



April 2023



TABLE OF CONTENTS

PAGE

Executive Director – Kim Mendoza.....	2
Rent Will Be Pulled April 4th	2
Deputy Director – Jessica Parsons.....	3
Employee of the Month <i>Spotlight on Robbie Hannum</i>	3
Social Services – Tricia Robinson	4
Facilities Director – Kelly Hauer.....	5
Standard Maintenance Charges Chart	5
Desk Supervisor – Kari Ebert.....	6
Pictures – Tea Party	7
Pictures – <i>Farmers Market Excursion</i>	8
Pictures – <i>Game Day Event</i>	9
Pictures – <i>Computer Basics with Mark Lewin</i>	10
Pictures – <i>Karaoke</i>	11
Pictures – Spring Time!.....	12
Meet n' Greet • Methodist Women • Karaoke Day • Welcome Wagon	13
ADS: • Massage by Lisa • Health First Medical Care • Personal Products • Exercise Class • Bingo & Dominos Schedules • Beauty Salon	14
Bluebird Schedule.....	15
Movie Night: "The Fabelmans" starring Michelle Williams.....	16
April Menu	17
Luther Towers April Activity Calendar	18
Luther Village April Activity Calendar	19
Phone Extensions.....	20

From the Desk of The Executive Director
KIM MENDOZA

April is upon us, I just can't believe how fast time is going by. According to the calendar Spring is here and we should be seeing better weather, the trees and flowers blooming and I am sure a bunch of mallards hanging around. You know it is that time of the year – time for new life. Take some time and go outside and enjoy the wonders nature has provided. Also, in the month of April is Easter, a time when Christians celebrate the resurrection of Jesus, little kids enjoy their Easter baskets and dyeing and hunting eggs. One of my favorite holidays.

I saw a comment in our Daily Log Sheets kept by the Security Desk over the weekend of a DART bus speeding in front of the building (twice), there was also another entry a week or so back on a dark rainy night that a resident almost got hit by a car exiting the parking lot.

Two things you need to consider...

First, if you are a pedestrian, please be aware of your surroundings. Just because **you see** a car approaching **does not mean they see you**.

Secondly, if you are driving, be EXTRA cautious when you are in parking lots, backing up or driving. No one wants to be responsible for hurting someone, or worse...

There has been a tremendous increase in the number of complaints the Security desk has been receiving about individuals smoking in their apartments. The apartments on both campuses are non-smoking, that means cigarettes or marijuana. Individuals doing this will find themselves facing a lease termination.

I particularly want to stress the fact that this is federally subsidized housing and, under federal law, marijuana is still considered a **schedule 1 narcotic**... which makes it illegal for you to have on this property.

**INFORMATION BOTH
CAMPUSES**

**RENT will be pulled on
April 4th.**

In some months, your rent may not come out of your account on the 4th due to **holidays or weekends**.

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will save you from
Insufficient Funds problems.

REMINDER: We have individuals asking this question frequently – so I thought I would address it here.

When you have an overnight visitor, they are only allowed to stay overnight for 14 days in a 6-month period. This is both 14 days in a row **or** 14 cumulative days in a 6-month period.

If you have a question as to whether your guest has reached the limit, please contact the security desk as they keep track of it.

Typically, the security desk will notify you when your guest has reached the limit and let you know when they are able to stay again.

Kim

HAPPY EASTER
EVERY BULLEY!



From the Desk of The Deputy Director
JESSICA PARSONS

Garden Boxes: We are in the process of relocating and renumbering the garden boxes which will then be filled with new dirt. This project should be done by April 10, 2023.

The number you were assigned in the past will **NOT** be automatically assigned to you again. That number is likely in a different location; therefore, I would suggest that you view the location of the box before submitting your request.

Luther Village garden boxes are ready to be assigned. Requests are first come first serve.

If you are interested in a garden box, please contact Corrin Parsons at 302-674-1408 at ext. 113.

Rent: Rent is pulled by EFT (Electronic Funds Transfer) on the 4th of each month. If the 4th falls on a holiday or a weekend, it is pulled on the next business day.

This process puts your mind at ease that rent is taken care of in the event of hospitalization, out of town, etc.

Your lease states that after 3 NSF's (non-sufficient funds), your lease could be terminated.

If you want to validate that your rent is paid, calling your bank is the best option.

Accounting will not be able to confirm if your rent is paid until days after it was pulled.

