

Luther Towers / Luther Village

September 2020

EXECUTIVE DIRECTOR COMMENTS

Each month it seems that I am writing about the need to follow the guidelines set forth by the CDC and the Governor. The staff and I are committed to doing everything we can to try and protect residents and all of the staff from COVID-19. We are fortunate that there have only been two cases of the virus in our facilities so far. While it is inevitable that we will not escape totally, we have minimized that impact by the actions that we took early in the beginning of the pandemic. In Delaware there are 634 deaths from the virus with 523 over 65 years old. The average age of our residents is 75 and if you look at the population it is not difficult to see that we have many compromised due to health issues.

There are a small number of residents who are now violating the distancing guidelines and are failing to wear a mask when in public spaces. The purpose of the mask is to protect others as well as yourself from being exposed to the virus. Since we have cameras in the common areas we can and are documenting these infractions. Due to the increasing violations we are evaluating whether or not to close off the public areas again. There appears to be a couple of buildings that have

furniture and cleaning after use of the facility.

I am now faced with the prospect of issuing violations for failure to comply with the requirements as published by the Governor’s State of Emergency and the CDC guideline to protect people. I directed the staff to identify violations and the individuals will be issued a violation letter. Continued violations will result in termination of the lease in accordance with HUD requirements and Delaware Landlord tenant code.

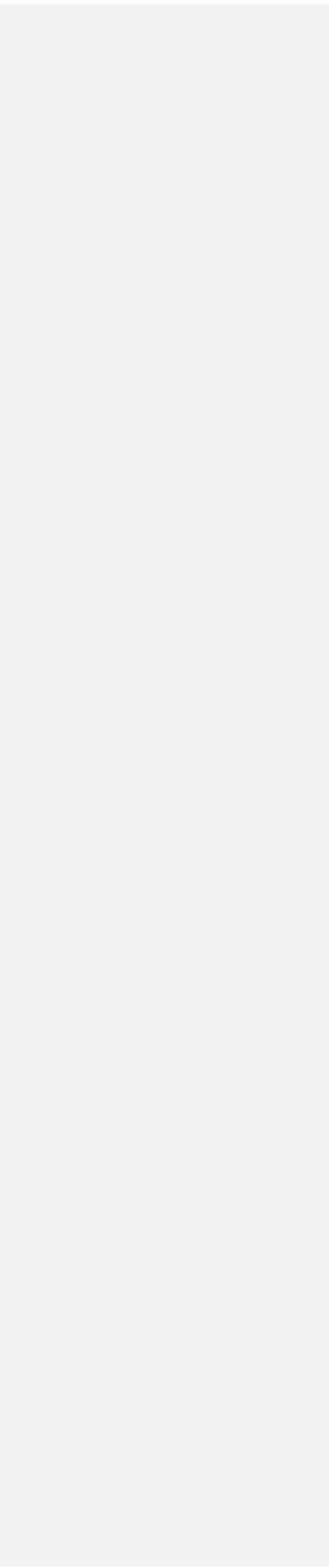
The new washers and dryers installed in



Luther Towers I and Luther Village III appear to be well received and are working well. I have noted two problems that appear to be

complaints. The first is the washing machines are still being over loaded and they will not be able to spin properly. They shut down to prevent damage. The second is the usual problem of “if a little is good then more is better” problem. I have a photo to demonstrate.

I hope everyone takes all precautions to stay safe and protect yourself from the coming flu and COVID virus.



IMPROVEMENTS ARE COMING

We write to you frequently about our commitment to your security and safety. I’m going to cover the results of our recent fire drill and I want to convey two important upcoming improvements to our fire/nurse call alarm system at Luther Towers and an introduction to our implementation of an automated visitor management system. Both initiatives are scheduled for completion during the last quarter of 2020.

First, let’s talk about the fire drill. On 9.24 we conducted a fire drill for Luther Towers II to assess the practicality of the existing evacuation plan, fire department access, resident response, and alarm effectiveness. Overall, we are confident that should an actual fire occur, there are processes in place for an efficient and safe evacuation. There were, however, some good lessons learned from the drill. I’ve outlined those lessons below:

- While the existing fire evacuation route works, there are improvements we can make to the route of evacuation to protect residents from potential hazards.
- We’ve developed an efficient system to notify the fire response team of residents who may be physically incapable of evacuating on their own.
- Continuing emphasis on evacuation in case of fire is necessary for both newcomers and existing residents.

Unlike this drill, which was announced in advance, future drills will be unannounced. We will not overdo the drills, but we will continue to assess our processes and resident response to create an environment of urgency, efficiency, and teamwork.

In the spirit of improving processes, we will be moving forward with upgrading our existing fire and nurse call alarm system at Luther Towers.

We will upgrade our existing conventional, or analog communication system, to an addressable digital system. What does that mean? It means that our upgraded system will be able to detect exactly where smoke or fire may be rather than providing a broad zone. This allows firefighters to pin down an exact location thereby reducing response time.

Additionally, the fire or nurse call alarm will trigger a call to 911 through a monitoring company. Our security staff are currently restricted in large part to the front desk because they are the monitoring system; this upgrade allows staff greater latitude to patrol our buildings and assist residents without fear of missing a fire or medical alarm.

