



May 2023



TABLE OF CONTENTS

PAGE

Executive Director – Kim Mendoza 2

Rent Will Be Pulled May 4th..... 2

Deputy Director – Jessica Parsons 3

Employee of the Month *Spotlight on Sharon Poisson* 4

Pictures – To The Beach..... 4

Social Services – Tricia Robinson..... 5

Facilities Director – Kelly Hauer 6

Standard Maintenance Charges Chart..... 6

Desk Supervisor – Kari Ebert 7

Picture – At the Movies in Luther Towers 8

Coming in July – Ad 8

Crossword Puzzle 9

Pictures – *Karaoke* 10

Meet n' Greet • Methodist Women • Karaoke Day
 • Newcomers Welcome Wagon 11

ADS: • Massage by Lisa • Health First Medical Care • Personal Products
 • Exercise Class • Bingo & Dominos Schedules • Beauty Salon 12

Bluebird Schedule 13

Movie Night: “A Man Called Otto” starring Tom Hanks 14

May Menu 15

Luther Towers May Activity Calendar 16

Luther Village May Activity Calendar..... 17

Phone Extensions..... 18

From the Desk of The Executive Director
KIM MENDOZA

We were very fortunate that we had a mild winter and no snow to shovel, but I am thrilled we are finally starting to experience warmer days and on a more regular basis.

It is also a time when you see people preparing for the season; cleaning up yards, planting flowers and gardens. There will also be an increase in the animal population; baby ducks, geese, squirrels and rabbits to name a few.

I know we have also had skunks and the occasional fox around here. So be cautious when you are out in the later hours as you never know what you might encounter.

In regards to the animals, there is an individual (who doesn't appear to be a resident) driving onto the property and dropping cat food on the ground near the tree/bench area closest to Luther Towers 1 and 2. This is always happening around midnight, so it makes it difficult to identify the individual, or where someone else might be around to tell them not to do this.

If any of you are aware of whom this may be, can you please ask them to discontinue this. It can and likely will attract wildlife that we don't necessarily want hanging around on the property.

This is also a good time of the year to clean house. No, not general cleaning! Hopefully, we do this more than once a year! I mean going through closets, getting rid of items you haven't worn in a while or maybe they no longer fit. Also, if you are like me, there are items in your cabinets (such as canned goods, etc.) that have more than reached their expiration date. I have done some of both and it definitely makes you feel better having purged some of those things that are not needed or used any longer. It makes it

**INFORMATION BOTH
CAMPUSES**

**RENT will be pulled on
May 4th.**

In some months, your rent may not come out of your account on the 4th **due to holidays or weekends.**

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will save you from Insufficient Funds problems.

easier if we do it a little at a time, instead of waiting for a year! So, I am going to try and work on that!! Maybe it could be your mid-year resolution.

**EMERGENCY EXITS are
for EMERGENCIES ONLY**

I noticed in a log recently that an individual was going out an emergency exit, stood there for a very long time and even let another resident go through to throw out trash.

The Emergency Doors are not to be propped open! We do our best to ensure the safety of your buildings. However, if exit doors are left open, it allows for anyone to gain access. For anyone who watches the news, you should realize that it can allow individuals wanting to do harm easy access.

Another thing to note on this subject, both campuses regularly have individuals coming onto the property who do not belong. Some are just loitering, others up to criminal activity.

Keeping all doors secure aids to ensure you are safe. Please cooperate and follow all rules.

Kim

From the Desk of The Deputy Director

JESSICA PARSONS

Utilities: In everyone's lease and house rules is a statement that tenants will not waste utilities.

The cost for electricity over the past year has increased close to 40%, so it is very important that we continue to conserve energy and water as they are precious resources.

It is never acceptable to open windows with the air conditioner running in an apartment. We are entering the warmer months and below are some important precautions in order to avoid safety related issues from intense heat and sun.

1. Preserving your Air Conditioning

Keep windows, curtains and blinds closed from mid-morning to late afternoon (after 4pm) to block extra direct heat from sunlight which will preserve your air conditioning. You can certainly use a fan to help circulate cool air within your apartment. Keep the hot weather in mind when cooking; rather than using the oven, consider using a slow cooker or crock pot.

2. Talk with your Doctor

Check with your MD to discuss the effects of medications you are taking when exposed to intense heat and the sun. Your MD can also advise how much fluid you should be taking in according to the medications you are taking and/or illnesses you experience.

3. Stay Hydrated

Remember to drink water often. Water is the best fluid. Carbonated beverages, alcohol and caffeine tend to dehydrate and are contraindicated during the hot weather. It is important to discuss hydration with your MD if you have an illness which restricts fluids. Absent any limitations, you should be drinking a gallon of water per day when the temperature rises above 90 degrees.

