

Newsletter

Have a Happy Valentine's Day!



February 2023



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From the Desk of The Executive Director
KIM MENDOZA



For those who may not be familiar with the history of Luther Towers and Luther Village, I would like to share a little information about it's past. Two local churches (St. Andrews Lutheran and St. John had the vision of providing **SAFE** affordable housing for low-income seniors in the community. As a result of their hard work, **Luther Towers I** was constructed in 1980. Our staff work tirelessly to ensure that these goals (safety & affordability) are met. We can't do it alone and need your help.

SECURITY: An issue we are constantly facing concerns security. We are noticing, especially during the late evening hours, individuals are coming into the buildings without signing in using the Rise System. If there happens to be a need to contact someone (an example being improperly parked car, accident, etc.), it helps us know who the person is visiting.

**INFORMATION BOTH
CAMPUSES**

**RENT will be pulled on
February 6th.**

In some months, your rent may not come out of your account on the 4th **due to holidays or weekends.**

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will save you from
Insufficient Funds problems.

We are also having individuals (not visitors or residents) propping doors open so they can exit/enter the building. Anyone watching the news should have concern with this.

Not to mention there are people just wandering through the parking lots, either looking for a spot to rest or seeing whose cars they can access. There is fencing around most of the property at Luther Towers that helps; but there are still areas allowing open access – sometimes individuals even jump the fence. So, if you happen to see something – please notify the Security Desk immediately.

Deliveries: In regard to the delivery of packages being left outside of apartment doors – if a staff member notices a package outside of your apartment, they will knock on the door and let you know it is there. If no answer, someone will call later and let you know it is there. We will not be putting packages inside apartments without a residents prior consent.

Kim

Coming Soon!

*A Social Club to Inspire the
Avid Reader in All of Us!*

Plans are in the works to begin a

BOOK CLUB

especially for the enjoyment of
the residents of Luther Towers
& Luther Village.

If you are interested, please sign up on the
Book Club Signup Sheet
on the Bulletin Boards in your building.

From the Desk of The Deputy Director

JESSICA PARSONS

As some of you may be aware, the overall inflation rate fell to 6.5% in December from 7.1% the previous month. Since the latter part of 2021, it has been more expensive to purchase everything from food and apparel to household goods.

With that in mind, Luther Towers/Luther Village has a list of Standard Maintenance Charges for certain items needing replacement. We have been lenient and have not charged residents for replacement of certain items. However, we can no longer absorb the cost for these items.

If you need any of the items on the list (see page 6), contact Luther Towers Security desk to request the item. It will require payment in advance by using cash, check or money order.

For light bulb replacement – residents will not be charged a fee for tube lights. However, there is a fee for standard light bulb replacement. Maintenance can install all lightbulbs in the fixtures for safety concerns.

Our staff is always looking for ways to improve our communities, including the appearance of our buildings inside and out. We have noticed an increase in personal décor being hung on the walls outside apartment doors. While your effort is appreciated, we are requesting residents refrain from adding décor to the common areas and hallways.

Going forward, decorative items may only be affixed to your door and, at some point in the future, you may be asked to remove personal items on the walls adjacent to your door. Over time, the walls can become inundated with holes and the expense of repairing/painting the hallways is substantial.

There are some common areas that contain plants donated by residents. If the plants are not maintained or the area becomes cluttered, they will be removed.

Jessica

STANDARD MAINTENANCE CHARGES CHART

View on Page 6

TWO REMINDERS:

- ⇒ Feeding of animals on Luther Towers /Luther Village property is NOT allowed – *with one exception*. You may feed peanuts to the squirrels only.
- ⇒ Rent comes out of your account utilizing the bank routing number and your account number. Debit cards are not used to withdraw rents. Therefore, if you receive an updated debit card, we do not need that information. You only need to make us aware if your bank account number is changing.