We are committed to providing a secure environment for our residents.

One other improvement will be implementation of an automated visitor management system at both the Luther Towers and Luther Village campuses.

Visitors will be required to electronically sign in using a tablet attached to a pedestal in the vestibule of each of our buildings. Gone will be the days when visitors bypass the sign-in book—everyone will sign in electronically. This system ensures that only those who are granted access gain access to our facilities, allows management staff to know exactly who is in our facilities, and will screen visitors out who may be a threat to spread a communicable disease.

There will be a learning curve for residents and their visitors; this system will replace the existing DoorKing access control system. Residents will still be able to use their access card to gain entry into their respective apartment complexes; however, visitors will not be granted access to any given facility until they have entered all information required by the visitor management system.

Know that every improvement we make is in the spirit of providing the best living environment for you, our residents. We will keep you informed of the progress regarding each of these initiatives. Remember, safety is everyone’s business.

Jeff Lewin
Deputy Director

THE BULLY BLOG



With all the negativity going on in the world right now, I thought this was an amazing article/picture of people who are still doing good. Hope you enjoy it.



An adorable image of a caretaker sleeping next to a baby elephant at an animal rescue in Kenya is melting hearts across the internet.

The Sheldrick Wildlife Trust, an elephant orphanage in Kenya’s capital city of Nairobi, posted the viral image, which shows one of its staff members laying down next to a calf, as the elephant adjusts to life without her mother.

“In the wild, baby elephants sleep under the protective cover of their mother and herd,” the post reads. “Our newest rescues, for whom that memory is still fresh in their minds, often need a little extra comforting, and day or night, our Keepers watch over them to make sure they receive the nurturing presence they need to pull through [the] most difficult of times.”

In addition to the psychological trauma orphaned elephants often go through, calves require round-the-clock care, especially during the teething process, when they're prone to potentially life-threatening fever and diarrhea.

Often, the staff at elephant orphanages sleep in bunks close to the animals every night, prepared to provide medical care and emotional support when needed. To prevent calves from becoming attached to any specific person, caretakers are assigned a different elephant every night, according to *National Geographic*.

Caring for the calves involves encouraging them to socialize with other elephants and engage in natural behaviors as often as possible, with the goal of eventually reintegrating them into the wild. By fulfilling maternal duties in their mothers' absence, caretakers play an invaluable role in this important process, making for some heartwarming snapshots along the way.

Work related info:

Masks - Thanks to all who are wearing their masks when out in public; I know it is a hassle, but we are told it protects lives. So let's remember to do our part. ***Regarding masks:*** The Centers for Disease Control and Prevention (CDC) has updated its face mask guidelines and is out with a new recommendation: **Avoid wearing masks with an exhalation valve or vent.** These masks, which are often worn for dust protection during construction projects, can do more harm than good when it comes to controlling the spread of the new coronavirus. "The purpose of masks is to keep respiratory droplets from reaching

others to aid with source control," the [CDC says in its guidelines](#). "However, masks with one-way valves or vents allow air to be exhaled through a hole in the material, which can result in expelled respiratory droplets that can reach others."

Visiting pets – I have been asked recently what the rules are. For them to come to your apartment, they need prior permission and to be of same size requirements as a pet for a tenant. However, you are not required to show vaccination paperwork. If your visiting pet is larger than the Pet rules state (15 pounds) you should visit with them outside on the grounds, not in the building. Service/Support animals do not fall under these restrictions.

Re-Certification paperwork – Please do NOT un-staple or take apart the packages I send to you for signatures. I need all of that paperwork back, with the exception of the set marked "Yours to Keep". Again thanks for understanding and doing your part to keep things moving.

In His Spirit,
Kim



“TALK WITH TRICIA”

Hello Everyone ☺
Medicare Open Enrollment begins October 15-December 7. IF you are not happy with your prescription drug coverage call me and we will set up an appt to review your plan. If you are

pleased you do not need to do anything. For those enrolled in Delaware Prescription Assistance Program (DPAP) please watch your mail for the re-enrollment letters. When you receive the letters please give them to me ASAP. There is a black box located next to the security desk at both campuses that mail can be put in and I will receive it the next day.

ESPECIALLY now that it is Medicare Open Enrollment time you are getting a lot more junk mail and people trying to scam you. SCAMMERS continue to use new tactics! Some residents have received checks that look authentic under their apartment door or in the mail and they are not real. Do not cash checks you do not personally know! Do not give out your personal information over the phone.

If you are experiencing any type of decline in your health for example: more frequent falls, increased number of emergency room visits, difficulty completing activities of daily living (dressing, bathing, cooking) please give me a call. We can talk about options available such as personal shoppers to help with groceries, possible aide services, home health nursing care, durable medical equipment, etc. There may be some simple solutions to help you live your best life.

On a personal note: Most of you know my grandmother Mary Bays passed away in August. My grandmother had been a resident at Luther Towers since 2005. She absolutely LOVED living at Luther Towers and her fellow neighbors in the building gave her great joy.

Thank you all so much for the hugs, sympathy cards and condolences they have really comforted my heart.

