

LUTHER OWERS

May 2024



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From the Desk of The Executive Director KIM MENDOZA

As you look around the grounds, you can see that spring is here! Trees are sprouting and flowers are popping up all around. I love spring and the new life it brings with it, including the baby bunnies, ducks and other wildlife we are blessed with. I also know that it brings with it the start of warmer weather – my favorite! Please take time to get outside and enjoy all that nature has to offer.

Printers: There are a few things I would like to remind everyone about. As you know we have printers available in the buildings that are for resident use. Luther Towers/Luther Village does provide the ink (as needed) and will perform any required maintenance on them. However, we do not supply paper. If you need to print something out, you will have to bring down your own paper. You can purchase a ream (500 sheets) very reasonably priced at Walmart and other stores.

Security: Another topic we cover repeatedly is security of the buildings. Entrances to all buildings are locked and can only be accessed with an entry card (residents use only) or by using the Rise system (used by visitors). On numerous occasions, particularly after hours, we will have individuals trying to gain access to our facilities. So, we need to do our best to make sure all doors are closed securely behind us; particularly when using a door that is not a primary exit. Frequently, residents – or other guests who have been granted access – allow other individuals to come in with them. We ask that you not allow others to walk in behind you IF at all possible.

Parking: As many of you are aware there are parking spots that are "reserved." These have been allocated to individuals who have submitted accommodation packages and have been approved for them. Unfortunately, visitors and vendors will park in these spots – leaving the authorized resident searching for a place to park. We ask that if you return to your parking spot and find someone parked there,

find a place to park and notify the security desk. They will do their best to quickly identify who is parked in the spot and have them move.

Please Do Not park behind and block them in, or get into a verbal altercation with them.

Security personnel will handle the situation for you.

Smoking Issues: The other day in the log it was noted that a small fire had started under a tree near the entrance to the Luther Towers campus. A resident notified the front desk and they were able to put it out. We were unable to determine exactly who was responsible, but the culprit was a cigarette butt someone disposed of improperly.

There are numerous dispensers sitting out for residents/guests to dispose of cigarette butts. Please ensure they are completely extinguished and placed into the appropriate containers.

Pace Makers... Who Knew! I thought this was interesting information that I ran across recently concerning pacemakers. You can have it put in your Will that you want your pacemaker donated to a dog in need! Pacemakers cannot be donated to other humans, but can be donated to dogs. You can even choose the veterinary practice to whom you want it to go to. What a great way to help out a furry friend!

INFORMATION BOTH CAMPUSES

RENT will be pulled on May 6th.

In some months, your rent may not come out of your account on the 4th due to holidays or weekends.

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will avoid Insufficient Funds problems.

From the Desk of The Deputy Director JESSICA PARSONS

While falls are common among older adults, there are steps you can take to help prevent an unnecessary fall.

FIVE STEPS TO HELP PREVENT FALLS:

- FEAR. Don't let fear of falling prevent social interaction and regular activity in or out of the home.
- Assistive devices (walkers, canes, wheelchairs) should be used correctly and only as needed to prevent dependency and weakness.
- Look for outside factors that can cause falls (poorly fitting shoes, curbs, leaves, etc.).
- Let your support system (family, friends, doctors) know of any near falls or unsteadiness. They could be related to medication side effects which can be corrected.
- Strengthen your legs by doing ankle and knee exercises every day.

HOUSEKEEPING AND INSPECTIONS:

HUD conducts inspections, which are now called **NSPIRE**, every 1 to 3 years depending on the score received on the previous inspection. This is to ensure that your home is decent, safe, and sanitary. Inspections are meant to help and protect you.

This year the scoring methodology has changed. Prior years, the score was heavily weighted on the common areas and grounds. To best protect residents, the NSPIRE inspections will prioritize conditions that are most likely to impact residents in the places where they spend the most time... in their units.

Therefore, a more severe deficiency will have a greater impact on the property's score when it exists in the unit, which means a property with a high number of observed health and safety defects in its units is more likely to fail an inspection than a property with a lower number of health and safety defects. Rageena conducts Quarterly Health and Safety Inspections which help us to identify any areas of concern before they become a bigger problem. This also helps us to prepare when we are notified of an NSPIRE inspection from HUD, for which we are given a very short notice.