Happy
Valentine's
Day

Employee of the Month by Jessica Parsons

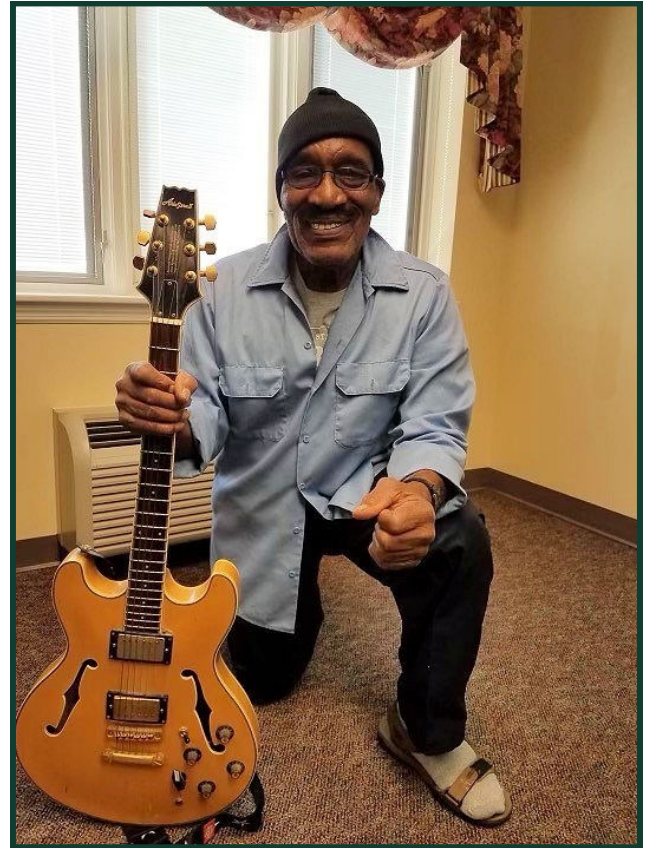
This month I would like to highlight...

JOHNNY BOYD

Johnny was born in Washington, North Carolina. He has been married to Mary Boyd for 52 years with 7 children and 34 grandchildren.

Johnny enjoys spending time with his family and drag racing. He once had a music band called “Johnny Boyd Back Up Band” where he was the guitar player. He was also a Mason for 46 years.

Johnny has been a custodian for most of his life, dedicating 14 years to Luther Tower/Luther Village. Johnny was one of the original residents to move into Luther Village I in 2006 and has been maintaining the building ever since. When Luther Village II was added in 2009, he didn’t hesitate to add the building to his workload. Johnny is always willing to step up and help where we need him. You wouldn’t know the buildings are 16 and 13 years old because Johnny takes pride in his work and it shows. Johnny is a valuable part of our team and will be extremely hard to replace when he decides to retire.



*Here is an
old fashioned
valentine wish
coming your
way!*

From the Office of Social Services
TRICIA ROBINSON

Hello Everyone! 🙋

We are excited to tell you the National League of Pen Women (hosted by Kari) will be offering a Guided Paint Class at Luther Towers and Luther Village on Wednesday, February 8th. See brochure for the details!! Participate – it's a FREE class! Just sign up in advance on our bulletin board (for supplies)!



Pedicures: I have previously mentioned that getting a pedicure at a salon is a great way to keep your feet in good condition! For those of you who have never had a pedicure, it involves having your feet scrubbed, soaked, massaged, toenails trimmed and toenails painted if desired. Coming Very Soon our own stylist, Karen Ambruso, will be offering pedicures!!! Stay tuned. It is very important to keep your feet in good condition!



Movie Night will be at Luther Towers on Thursday, February 9th and Luther Village Thursday, February 16th at 5:30pm The February movie will be "TICKET TO PARADISE" Starring: George Clooney & Julia Roberts. Come join us for a great time! Sign up on the bulletin board in your building.

WILLS FOR SENIORS: If you are interested in having a Will, Power of Attorney or Advanced Healthcare Directive prepared, please give me a call to schedule an appointment with Jacki Chacona from Delaware Volunteer Legal Services. We are ready to take more clients!

674-1408 ext 131

**Check Out the UP-TO-DATE
BLUEBIRD SCHEDULE
on the Page 14!**



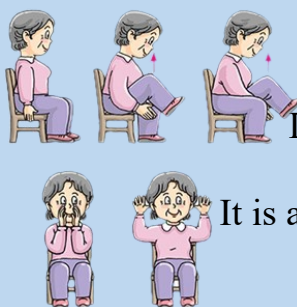
*Also, see note regarding
new bluebird bus
& updating schedule.*

PLANNED ACTIVITIES

Activities not well attended or which receive very little participation will either be canceled or put on the calendar only occasionally.