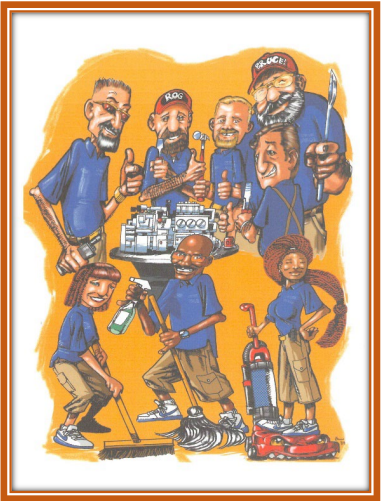
Pinnacle Rehabilitation and Health Center has submitted a Trivia question for October. If you have an answer you would like to submit put it in the BLACK BOX next to security desk (both campuses have one). Jennifer from Pinnacle will do a door prize drawing for those who have the correct answer!!

TRIVIA QUESTION: WHAT MAKES LEAVES CHANGE TO EITHER RED OR PURPLE COLOR?

We had an incredible response to **Wills for Seniors**. Jacki Chacona from Delaware Volunteer Legal Services was able to help 20 people in September create Wills/Power of Attorney/Advanced Directive’s. Jacki is taking more appointments for **Thursday October 15, 2020**. Please call Tricia to set up an appt. 302-674-1408 ext 131. **FIRST COME FIRST SERVE**

*Duplicate reminder:*We are now scheduling transportation for medical appts, if you have an apt coming up make sure you call and schedule a ride. Bluebird transportation has resumed and things are going well. Please make sure to call Luther Village 1 Security desk to reserve a seat on the Bluebird. It is now a requirement to RSVP for the Bluebird. You can make your reservation at 674-3780 ext 212

Thank you, Tricia



MAINTENANCE NEWS

Pest Control - Luther Towers Apartments

- Oct 28th – 4301- 4316

Pest Control - Luther Village Apartments

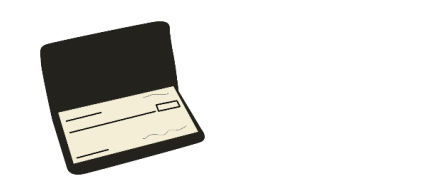
- Oct 7th – LV3 – 2nd, 3rd & 4th floor
- Oct 14th – LV2 (entire bldg.) & LV3 – 3rd floor
- Oct 21st – 2nd & 3rd floors
- Oct 28th - LV1 – 1st floor

Kelly’s Reminders: Heating season is here. When you change your heat pump from A/C to heat, please open a window for about 30 minutes until the heat smell goes away. If you do not do this it may set your smoke alarm off in your apartment.

Thought for the month

*A little consideration,
A little thought for others,
Makes all the difference.*
Kelly

INFORMATION FOR BOTH CAMPUSES



Rent will be pulled on 5 October. Some months your rent may not come out of your account on the 4th, due to holidays, weekends, etc. **Please check with your bank to verify the rent has been deducted** before pulling your money out assuming the rent was already paid. This will save you from Non-Sufficient Funds problems.



NEWCOMERS

Marie Hellengreen	LT3	2002
Priscilla Carter	LV1	1214
Harry Thornbury	LV3	3311



MEDICAL TRANSPORTATION

SCHEDULE YOUR MEDICAL APPTS FOR MONDAYS, TUESDAYS, AND THURSDAYS BY CALLING LTI’s FRONT DESK – 674-1408 (EXT 0) or LV1’s Security at 674-3780 (EXT 212). Please have your appointment information available and turn your TV or radio volume down before calling.

*Holidays during the next 3 months:
No transportation will be provided on
November 26th, Thursday
December 24th, Thursday*

Medical driver will call the afternoon before your appointment. If you do not receive a call by 6:00 p.m., please contact LT1’s front desk to confirm your appointment.

When you call to make an appointment for transportation, do not leave voicemail messages with the information. Call back and talk to whoever is on-duty personally. This will eliminate possible confusion. Please remember this is a first-come

first-serve service.

LUTHER TOWERS ACTIVITIES



Bingo –*Luther Towers Building 1 Activity Room at 6p.m. Bingo will only be held on Wednesday’s for the time being. Thanks for your understanding.*

NEW BINGO GUIDELINES:

- No food is allowed*
- Participants can bring own beverage*
- Paper cards will be provided*
- THERE WILL BE NO OUTSIDE PARTICIPANTS PERMITTED (if you do not live at Luther Towers or Luther Village you will not be permitted to play)*

Cherub Group – 6 October at 3:00 p.m. in LT1 Activity Room. For residents who have knitted or crocheted baby blankets for newborn babies at Bayhealth.

Crochet Club – On hold for now

Dominoes – On hold for now

Food Box pick-up – 20 October, 12:15 p.m..

Movie Night – On hold for now.

Religious Services

LT1 – Activity Room

Church Service - Sundays – On hold for now.

Holy Cross Communion – On hold for now.

Prayer groups – On hold for now.

Bible Studies –. On hold for now

Dover Church of Christ Outreach – Mondays at 6:00 p.m. in LT1 Activity Room.