Protect Yourself from Sun's Ultraviolet Rays

Everyone should wear sunscreen when outdoors. Use a broad spectrum sunscreen with an SPF of at least 30. Don't forget to cover your ears, lips, neck, top of your feet, and the back of your hands; reapply the sunscreen every 2 hours. Remember, the UV rays are of greatest intensity between 10am and 4pm. It is prudent to wear a hat with

a wide brim to protect your face and head. Wearing sunglasses will protect your eyes from harmful UV rays...and they look cool, too. A sun tan looks good, but not worth the risk of illness.

Wear the Right Stuff

Dress for the warm weather. When it's hot, cotton fabrics are cooler than synthetic fibers. Light colored clothing reflects rather absorbs the heat.

Know the Signs and Symptoms of Heat Related Illnesses

During the Summer season, be particularly cautious about abnormally high body temperatures – a condition known as hyperthermia. Heat Stroke is an advanced form of hyperthermia that can be life threatening. Make sure you know the warning signs:

- Body temperature greater than 104°F
- Dry flushed skin
- Nausea and vomiting
- Headache
- No sweating, even if it is very hot

If you experience or if you observe someone else exhibiting these signs, call 911!

HEALTH AND SAFETY INSPECTIONS: Recently, I accompanied the Maintenance staff on some of their Health and Safety Inspections and I plan to do more this summer. A recurring problem seems to be residents storing items in the oven. Even if you don't use the oven, this is not acceptable. Placing flammable material on the stove or in the oven is a violation of regulations and City of Dover code. All residents need to take note that fires caused by carelessness will result in charges for repairs and can result in termination of the lease.

Smoke Receptacles: Lastly, there is a misunderstanding about the smoke receptacles located at the entrance of some of the buildings. The purpose of the receptacles is for the proper disposal of cigarette butts.

Smoking is NOT permitted within 50 Feet of the building

Jessica

Employee of the Month by Jessica Parsons

This month I would like to highlight...

Sharon's time with Lutheran Services began 11 years ago in January 2012 but her career in Accounting spans over 30 years. Delaware has been her home her entire life. Seven grandchildren between the ages of 5 and 20 years have brought joy to her life as has her 10-year-old cat!

Gardening is Sharon's other joy but winter makes that difficult... so she brought it indoors and started doing hydroponics with success. *(see picture)*

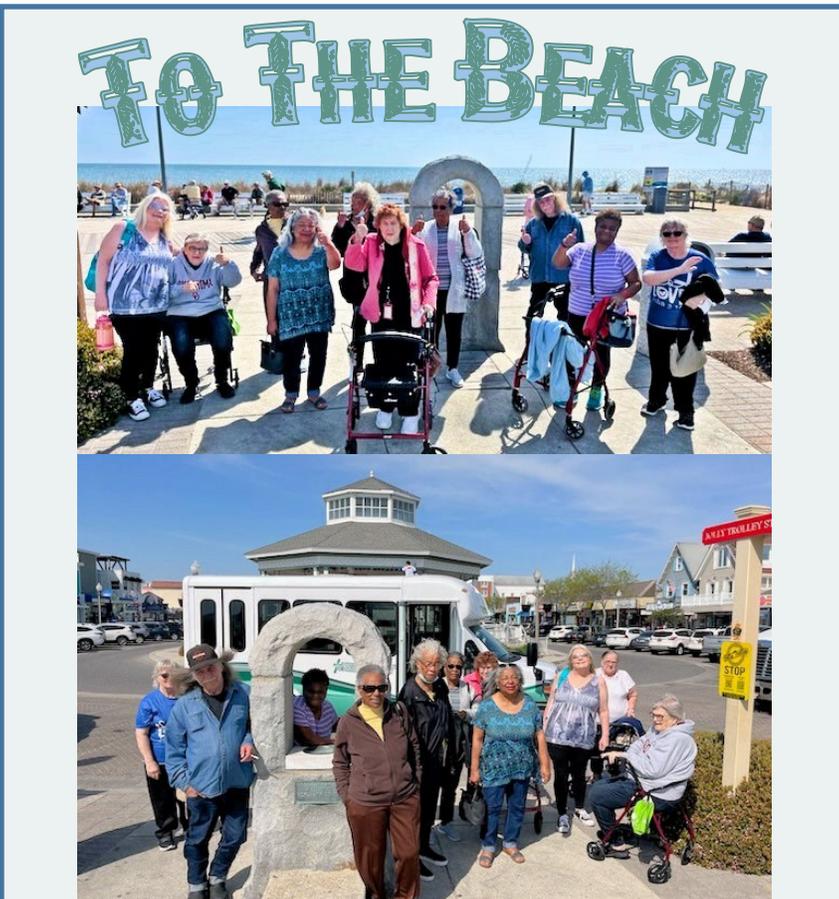
Sharon loves traveling! Most recently she visited Barbados. And last but not least, she enjoys floating in the pool with a good book.

