

#### **UTHER** OWERS

## November 2022

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## From the Desk of The Executive Director KIM MENDOZA

Well it is hard to believe the year is almost over – Thanksgiving is later this month with Christmas following shortly behind. I do love the holidays, although the colder weather not so much. But as the saying goes, "This too shall pass!"

Along with the holidays comes the opportunity for us to serve you. Thanksgiving meals will be served free of charge to the residents at Luther Towers; Christmas meals for the residents of Luther Village. You will need to sign up for these events and meals will be served in a designated activity room. As time draws near, information will be given out with dates, times and who to contact to sign up. You won't want to miss it; food and fellowship are always enjoyable. This is also one of the opportunities we get to show you how much we appreciate you!

Another thing we enjoy doing is making your facilities more enjoyable. As most are aware, we have done improvements/renovations in many areas in an attempt to bring them more up-to-date. Not to mention more appealing to the eye! You can thank Jessica Parsons for décor choices – that is all her.

The most recent renovation completed was the Laundry room in Luther Towers III. *(see pictures next page)* The renovation allowed for them to have more space, seating and an extra dryer. Not to mention, it just looks so good you almost enjoy doing laundry. We will continue to make improvements to Luther Towers/Luther Village as time goes on.

Our staff works hard to make sure all public areas are clean and this is a constant battle. We ask that you please do your part and help us keep it looking clean. If you drop something – pick it up, spill something – clean it up. If you are unable to, please contact the Security desk and report it and staff will take care of it as soon as possible. *Now onto the part of my job that I don't like.* One of the many things I am responsible for is seeing that the terms of the Lease & House Rules are adhered to by all tenants. When there is a violation of one of these rules, I must write notices for lease violations up to the unpleasant task of termination of leases. As I stated earlier,

**I DO NOT ENJOY DOING THIS**. However, it is a part of my job that I am responsible for accomplishing.

Why are rules important, you may ask?

Rules are important because families and citizens have to live their lives in a happy but safe state. Some aspects of why rules are important are: to maintain civil behavior; to be organized; to have more harmony in the community.

I am choosing to highlight one rule violation that my staff and I regularly have to deal with, *Smoking in the buildings*. Typically, it is the Security desk that receives a call stating someone smells smoke in their building.

Smoke in general is a safety concern that needs to be investigated immediately. If it is determined smoke is originating from an apartment, they will follow the emergency procedures outlined in the House Rules. There have been instances when there have been actual fires that are active, or recently put out. Most of the time it is just the strong presence of cigarette smoke – which would be a violation of your lease.



Bully Dog says Please Continue to the Next Page...

(Continued on page 3)

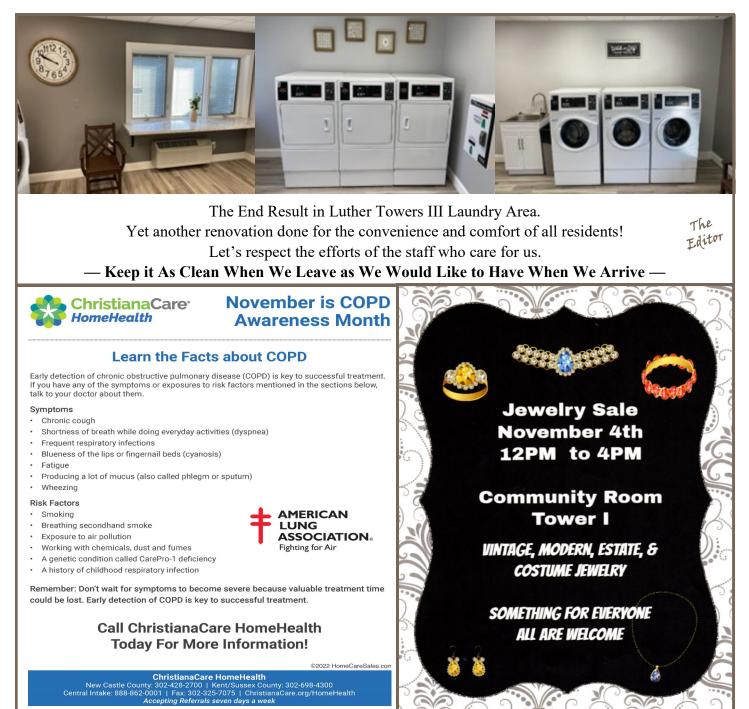
#### (Continued from page 2)

Why do we take this so seriously? First of all, smoke emanating from an apartment can indicate a fire, which could result in loss of life. Secondly, years back Mr. Coy made the decision to enforce HUD's transition to no smoking in facilities. There were many reasons for this, but mainly the health and safety of all individuals in the buildings.