MASS – *Unknown at this time*

Methodist Women – On hold for now

Stamps – On hold for now.

LUTHER VILLAGE ACTIVITIES



Bingo – ***Luther Village Building 1 Activity Room*** at 6:30 p.m. *Bingo will only be held on Thursday’s for the time being. Thanks for your understanding.*

NEW BINGO GUIDELINES:

No food is allowed

Participants can bring own beverage

Paper cards will be provided

THERE WILL BE NO OUTSIDE PARTICIPANTS PERMITTED (if you do not live at Luther Towers or Luther Village you will not be permitted to play) On hold.

Ceramics –Thursdays in LV3, 12–3pm. Limited to 8 per class. Must wear mask until seated at table and maintain social distancing.

Crafts Class – ***26 October***, 1p.m. Limited to 8 per class. Must wear mask until seated at table and maintain social distancing.

Dominoes – On hold for now.

Exercise (YMCA)!!!! – Thursdays at 1:15 - 2:00 p.m. in LV3 Activity Room. Chair yoga and exercises.

Food box pick-up – 20 October, 11:30.

Games – On hold for now.

Knit & Stitch – On hold for now.

Movie Night – On hold for now.

Pokeno – On hold for now.

Religious Services – 9:00 – 1:00, LV3 activity room.

Senior Companion Worker Meeting – On hold for now.

Sign Language Class – On hold for now.

Stamps – On hold for now.

TOWERS 1 2, 4 AND VILLAGE 3



(No reporters, if interested please contact Kim or Tricia)

TOWERS I – STAFFMEMBER CONTRIBUTION

A Prayer

- Lord, Thou knowest better than I know myself that I am growing older, and will someday be old.
- Keep me from getting talkative, and particularly from the false habit of thinking I must say something on every subject and on every occasion.
- Release me from craving to try to straighten out everybody’s affairs.
 - Make me thoughtful, but not moody; helpful, but not bossy. With my vast store of wisdom, it seems a pity not to use it all – but Thou knowest, Lord, that I want a few friends at the end.
- Keep my mind free from the recital of endless details; give me wings to get to the point.
 - Seal my lips on my many aches and pains. They are increasing, and my love of rehearsing them is becoming sweeter as the years go by.

- I ask for grace enough to listen to the tales of others’ pains. Help me to endure them with patience.
- Teach me the glorious lesson that occasionally it is possible that I may be mistaken.
- Keep me reasonably sweet; I do not want to be a saint – some of them are so hard to live with – but a sour old man is one of the crowning works of the devil.
- Help me to extract all possible fun out of life. There are so many funny things around us, and I don’t want to miss any of them.

Amen.

TOWERS 3 WHO/WHAT AM I?



Last months answer to: I was the host of the “Howdy Doody Show”. Answer: Buffalo Bob Smith.

Who/What am I? What was the very first Mickey Mouse Cartoon called?

Mr. Stupid’s Adventures

While in the Foundling Home the nuns didn’t concentrate on teaching language or other subjects, only getting us to the point where we could survive in the bigger orphanage. There was a nun there that knew the language I spoke, so I was assigned to her. She

did try, but I guess at that time I wasn’t interested in learning.

So, I was brought to the big orphanage and assigned to an older girl named Nancy Korski. At the big orphanage, there was a girl’s side and a boy’s side. They were separated by a line painted on the ground over the tunnel and a door inside. Ok, Nancy showed me around and put me with a group my age where I ate, slept, and had the ruler education “what I called it”. This was in Kindergarten where we learned via hits on the hands “knuckles” whenever we got words wrong. My knuckles hurt a lot. There were other things, but that was us and no one needs to know.

So then, the explanation is over. I was almost immediately taken under the wings of one of the older boys and his sister, who would come to visit her brother when no one was looking. We, the three of us hid behind a very large tree outside what we called “the show building” that’s a story for another time. My new “brother” thought my language, as broken as it was, was very funny. So, he decided to teach me English. What this stupid little boy didn’t know was the words that he was being taught were, well, not very acceptable; especially to the nuns. Hell, these words would make a priest bathe me in Holy water.

Stupid boy/kid? Well folks, he was so proud of what he learned. He went around to every nun he saw yanked on their robe, smiled and said “THE WORDS!!” The whole picture looked like an old time silent movie with the stupid boy running as fast as his little legs would carry him with a line of angry nuns behind him with whips, rulers and whatever else they could

pick up in one hand while holding their robe in their other hand to run faster.

Flash over to that large oak tree and you’d have seen the boy rolling on the ground holding his stomach, laughing. Valuable lesson – Never look back, you will fall on your face. About the time I had my eyes closed tight while waiting for the first “whatever was going to make contact”, I heard, “sisters, look”. And then “why, you Arthur!” I raised my head and focused my eyes. That boy, my new helper was laughing and running toward the front gate. I just laid there and smiled. You could hear the whole thing even after the nuns rounded the building. “Sisters, don’t let him reach the gate”, then “Oh no, he is gone -- yeah again.” “It’s ok, he will be back.”

From that day forward, the nuns taught me my English, and Arthur? Well, he became my trouble making brother and his sister Barbara, became my sister. I was included in all visits from their mother and they loved me so much that when their mother remarried, they were given custody to their mother and in November of 1949 we all left the orphanage together to start a new life. It didn’t last long, but for a short while, I had a new family.