Going forward, you may notice that our internal inspections could take more time so that we can ensure all units follow the new standards. We appreciate your patience and cooperation when we conduct the inspections.

SHORT INSPECTION LIST:

Here is a short list of some things we would look for:

- Is there Mold and/or Mildew
- Is there any evidence of infestations
- Are all doors operational as intended
- There is no gas-powered equipment which would not be allowed in the unit
- Is light globe broken or missing
- Is the bathroom vent clogged or has lint
- Are there any tripping hazards
- Is the tub discolored
- There is access to doors and/or windows
- ◆ There are no items within 36 inches of heat/ AC unit
- Are crispers missing in refrigerator
- Does the refrigerator show cracked shelves, or missing handles, door guards, etc.
- ◆ Is there walking pathways throughout the unit
- Is there excessive clutter
- Does the unit appear to be clean
- ◆ Is there damage beyond normal wear and tear; i.e., dents in appliances, damaged kitchen/bathroom cabinets, holes in walls, etc.

From the Office of Social Services TRICIA ROBINSON

Hello, Everyone!

MODERN MATURITY CENTER EXPO THURSDAY • MAY 16th • 11-2pm

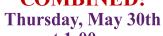
VENDORS, DOOR PRIZES, GIVEAWAYS, FOOD.

Call Front Desk Security to reserve a ride on the Bluebird.

<u>Luther Towers Kitchen</u> will not be open this day.

We encourage you to attend the Expo.
Luther Towers will pay for our residents
who attend the EXPO!
You will receive a ticket from
the bus driver the day of the event.

GAME DAY & COLORING COMFORT COMBINED!



at 1:00pm



All Must Sign Up on Bulletin Board in Your Building
—Supplies are Provided—



Both Campuses Welcome to Attend!

You may not know that we send out the pictures that were colored at **Game Day/Coloring Comfort** to residents whom we know are in a short-term rehab stay or nursing home. We could definitely use some more residents to help us color!!!

EXERCISE CLASS

Don't forget! Every Monday at 10:15am with Betsy! It is a great way to start your week off and get yourself moving!





Thursday, May 23rd 1:00pm in (I)A



- BOTH CAMPUSES WELCOME TO ATTEND -Snacks & Drinks & Door Prizes & Fun & More Fun! Sign Up on Bulletin Board in Your Building

MOVIE NIGHT

Luther Towers • Thursday • May 9th Luther Village • Thursday • May 16th 5:30pm



"The Beekeeper"
Starring Jason Statham

tarring Jason Statnan NEW RELEASE



STAND BY ME

A Free Program

"Stand By Me" is a program to assist senior citizens with managing finances & creating a budget, etc.

Participants are assigned their own financial coach.

If you have been struggling with managing your finances and are interested in these services, you can call

Janet at 302-721-5018.

The program is sponsored by the State of Delaware and The United Way.

Janet will also be at the Health Fair in April

if you want to meet/chat with her then!

WILLS FOR SENIORS

If you are interested in having a Will, Power of Attorney or an Advanced Healthcare Directive prepared, please give me a call to schedule an appointment with **Jacki Chacona** from Delaware Volunteer Legal Services.

We are ready to take more clients! Call 302-674-1408 ext 131.





POWERED BY CONNECTION: MAY 2024

Mark Your Calendars - Coming Soon

3nd Annual International Festival

1233PO

Living your best life!

Thursday, May 16, 2024

11 a.m. to 2 p.m.

Modern Maturity Center 1121 Forrest Ave., Dover DE

Food - Vendors - And More!

\$5 per person - Open to the Public

MORE THAN 30 Participating Organizations

PLUS: - International Dance Performances

- Flavors of the World: samplings of

foods from more than 20 countries

- Farmers' Market

Watch the Bulletin for more details

From The Maintenance Manager KELLY HAUER



PEST CONTROL

Luther Towers Apartments

May 01 .. LT-1.. 201-223 .. LT-2 .. B01-B18 May 08 .. LT-1.. 301-323 .. LT-3 .. 1001-1018 May 15 .. LT-1.. 401-423 .. LT-3 .. 2001-2018 May 22 .. LT-1.. 501-523 .. LT-3 .. 3001-3018

Luther Village ApartmentsNONE AT THIS TIME



THOUGHT OF THE MONTH

M aybe life isn't going upward
A s you wish, but if you can learn from
Y esterday, you can win tomorrow

Kelly

KELLY'S REMINDERS:

When throwing out recycling items in the recycling dumpsters, put your items in the dumpster loosely; i.e., not in any type of trash bag. I found black & white trash bags in the recycling dumpster and some had recycling items while others had household trash in them. So PLEASE, be mindful when putting trash in the dumpsters and where it is supposed to go... Thank you...