Hooray! We would like to congratulate Rageena Collick on the purchase of her first home! She has worked hard the past several years to get to this point. Congratulations – and *hard work does pay off!*



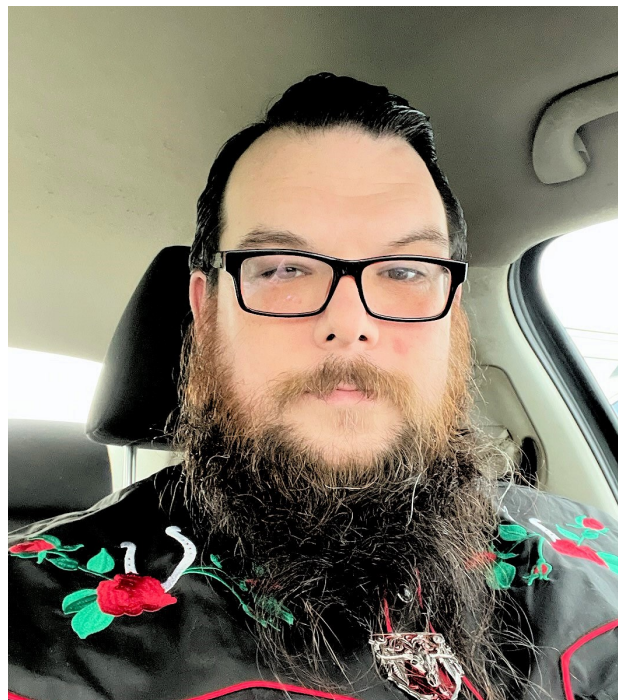
Employee of the Month by Jessica Parsons

This month I would like to highlight...

ROBBIE HANNUM

Making the highlights this month is Robbie Hannum who is one of our full-time night shift security staff. He has been with us since June 2021 and is very dependable and always willing to step up and fill in where he is needed.

Previously, Robbie has worked for different cell phone companies over the course of 15 years and has held just about every job in the store. In his spare time, he likes to read, play music, smoke cigars, play video games and take road trips.



From the Office of Social Services
TRICIA ROBINSON

Hello Everyone! 🙋

HAPPY SPRING!! We made it through the dreadful Winter. There were lots of fun and exciting activities in March. Mark taught our very first Computer Class at Luther Towers. Stay tuned for a follow up workshop – it will be posted on the bulletin boards.

MOVIE NIGHT will be at Luther Towers on Thursday, April 13th and Luther Village on Thursday April 20th at 5pm. The April movie will be movie “**THE FABELMANS**” starring Michelle Williams.

The movie will start at 5:00pm due to the length of the production.

Come join us for a great time! Sign up on the bulletin board in your building.

HEALTH FAIR – We will be having another Health Fair in May so look for it on the May calendar of events!



BOOK CLUB – We had our second meeting for Luther Towers Book Club. We are all enjoying this new club! If you are interested in attending in the future, give Tricia a call! At our next book meeting we will start a brand new book! Call me at 302-674-1408 ext 131 to join!

Thank you, Tricia

EXERCISE CLASS

Don't forget! Every Monday
at 10:15am with Betsy!


It is a great way to start your week off
and get yourself moving!



PLANNED ACTIVITIES

Activities not well attended or which receive very little participation will either be canceled or put on the calendar only occasionally.

WILLS FOR SENIORS –



If you are interested in having a Will, Power of Attorney or an Advanced Healthcare Directive prepared, please give me a call to schedule an appointment with

Jacki Chacona from Delaware Volunteer Legal Services. We are ready to take more clients! Call 302-674-1408 ext 131.



It's Here!

*A Social Club to Inspire the
Avid Reader in All of Us!*

The BOOK CLUB

has been started especially
for the enjoyment of
the residents of Luther Towers
& Luther Village.

If you are interested, please sign up on the [Book Club Signup Sheet](#) on the Bulletin Boards in your building.

From The Maintenance Manager
KELLY HAUER



PEST CONTROL

Luther Village Apartments

Apr 5.. LV-3...2nd, 3rd, 4th Floors
Apr 12.. LV-3... 1st Floor
Apr 12.. LV-2... Entire Building
Apr 19.. LV-1... 2nd, 3rd Floors
Apr 26.. LV-1... 1st Floor



Luther Towers Apartments

Apr 26 LT-4... 4301-4316

KELLY'S REMINDERS:

Just letting everyone know that, from April 16th until May 5th, the City of Dover Water and Wastewater Department will be flushing the Water Distribution System (Fire Hydrant). If you experience brown water, please let your water run for a few minutes and it will clear up. If you have any questions, please contact me.