You can still see the orphanage by googling “The German Roman Catholic Orphanage at 569 Dodge Street, Buffalo NY”. It is in disarray, but you can see parts of the old building and a new apartment complex. Every time I go back to NY I visit there and sit on the side walk and cry. Not for myself, or my past, but for the children coming into this mess.

Dave Masterman

VILLAGE 1 – NEWS!



Here we are – the month of October. You can say October marks the height of fall—the temperatures dip and it stays chilly. Fifer Orchards pumpkin patches and apple orchards are ripe for the picking. Star Bucks serves its Pumpkin Spice Latte and many of us will be pulling out our favorite pumpkin and apple recipes. And lastly, Halloween— "trick or treat.”

For those of us who go the Nemours Audiology/Hearing in Wilmington, please be advised that Nemours does offer transportation through Faith & Action’s Deborah Killen. There is no charge for this service, however, a donation is always accepted or help in paying the toll. To take advantage of this service you must call Nemours Hearing Department (302 651 4408) and speak to Gayle to set up time and date to coincide with Deborah Killen’s schedule. Please do not call Deborah Killen; appointments must go through Nemours. I understand from Nemours, Deborah Killen is a good driver as well as a good person. Due to COVID-19, Nemours Hearing Department is not taking any new patients until January.

Speaking of Nemours, their new facility (located near hospital in Milford) will be opening the beginning of November.

Their phone number will remain the same.

Unfortunately, Kandy’s Arts & Crafts class on September 26th (the last Monday of the month) was cancelled. Hopefully, the class planned for October 26th transpires. It should be a fun class, making Christmas wreaths. As always, you must sign up and put date (first come-first served). All must wear a mask. If the October’s class is cancelled, it will be posted.

Please check your building’s bulletin board for important administration information and up-dates on Luther Village activities.

The photo below speaks for itself. It is apparent that some LVI 3rd Floor residents have no respect for the recycling bin rules or respect for Johnny, who must clean up the mess. To be frank, a number of days before this picture was taken, our disposal room was worse. Again, please ask your Care Givers not to put plastic bags in the recycling bins.



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Please say a prayer for all Luther Villages ill residents; and please pray for our Country.

A quick thank you to a couple residents on the 3rd floor who decorated their hall window stills for the holiday. It certainly helps lessen the bleakness of COVID-19 which we have been dealing with all these months.

Happy Birthday to all October residents. And a Happy Columbus Day!

Did You Know: *The Green Beret wasn't part of the Special Forces uniform until 1961, after President John F. Kennedy visited Fort Bragg in North Carolina and noticed an officer wearing one. Kennedy thought the members of this elite team needed something to distinguish them from other soldiers and made the green covering their official headgear. At Kennedy's funeral, Command Sergeant Major Francis Ruddy placed his beret on the president's grave, a tradition that Green Berets visiting Arlington Cemetery continue today.*

Thought for the day: *Don't ever mistake one's silence for ignorance, one's calmness for acceptance or one's kindness for weakness.*

Low-Fat 3 Ingredient Pumpkin Chocolate Chip Cookies

Ingredients:

1 spice cake mix

1 15 oz, pureed pumpkin

1 cup mini chocolate chips

Instructions:

- Preheat oven to 350 °. In a medium sized bowl, mix cake mix and pumpkin together. Fold in chocolate chips.
- Place on greased cookie sheet (I use a cookie scooper) and bake in preheated oven for 12-15 minutes. Let cool for a few minutes on the cookie sheet then take off onto a wire rack to let cool. Enjoy!

A PUMPKIN PRAYER

Dear God,

As I carve my pumpkin, help me say this prayer

Open my mind so I can learn about you.

(cut the top of the pumpkin)

Take away all my sin and forgive me for the wrong things I do.

(clean out the inside)

Open my eyes so Your love I will see.

(cut eyes shaped like hearts)

I'm sorry for turning up my nose to all You've given me.

(cut a nose in the shape of the cross)

Open my ears so Your word I will hear.

(cut ears shaped like the bible)

Open my mouth so I can tell others You're near.

(cut mouth in the shape of a fish)

Let Your light shine in all I say and do!

Place a candle and light.



BE SAFE *SAM*

VILLAGE 2 – NEWS!



Well here it is--Halloween already. Haven’t the months just flown this year? Maybe it’s just me, but it seems so. As they say,” time flies when you are having fun! As if we have had fun this year with the virus going around and having to wear these awful masks. But Thank God we all well and that is a good thing.

There are only two holidays this month, Columbus Day on the 12th and Halloween in the 31st. Not that we really celebrate Columbus Day, but we should celebrate it, as he was the one who found America...the new world.

Pray for those who are ill and are in rehab or the hospital. We all need prayers.

Please clean out the lint from the dryer screens. Someone is leaving a lot of the lint in the dryer screens, and the next person has to clean them out. Please be responsible enough to do follow the

laundry room rules; clean out your dryer screen when your laundry is done.

Make sure you check our bulletin board for important notices including up-dated info about Luther Village activities. As of now, Movie night has been cancelled until further notice.