LUTHER VILLAGE MOVIE FANS!
Look who came out to view "Pinnocchio"!
**Faye White of LV-1 and
Danny Cho from LV-3**



EXERCISE CLASS

Don't forget! Every Monday
at 10:15am with Betsy!

It is a great way to start your week off
and get yourself moving!

Tricia

From The Maintenance Manager
KELLY HAUER



PEST CONTROL

Luther Village Apartments

None at This Time



Luther Towers Apartments

Feb 1 ..LT-1 . 201-223LT-2... B01-B18

Feb 8 ..LT-1 . 301-323LT-3... 1001-1018

Feb 15 ..LT-1 . 401-423LT-3... 2001-2018

Feb 22 ..LT-1 . 501-523LT-3... 3001-3018

THOUGHT FOR THE MONTH

**“Knowledge helps us make a living...
Wisdom helps us make a life.”**

KELLY'S REMINDERS:

I have noticed... when residents are taking their trash to the trash chute room, they are dragging their bags on the floor or their bag has a hole in it and liquids are dripping on the carpet.

Please do not put any containers with liquid in your trash bag!

This also goes for your liquid detergents when you are going to the laundry room.

Please make sure the lids are on the containers tightly and securely.

Kelly

STANDARD MAINTENANCE CHARGES

Bathroom:

\$ 6.00Medicine Cabinet Shelf
\$ 5.00Soap Dish
\$ 29.00Toilet Seat
\$ 75.00Shower Curtain w/hooks
(for walk-in shower only)

Refrigerators:

\$ 5.00Ice cube trays
\$100.00Crisper Tray Cover
\$ 35.00Shelf Railing
\$ 11.00Shelf bracket (each)

Ranges:

\$ 12.00 Burner Knobs
\$ 4.00Drip Pan (each)
\$ 30.00Broiler Pan
\$ 10.00Range filter

Electrical Repairs:

\$ 15.00Bath Light Lens
\$ 15.00Ceiling Light Globe
\$ 4.00Receptacle
\$ 1.00Receptacle Cover
\$ 4.00Switch
\$ 4.00Switch Cover
\$ 40.00Cord Mate Necklace

Windows:

\$ 40.00 Replacement Screen
\$ 75.00 Storm Window
\$ 80.00 Slim Shade Blinds
\$ 15.00 Slim Shade Operator (screen mount)
\$ 20.00 Slim Shade Operator (window mount)
\$ 10.00 Curtain Rod

Locks:

\$ 5.00 Replacement Key
\$ 10.00 Dead Bolt Latch
\$ 50.00 Lock Change

Miscellaneous:

\$ 10.00 Access Card
\$ 2.00 Lanyard
\$ 5.00 Laundry Card
\$ 3.00 Light Bulb
\$150.00 Minimum Carpet Repair

From The Desk Supervisor – KARI EBERT

I'm so excited that it's February. It's definitely my favorite month. Short and sweet, this month makes me feel somehow lighter and more optimistic. It could be all the Valentine's love or maybe because it's my birthday? I did a little research and found out that by February 20th, we get 3 extra minutes of sunlight every day! The days are lengthening and we're heading for spring, slowly but surely.

This made me think of the beauty of light and shadows. In the lingo of painting, this is known as *chiaroscuro* and can make a painting breathtakingly beautiful.

Art can be its own kind of therapy, and its fully accessible to anyone – regardless of skill level. Anyone can appreciate a work of art.

One of my greatest pleasures is being a part of the art community in Dover, and I'm excited this month that one of the organizations that I'm a part of has agreed to offer a free art class at both Luther Towers and Luther Village. The National League of American Pen Women is a professional organization for women in the arts. It was founded in 1897 by 17 women journalists who weren't allowed into the male-only Washington Press Club and other organizations. Women like Eudora Welty, Pearl S. Buck, and even Eleanor Roosevelt have been members. Our organization supports and encourages women to pursue the arts and focuses on arts outreach projects.

On February 8th, some of our visual artists will teach a guided painting class for the 20 residents at each campus who have signed up in advance (women & men). The Delaware Division of the Arts has granted us money for all of the materials, and the Dover Art League is donating the use of easels free of charge.

Paint nights are very popular and are often upwards of \$35! How wonderful that our residents will get this experience for FREE! I hope it brings great enjoyment to everyone who participates.

Here's a beautiful example of a painting using the technique of *chiaroscuro* (light & shadows).