At the time, they were also considering making Luther Towers/Luther Village a smoke free campus, meaning smoking would not be allowed anywhere on the campus. The decision was made not to do that, but establish smoking areas outside (50ft away from buildings) to allow smokers somewhere to go and smoke. Although sometimes inconvenient, at least it is an option.

We will continue to ensure that Lease and House Rules are adhered to for the safety of all residents.

Kim



## From the Desk of The Deputy Director JESSICA PARSONS

The purpose of the front desk security agent is to provide security, safety and welfare of the residents and staff located at Luther Towers and Luther Village.

♦ That said, one problem we often see is residents opening the door for visitors or allowing them to follow you inside after you have opened the door.

If someone is trying to enter a building, please do not intervene and give them access. They are required to use the Rise system.

We are not asking you to confront visitors if they do follow behind you but just be aware and if they do look suspicious, please report immediately to the front desk.

We rely on residents to adhere to these rules in order to maintain the safety of the residents.

♦ We have received some complaints on people using the trash chutes after "quiet" hours.

## Please do NOT use the trash chutes between the hours of 8:00pm-8:00am.

Please be courteous to those who live near the trash chutes. The noise causes disruption to sleep or if someone is not feeling well. Your lease states that *"you shall not make or permit noises or acts that will disturb the rights or comfort of neighbors."* 

Recently, we have had either a resident and/ or visitor leaving opened bread in the lobby areas. Food that is not packaged is not permitted in the common areas or lobbies. Opened items can lead to unwanted pests and rodents. Items that are packaged may be left for the day – then will be discarded by staff at the end of the day.



#### Employee of the Month by Jessica Parsons This month I would like to highlight GARY FARMER

Gary has been at Luther Towers/Luther Village a little over 6 years. Gary has been married over 28 years, he has 6 children and 4 grandchildren. He is a retired Manufacturing Accountant.

Gary enjoys a sport called "cup stacking" and he has umpired amateur softball up to the collegiate level. He sings in his church choir and rings handbells in the handbell choir.

Gary has shown to be a dedicated employee and one who is always willing to "go with the flow" with any changes that come his way. I'm sure the residents would agree that he is an asset to the organization and he will ensure that your safety is his number one priority.

#### From the Office of Social Services TRICIA ROBINSON

Hello, Everyone! 🙋

-Keep on Your Calendar-

MEDICARE OPEN ENROLLMENT will begin OCTOBER 15TH and go to December 7th

If you are NOT pleased with your prescription drug plan, this is the time you can change it. Call Tricia if you need to set up an appointment to review your prescription plan.

#### Movie Night will be at

Luther Towers Thursday, November 10th and Luther Village Thursday, November 17th at 5:30p.m. The NOVEMBER movie will be

"WHERE THE CRAWDADS SING"



starring Kya Clark



Come join us for a great time!

**WILLS FOR SENIORS** If you are interested in having a

WILL, POWER OF ATTORNEY OF ADVANCED HEALTHCARE DIRECTIVE prepared, please give me a call to schedule an appointment with Jacki Chacona from Delaware Volunteer Legal Services.

We are ready to take more clients!

674-1408 ext 131

#### 2023 SOCIAL SECURITY BENEFIT VERIFICATION LETTERS

Everyone will be receiving a letter in the next month. *Please bring letters to Tricia or Corrin in the office to make a copy for our files.* These letters are important to keep for Food Benefit renewals, Medicaid renewals, Luther Towers/Village recertifications, and many other things. It is important for us to obtain a copy before they get lost © ≪SPECIAL MENTION∻

Our wonderfully talented Security Supervisor **Kari Ebert** has authored a Book! It is a beautiful Chat Book of poetry. If you are interested in purchasing a signed copy of Kari's book, please let me know ©



## Alphabet of Mo(u)rning

A collection of poems by Kari Ann Ebert

I cannot wait to get my copy of Kari's new book! The Editor



Don't forget Exercise Class every Monday at 10:15am with Betsy! It is a great way to start your week and get moving