STANDARD MAINTENANCE CHARGES

Bathroom:

6.00 Medicine Cabinet Shelf

\$ 5.00 Soap Dish

\$ 29.00 Toilet Seat

\$ 75.00 Shower Curtain w/hooks (for walk-in shower only)

Refrigerators:

5.00 Ice cube trays

\$100.00 Crisper Tray Cover

\$ 35.00 Shelf Railing

\$ 11.00 Shelf bracket (each)

Ranges

\$ 12.00 Burner Knobs

\$ 4.00 Drip Pan (each)

\$ 30.00 Broiler Pan

\$ 10.00 Range filter

Electrical Repairs:

\$ 15.00 Bath Light Lens

\$ 15.00 Ceiling Light Globe

\$ 4.00 Receptacle

\$ 1.00 Receptacle Cover

\$ 4.00 Switch

\$ 4.00 Switch Cover

\$ 40.00 Cord Mate Necklace

Windows:

\$ 40.00 Replacement Screen

\$ 75.00 Storm Window

\$ 80.00 Slim Shade Blinds

\$ 15.00 Slim Shade Operator (screen mount)

\$ 20.00 Slim Shade Operator (window mount)

\$ 10.00 Curtain Rod

Locks:

\$ 5.00 Replacement Key

\$ 10.00 Dead Bolt Latch

\$ 50.00 Lock Change

Miscellaneous:

\$ 10.00 Access Card

\$ 2.00 Lanyard

\$ 5.00 Laundry Card

\$ 1.00 Light Bulb

\$150.00 Minimum Carpet Repair

STEPHEN MINISTRY is here to help and will come to your doorstep.



How Can We Help? Going through a Difficult Time? Health Crisis? Loneliness? Alienated from Family?

Everyone goes through difficult times. Having someone to care, to listen, and to share God's love with you can help you get through the confusion, stress, or loneliness you may be experiencing.

If you are interested in speaking with someone who is willing to listen with care, please reach out to ...

Helen Morella

Coordinator for Stephen Ministry Team St. John's Lutheran Church 302~734~7078

From The Desk Supervisor KARI EBERT

May is such a great time to get outside or open your windows to enjoy the mild weather. Not too hot, not too cold.

During the winter months – when it's too cold to get out – we can all feel isolated and start feeling down. But we all experience sadness and stress from time to time, no matter the season. There have been studies showing getting outside and enjoying nature can improve mental health. It helps with decompressing from stress/anxiety, helps fight chronic illnesses, and boosts concentration & brain activity. If you're like me, you instinctively know this without a study telling you, but it's nice to have proof. ©

Try this little exercise the next time you're feeling overwhelmed, disconnected, or angry. I like to call it *The 5-Minute Reset*. Here are the steps that help me clear my head, release tension, and give myself a fresh outlook:

- Go to a spot outside that's green (preferably near a tree)
- Take a few deep breaths
- ◆ Focus on something natural you can feel (sun, wind, etc.)
- Focus on something natural you can hear (water, birds, etc.)
- ◆ List all the things in nature that you're grateful for
- Take a few more deep breaths
- Repeat the steps as needed

Here's a little poem that describes the joy of using our senses to enjoy nature... also, it has a sweet surprise ending that makes me smile.

A QUICK REMINDER:

There have been numerous residents and families getting used to just bringing in and/or taking out furniture deliveries without 24 hours' notice and after hours! It's imperative that maintenance inspect it before coming in and going out.

Move ins/Move outs are not allowed on Sundays or Holidays and must be performed (with 24-hour notice) between 8:00am and 4:00pm only. This applies to any piece(s) of large furniture.

Any deviation from this process must be authorized by administration in advance.