Some of us are forgetful! We forget our masks until we get to the lobby and must go back to get it. That's me! I have forgotten it and so have other residents. But all in all, we are all doing well. So please forgive us for our lack of memory sometimes.

Those of you who can walk, please do so, as it helps keep your body active and healthy. Some residents walk inside when it is raining, and outside when it is nice. If you can dance, you could do the old “Twist” or “Jitter Bug” that will keep you young! Are you laughing? I am! I would probably drop if I tried that now.

Personally, I like to walk around the three buildings outside. It's a good walk for most; you can sit and rest at the benches placed around the path, or you can just sit and meditate on a good day.

Come out and enjoy the fresh air. We would love to see you outside enjoying the day. You can sit in the gazebo or on the benches out front, or the bench on the side of the building.

It’s nice to get out, see other people and talk to them. You don't have to gossip, just talk about the things to do here or about what you are going through. For

example, some of us are diabetic so we talk about what we can eat and not eat. We also talk about the crazy things we have done during the day and laugh. It is definitely not good to sit alone in your apartment and not get out. It can lead to depression, and that's not a good thing.

Happy Birthday to all our October residents and many more.

May God be with you and keep you safe with all we are going through with COVID-19.

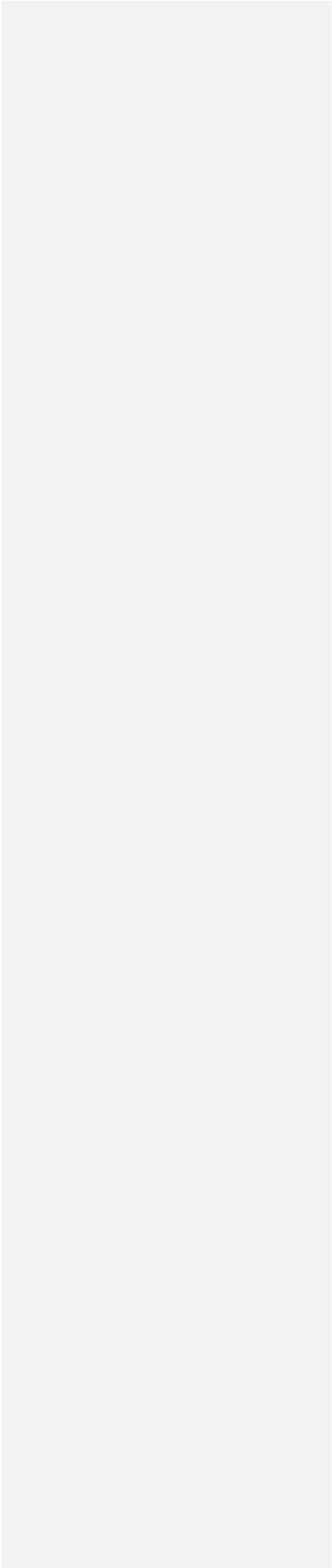
Have a good Halloween and try not to scare the pants off anyone.