THOUGHT FOR THE MONTH "Hello, April!"

**A good day isn't always
Perfect. It changes you to
Release your potential and
Inspires you to appreciate the
Little, amazing things in life.**

Kelly



STANDARD MAINTENANCE CHARGES

Bathroom:

\$ 6.00..... Medicine Cabinet Shelf
\$ 5.00..... Soap Dish
\$ 29.00..... Toilet Seat
\$ 75.00..... Shower Curtain w/hooks
(for walk-in shower only)

Refrigerators:

\$ 5.00..... Ice cube trays
\$100.00..... Crisper Tray Cover
\$ 35.00..... Shelf Railing
\$ 11.00..... Shelf bracket (each)

Ranges:

\$ 12.00 Burner Knobs
\$ 4.00..... Drip Pan (each)
\$ 30.00..... Broiler Pan
\$ 10.00..... Range filter

Electrical Repairs:

\$ 15.00..... Bath Light Lens
\$ 15.00..... Ceiling Light Globe
\$ 4.00..... Receptacle
\$ 1.00..... Receptacle Cover
\$ 4.00..... Switch
\$ 4.00..... Switch Cover
\$ 40.00..... Cord Mate Necklace

Windows:

\$ 40.00..... Replacement Screen
\$ 75.00..... Storm Window
\$ 80.00..... Slim Shade Blinds
\$ 15.00..... Slim Shade Operator (screen mount)
\$ 20.00..... Slim Shade Operator (window mount)
\$ 10.00..... Curtain Rod

Locks:

\$ 5.00..... Replacement Key
\$ 10.00..... Dead Bolt Latch
\$ 50.00..... Lock Change

Miscellaneous:

\$ 10.00..... Access Card
\$ 2.00..... Lanyard
\$ 5.00..... Laundry Card
\$ 1.00..... Light Bulb
\$150.00..... Minimum Carpet Repair

From The Desk Supervisor – KARI EBERT

Happy National Poetry Month! This month is near and dear to my heart for many reasons. Two of my sisters have birthdays this month – and **I Love Poetry**. In the movie *Dead Poets Society*, Robin Williams is a boarding school English teacher. One of the most uplifting things he says to his class is: “We don’t read and write poetry because it’s cute. We read and write poetry because we are members of the human race. And the human race is filled with passion. And medicine, law, business, engineering... these are noble pursuits and necessary to sustain life. But poetry, beauty, romance, love... these are what we stay alive for.” No matter what your relationship with poetry, it speaks to all the complex emotions we feel.

I personally like experimental and weird poetry (not surprising). However, I believe in sharing poetry that others can enjoy just as much. One poem can really make a difference in someone’s day.

Dr. Norman Rosenthal is a famous researcher and author who has started an initiative called *Poetry Rx* where he uses poetry for healing, inspiring, and bringing joy to his patients. He’s written a book and started an online community focused on this concept. I think it’s amazing, and I’m totally on board.

April 27th is ***Poem in your Pocket Day***, which is a day dedicated to carrying a poem in your pocket and sharing it with others. We’re supposed to choose a poem that is special to us and speaks to us in some way.

I’m taking a few days off at the end of April for a poetry reception for my poetry book in Washington D.C., so I won’t be here to celebrate that wonderful day with you. So I’m going to make some pockets and put copies of a special poem in them for you. I’ll post them on your building’s bulletin board before I leave. Please enjoy them and pass them along if you’d like to partake. I hope April is a very poetic month for you!!

Here’s a short poem to welcome

NATIONAL POETRY MONTH

BLOOM

By Anna Voelker

I want to tell you
about the sunflower I found
on the sidewalk yesterday.
It is wilting and curled and gorgeous
and knows it.

I want to age like that,
never forgetting my own beauty,
never forgetting how to say bloom



Quick Reminders:

- ◆ Please remember to **keep the washers OPEN** after you do your laundry. The steam and moisture may cause mold and odors if the doors are left closed. We’ve had a few complaints about stinky washers lately.
- ◆ If you’re sending any packages by UPS or FedEx, **you must call their customer service number to schedule a pickup**. The regular drivers will not take it even if we hand it to them. The mailman can’t take care of it either because USPS is a separate entity. If you can’t drop the packages off anywhere, please call ahead before you leave it by the mailboxes or outside your door.