The Matchmaker – 1625
by Gerard van Honthorst

Quick Reminder – *Are you home?*

- ◆ Your “Stats” are recorded daily for a very good reason... **your health & wellbeing!**
- ◆ Please remember that any time you go away overnight or return from being away, you ***must*** notify the desk.
- ◆ We have had instances where residents needed emergency assistance, but we didn't know they were home to check on them.
- ◆ Even if we see you, it may not register that you need to be signed back in.
- ◆ Please tell the desk to sign you back in as soon as you return.

Front Desk Reminder

- ◆ The Luther Towers desk has a very high volume of calls – and personnel often have to type on the computer while cradling the phone between neck and shoulder. Administration graciously agreed to purchase a wireless headset that will make a huge difference in neck & should strain.
- ◆ Please be aware that it may be harder for you to tell that we're on the phone when you first approach the desk. Thank you for your consideration and patience as we all get used to the new setup.

Keri

Presented By:
Holly Branch
National League of
American Pen Women



-
- **WEDNESDAY**
- **FEB. 8, 2023**
- **2-3:30 PM**
-
- **LUTHER TOWERS 1**
- **LUNCH ROOM**
-
- **SIGN UP EARLY**
-
- **ALL MATERIALS**
- **PROVIDED**
-

GUIDED
PAINTING
CLASS



Presented By:
Holly Branch
National League of
American Pen Women



WEDNESDAY
FEB. 8, 2023
10-11:30 AM

LUTHER VILLAGE 3
CERAMICS ROOM

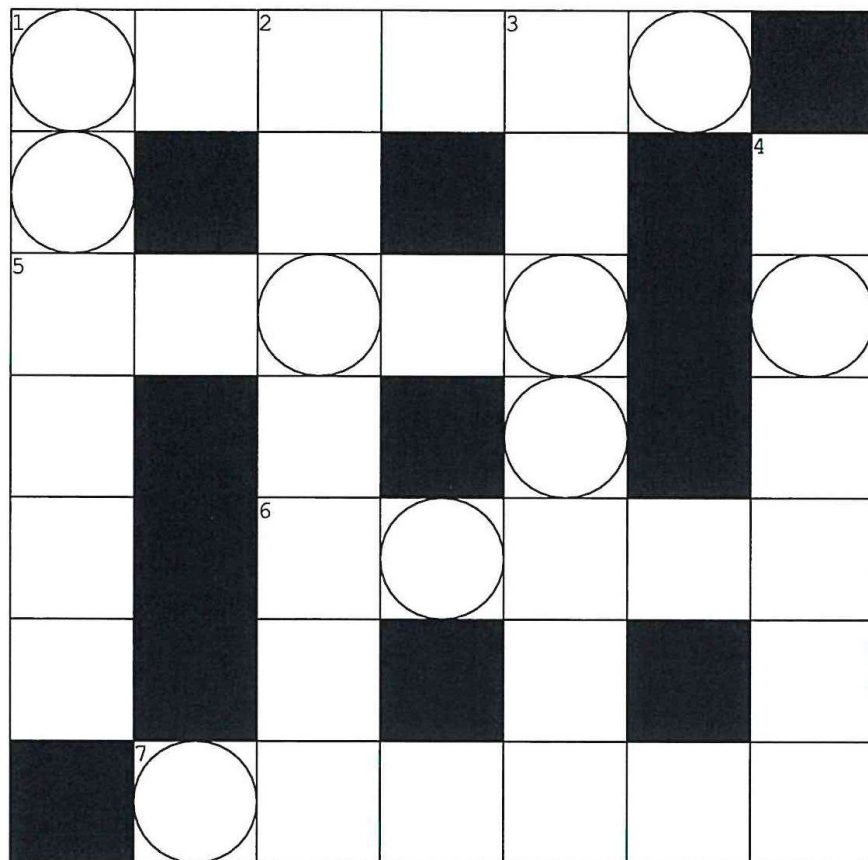
SIGN UP EARLY

ALL MATERIALS
PROVIDED

GUIDED
PAINTING
CLASS



JUMBLE CrossWords™



ACROSS

- 1 Can _
5 Microsoft _
6 Wild activity
7 Strangest

ANSWER

ERPENO
LEECX
RESPE
DTOSDE

DOWN

- 1 Western _
2 Pardoned
3 Increase
4 Shortest, minimum

ANSWER

EMLOET
EDXCESU
NGRELAE
WTSLEO

_____ lived from 1254 to 1324.

--	--	--	--	--

--	--	--	--

MEET & GREET

Join Us!