GOD BLESS
MONA

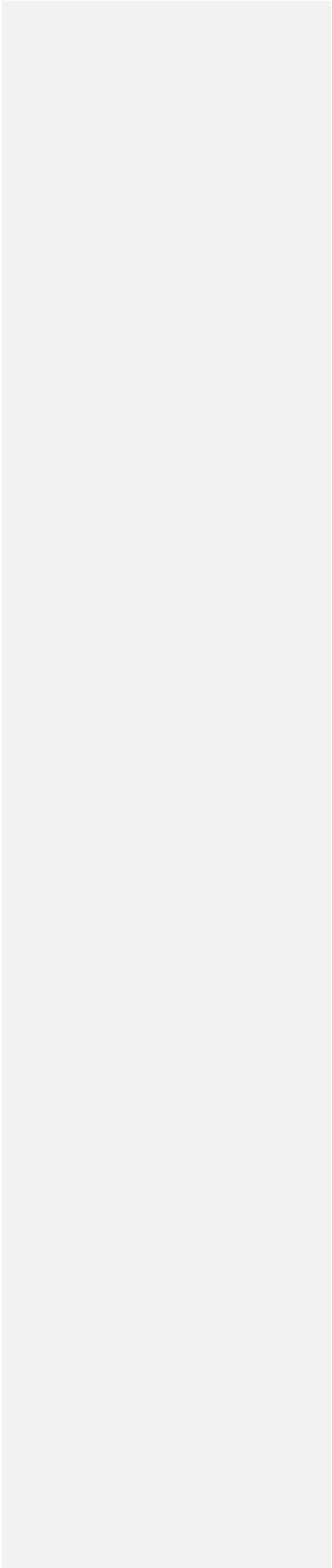


				1	2
				fried chicken mashed potatoes gravy succotash wheat bread/milk peaches	meatballs burgundy egg noodles chef's blend vegetables wheat bread/milk fruit cocktail
5		7			9
sloppy joe hamburger roll baked potato or wedges milk/wheat bread chef's blend vegetables strawberries	6	chef salad ham, turkey, cheese, tomato, dressing wheat bread/milk pineapple tidbits	8	roast pork mashed potatoes gravy, peas wheat bread/milk cake HAPPY BIRTHDAY	baked chicken sweet potatoes wheat bread/milk california blend vegetables mixed fruit
12	13	14	15		16
COLUMBUS DAY	spaghetti with meatsauce wheat bread/milk broccoli orange	baked chicken with BBQ sauce scalloped potatoes wheat bread/milk succotash rice pudding	taco chili salad lettuce, tomato, cheese, tortilla chips dressing, wheat bread,milk pineapple		chicken a la king egg noodles wheat bread/milk carrots applesauce
19	20	21	22		23
reduced sodium ham cabbage red potatoes wheat bread/milk applesauce	fried chicken macaroni and cheese wheat bread/milk collard greens pears	beef barley soup tuna salad hamburger roll / milk OJ cookies	baked chicken mashed sweet potatoes wheat bread/milk green beans pudding		salisbury steak mashed potatoes gravy/wheat bread/milk succotash orange
26	27	28	29		30
veal parmesan spaghetti with marinara sauce milk / italian bread chef's blend vegetables cookies	baked chicken cranberry glaze baked potato or wedges wheat bread/milk broccoli mandarin oranges	reduced sodium ham pineapple cherry glaze red potatoes wheat bread/milk bahama blend vegetables strawberries	homemade meatloaf mashed potatoes gravy wheat bread/milk succotash fruit cocktail		Williamsburg chicken egg noodles wheat bread/milk carrots rice pudding



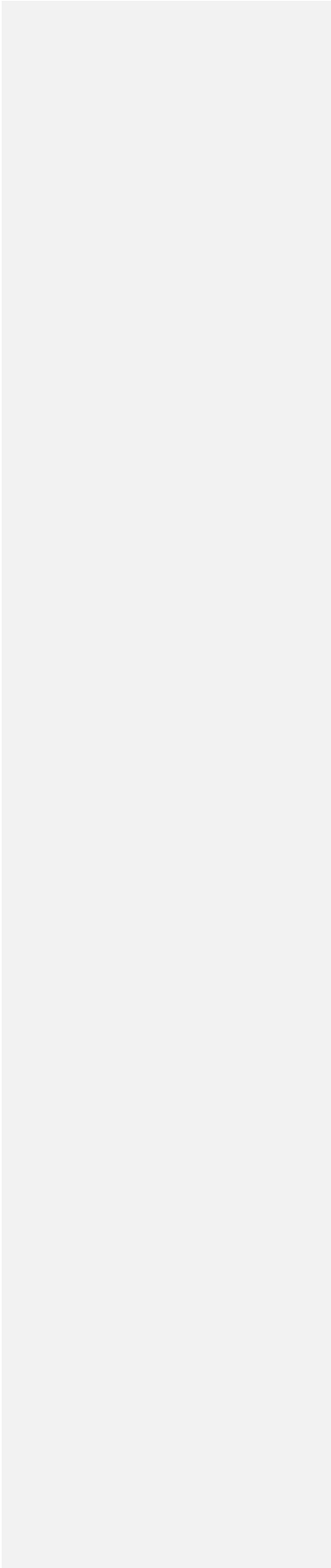
Luther Towers - October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
	6pm Church of Christ Outreach (I)A&C	3pm CHERUB GROUP (I)A	6pm Bingo (I)A)
11	12	13	14	15	16	17
	6pm Church of Christ Outreach (I)A&C		6pm Bingo (I)A			
18	19	20	21	22	23	24
	6pm Church of Christ Outreach (I)A&C	12:15pm FOOD BANK	6pm Bingo (I)A			
25	26	27	28	29	30	31
	6pm Church of Christ Outreach (I)A&C		6pm Bingo (I)A			



Luther Village - October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A 6:30pm Bingo (I)A	2	3
4 9am–1pm Church (III)A	5	6	7	8 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A 6:30pm Bingo (I)A	9	10
11 9am–1pm Church (III)A	12	13	14	15 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A 6:30pm Bingo (I)A	16	17
18 9am–1pm Church (III)A	19	20 11:30 FOOD BANK	21	22 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A 6:30pm Bingo (I)A	23	24
25 9am–1pm Church (III)A	26 1PM Arts and Crafts CLASS	27	28	29 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A 6:30pm Bingo (I)A	30	31



LUTHER TOWERS
BLUEBIRD SCHEDULE
RSVP TO LV SECURITY DESK
674-3780 EXT 212

WEDNESDAY:

Safeway, Target, Food Lion

BYLERS- SECOND WEDNESDAY OF THE MONTH-

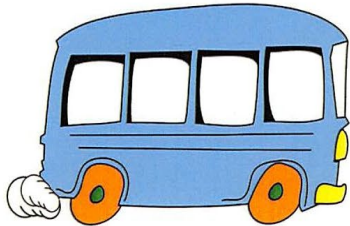
9am and 10am TRIP ONLY

(pharmacy stop as requested and driver able)

SATURDAY:

Weeks 1st, 3rd, 5th - CAMDEN WALMART

Weeks 2nd, 4th – CHESWOLD WALMART



***7 PASSENGERS PER TRIP ALLOWED (MAXIMUM)**

***SOCIAL DISTANCING AND FACE MASKS REQUIRED**

***SANITATION COMPLETED BY DRIVER AFTER EACH TRIP**

COME ON OUT AND RIDE!



