precious life?

Friday June 13, 2025 6:00 to 8:00 p.m.

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# **Gospel Music Concert**

LUTHER VILLAGE III 101 BABB DRIVE DOVER, DELAWARE 19901

Surprise Guests

**Residents Only** 

Hosted By: Luther Village Senior Committee

O

#### From The Maintenance Manager KELLY HAUER



PEST CONTROL

Luther Village Apartments NONE AT THIS TIME

#### Luther Towers Apartments

June 04 .. LT-1....601-623 .. LT-4 ...4102-4116 June 11 .. LT-1....701-723 .. LT-4 ...4201-4216 June 18 .. LT-1....101-110... LT-2 ... A01-A18 June 25 .. LT-2....C01-C18

## THOUGHT OF THE MONTH "WELCOME JUNE"

New Month, New Chapter, New Page & New Wishes.

May the Month Give You Courage, Strength, Confidence, Patience, Self-Love & Inner Peace. May Every Day in June Fill Your Days With Hope, Love, Sunshine & Energy.

LET THERE BE JOY, FUN & LAUGHTER

# **Kelly's Reminders:**

**I have noticed...** residents are calling my office leaving messages for maintenance issues (repairs) instead of calling the front desk.

My messages are checked once or twice daily and, if you have a routine or emergency repair, your message may not get taken care of until later that day or not until the next day.

Also, please do not stop my maintenance staff in the halls or outside with a maintenance issue. They could be taking care of another scheduled issue when you stop them to tell them about a repair you need. They may forget what you told them and the issue will not be taken care of as it would if you went through proper channels.

#### Please, call the Front Desk for Maintenance Issues -

this way it is put into the maintenance log and will be taken care of !

# Standard Maintenance Charges

#### **Bathroom:**

- 6.00 Medicine Cabinet Shelf
  5.00 Soap Dish
  29.00 Toilet Seat
  75.00 Shower Curtain w/hooks (for walk-in shower only)
  Refrigerators:
  5.00 Ice cube trays
  \$100.00 Crisper Tray Cover
  \$ 35.00 Shelf Railing
- \$ 11.00 Shelf bracket (each)

#### Ranges:

- \$ 12.00 Burner Knobs
  \$ 4.00 Drip Pan (each)
  \$ 30.00 Broiler Pan
  \$ 10.00 Range filter
  Electrical Repairs:
  \$ 15.00 Bath Light Lens
  \$ 15.00 Ceiling Light Globe
  \$ 4.00 Receptacle
  \$ 1.00 Receptacle Cover
  \$ 4.00 Switch
  \$ 4.00 Switch Cover
- \$ 50.00 Cord Mate Necklace

#### <u>Windows</u>: \$ 40.00 Replacement Screen

- \$ 75.00 Storm Window
  \$ 80.00 Slim Shade Blinds
  \$ 15.00 Slim Shade Operator (screen mount)
  \$ 20.00 Slim Shade Operator (window mount)
  \$ 10.00 Curtain Rod
  Locks:
  \$ 5.00 Replacement Key
  \$ 10.00 Dead Bolt Latch
  \$ 50.00 Lock Change
  Miscellaneous:
  \$ 10.00 Access Card
- \$ 10.00 Access C \$ 2.00 Lanyard
- \$ 5.00 Lanyard \$ 5.00 Laundry Card
- \$ 1.00 Light Bulb
- \$150.00 Minimum Carpet Repair

**STEPHEN MINISTRY** is here to help and will come to your doorstep.



How Can We Help? Going through a Difficult Time? Health Crisis? Loneliness? Alienated from Family? Everyone goes through difficult times. Having someone to care, to listen, and to share God's love with you

can help you get through the confusion, stress, or loneliness you June be experiencing. If you are interested in speaking with someone who is willing to listen with care, please reach out to ...

Helen Morella Coordinator for Stephen Ministry Team St. John's Lutheran Church 302~734~7078





"Stand By Me" is a program to assist senior citizens with managing finances & creating a budget, etc. Participants are assigned their own financial coach.
If you have been struggling with managing your finances and are interested in these services, you can call:
Alcyone King at 302-922-0490

**LUTHER TOWERS:** By Appointment

LUTHER VILLAGE: By Appointment



LISA HARSHBERGER Luther Towers Building I <u>Appointments</u>: 546-3005x131 Tricia Just \$20 for 30-Minute Session





Exercise Class "MORNING STRETCH W/BETSY" Every Monday Morning at 10:15am in Luther Towers I(A) Hosted by: Certified Instructor Betsy Gustafson