Tea Party Time



*The Ladies enjoyed a Catered Lunch,
with Hot Tea and Cupcakes.
Then they participated in a nice
Gardening Project!*



Farmers Market



Shopping!



Game Day!

We had our first **Game Day** and everyone had so much fun!

We played Rummy 500, Scrabble, UNO and even had a game of War.

We are looking forward to having Game Day every month on the 4th Thursday of the month with greater participation anticipated!

Check your calendar!



Tricia Robinson plays Rummy 500 with Hazel Grooms & Dorreen Ferrell.



Just for giggles Helen Causey, Gloria Ford & Della Bachman played WAR!



Jack Ostram, Susie Sweet, William Walker and Shirley Raikes had a blast playing UNO!



Cheryl Stone, Linda Moffler & Ann Corbett were very competitive at Scrabble!



Computer Basics

with Mark Lewin



Mark was featured in the December 2022 issue of our Newsletter. He is our Computer Support Specialist (he's an IT guy) and wanted to help our residents better understand their computers. Thus was born the idea to run a class. By the pictures, it looks like there was indeed an interest to learn how these things work!



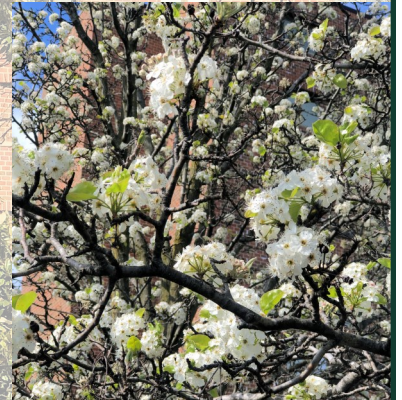
Karaoke



spring time



*Enjoying the Sun's
Warmth on a bright
and beautiful day at
Luther Towers*



MEET & GREET

Join Us!

Enjoy Meeting &
Making New
Friends.

While you're at it,
have a snack
& a sip.

Find out what you
might be missing!



LUTHER VILLAGE
(I)A 4:00PM
APRIL 7TH, 2023

LUTHER TOWERS
(I)A 6:00PM
APRIL 29TH, 2023



**WELCOME TO
ROSEMARY CIRCLE**



2nd Wednesday of Each Month

1:00 pm • LT I (conf room)

Fellowship, Prayer, Learning

ALL ARE WELCOME

Sponsored by: United Methodist Women



Luther Towers
Building I Activity Room

Thursday
April 20th
1:00pm

Snacks & Door Prizes & Fun, Fun & More Fun!
Sign Up on Bulletin Board in Your Building

NEWCOMERS

LV-1 1224 Lovella Seward
LT-1 712 Brenda Coale
LT-4 4205 Clara Robinson

*Welcome,
Neighbor!*



LISA HARSHBERGER

Luther Towers Building I

Appointments:

674-1408x131 Tricia

Just \$20 for 30-Minute Session



HEALTH FIRST MEDICAL CARE

QUALITY COMPREHENSIVE CARE AT HOME

PROVIDING A WIDE RANGE OF SERVICES

- Primary Care
- Mental Health Consult/
Mental Health Counseling
- Annual Wellness Exam
- Medication Management/
Pharmacy Consultation
- Audiology/Optomety
Assessments
- Podiatry

MEDICAL DIRECTOR

ERNEST TAMAJONG

CRNP/DNP(c)



CONTACT INFORMATION:

302-616-9324

etamajong@health1mc.com

www.health1mc.com

Affordable Health Care Solutions in the Comfort of Your Home

PERSONALS:

If you need adult diapers (pull-ups),
incontinence pads (sanitary napkins),
bed pads (sheet protectors)...
call Tricia at 302-674-1408 x131



Exercise Class

“MORNING STRETCH W/BETSY”

Every Monday Morning at
10:15am in Luther Towers I(A)

Hosted by:

**Certified Instructor
Betsy Gustafson**



BINGO SCHEDULE

LUTHER TOWERS

Mondays 5:00pm (II)A
Wednesdays 5:30pm (I)A
Thursdays 5:45pm (IV)
Fridays 5:30pm (I)A
Saturdays 5:00pm (II)A