Although most of you may not know who Sharon is, her job is vital to our organization. Not only is she the one responsible for all aspects of our business finances, her in-depth knowledge of Accounting is vital to our operation. We are thankful for all that she brings to the table and appreciate her for all she does for us!

SHARON POISSON



SHARON'S HYDROPONIC GARDEN



Yard Sale  **July 8th**
To Rent Tables **Please Contact**
Barbara Hahn • 302-342-9603

From the Office of Social Services

TRICIA ROBINSON

Hello, Everyone! 

LUTHER TOWERS HEALTH FAIR –

Door Prizes, Blood Pressure Checks,
Fall Risk Assessments.

Many Vendors! Free Giveaways!

Friday, May 12th from 10am to 12pm

Both Campuses are Welcome to Attend!

MOVIE NIGHT

**Luther Towers Thursday May 11th &
Luther Village Thursday May 18th
at 5:30pm**



“A Man Called Otto”

Starring Tom Hanks

Come Join Us for a Great Time



Sign up on bulletin board in your building

Guided Paint Classes

Luther Towers Friday May 5th 10am
Activity Room Building 1

Luther Village Tuesday May 9th 10am
Arts & Crafts Room Building 3



*All Must Sign Up on
Bulletin Board in Your Building*

—Supplies are Provided—



**Luther Towers
Building 1 Activity Room**

**Thursday
May 18th
1:00pm**

*Snacks & Door Prizes & Fun, Fun & More Fun!
Both Campuses are Welcome to Attend!*

EXERCISE CLASS

Don't forget! Every Monday
at 10:15am with Betsy!

It is a great way to start your week off
and get yourself moving!



WILLS FOR SENIORS

If you are interested in having a Will, Power
of Attorney or an Advanced Healthcare
Directive prepared, please give me a call
to schedule an appointment with Jacki
Chacona from Delaware Volunteer Legal
Services. We are ready to take more clients!

Call 302-674-1408 ext 131.



The
BOOK CLUB

Next Meeting

Wednesday May 24th at 1:00pm

Must Call Tricia to Join
302-674-1408 x131



GAME DAY

— LUTHER TOWERS —

**Thursday May 25th at 1:00pm
Building 1 Activity Room**

**Table Games & Card Games
Snacks & Drinks**

Both Campuses Welcome to Attend!

CHRONIC DISEASE CLASS

If you are interested in the 6 week course,
it will be on 6 Consecutive Fridays

WEEK 1 Begins

Friday May 26th at 10:00am

**Teachers will be at the Health Fair
to Register Participants**

From The Maintenance Manager
KELLY HAUER



PEST CONTROL

Luther Village Apartments

May 3... LT-1 LT-2.... B01-B18
 May 10... LT-1 LT-3.... 1001-1018
 May 17... LT-3 LT-3.... 2001-2018
 May 24... LT-1 LT-3.... 3001-3018

Luther Village Apartments

None at This Time



KELLY'S REMINDERS:

I have noticed during my inspections that I'm finding residents are putting furniture, plants, etc., in front of the heat pump unit.

This makes it difficult for the maintenance staff to get to the unit if it needs to be cleaned or removed.

Please give us at least 2 feet of space in front of the heat pump for better accessibility

THOUGHT FOR THE MONTH

"Hello, May!"

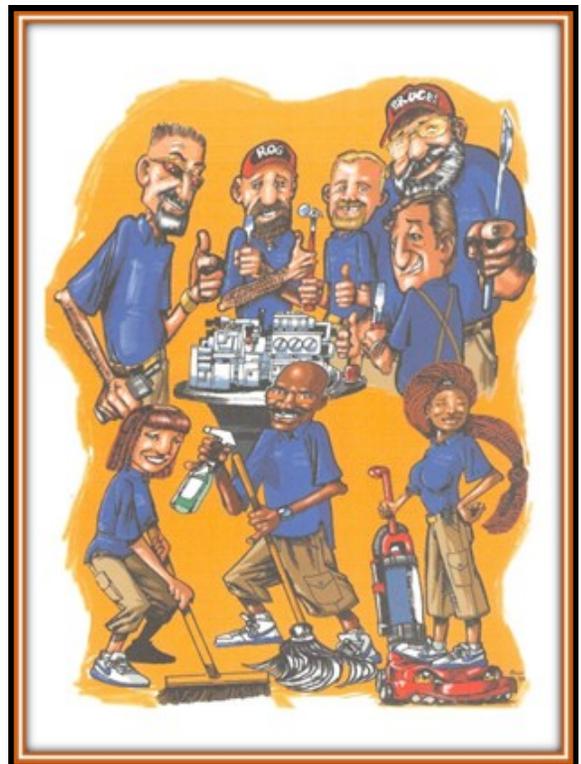
May this month bring you satisfaction, peace & joy.