Enjoy Meeting &
Making New
Friends.

While you're at it,
have a snack
& a sip.

Find out what you
might be missing!



LUTHER VILLAGE
(I)A 4:00PM
JANUARY 14TH, 2023

LUTHER TOWERS
(I)A 6:00PM
JANUARY 28TH, 2023



**WELCOME TO
ROSEMARY CIRCLE**



2nd Wednesday of Each Month

1:00 pm • LT I (conf room)

Fellowship, Prayer, Learning

ALL ARE WELCOME

Sponsored by: United Methodist Women



Luther Towers
Building I Activity Room

Thursday
February 16th
1:00pm

Snacks & Door Prizes & Fun, Fun & More Fun!
Sign Up on Bulletin Board in Your Building

NEWCOMERS

LV-1	1303	Yvonne Matthews
LV-3	3204	French Nutter
LT-1	522	Joyce Mehl
LT-3	1003	Robert Jarvis
LT-3	3002	John Dobry

***Welcome,
Neighbor!***



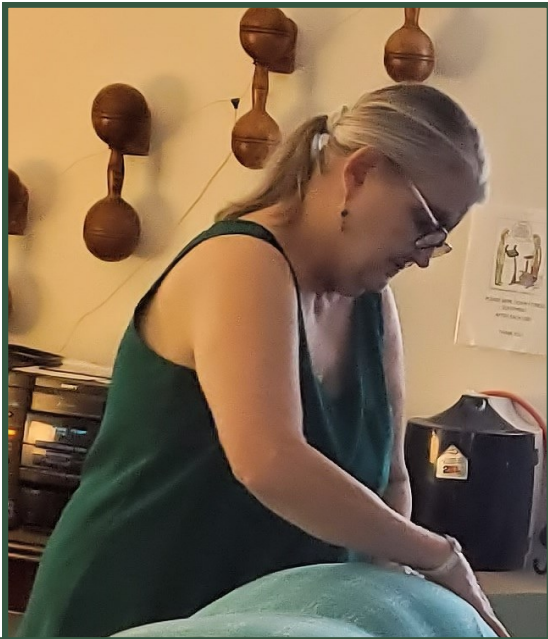
LISA HARSHBERGER

Luther Towers Building I

Appointments:

674-1408x131 Tricia

Just \$20 for 30-Minute Session



HEALTH FIRST MEDICAL CARE

QUALITY COMPREHENSIVE CARE AT HOME

PROVIDING A WIDE RANGE OF SERVICES

- Primary Care
- Mental Health Consult/
Mental Health Counseling
- Annual Wellness Exam
- Medication Management/
Pharmacy Consultation
- Audiology/Optomety
Assessments
- Podiatry

MEDICAL DIRECTOR

ERNEST TAMAJONG

CRNP/DNP(c)



CONTACT INFORMATION:

302-616-9324

etamajong@health1mc.com

www.health1mc.com

Affordable Health Care Solutions in the Comfort of Your Home

PERSONALS:

If you need adult diapers (pull-ups),
incontinence pads (sanitary napkins),
bed pads (sheet protectors)...
call Tricia at 302-674-1408 x131



Exercise Class

“MORNING STRETCH W/BETSY”

Every Monday Morning at
10:15am in Luther Towers I(A)

Hosted by:

**Certified Instructor
Betsy Gustafson**



BINGO SCHEDULE

LUTHER TOWERS

Mondays 5:00pm (II)A
Wednesdays 5:30pm (I)A
Thursdays 5:45pm (IV)
Fridays 5:30pm (I)A
Saturdays 5:00pm (II)A

LUTHER VILLAGE

Wednesdays 10:00am (I)A
Thursdays 6:30pm (I)A



DOMINOS

LUTHER VILLAGE

EXCLUSIVELY

Mondays...5:30pm...(I)A



LUTHER TOWERS BEAUTY SALON

\$10.00 HAIRCUTS

SPECIAL! SPECIAL! SPECIAL!
NEW CLIENTS ONLY

APPOINTMENTS AVAILABLE
WED/THURS/FRI

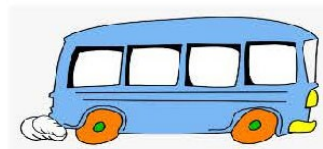
TO MAKE APPOINTMENT
CALL 302-674-1405 x129