In Spring

by Rose King

I'm out with the wheelbarrow mixing mulch. A mockingbird trills in the pine.

Then, from higher, a buzz, and through patches of blue as the fog burns off, a small plane pulls a banner,

red letters I can't read but I do see, over the fence,

LOVE YOU

a man in a sky-blue shirt walking his dog to the beach. He says he missed it, will keep an eye out.

Four barrows of mulch around the blueberry bushes, I'm pulling off gloves, and he's back, beaming. "It says, I LOVE YOU, MARTHA. Are you Martha?"

On the Bluebird Again



Does Anyone Know...
Where Are We Going?!!



"Accent" Therapy Class Wednesdays at 11:00am *FREE PASS*

"If the wind blows me away, please return me to Luther Towers."

Computer Class







We had such an amazing turn out at the Health Fair!!
There were 21 vendors, 21 Door Prizes, and 102 Residents participating!
I appreciate everyone who supported the Health Fair this year —
it was definitely worth the effort! Thank you to Everyone!!!













Realth Fair





















MEET & GREET

Join Us!

Enjoy Meeting & Making New Friends.

While you're at it, have a snack & a sip.

Find out what you might be missing!



LUTHER VILLAGE
(I)A 4:00PM
MAY 11TH, 2024

LUTHER TOWERS
(I)A 6:00PM
MAY 25TH, 2024



WELCOME TO ROSEMARY CIRCLE



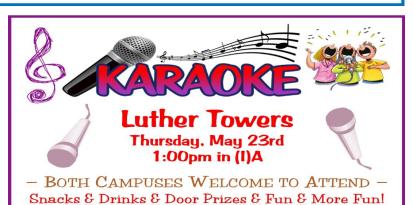
2nd Saturday of Each Month

1:00 pm • LT I (conf room)

Fellowship, Prayer, Learning

ALL ARE WELCOME

Sponsored by: United Methodist Women



NEWCOMERS Welcome, Neighbor!

Sign Up on Bulletin Board in Your Building

LT-1 713 Lita Dillon

LT-2 B03 Sonia & Jorge Labrada

LT-3 1014 Alberto & Ruth Burgos-Rosario

LT-3 3014 Linda Herring

LT-4 4203 Ronald Clark

LV-3 3202 Dennis McDuffie



LISA HARSHBERGER

Luther Towers Building I

Appointments:

674-1408x131 Tricia

Just \$20 for **30-Minute Session**





Exercise Class
"MORNING STRETCH
W/BETSY"

Every Monday Morning at 10:15am in Luther Towers I(A)

Hosted by:

Certified Instructor Betsy Gustafson





HEALTH FIRST MEDICAL CARE

QUALITY COMPREHENSIVE CARE AT HOME

PROVIDING A WIDE RANGE OF SERVICES

- Primary Care
- •Mental Health Consult/ Mental Health Counseling
- •Annual Wellness Exam
- Medication Management/ Pharmacy Consultation
 - •Audiology/Optometry Assessments
 - Podiatry

MEDICAL DIRECTOR

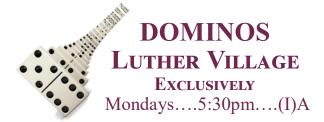
ERNEST TAMAJONG
CRNP/DNP(c)



CONTACT INFORMATION: 302-616-9324

etamajong@health1mc.com www.health1mc.com

Affordable Health Care Solutions in the Comfort of Your Home



BINGO SCHEDULE Luther Towers

Mondays 5:00pm (II)A
Wednesdays 5:30pm (IV)
Thursdays 5:45pm (IV)
Fridays 5:30pm (I)A
Saturdays 5:00pm (II)A



TO MAKE APPOINTMENT CALL 302-674-1405 x129



(Annual Enrollment Period)

Annual Open Enrollment for Medicare is In Full Swing

There are Several Major Changes to the Medicare Advantage Plans

Including Humana will No Longer Be Accepted by Christiana Care starting January 1st, 2024!

Delaware will Welcome Highmark and WellCare to the List of Carriers!