May all the desires of your heart be granted.

May this be the beginning of new things in your life.

Stay strong, be positive and fulfill your dreams.

Happy New Month, Friends! *Kelly*



STANDARD MAINTENANCE CHARGES

Bathroom:

- \$ 6.00 Medicine Cabinet Shelf
- \$ 5.00 Soap Dish
- \$ 29.00 Toilet Seat
- \$ 75.00 Shower Curtain w/hooks (for walk-in shower only)

Refrigerators:

- \$ 5.00 Ice cube trays
- \$100.00 Crisper Tray Cover
- \$ 35.00 Shelf Railing
- \$ 11.00 Shelf bracket (each)

Ranges:

- \$ 12.00 Burner Knobs
- \$ 4.00 Drip Pan (each)
- \$ 30.00 Broiler Pan
- \$ 10.00 Range filter

Electrical Repairs:

- \$ 15.00 Bath Light Lens
- \$ 15.00 Ceiling Light Globe
- \$ 4.00 Receptacle
- \$ 1.00 Receptacle Cover
- \$ 4.00 Switch
- \$ 4.00 Switch Cover
- \$ 40.00 Cord Mate Necklace

Windows:

- \$ 40.00 Replacement Screen
- \$ 75.00 Storm Window
- \$ 80.00 Slim Shade Blinds
- \$ 15.00 Slim Shade Operator (screen mount)
- \$ 20.00 Slim Shade Operator (window mount)
- \$ 10.00 Curtain Rod

Locks:

- \$ 5.00 Replacement Key
- \$ 10.00 Dead Bolt Latch
- \$ 50.00 Lock Change

Miscellaneous:

- \$ 10.00 Access Card
- \$ 2.00 Lanyard
- \$ 5.00 Laundry Card
- \$ 1.00 Light Bulb
- \$150.00 Minimum Carpet Repair

From The Desk Supervisor – KARI EBERT

Happy May! We're on the verge of summer, and the weather is perfect for taking a stroll or sitting in the shade of a tree while chatting with friends.

May reminds me of Old Dover Days where artisans present historically accurate crafts and activities on the green in Downtown Dover. My favorite part is the children performing the traditional Maypole Dance.

Elementary classrooms practice for the event, and it's so sweet to see them dressed up in colonial garb having a great time.

I believe that our history as a nation (and as a state) is very important for future generations, but even more important is our own personal history as individuals. As my mother's Alzheimer's is progressing, I'm realizing how much could have been lost about our family if she hadn't documented everything through pictures and journals. I still feel like a lot has been lost, but I'm so thankful for what we do have.

How are you passing down your legacy? I know many people who have made videos, written small memoirs, put together photo albums, and had someone interview them to write it up for their grandchildren. Even if you don't document it with something tangible, your stories and experiences are treasures that are meant to be shared and remembered. They are the connective thread that runs through all the generations to come.

I hope you take every opportunity to pass down your history to your family and friends. As Cicely Tyson once wrote, "Knowing your generational story firms the ground upon which you stand. It makes your life, your struggles and triumphs, bigger than your lone existence. It connects you to a grand plotline."

Quick Reminders

- With more sunny days, residents are enjoying the benches outside of the entrances and (at LT-1) inside the front vestibule. We have received a few complaints lately from people who feel their privacy is being infringed upon by comments and questions of the people sitting there. These range from where they have been, who they are they visiting, and what they have they bought at the store. Please be mindful that not everyone wants to share the details of their lives – and passing through a group of inquiring minds may cause someone anxiety.
- Please remember that noise complaints, suspicious activity, and the like are time sensitive and must be reported at the time of occurrence. Desk personnel will investigate, confirm the disturbance, and take necessary steps to solve the problem at that time. There's really nothing we can do after the fact except document it.

May Day

By Sara Teasdale

A delicate fabric of bird song
Floats in the air,
The smell of wet wild earth
Is everywhere.
Red small leaves of the maple
Are clenched like a hand,
Like girls at their first communion
The pear trees stand.

Oh I must pass nothing by
Without loving it much,
The raindrop try with my lips,
The grass with my touch;
For how can I be sure
I shall see again
The world on the first of May
Shining after the rain?