#### **OTHER NOTES OF INTEREST**

Jewelry Sale at Luther Towers on November 4th from 12:00-4:00pm in the LT-1 Activity Room (see AD page 3)

<u>Craft Show/Yard Sale at Luther Village</u> on Saturday, November 5th from 9:00am

#### From The Facilities Director KELLY HAUER



#### PEST CONTROL

Luther Towers Apartments
Nov 2..... LT-1 ...201-223 ..... LT-2 ...B01-B18
Nov 9..... LT-1 ...301-323 ..... LT-3 ...1001-1018
Nov 16 .. LT-1 ...401-423 ..... LT-3 ...2001-2018
Nov 30 .. LT-1 ...501-523 ..... LT-3 ...3001-3018

#### Luther Village Apartments

None at This Time

#### **Kelly's Reminders:**

I have noticed residents are *STILL* putting **CARDBOARD BOXES** down the Trash Chute and it is **CLOGGING UP THE COMPACTOR.** 

Please Take All Boxes and Put Them <u>In The Recycling Dumpster</u>!

THOUGHT FOR THE MONTH Fall is and has always been my favorite season. "The time when everything bursts with its last beauty, as if nature had been saving up all year for the Grand Finale!"



## Rent will be pulled on **November 4th**

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

> This will save you from Insufficient Funds problems.

Luther Towers has some of the most beautiful trees & parkland. We are blessed to have such a wonderful home.



#### From The Desk Supervisor – KARI EBERT

Well, here we are already in the month of November. The flower of the month for November is chrysanthemum.

In Victorian times, each flower had a meaning and people had to learn the "language of flowers"



in order to know what the sender meant. It was like a secret code.

Chrysanthemums symbolize honesty, joy, and optimism. It makes sense, because most mums sport vibrant fall colors that radiate joy.

Joy and optimism seem to become harder for some folks with each passing year. I believe that we can spark these characteristics in others which in turn sparks them in us. It brightens my mood when I hear the cheerful voice of a resident on the phone or see a smiling face.

The daily kind acts that I witness between residents who truly care for each other make me realize that all is not lost. There are so many dark troubles in the world, why not be like the chrysanthemums and radiate joy?

#### **Quick Reminders:**

•Do not let guests in who have not signed in. I see many residents who will get up from a bench outside and let someone into the building with their access card.

## It is important to uphold the security protocol for the safety of all residents.

The resident may not want to see the person to whom you just gave access! It is each resident's right to refuse entry of guests.

#### Please respect the security protocol.

•First Hand Reporting is more effective and accurate – please remember this. If you see something that needs to be reported, please do it yourself.

Also, hearsay is not always the most reliable information. *(Remember the childhood game of "Telephone"?)* If someone is talking about an issue that should be reported, please encourage that person to report it to security.

rity.

Here are the first two stanzas of a lovely poem by Lucian B. Watkins (1878-1920) about the simple joy of seeing a beautiful flower.

This poem is in the public domain. Published in Poem-a-Day on February 22, 2020 by the Academy of American Poets.

# The Flower at My Window<br/>By Lucian B. WatkinsO! my heart now feels so cheerful as I go with footsteps light<br/>In the daily toil of my dear home;And I'll tell to you the secret that now makes my life so bright<br/>There's a flower at my window in full bloom.It is radiant in the sunshine, and so cheerful after rain;<br/>And it wafts upon the air its sweet perfume.It is very, very lovely! May its beauties never wane—<br/>This dear flower at my window in full bloom.

#### LUTHER TOWERS • LUTHER VILLAGE • RIDING TOGETHER ALL 3 DAYS •

## **BLUEBIRD SCHEDULE**

RSVP to Luther Towers Security Desk 674-1408 ext "0"

#### **TUESDAY: SAFEWAY • TARGET • FOOD LION**

LUTHER VILLAGE • BE READY FOR PICK UP 8:45am, 9:45am, 10:45am, 11:45am, etc.