LUTHER VILLAGE

Wednesdays 10:00am (I)A
Thursdays 6:30pm (I)A



DOMINOS

LUTHER VILLAGE

EXCLUSIVELY

Mondays...5:30pm...(I)A



LUTHER TOWERS BEAUTY SALON

\$10.00 HAIRCUTS

SPECIAL! SPECIAL! SPECIAL!
NEW CLIENTS ONLY

APPOINTMENTS AVAILABLE
WED/THURS/FRI

TO MAKE APPOINTMENT
CALL 302-674-1405 x129



**LUTHER TOWERS/LUTHER VILLAGE
RIDING TOGETHER ALL 3 DAYS
BLUEBIRD SCHEDULE**

RSVP TO LT SECURITY DESK

674-1408 EXT 0



TUESDAY:

SAFEWAY, TARGET, FOOD LION

**LUTHER VILLAGE BE READY FOR PICK UP 8:45a.m., 9:45a.m.,
10:45a.m., 11:45a.m., etc.**

**LUTHER TOWERS BE READY FOR PICK UP ON THE HOUR 9a.m., 10a.m.,
11a.m., 1p.m., etc**

11AM TRIP WILL BE TO BYLERS!

WEDNESDAY:

WALMART – alternate Camden/Dover

**LUTHER VILLAGE BE READY FOR PICK UP 8:45a.m., 9:45a.m., 10:45a.m.
(2 hour trip 11AM HOUR) LUTHER TOWERS BE READY FOR PICK UP AT
9a.m., 10a.m., 11a.m. (2 hour trip 11AM HOUR)**

THURSDAY (every):

MIDDLETOWN FARMERS MARKET

LUTHER VILLAGE BE READY FOR PICK UP 8:45a.m.

LUTHER TOWERS BE READY FOR PICK UP ON THE HOUR 9a.m.

THIRD (3rd) THURSDAY- CHRISTIANA MALL

**LV BE READY FOR PICK-UP 8:45a.m., LT BE READY FOR PICK UP
9a.m.**

4K ULTRA HD™

4K ULTRA HD + BLU-RAY™ + DIGITAL CODE*

DIRECTED BY STEVEN SPIELBERG

THE FABELMANS

WRITTEN BY STEVEN SPIELBERG & TONY KUSHNER



"THE BEST MOVIE OF THE YEAR"

NEW YORK POST

MOVIE NIGHT
'THE FABELMANS'
STARRING: MICHELLE WILLIAMS
THURSDAY, APRIL 20
5:00PM
NOTE EARLY START TIME
LV III THEATRE
SIGN UP ON BULLETIN BOARD IN YOUR BLDG

MOVIE NIGHT
'THE FABELMANS'
STARRING: MICHELLE WILLIAMS
THURSDAY, APRIL 13
5:00PM
NOTE EARLY START TIME
LT I (A)
SIGN UP ON BULLETIN BOARD IN YOUR BLDG






Menu April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Marsala w/Gravy Wild Rice Chef's Blend Veggies Wheat Bread / Milk Fruit	4 Salisbury Steak w/Gravy Mashed Potatoes Chef's Blend Veggies Wheat Bread / Milk Pudding	5 Vegetable Soup Tuna Salad on Bun Coleslaw Fruit	6 HOLIDAY FEAST Sliced Ham w/Pineapple Sauce Mac & Cheese Sweet Potatoes / Green Beans Dinner Roll / Milk Assorted Pies	7 GOOD FRIDAY Center Closed
10 Baked Ziti w/Meat Sauce Italian Mixed Veggies Italian Bread / Milk Applesauce	11 Pork Chop w/Gravy Mashed Potatoes Glazed Carrots Wheat Bread / Milk Brownie	12 Broccoli Cheese Soup Turkey & Cheese on Bun w/ Mayo & Mustard Coleslaw Milk / Fruit	13 BIRTHDAY Roast Turkey w/Gravy Stuffing Buttered Peas Dinner Roll / Milk Cake	14 Beef-a-Roni Casserole Tossed Salad Italian Bread / Milk Fruit
17 Spaghetti & Meat Sauce Mixed Vegetables Breadsticks / Milk Fruit	18 Fried Chicken Macaroni & cheese Mixed Greens Cornbread / Milk Ice Cream	19 Taco Chili Salad w/Lettuce, Tomato & Sour Cream Nacho Chips / Milk Fruit	20 NUTRITION CLASS Meatloaf w/Gravy Mashed Potatoes Green Beans Dinner Roll / Milk Pudding	21 Hot Dog on Bun Baked Beans Potato Salad Cookies
24 Chili w/Red Beans White Rice Broccoli Cornbread / Milk Fruit	25 Liver & Onions w/Gravy Mashed Potatoes Green Beans Wheat Bread / Milk Mousse	26 BBQ Pulled Pork on Bun Baked Beans Macaroni Salad Milk / Fruit	27 Fried Chicken Mac & Cheese Mixed Greens Roll / Milk Ice Cream	28 Sliced Ham w/Pineapple Sauce Buttered Cabbage Whole Wheat Bread / Milk Peaches
1	2	3	4	5