Children performing traditional maypole dance at Old Dover Days

Movie Time at LT



Coming in July

Yard Sale



July 8th

To Rent Tables

Please Contact

Barbara Hahn • 302-342-9603

Famous Pairs Crossword puzzle - Clues

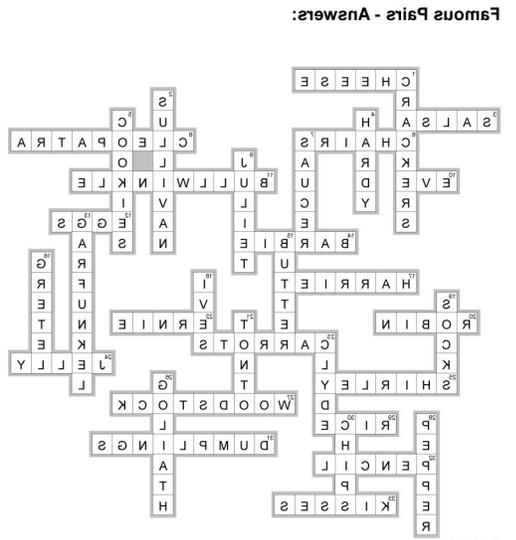
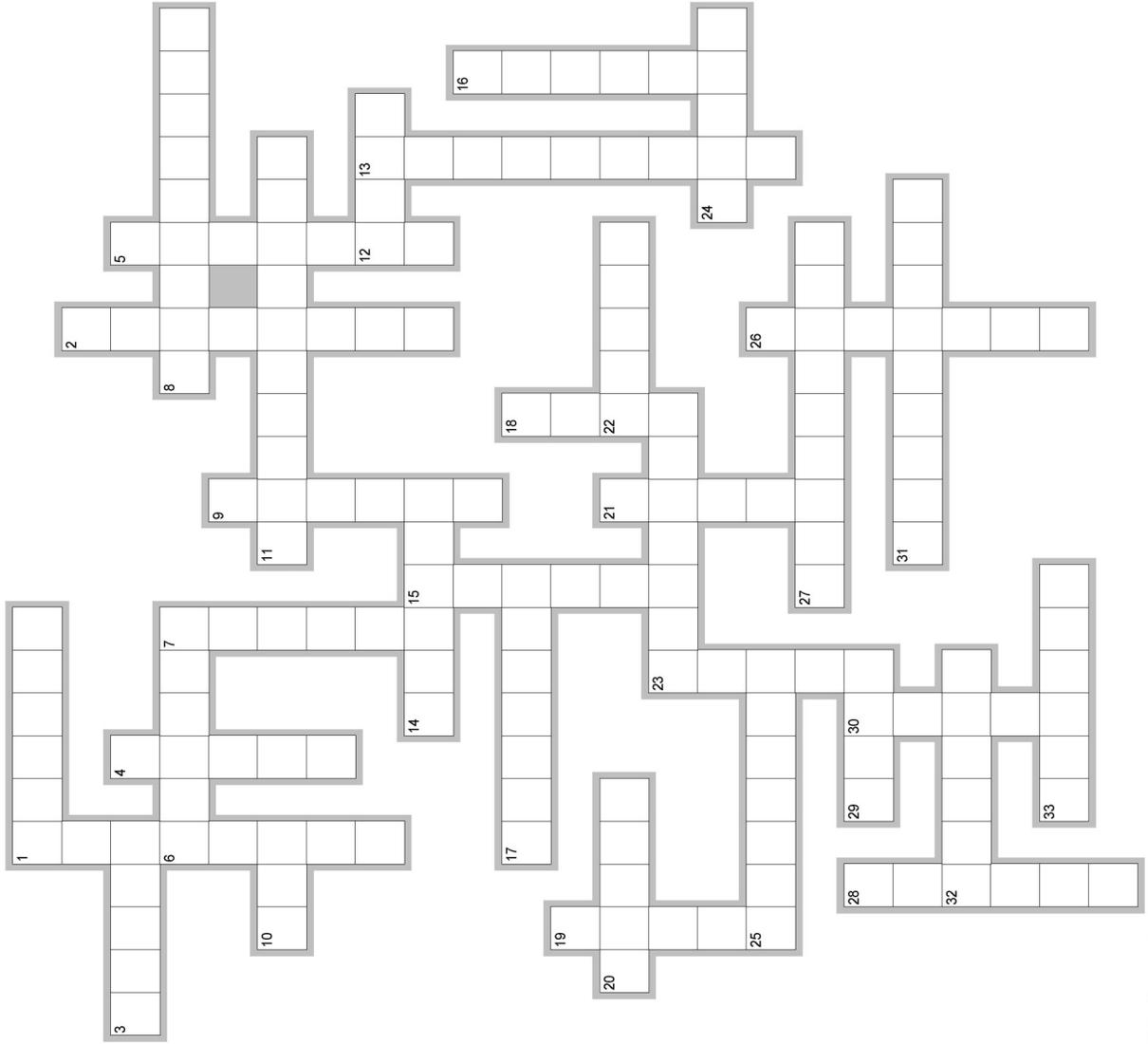
Across