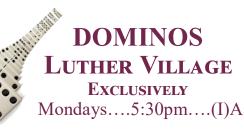


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PROVIDING A WIDE RANGE<br/>OF SERVICES<br/>•Primary CareN•Mental Health Consult/<br/>Mental Health Counseling<br/>•Annual Wellness ExamN•Medication Management/<br/>Pharmacy Consultation<br/>•Audiology/Optometry<br/>Assessments<br/>•Podiatry(



Affordable Health Care Solutions in the Comfort of Your Home



## BINGO SCHEDULE Luther Towers

Mondays 5:00pm Wednesdays 5:30pm Thursdays 5:45pm Fridays 5:30pm Saturdays 5:00pm



Luther Towers Beauty Salon \$10.00 HAIRCUTS

> SPECIAL! SPECIAL! SPECIAL! New Clients Only

APPOINTMENTS AVAILABLE WED/THURS/FRI

TO MAKE APPOINTMENT CALL 302-674-1405 x129



- UTHER OWERS	Men	u June	2025	<b>H</b> UTHER ILLAGE
Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Tetrazzini w/Noodles Green Beans Biscuit / Milk Yogurt	3 Meatloaf w/Gravy Mashed Potatoes Mixed Veggies Wheat Bread / Milk Rice Pudding	4 Swedish Meatballs Egg Noodles Buttered Peas Wheat Bread / Milk Fruit	5 Delaware Chicken Garlic Red Potatoes Harvard Beets Roll / Milk Mousse	6 Pepper Steak Jasmine Rice Buttered Carrots Wheat Bread / Milk Fruit
g Sloppy Joe on Bun Potato Wedges Mexican Corn Milk Sherbet	10 Pork Chop w/Gravy Mashed Potatoes Sauerkraut Roll / Milk Butter Cookies	11 Chicken Salad on Bun Coleslaw Chips / Milk Fruit	12 Roast Beef w/Gravy Mashed Potatoes Green Beans Roll / Milk Cake w/Icing BIRTHDAY / FATHER'S DAY	13 Chicken Pot Pie Buttered Mixed Squash Wheat Bread / Milk Pudding
16 Baked Ziti w/Meat Sauce Buttered Peas Wheat Bread / Milk Mixed Fruit	17 Meatloaf w/Gravy Mashed Potatoes Mixed Veggies Wheat Bread / Milk Lemon Pudding	18 Fried Chicken Macaroni & Cheese Collard Greens Cornbread / Milk Sweet Potato Pie JUNETEENTH CELEBRATION	19 JUNETEENTH HOLIDAY CENTER CLOSED	20 Jumbo Beef Chili Dog on Bun Baked Beans Chuckwagon Veggies Milk / Fruit
23 Spaghetti w/Meatballs Chef's Blend Italian Bread / Milk Jello	24 Liver & Onions w/Gravy Mashed Potatoes Green Beans Wheat Bread / Milk Mandarin Oranges	25 LS Ham w/Mustard Sauce Boiled Potatoes Seasoned Cabbage Wheat Bread / Milk Applesauce	26 Baked Chicken w/Gravy Mashed Potatoes Buttered Peas w/Pearl Onion Roll / Milk Tapioca Pudding	27 Chili w/Red Beans Rice Veggie Medley Mixed Fruit
30 Meatball Sub Potato Wedges Chef's Blend Veggies Milk / Fruit	1	7	0	4

lule Huther	Friday Saturday	<u>TUESDAY</u> Luther Luther <u>THURSDA</u> Luther	NOTE • PIC <u>&amp; WEDNESD</u> Village 8:45a Towers 9:00a <u>Y</u> : Village 8:45a Towers 9:00a	<u>AY</u> : am, 9:45am, 1 am, 10:00am, am	1:00am,	0pm
<b>BLUEBIRD</b> Schedule	Thursday	5 middletown farmers market	12 FIFER'S FARM	19 -OFF- JUNETEENTH HOLIDAY	26 FIFER'S FARM	0
SLUEBIR	Wednesday	4 walmart	11 walmart	18 walmart	25 walmart	2
June 2025 E	Tuesday	3 9am, 10am SAFEWAY, FOOD LION 11am ROSES	10 9am, 10am SAFEWAY, FOOD LION 11am BYLER'S	17 9am, 10am SAFEWAY, FOOD LION 11am BYLER'S	24 9am, 10am SAFEWAY, FOOD LION 11am BYLER'S	Ţ
June	Monday	2	6	16	23	30
- UTHER OWERS	Sunday	<b>L</b>	8	15	22	29