LUTHER TOWERS • BE READY FOR PICK UP ON THE HOUR 9am, 10am, 11am, 1pm, etc

**11AM TRIP WILL BE TO CAMDEN WALMART** 

WEDNESDAY: ROSES • BYLERS • ACME LUTHER VILLAGE • BE READY FOR PICK UP 9:30am LUTHER TOWERS • BE READY FOR PICK UP 9:45am

1st WEDNESDAY OF THE MONTH FIFER FARMS • CAMDEN WALMART LUTHER VILLAGE PICK-UP 9am • LUTHER TOWERS 9:15am

#### THURSDAY:

1st & 5th WEEKS (if a 5-wk month) • CAMDEN WALMART 2nd & 4th WEEKS • CHESWOLD WALMART

> LUTHER VILLAGE • BE READY FOR PICK UP 8:45am, 9:45am, 10:45am, etc.

LUTHER TOWERS • BE READY FOR PICK UP ON THE HOUR 9am, 10am, 11am, etc.

THIRD (3rd) THURSDAY • MIDDLETOWN FARMERS MARKET.

LUTHER VILLAGE • BE READY FOR PICK-UP 8:30am LUTHER TOWERS • BE READY FOR PICK UP 8:45am

#### Annual Health Fare





LISA HARSHBERGER Luther Towers Building I <u>Appointments</u>: 674-1408x131 Tricia Just \$20 for 30-Minute Session



HEALTH FIRST MEDICAL CARE QUALITY COMPREHENSIVE CARE AT HOME

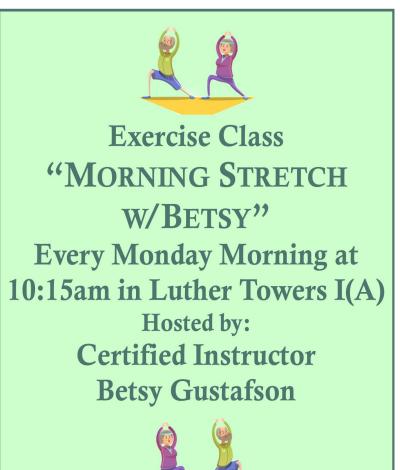
PROVIDING A WIDE RANGE<br/>OF SERVICES•Primary Care•Mental Health Consult/<br/>Mental Health Counseling•Annual Wellness Exam•Medication Management/<br/>Pharmacy Consultation<br/>•Audiology/Optometry<br/>Assessments<br/>•Podiatry



Affordable Health Care Solutions in the Comfort of Your Home

#### **PERSONALS:**

If you need adult diapers (pull-ups), incontinence pads (sanitary napkins), bed pads (sheet protectors)... call Tricia at 302-674-1408 x131



#### BINGO SCHEDULE Luther Towers

Mondays	5:00pm	(II)A
Wednesdays	5:30pm	(I)A
Thursdays	5:45pm	(IV)
Fridays	5:30pm	(I)A
Saturdays	5:00pm	(II)A
Saturdays	5:00pm	(II)A

LUTHER VILLAGE

Wednesdays Thursdays

10:00am (I)A 6:30pm (I)A

#### DOMINOS Luther Village Exclusively



## MEET & GREET

### Join Us!

Enjoy Meeting & Making New Friends.

While you're at it, have a snack & a sip.

Find out what you might be missing!



#### LUTHER TOWERS (I)A 6:00PM NOVEMBER 26TH, 2022

LUTHER VILLAGE (I)A 4:00PM NOVEMBER 12TH, 2022



WELCOME TO ROSEMARY CIRCLE



2nd Wednesday of Each Month

1:00 pm • LT I (conf room)