**LUTHER TOWERS/LUTHER VILLAGE
RIDING TOGETHER ALL 3 DAYS
BLUEBIRD SCHEDULE**

RSVP TO LT SECURITY DESK

674-1408 EXT 0



TUESDAY:

SAFEWAY, TARGET, FOOD LION

**LUTHER VILLAGE BE READY FOR PICK UP 8:45a.m., 9:45a.m.,
10:45a.m., 11:45a.m., etc.**

**LUTHER TOWERS BE READY FOR PICK UP ON THE HOUR 9a.m., 10a.m.,
11a.m., 1p.m., etc**

11AM TRIP WILL BE TO BYLERS!

WEDNESDAY:

WALMART – alternate Camden/Dover

**LUTHER VILLAGE BE READY FOR PICK UP 8:45a.m., 9:45a.m., 10:45a.m.
(2 hour trip 11AM HOUR) LUTHER TOWERS BE READY FOR PICK UP AT
9a.m., 10a.m., 11a.m. (2 hour trip 11AM HOUR)**

THURSDAY (every):

MIDDLETOWN FARMERS MARKET

LUTHER VILLAGE BE READY FOR PICK UP 8:45a.m.

LUTHER TOWERS BE READY FOR PICK UP ON THE HOUR 9a.m.

THIRD (3rd) THURSDAY- CHRISTIANA MALL

**LV BE READY FOR PICK-UP 8:45a.m., LT BE READY FOR PICK UP
9a.m.**

**A new Bluebird Schedule will be effective as soon as the new Bluebird
arrives which will be around mid-February. Until then, we are
running the med van on Wednesdays and Fridays to Walmart.**

**Please make your reservation at
Luther Towers security desk 674-1408 ext 0.**

George
CLOONEY Julia
ROBERTS



MOVIE NIGHT

"Ticket to Paradise"

STARRING:

GEORGE CLOONEY,
JULIA ROBERTS

THURSDAY, FEBRUARY 16
5:30PM



LV IIII THEATRE

SIGN UP ON BULLETIN BOARD IN YOUR BLDG

MOVIE NIGHT

"Ticket to Paradise"

STARRING:

GEORGE CLOONEY,
JULIA ROBERTS

THURSDAY, FEBRUARY 9
5:30PM






LT I (A)

SIGN UP ON BULLETIN BOARD IN YOUR BLDG




TICKET
to
PARADISE

Monday	Tuesday	Wednesday	Thursday	Friday
30 Spaghetti w/Meat Sauce Chef's Blend Veggies Italian Bread / Milk Pudding	31 Baked Chicken w/Gravy Yellow Rice Green Beans Bread / Milk Fruit	1 Fried Chicken Mac & Cheese Mixed Greens Cornbread / Milk Cookies	2 Meatloaf w/Gravy Mashed Potatoes Green Beans Wheat Bread / Milk Mandarin Oranges	3 Chicken Marsala w/ Mushroom Gravy Wild Rice ~ Beets Wheat Bread / Milk Fruit
6 Spaghetti w/Meat Sauce Chef's Blend Veggies Italian Bread / Milk Pudding	7 Baked Chicken w/Gravy Yellow Rice Green Beans Bread / Milk Fruit	8 Pork Chop w/Gravy Mashed Potatoes Mexican Corn Wheat Bread / Milk Brownie	9 Roast Beef w/Gravy Mashed Potatoes Broccoli Roll/ Milk Red Velvet Cake Birthday/Valentine Day	10 Chili Con Carne Rice Peas & Carrots Cornbread / Milk Fruit
13 Chicken Tetrazzini w/Noodles Buttered Squash Wheat Bread / Milk Pudding	14 Beef Stew Broccoli Biscuit / Milk Applesauce	15 Chicken Corn Chowder Turkey & Cheese on Bun w/Mayo, Lettuce, Tomato Milk / Fruit	16 Liver & Onions w/Gravy Mashed Potatoes Green Beans Wheat Bread / Milk Pie Assortment	17 Salisbury Steak w/Gravy Mashed Potatoes Buttered Carrots Wheat Bread / Milk Pudding
20 CENTER CLOSED PRESIDENTS DAY	21 Chili w/Red Beans Seasoned Rice Chef's Choice Veggies Cornbread / Milk Fruit	22 Fried Fish Scalloped Potatoes Stewed Tomatoes Cornbread / Milk Ice Cream	23 Pork Loin w/Gravy Mashed Potatoes Sauerkraut Wheat Bread / Milk Fruit	24 Chicken Pot Pie Buttered Peas & Carrots Wheat Bread / Milk Pears
27 Sloppy Joe on Bun Steamed Broccoli Potato Wedges Milk / Fruit	28 Ham & Cabbage Red Potatoes Wheat Bread / Milk Fruit	1 Fried Fish Scalloped Potatoes Stewed Tomatoes Cornbread / Milk Ice Cream	2 Pork Loin w/Gravy Mashed Potatoes Sauerkraut Wheat Bread / Milk Fruit	3 Chicken Marsala w/ Mushroom Gravy Wild Rice ~ Beets Wheat Bread / Milk Fruit