Phone Extensions for Luther Towers and Luther Village

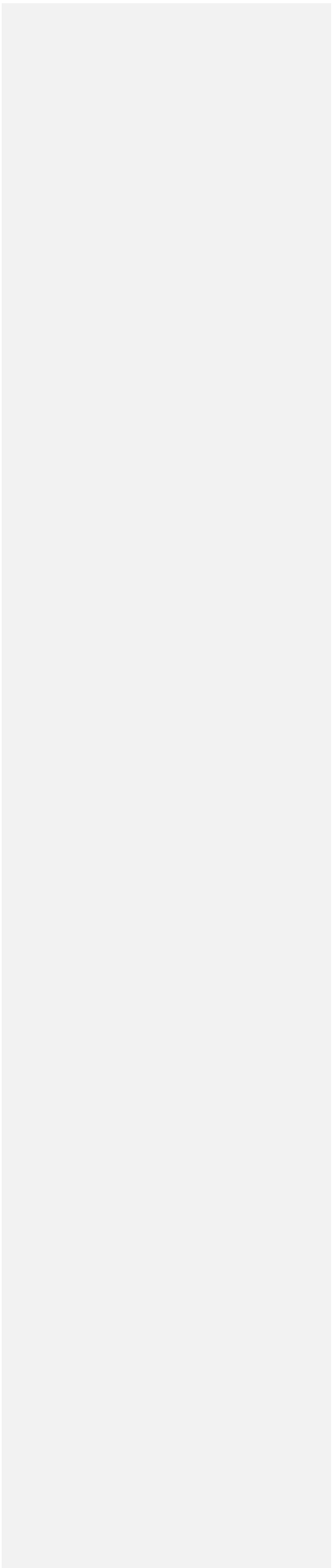
Luther Towers 674-1408

Director, Gary Coy	Ext. 112	
Deputy Director, Ken Richter	Ext 130	
Deputy Director, Human Resources	Ext 112	
Jeff Lewin		
Social Services, Tricia Robinson	Ext 131	(Tuesday, Thursday & Friday)
Admissions, Jessica Parsons	Ext 119	
Support Services, Kim Mendoza	Ext 113	
Accounting, Sharon Poisson	Ext 132	
Maintenance, Kelly Hauer	Ext 111	
Kitchen, Nicole Newton	Ext 128	
Beauty Shop, Karen Ambruso	Ext 129	(Wednesday, Thursday & Friday)
Front Desk	Ext 0	

Luther Village 674-3780

Social Services, Tricia Robinson	Ext 210	(Monday & Wednesday)
LV1 Desk	Ext 212	
Beauty Shop, Karen Ambruso	674-2712 (ext. 305)	(Tuesday)
Medical transportation	242-6187	

(This number is to be called when you are ready for pick up after your appointment.
Call 674-1408 Ext 0 to make, cancel, or confirm appointments)



LUTHER TOWERS (674-1408)

EXECUTIVE

DIRECTOR

Gary Coy

DEPUTY

DIRECTOR

Kenneth Richter

HUMAN RESOURCES

Jeff Lewin

INFORMATION TECHNOLOGY

Mark Lewin, Director

SOCIAL SERVICES

Tricia Robinson, Administrator

Pete Kirch, Transportation

Dan Raube, Transportation

Thomas Flowers, Transportation

SUPPORT SERVICES

Kim Mendoza, Director

Marcie Bunnell, Security Specialist

Kirk Harris, Security

Linda Cassidy, Security

Brandy Webb, Security

Becca Dill, Security

Courtland Pitts, Security

Gary Farmer, Security

Kari Ebert, Security

Jeff White, Security

Rachel Bakley, Security

Gabrielle Taylor, Security

Rob Coles, Security

Stephen Leora, Security

MAINTENANCE

Kelly Hauer, Director

John Pinder, Maint Tech

Brian Coker, Maint Tech

Lew Friday, Maint Tech

Rageena Collick, Custodian

Roger Kemp, Custodian

Johnny Boyd, Custodian

Donna Eacho, Custodian

ACCOUNTING

Sharon Poisson, Director

ADMISSIONS

Jessica Parsons, Director

NEWSLETTER

LT1 Reporter – VACANT

LT2 Reporter – VACANT

LT3 Reporter – David Masterman

LT4 Reporter – VACANT

LV1 Reporter – Sam Shaver

LV2 Reporter – Mona Cole

LV3 Reporter - VACANT

BEAUTY SHOP

(LT1) Wed, Thur, Fri 674-1408, Ext 129

(LV3) Tues 674-2712, Ext 305

LUTHER VILLAGE (674-3780)

LV 1 REPRESENTATIVE

(VACANT)

LV 2 REPRESENTATIVE

Mona Cole

LV 3 REPRESENTATIVE

(VACANT)

LIBRARIAN

LVI – Joan Jones

LV2 – Vacant

GAMES

Arlene Baldwin

Jane Hastings - Dominoes/Pokeno