Fellowship, Prayer, Learning

ALL ARE WELCOME Sponsored by: United Methodist Women

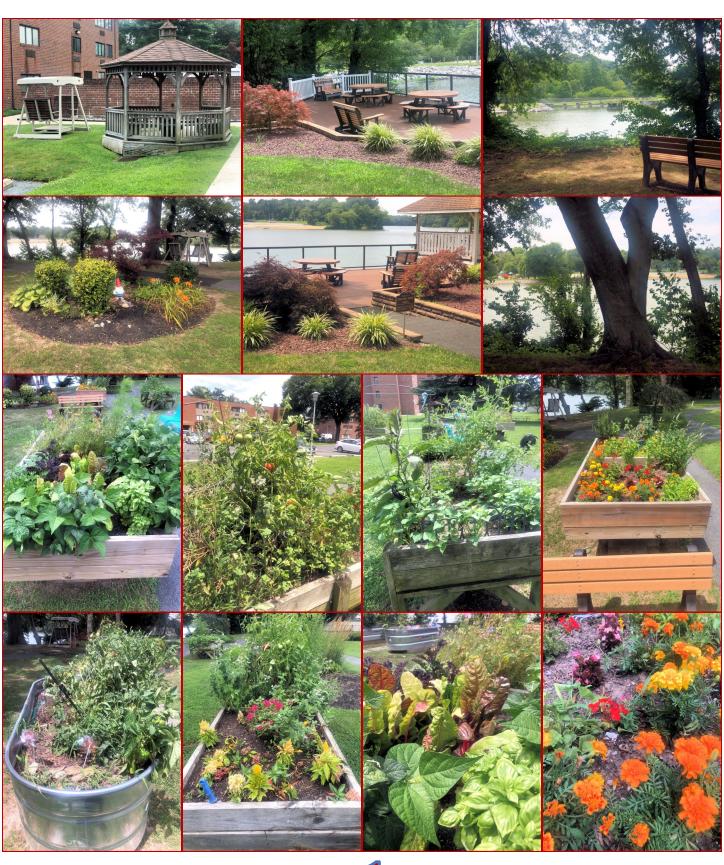


Luther Towers Building I Activity Room Thursday November 17th 1:00pm

Snacks & Door Prizes & Fun, Fun & More Fun! Sign Up on Bulletin Board in Your Building

Newcomers *Welcome, Neighbor!* LT-1 515 Lorena Baines LT-3 3017 Yvonne Mosley





## summer has gone







Every creature does what it must to survive.

REESE WITHERSPOON & HELLO SUNSHINE

## WHERE THE CRAWDADS SING

MISSIPPELIA OWENS """ CLUCY ALIBAR ""TOLIVIA NEWMAN



2000

EXCLUSIVELY AT CINEMAS

BIRCO S

UTHER D OWERS	Menu	November 2022	ber 202	
Monday	Tuesday	Wednesday	Thursday	Friday
31	<ol> <li>Taco Chili Salad w/ Sour Cream Lettuce &amp; Tomato Salsa / Tortilla Chips Milk Pudding</li> </ol>	2 Hotdog on Roll w/Relish Baked Beans Coleslaw Milk Applesauce	3 Fried Chicken Mashed Potatoes w/Gravy Mixed Greens Dinner Roll / Milk Pudding	4 Sloppy Joe on Bun Broccoli Pasta Salad Milk Pudding
7 Spaghetti w/Meat Sauce Green Beans Garlic Bread / Milk Fruit	8 Baked Chicken w/Gravy Mashed Potatoes Buttered Spinach Roll / Milk Applesauce	g Navy Bean Soup Turkey & Cheese on Bun w/Mayo, Lettuce & Tomato Milk Fruit	1() Roast Pork w/Gravy Sweet Potatoes Sauerkraut Roll / Milk Cake BIRTHDAY	11 Veterans Day Holiday Center Closed
14 Chili Con Carne Seasoned Rice Buttered Peas Wheat Bread / Milk Cookies	15 Fried Fish w/Tartar Sauce Macaroni & Cheese Stewed Tomatoes Roll / Milk Sherbet	16 Vegetable Soup Chicken Caesar Salad Garlic Bread / Milk Fruit	17 Thanksgiving Feast Roasted Turkey w/Gravy Herb Dressing / Sweet Potatoes Cranberry Sauce Buttered Green Beans Dinner Roll / Milk Sweet Potato Pie	18 Sloppy Joe on Bun Broccoli Macaroni Salad Milk Fruit
21 Salisbury Steak w/Gravy Mashed Potatoes Mixed Veggies Wheat Bread / Milk Cookies	22 Fried Chicken Mac & Cheese w/White Cheddar Buttered Broccoli Roll / Milk Fruit	23 Italian Meatball Sub Potato Wedges Coleslaw Milk Yogurt	24 THANKSGIVING DAY	25 Holiday Weekend Day After Thanksgiving Day CLOSED
28 Chicken & Dumpling Buttered Peas & Carrots Roll / Milk Cookies	29 LS Ham w/Sauce Boiled Potatoes Seasoned Carrots Wheat Bread / Milk Applesauce	30 Minestrone Soup Ham & Cheese Sandwich with Mayo / Mustard Coleslaw Milk Pudding	1	7