<div> <div> <div>fUTHER</div> <div>TOWERS</div> </div> <div> <div>April 2023</div> <div>Activity Calendar</div> </div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 9am GROOMS (I)A 5pm Bingo (II)A
2	3 9am Food Stamp Rep (I)A 10:15 Morning Stretch w/Betsy 1pm Causey (I)A 5pm Bingo (II)A	4	5 5:30pm Bingo (I)A	6 1:00pm British Wives (I)A 5:45pm Bingo (IV)	7 5:30pm Bingo (I)A	8 5pm Bingo (II)A
9	10 10:15 Morning Stretch w/Betsy 1pm Causey (I)A 5pm Bingo (II)A	11 3pm Cherub Group (I)C	12 1:00-4:00pm Methodist Women (I)C 5:30pm Bingo (I)A	13 <i>*special time*</i> 5:00pm MOVIE NIGHT (I)A 5:45pm Bingo (IV)	14 5:30pm Bingo (I)A	15 5pm Bingo (II)A
16	17 10:15 Morning Stretch w/Betsy 1pm Causey (I)A 5pm Bingo (II)A	18 12:15pm-1:00pm Food Box	19 5:30pm Bingo (I)A	20 1:00pm KARAOKE (I)A 5:45pm Bingo (IV)	21 1:00pm Healthy Smoothies & Wellness LT(I)A <i>sign up on bulletin board</i> 5:30pm Bingo (I)A	22 5pm Bingo (II)A
23	24 10:15 Morning Stretch w/Betsy 1pm Causey (I)A 5pm Bingo (II)A	25	26 5:30pm Bingo (I)A	27 1:00pm Game Day (I)A 5:45pm Bingo (IV)	28 5:30pm Bingo (I)A Arbor Day	29 6pm MEET N' GREET (I)A
30	12pm Church Service (I)A					



April 2023 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1  PRIVATE RESERVATION (III)A
2 11am Church (III)A	3 5:30pm Dominoes (I)A	4 9:30am Prayer (I)A	5 9:30am Food Stamp Rep (I)A 10am Bingo (I)A	6 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	7  MEET N' GREET LV(I)A 4pm	8 PRIVATE RESERVATION (III)A
9  11am Church (III)A	10 5:30pm Dominoes (I)A	11 9:00am Driver Safety Class (I)A	12 9-12pm Sr. Comp (III)A 10am Bingo (I)A	13 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	14	15 PRIVATE RESERVATION (III)A
16 11am Church (III)A	17 5:30pm Dominoes (I)A	18 11:30am-12:00pm Food Box	19 10am Bingo (I)A	20 10am Bible Study (I)A 12-3pm Ceramics (III) **5:00pm (III)A MOVIE NIGHT 6:30pm Bingo (I)A	21	22  PRIVATE RESERVATION (III)A
23 11am Church (III)A	24 5:30pm Dominoes (I)A	25	26 10am Bingo (I)A	27 10am Bible Study (I)A 12-3pm Ceramics (III) 1pm Karaoke (I)A 6:30pm Bingo (I)A	28  Arbor Day	29 PRIVATE RESERVATION (III)A
30 11am Church (III)A						

LUTHER TOWERS Phone Extensions

302-674-1408

Name & Position	Extension #
Kim Mendoza, Executive Director	112
Jessica Parsons, Deputy Director	130
Tricia Robinson, Social Services	131
Jessica Balog, Admissions.....	119
Corrin Parsons, Administrative Coordinator.....	113
Sharon Poisson, Accounting.....	132
Kari Ebert, Desk Supervisor	0
Kelly Hauer, Facilities Director	111
Kitchen	128
Karen Ambruso, Beauty Shop.....	129
Wednesday / Thursday / Friday — <i>By Appointment Only</i>	
Front Desk	0

LUTHER VILLAGE Phone Extensions

302-674-3780

Name & Position	Extension #
Tricia Robinson, Social Services	210
Luther Village 1 Desk	212
Karen Ambruso, Beauty Shop.....	674-1408 ext 305
<i>By Appointment Only</i>	
Medical Transportation	242-6187