	UTHER	June	2025	June 2025 Activity Calendar	Calendar	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12pm/(I)A CHURCH SERVICE 12:30/Conf Rm	2 9:30am/(I)A SNAP REP 10:15 EXERCISE w/BETSY	3 10am/(1)A	4	5 10am/(1)A BINGOCIZE 5:45pm/(IV)	б 5:30pm/(I) <b>A</b>	7 9am/(I)A Private
Stephen Ministry 8	1pm/(1)A CAUSEY 9	BINGOCIZE 10	11	BINGO 12 IOam/(I)A BINGOCIZE	BINGO 13	Reservation 14
12pm/(I)A CHURCH SERVICE	10:15 EXERCISE w/BETSY	10am/(I)A BINGOCIZE	lpm PAM Rehab	5:30pm/(I)A MOVIE NIGHT	1pm/(I)A Healthy Heart w/Anita	9am/(I)A
12:30/Conf Rm Stephen Ministry	1pm/(I)A CAUSEY	3pm/I(C) CHERUB GRP	5:30pm/(I)A BINGO	5:45pm/(IV) BINGO	5:30pm/(I)A BINGO	Private Reservation
16	16	17	18	19	20	21
12pm/(I)A CHURCH SERVICE	10:15 EXERCISE	10am/(I)A BINGOCIZE	1pm/(I)A KARAOKE	JUNETEENTH	1pm/(I)A BOOK CLUB	9am/(I) <b>A</b>
12:30/Conf Rm Stephen Ministry	w/BETSY 1pm/(1)A CAUSEY	12:15-1pm Food Box	5:30pm/(I)A BINGO	No Bingo	5:30pm/(I)A BINGO	Private Reservation
22	23	24	25	26	27	28
12pm/(I)A CHURCH SERVICE	10:15 EXERCISE			10am/(I)A BINGOCIZE		Private Reservation
12:30/Conf Rm Stephen Ministry	w/BETSY 1pm/(I)A CAUSEY	2-4pm/(I)A Hospice RSVD	5:30pm/(I)A BINGO	5:45pm/(IV) BINGO	5:30pm/(I)A BINGO	6pm/(I)A MEET-N-GREET
29	30	1	2	3	4	D
12pm/(I)A CHURCH SERVICE	10:15 EXERCISE					
12:30/Conf Rm Stephen Ministry	w/BETSY 1pm/(I)A CAUSEY					

*	<b>H</b> UTHER ILLAGE	June	<b>2025</b> Activity Calendar	Activity (	Calendar	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	2	9	7
				12-3pm/(III) CERAMICS		9am/(III)A RSVD
11am/(III)A CHURCH	6pm/(II)A KING		9:30am/(I)A SNAP	6pm/(II)A KING		6pm/(II)A KING
8	6	10	11	12	13	14 9am/(III)A
				12-3pm/(III) CERAMICS	1pm/(III)A PRIZE BINGO	4pm/(I)A MEET-N-GREET
11am/(III)A CHURCH	6pm/(II)A KING			6pm/(II)A KING	6-8pm/(III)A GOSPEL CONCERT	6pm/(II)A KING
15	16	17	18	19	20	21 9am/(111)A RSVD
			(III)A Minnie Pope	12-3pm/(III) CERAMICS		3pm WASHINGTON®
11am/(III)A CHURCH	6pm/(II)A KING	11:30-12pm FOOD BOXV	5:30pm/(I)Theatre MOVIE NIGHT	6pm/(II)A KING	3pm WASHINGTON®	6pm/(II)A KING
22	23	24	25	26	27	28
				12-3pm/(III) CERAMICS		9am/(III)A RSVD
11am/(III)A CHURCH	6pm/(II)A KING			6pm/(II)A KING		6pm/(II)A KING
29	30		2	3	4	10
11am/(III)A CHURCH	6pm/(II)A KING					





# Name & PositionExtension #Kim Mendoza, Executive Director112Jessica Parsons, Deputy Director130Tricia Robinson, Social Services131Jessica Balog, Admissions119Corrin Parsons, Administrative Coordinator113Sharon Poisson, Accounting132Keisha Whaley, Accounting133Kari Ebert, Desk Supervisor0Kelly Hauer, Facilities Director111Kitchen128Karen Ambruso, Beauty Shop129By Appointment Only0



# 302-674-3780

Extension #

#### Name & Position

Luther Village 1 Desk	212
Medical Transportation	242-6187