For a Comprehensive Review of All the Changes, Contact me at 443-477-7958 for an Appointment



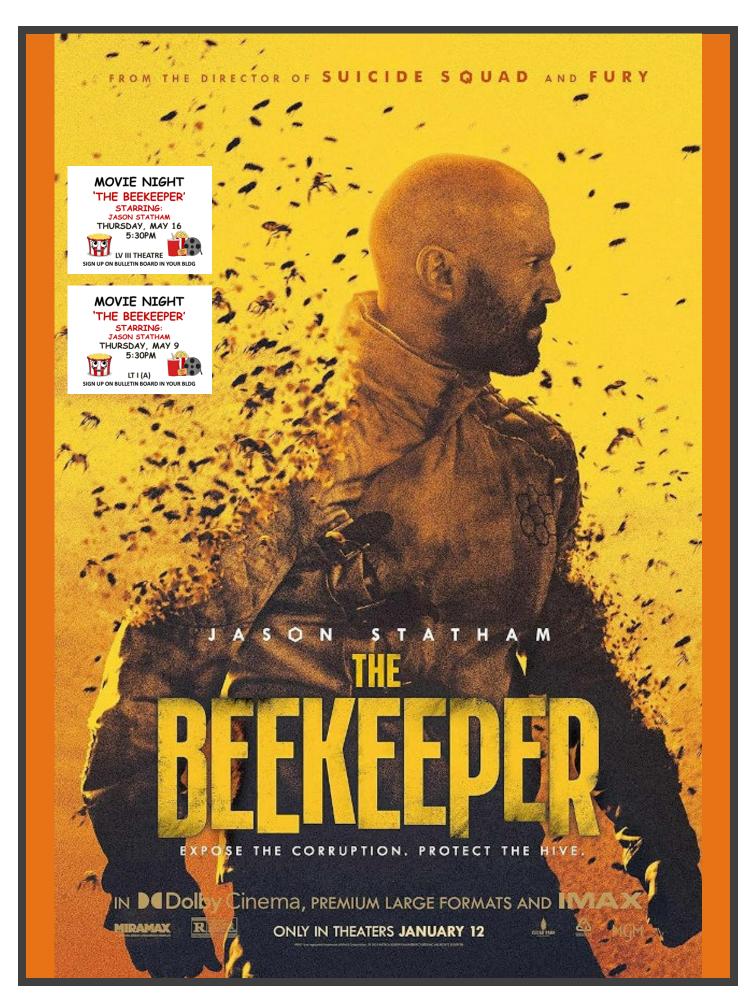
Brenda Zimmerman Insurance Producer

99 Wolf Creek Blvd, Suite 1b Dover, DE 19901 direct: 302-213-7029 cell: 443-477-7958

brenda.zimmerman@bankerslife.com









Menu May 2024



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| 29 | 30 | Taco Chili Salad w/Lettuce Tomato, Sour Cream Tortilla Chips w/ Salsa Milk / Mousse Cinco De Mayo | Pepper Steak w/ White Rice Peas & Carrots Roll / Milk Yogurt | 3 Baked Chicken w/Gravy Mashed Potatoes Steamed Broccoli Wheat Bread / Milk Fruit |
| Sloppy Joe on Bun Potato Wedges Mexican Corn Milk / Sherbet | 7 Chicken Parmesan w/ Spaghetti Buttered Spinach Italian Bread Milk / Yogurt | Broccoli Cheese Soup w/ Tuna on Bun w/ Lettuce & Tomato Milk / Brownies | 9 Roast Beef w/Gravy Mashed Potatoes Green Beans Roll / Milk Cake w/ Icing BIRTHDAY & MOTHER'S DAY | 1() Chicken Pot Pie Buttered Zucchini Wheat Bread / Milk Pudding |
| 13 Chicken Tetrazzini w/Noodles Buttered Peas Wheat Bread / Milk Fruit | 14 Meat Loaf w/Gravy Mashed Potatoes w/ Mixed Vegetables Wheat Bread / Milk Lemon Pudding | Cod w/ Buttered Rice Buttered Broccoli Wheat Bread / Milk Fruit | 16 Fried Chicken w/ Macaroni & Cheese Seasoned Collard Greens Roll / Milk Ice Cream INTERNATIONAL EXPO | 17 Jumbo Beef Chili Dog on Bun Potato Wedges Coleslaw Milk / Fruit |
| 2() Pork Chop w/Gravy Mashed Potatoes Sauerkraut Roll / Milk Butter Cookies | 21 Boneless Chicken Breast w/ Mango Salsa Buttered Rice & Steamed Broccoli Roll / Milk Mandarin Oranges ASIAN/PACIFIC ISLANDER DAY | 22 Hamburger on Bun Ketchup, Mayo, Mustard Lettuce & Tomato Sidewinder Fries Coleslaw Milk / Cookies | 23 Liver & Onions w/Gravy Mashed Potatoes Peas & Carrots Bread / Milk Bread Pudding NUTRITION CLASS | 24 BBQ Chicken Baked Beans Potato Salad Roll / Milk Mixed Fruit Salad MEMORIAL DAY CELEBRATION |
| 27 CLOSED MEMORIAL DAY | Chicken & Dumplings Buttered Green Beans Biscuit / Milk Applesauce | 29 Spaghetti w Meat Sauce Mixed Vegetables Italian Bread / Milk Sherbet | Fried Fish Au Gratin Potatoes Stewed Tomatoes Cornbread / Milk Pudding | 31 Meatball Sub French Fries Broccoli Salad Milk / Fruit |