- UTHER OWERS		ovemb	er 202	22 Activ	November 2022 Activity Calendar	dar
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	D
			5:30pm Bingo (I)A	1:00pm British Wives (I)A 5:45pm Bingo (IV)	12:00-4:00pm JEWELRY SALE (I)A 5:30pm Bingo (I)A	5:00pm Bingo (III)A
9	7	8	6	10	11	12
12pm Church	10:15-11am Morning Stretch with Betsy	Election Day	1:00-4:00pm Methodist Women (1)C		X + X + X Veterans X + Day + X	
Service (I)A All Day	5pm Bingo (II)A	3pm Cherub Group (I)C	5:30pm Bingo (I)A	5:45pm Bingo (IV)	5:30pm Bingo (I)A	5:00pm Bingo (II)A
13	14	15	16	17	18	19
12pm Church Service (I)A All Day	10:15-11am Morning Stretch with Betsy (I)A 5pm Bingo (II)A	12:15-1:00pm Food Box	5:30pm Bingo (I)A	1:00pm KARAOKE (I)A 5:45pm Bingo (IV)	9am-9pm Johnson (I)A Bingo CANCELLED	9am-9pm GROOMS (I)A 5:00pm Bingo (II)A
20	21	22	23	24	25	26
12pm Church	10:15-11am Morning Stretch with Betsy (I)A			Thursday and the	BLACK	0:00pm MEET N' GREET (I)A
Service (1)A All Day	5pm Bingo (II)A		5:30pm Bingo (I)A	5:45pm Bingo (IV)	5:30pm Bingo (I)A	5:00pm Bingo (II)A
27	28	29	30		2	3
12pm Church Service (I)A All Day	10:15-11am Morning Stretch with Betsy (I)A 5pm Bingo (II)A					

<b>HUTHER</b>		Novemb	nber 2022 Activity Calendar	22 Acti	vity Cale	ndar
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 5:30 Dominos (I)A	1 9:30am Prayer (I)A	2 9:30am-11am Food Stamp Rep (I)A 10am Bingo (I)A	3 10am Bible Study (I)A 12pm-3pm Ceramics (III) 5pm Bingo (I)A	4 9am-9pm Set Up Craft Show (III)A	5 9:00am CRAFT SHOW & YARD SALE (III)A
6	7 5:30 Dominos (I)A	8	9 9:00am-1pm Sr. Comp (III)A 10am Bingo (I)A 1-1:45pm Postage Stamps for Sale (I)Parlor	10 10am Bible Study (I)A 12pm-3pm Ceramics (III) 5pm Bingo (I)A	11	12 9am-9pm PARKER (III)A 4:00pm MEET N' GREET (I)A
13 11am Church (III)A	14 5:30 Dominos (I)A	15 9am-1pm DRIVER SAFETY Class (I)A 11:30am-12pm Food Box	16 10am Bingo (I)A	17 10am Bible Study (I)A 12-3pm Ceramics (III) 5pm Bingo (I)A 5:30p MOVIE NIGHT (III)A	18	19 9am-9pm WATKINS (III)A 9am-9pm FARMER (I)A
20 11am Church (III)A	21 5:30 Dominos (I)A	22	23 10am Bingo (I)A	24 9am-9pm Lowe (III)A 9am-9pm RSVD (II)A 9am-9pm Baldwin (I)A	25 BLACK FRIDAY 9am-9pm Lowe (III)A	26 9am-9pm WELSH (III)A
27 11am Church (III)A	28 5:30 Dominos (I)A	29	30 10am Bingo (I)A	1	5	0





#### Name & Position

#### Extension #

Kim Mendoza, Executive Director	112
Jessica Parsons, Deputy Director	
Tricia Robinson, Social Services	
Jessica Balog, Admissions	119
Corrin Parsons, Administrative Coordinator	113
Sharon Poisson, Accounting	132
Kari Ebert, Desk Supervisor	0
Kelly Hauer, Facilities Manager	111
Kitchen	128
Karen Ambruso, Beauty Shop	129
Wednesday / Thursday / Friday — By Appointment Only	
Front Desk	0



302-674-3780

Name & Position	Extension #
Tricia Robinson, Social Services	210
Luther Village 1 Desk	212
Karen Ambruso, Beauty Shop By Appointment Only	. 674-1408 ext 305
Medical Transportation	242-6187