February 2023 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2  GROUNDHOG DAY	3	4 1pm Coward (I)A
5 12pm Church Service (I)A	6 9am Food Stamp Rep (I)A 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A	7 3pm Cherub Group (I)A	8 1pm-4pm Methodist Women (I)C 2-3:30pm Kari PAINTING EVENT Must Sign Up 5:30pm Bingo (I)A	9 5:30pm MOVIE NIGHT (I)A 5:45pm Bingo (IV)	10 5:30pm Bingo (I)A	11 5pm Bingo (II)A
12 12pm Church Service (I)A	13 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A	14 	15	16 1:00pm KARAOKE (I)A 5:45pm Bingo (IV)	17 5:30pm Bingo (I)A	18 5pm Bingo (II)A
19 12pm Church Service (I)A	20 	21	22	23	24	25 6pm MEET N' GREET (I)A 5pm Bingo (II)A
26 12pm Church Service (I)A	27 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A	28 12:15pm-1:00pm Food Box	1 5:30pm Bingo (I)A	2 5:45pm Bingo (IV)	3 5:30pm Bingo (I)A	4

February 2023 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 9:30am Food Stamps Rep (I)A 10am Bingo (I)A	2  10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	3	4 9am PRIVATE RESERVATION (III)A
5 11am Church (III)A	6 9-3pm Driver Safety Class (I)A 5:30pm Dominoes (I)A	7 9:30am Prayer (I)A	8 10-011:30am Kari PAINTING EVENT (III) Arts & Crafts Room 10am Bingo (I)A	9 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	10	11 4pm Meet N' Greet (I)A
12 11am Church (III)A	13 5:30pm Dominoes (I)A	14 	15 10am Bingo (I)A 6pm Bingo (I)A <i>Hosted by The Baldwin Family</i>	16 10am Bible Study (I)A 12-3pm Ceramics (III) 5:30pm (III)A MOVIE NIGHT 6:30pm Bingo (I)A	17	18 9am PRIVATE RESERVATION (III)A
19 11am Church (III)A	20  5:30pm Dominoes (I)A	21 11:30am-12:00pm Food Box	22 10am Bingo (I)A	23 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	24	25 9am PRIVATE RESERVATION (I)A
26 11am Church (III)A	27 5:30pm Dominoes (I)A	28	1 10am Bingo (I)A	2	3	4

LUTHER TOWERS Phone Extensions

302-674-1408

Name & Position	Extension #
Kim Mendoza, Executive Director	112
Jessica Parsons, Deputy Director	130
Tricia Robinson, Social Services	131
Jessica Balog, Admissions.....	119
Corrin Parsons, Administrative Coordinator.....	113
Sharon Poisson, Accounting.....	132
Kari Ebert, Desk Supervisor	0
Kelly Hauer, Facilities Director	111
Kitchen	128
Karen Ambruso, Beauty Shop.....	129
Wednesday / Thursday / Friday — <i>By Appointment Only</i>	
Front Desk	0

LUTHER VILLAGE Phone Extensions

302-674-3780

Name & Position	Extension #
Tricia Robinson, Social Services	210
Luther Village 1 Desk	212
Karen Ambruso, Beauty Shop.....	674-1408 ext 305
<i>By Appointment Only</i>	
Medical Transportation	242-6187