May 2024 BLUEBIRD Schedule



| | | | | | | • |
|--------|--|--|---------------|--|--------|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 28 | Tuesday Pickup Times LV 8:45am, 9:45am &11:00am LT 9:00am,10:00am &11:15am | 30 | 1 WALMART | 2 Rain Date for Trip OR IF RAINING MIDDLETOWN FARMERS | 3 | 4 |
| 5 | Wednesday Pickup Times <u>LV</u> 8:45am, 9:45am &11:00am <u>LT</u> 9:00am,10:00am &11:15am | 7 9am, 10am SAFEWAY, TARGET, FOOD LION 11am ROSES | 8 walmart | 9 REHOBOTH BEACH TRIP | 10 | 11 |
| 12 | Thursday Pickup Times \overline{LV} 8:45am \overline{LI} 9:00am, | 14 9am, 10am SAFEWAY, TARGET, FOOD LION 11:00am BYLER'S | 15 walmart | 16 9am BYLER'S Trip Starts @ 11am for MATURITY CENTER EXPO | 17 | 18 |
| 19 | 20 | 21 9am, 10am SAFEWAY, TARGET, FOOD LION 11:00am ROSE'S | 22 walmart | 23 Christiana Mall | 24 | 25 |
| 26 | 27 | 28 9am, 10am SAFEWAY, TARGET, FOOD LION 11:00am BYLER'S | 29 walmart | 30 MIDDLETOWN FARMERS MARKET | | 7 |

OWER

May 2024 Activity Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|------------------------------|------------------------------|----------------------------------|--|--|
| 28 | 29 | 30 | 1 | 2 | 3 | 4 |
| | | | | | | 9:00am-(I).A Private Reservation |
| | | | 5:30pm-(I)A Bingo | 5:45pm-(IV) Bingo | 5:30pm-I(A) Bingo | 5:00pm-(II)A Bingo |
| 5 | 6 6.30 (1) CNAPP | 7 | 8 | 6 | 10 | 11 |
| 12:00pm-(I)A Church Service | 10:15 Morning Stretch w/Betsy | | | 5:30pm-(I)A | 1:00pm-(I)A HEALTH FAIR w/Anita Rumley | 1pm-4pm-(1)C Methodist Women 9:00am-(I)A |
| 1:00pm-(I)CR Stephen Ministry | I:00pm-(II)A Causey 5:00pm-(II)A Bingo | | 5:30pm-(I)A Bingo | 5:45pm-(IV) Bingo | 5:30pm-I(A) Bingo | Frivate Keservation 5:00pm-(II)A Bingo |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 12:00pm-(I)A Church Service | 10:15 Morning Stretch w/Betsy | | 1:00pm-(I)A MATINEE MOVIE | MODERN MATURITY | | 9:00am-(I)A Private Reservation |
| 1:00pm-(I)CR Stephen Ministry | 1:00pm-(I)A Causey 5:00pm-(II)A Bingo | 3:00pm-(I)C Cherub Group | 5:30pm-(I)A Bingo | CENTEK EXPO 5:45pm-(IV) Bingo | 5:30pm-I(A) Bingo | 5:00pm-(II)A Bingo |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 12:00pm-(I)A Church Service | 10:15 Morning Stretch w/Betsy 1:00pm-(I)A Causev | 12.15.1.00mm | | 1:00pm-(I)A KARAOKE | | 6:00pm-(I)A MEET N' GREET |
| Stephen Ministry | 5:00pm-(II)A Bingo | FOOD BOX | 5:30pm-(I)A Bingo | 5:45pm-(IV) Bingo | 5:30pm-I(A) Bingo | 5:00pm-(11)A Bingo |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| 12:00pm-(I)A Church Service 1:00pm-(I)CR | 10:15 Morning Stretch w/Betsy | 2:00-4:00pm-(I)A DELAWARE | 1:00pm-(I)A BOOK CLUB | 1:00pm-(I)A GAME DAY | | |
| Stephen Ministry | 5:00pm-(II)A Bingo | HOSPICE | 5:30pm-(I)A Bingo | 5:45pm-(IV) Bingo | 5:30pm-I(A) Bingo | |