1. Macaroni & _____
3. Chips & _____
6. Table & _____
8. Anthony & _____
10. Adam & _____
11. Rocky & _____
12. Bacon & _____
14. Ken & _____
17. Ozzie & _____
20. Batman & _____
22. Bert & _____
23. Peas & _____
24. Peanut butter & _____
25. Laverne & _____
27. Snoopy & _____
29. Beans & _____
31. Chicken & _____
32. Paper & _____
33. Hugs & _____

Down

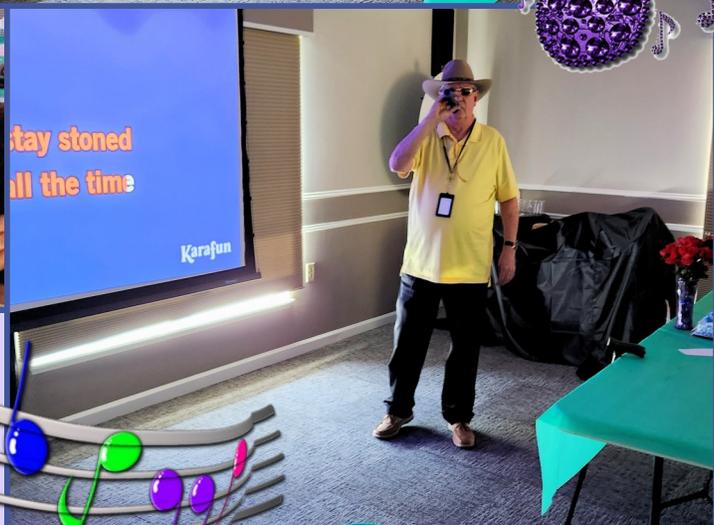
1. Cheese & _____
2. Gilbert & _____
4. Laurel & _____
5. Milk & _____
7. Cup & _____
9. Romeo & _____
13. Simon & _____
15. Bread & _____
16. Hansel & _____
18. Currier & _____
19. Shoes & _____
21. Lone Ranger & _____
23. Bonnie & _____
26. David & _____
28. Salt & _____
30. Fish & _____

Famous Pairs Crossword puzzle



Famous Pairs - Answers:

Karaoke



MEET & GREET

Join Us!

Enjoy Meeting & Making New Friends.

While you're at it, have a snack & a sip.

Find out what you might be missing!



LUTHER VILLAGE
(I)A 4:00PM
MAY 13TH, 2023

LUTHER TOWERS
(I)A 6:00PM
MAY 27TH, 2023



WESLEY UNITED

WELCOME TO ROSEMARY CIRCLE



2nd Wednesday of Each Month

1:00 pm • LT I (conf room)

Fellowship, Prayer, Learning

ALL ARE WELCOME

Sponsored by: **United Methodist Women**



Luther Towers
Building I Activity Room

Thursday
May 18th
1:00pm

Snacks & Door Prizes & Fun, Fun & More Fun!
Sign Up on Bulletin Board in Your Building

NEWCOMERS

LT-1 317 Eleanor Lister
LV-1 1315 Deborah McCarrie
LV-3 3408 Norma Scaramo



LISA HARSHBERGER

Luther Towers Building I

Appointments:

674-1408x131 Tricia

Just \$20 for 30-Minute Session



HEALTH FIRST MEDICAL CARE

QUALITY COMPREHENSIVE CARE AT HOME

PROVIDING A WIDE RANGE OF SERVICES

- Primary Care
- Mental Health Consult/Mental Health Counseling
- Annual Wellness Exam
- Medication Management/Pharmacy Consultation
- Audiology/Optometry Assessments
- Podiatry

MEDICAL DIRECTOR

ERNEST TAMAJONG

CRNP/DNP(c)



CONTACT INFORMATION:

302-616-9324

etamajong@health1mc.com

www.health1mc.com

Affordable Health Care Solutions in the Comfort of Your Home

PERSONALS:

If you need adult diapers (pull-ups), incontinence pads (sanitary napkins), bed pads (sheet protectors)... call Tricia at 302-674-1408 x131



Exercise Class

“MORNING STRETCH W/BETSY”

Every Monday Morning at 10:15am in Luther Towers I(A)

Hosted by:

**Certified Instructor
Betsy Gustafson**



BINGO SCHEDULE

LUTHER TOWERS

Mondays 5:00pm (II)A
Wednesdays 5:30pm (I)A
Thursdays 5:45pm (IV)
Fridays 5:30pm (I)A
Saturdays 5:00pm (II)A

LUTHER VILLAGE

Wednesdays 10:00am (I)A
Thursdays 6:30pm (I)A



DOMINOS

LUTHER VILLAGE

EXCLUSIVELY

Mondays...5:30pm...(I)A



LUTHER TOWERS BEAUTY SALON

\$10.00 HAIRCUTS

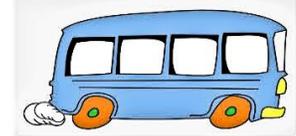
SPECIAL! SPECIAL! SPECIAL!
NEW CLIENTS ONLY