| | VILLAGE VILLAGE | May | 2024 | May 2024 Activity Calendar | Calendar | |
|---------------------------|----------------------|---|-------------------------------------|-------------------------------------|---------------------------|------------------------------------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 28 | 29 | 30 | 1 | 2 | 3 | 4 |
| | | | | 12:00-3:00pm-(III) Ceramics | | 9:00am-(III)A |
| | | | 9:00-11:00am-(I)A Food Stamp Rep | 6:00pm-(II)A KING | | RESERVED 6:00pm-(II)A KING |
| 5 | 9 | 7 | 8 | 6 | 10 | 11 9:00 am-(III) A |
| | | 9:00am-(I)A DRIVER | | 12:00-3:00pm-(III) Ceramics | | RESERVED 4:00pm-LV(I)A |
| 11:00am-(III)A Church | 6:00pm-(II)A KING | SAFETY CLASS CALL MEL TO REGISTER! 302-678-1288 | | 6:00pm-(II)A KING | | MEET N' GREET 6:00pm-(II)A KING |
| 12 | 13 | 14 | 15 | 16Modern Maturity 17 Center EXPO | 17 | 18 |
| 9:00am-(III)A RESERVED | | | | 12-3pm-(III) Ceramics 5:30pm-(III)A | | 9:00am-(III)A |
| 11:00am-(III)A Church | 6:00pm-(II)A KING | | | MOVÍE NIĆHT 6:00pm-(II)A KING | 9:00am-(III)A RESERVED | RESERVED 6:00pm-(II)A KING |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | | | | 12:00-3:00pm-(III) Ceramics | | 9:00am-(III)A |
| 11:00am-(III)A Church | 6:00pm-(II)A KING | 11:30am-12:00pm Food Box | | 6:00pm-(II)A KING | | RESERVED 6:00pm-(II)A KING |
| 26 | 27 | 28 | 29 | 30 | 31 | 3 |
| | | | | 12:00-3:00pm-(III) Ceramics | | |
| 11:00am-(III)A Church | 6:00pm-(II)A KING | | | 6:00pm-(II)A KING | | |



302-674-1408

| Name & Position | Extension # |
|---|-------------|
| Kim Mendoza, Executive Director | 112 |
| Jessica Parsons, Deputy Director | 130 |
| Tricia Robinson, Social Services | 131 |
| Jessica Balog, Admissions | 119 |
| Corrin Parsons, Administrative Coordinator | 113 |
| Sharon Poisson, Accounting | 132 |
| Kari Ebert, Desk Supervisor | 0 |
| Kelly Hauer, Facilities Director | 111 |
| Kitchen | 128 |
| Karen Ambruso, Beauty Shop | 129 |
| Wednesday / Thursday / Friday — By Appointment Only | |
| Front Desk | O |



302-674-3780

| Name & Position | Extension # |
|---|------------------|
| Tricia Robinson, Social Services | 210 |
| Luther Village 1 Desk | 212 |
| Karen Ambruso, Beauty Shop By Appointment Only | 674-1408 ext 305 |
| Medical Transportation | 242-6187 |