APPOINTMENTS AVAILABLE
WED/THURS/FRI

TO MAKE APPOINTMENT
CALL 302-674-1405 x129

**LUTHER TOWERS/LUTHER VILLAGE
RIDING TOGETHER ALL 3 DAYS
BLUEBIRD SCHEDULE**

**RSVP TO LT SECURITY DESK
674-1408 EXT 0**



**TUESDAY:
SAFEWAY, TARGET, FOOD LION**

**LUTHER VILLAGE – BE READY FOR PICK UP
8:45a.m., 9:45a.m., 10:45a.m., 11:45a.m., etc.
LUTHER TOWERS – BE READY FOR PICK UP ON THE HOUR
9a.m., 10a.m., 11a.m., 1p.m., etc.
11AM TRIP WILL BE TO BYLERS!**

**WEDNESDAY:
WALMART – alternate Camden/Dover**

**LUTHER VILLAGE – BE READY FOR PICK UP
8:45a.m., 9:45a.m., 10:45a.m. (2 hour trip 11AM HOUR)
LUTHER TOWERS – BE READY FOR PICK UP AT
9a.m., 10a.m., 11a.m. (2 hour trip 11AM HOUR)**

**THURSDAY (every):
MIDDLETOWN FARMERS MARKET**

**LUTHER VILLAGE – BE READY FOR PICK UP at 8:45a.m.
LUTHER TOWERS – BE READY FOR PICK UP ON THE HOUR at 9a.m.**

SECOND (2ND) THURSDAY – CHRISTIANA MALL

**LUTHER VILLAGE – BE READY FOR PICK-UP at 8:45a.m.
LUTHER TOWERS – BE READY FOR PICK UP at 9a.m.**

FALL IN LOVE WITH THE GRUMPIEST MAN IN AMERICA

MOVIE NIGHT

"A Man Called Otto"

STARRING:

TOM HANKS

THURSDAY, MAY 11

5:30PM



LT I (A)



SIGN UP ON BULLETIN BOARD IN YOUR BLDG

MOVIE NIGHT

"A Man Called Otto"

STARRING:

TOM HANKS

THURSDAY, MAY 18

5:30PM



LV III (THEATRE)



SIGN UP ON BULLETIN BOARD IN YOUR BLDG

TOM HANKS IS
**A MAN
CALLED
OTTO**

BASED ON THE INTERNATIONAL BESTSELLER

JANUARY 13

ONLY IN MOVIE THEATERS

Monday	Tuesday	Wednesday	Thursday	Friday
1 Salisbury Steak w/Gravy Mashed Potatoes Carrots Wheat Bread / Milk Fruit	2 Baked Chicken w/Gravy Yellow Rice Beets Wheat Bread / Milk Butter Cookies	3 Taco Chili Salad Lettuce, Tomato, Sour Cream Tortilla Chips / Salsa Milk Mousse CINCO DE MAYO	4 Fried Fish Scalloped Potatoes Stewed Tomatoes Cornbread / Milk Pudding	5 Italian Meatballs w/Spaghetti Peas & Carrots Wheat Bread / Milk Peaches
8 Chicken Pot Pie Buttered Zucchini Wheat Bread / Milk Pudding	9 Beef-a-Roni Casserole Tossed Salad Italian Bread / Milk Fruit	10 White Bean Soup Turkey & Cheese on Bun Lettuce, Tomato & Mayo Milk Brownies	11 Roast Beef w/Gravy Mashed Potatoes Chef's Blend Veggies Roll / Milk Cake w/Icing BIRTHDAY & MOTHER'S DAY	12 Baked Ziti w/Meat Sauce Broccoli Italian Bread / Milk Fruit
15 Chicken Tetrazzini w/Noodles Peas Wheat Bread / Milk Fruit	16 Pork Chop w/Gravy Mashed Potatoes Peas & Carrots Bread / Milk Yogurt	17 Spaghetti w/Meat Sauce Mixed Veggies Bread Sticks / Milk Applesauce	18 Fried Chicken Mac & Cheese Seasoned Collard Greens Roll / Milk Ice Cream	19 Meatloaf w/Gravy Mashed Potatoes Mixed Veggies Wheat Bread / Milk Cookies
22 Ham w/Sauce Parslied Potatoes Seasoned Cabbage Wheat Bread / Milk Pudding	23 Cantonese Chicken Buttered Rice Steamed Broccoli Roll / Milk Mandarin Oranges ASIAN / PACIFIC ISLANDER DAY	24 Hamburger on Bun w/Ketchup Lettuce & Tomato Potato Wedges Milk Cookies	25 Liver & Onions w/Gravy Mashed Potatoes Green Beans Wheat Bread / Milk Yogurt NUTRITION CLASS	26 BBQ Chicken Baked Beans Potato Salad Roll / Milk Ambrosia Salad MEMORIAL DAY CELEBRATION
29 CLOSED MEMORIAL DAY	30 Sloppy Joe on Bun Steamed Broccoli Potato Wedges Milk Fruit	31 Vegetable Soup Tuna Salad on Bun Lettuce & tomato Milk Applesauce	1	2

May 2023 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 9:30am SNAP Rep (I)A 10:15 Morning Stretch w/Betsy 1:00pm PRIVATE Party (I)A 5pm Bingo (II)A	2	3	4 1:00pm British Wives (I)A 5:45pm Bingo (IV)	5  10:00am PAINT CLASS (I)A 5:30pm Bingo (I)A	6 5pm Bingo (II)A
7	8 10:15 Morning Stretch w/Betsy 1:00pm PRIVATE Party (I)A 5pm Bingo (II)A	9 3:00pm Cherub Group (I)C	10 1:00-4:00pm Methodist Women (I)C 5:30pm Bingo (I)A	11 5:30pm MOVIE NIGHT (I)A 5:45pm Bingo (IV)	12 10:00-12:00pm HEALTH FAIR (I)A 5:30pm Bingo (I)A	13 5pm Bingo (II)A
14	15 10:15 Morning Stretch w/Betsy 1:00pm PRIVATE Party (I)A 5pm Bingo (II)A	16 12:15pm-1:00pm Food Box	17	18 1:00pm KARAOKE (I)A 5:45pm Bingo (IV)	19	20 9:00am TURNER (I)A 5pm Bingo (II)A
21	22 10:15 Morning Stretch w/Betsy 1:00pm PRIVATE Party (I)A 5pm Bingo (II)A	23 2:00-4:00pm Delaware Hospice (I)A	24 1:00pm BOOK CLUB (I)A 5:30pm Bingo (I)A	25 1:00pm GAME DAY (I)A 5:45pm Bingo (IV)	26 10:00am CHRONIC DISEASE CLASS Week 1 (I)A 5:30pm Bingo (I)A	27 6:00pm MEET N' GREET (I)A 5pm Bingo (II)A
28	29 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A	30	31 5:30pm Bingo (I)A	1 5:30pm Bingo (I)A	2	3



May 2023 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 5:30pm Domingoes (I/A)	2 9:30am Prayer (I/A)	3 9:00-11:00am Food Stamp Rep (I/A) 10am Bingo (I/A)	4 10am Bible Study (I/A) 12-3pm Ceramics (III) 6:30pm Bingo (I/A)	5	6 9:00am RESERVED (III)A
7	8 5:30pm Domingoes (I/A)	9 10:00am PAINT CLASS (III) Arts & Crafts Room MUST SIGN UP!	10 10am Bingo (I/A)	11 10am Bible Study (I/A) 12-3pm Ceramics (III) 6:30pm Bingo (I/A)	12 9:00am RESERVED (III)A	13 9:00am RESERVED (III)A 4pm MEET N' GREET
14	15 5:30pm Domingoes (I/A)	16 11:30am-12:00pm Food Box	17	18 10am Bible Study (I/A) 12-3pm Ceramics (III) 5:30pm (III)A MOVIE NIGHT 6:30pm Bingo (I/A)	19	20
21	22 5:30pm Domingoes (I/A)	23	24 10am Bingo (I/A)	25 10am Bible Study (I/A) 12-3pm Ceramics (III) 6:30pm Bingo (I/A)	26	27 9:00am RESERVED (III)A
28	29 5:30pm Domingoes (I/A)	30	31 10am Bingo (I/A)	1	2	3 9:00am RESERVED (III)A

**LUTHER
TOWERS
Phone Extensions**

302-674-1408

Name & Position	Extension #
Kim Mendoza, Executive Director	112
Jessica Parsons, Deputy Director	130
Tricia Robinson, Social Services	131
Jessica Balog, Admissions	119
Corrin Parsons, Administrative Coordinator.....	113
Sharon Poisson, Accounting.....	132
Kari Ebert, Desk Supervisor	0
Kelly Hauer, Facilities Director	111
Kitchen.....	128
Karen Ambruso, Beauty Shop.....	129
<i>Wednesday / Thursday / Friday — By Appointment Only</i>	
Front Desk.....	0

**LUTHER
VILLAGE
Phone Extensions**

302-674-3780

Name & Position	Extension #
Tricia Robinson, Social Services	210
Luther Village 1 Desk.....	212
Karen Ambruso, Beauty Shop.....	674-1408 ext 305
<i>By Appointment Only</i>	
Medical Transportation	242-6187