

# Luther Towers / Luther Village

## October 2019

### EXECUTIVE DIRECTOR COMMENTS....

All residents who receive a federal subsidy are reminded that they are required to notify the staff of changes household members, employment status and any changes in monthly income of greater than \$200.00 so the subsidy can be adjusted to prevent overpayment. Changes of income may result from the death of a spouse or former spouse where the survivor may get the greater of the entitlement, getting a paying job or through inheritance of money that is paid over time. Subsidized rents are paid based on the income of the resident so if there is an increase of income that is not reported the overpayment will result. Over the past year we have seen an increase in failure to report changes which causes the resident to incur a large debt that will need to be repaid. If we determine the failure was intentional, then the resident may lose the subsidy or have their eligibility terminated. The failure to report could result in the residents owing thousands of dollars that will need to be repaid over time. HUD requires us to pursue repayment including court action. As you are aware most landlords do background checks so if you have a record of failure to pay you may be denied admission. The most common

reason for my rejection of an application is failure to pay rent on time and a poor landlord reference. Once landlord tenant or debt action is in the civil court system it is public information and can be viewed by anyone with a computer. The web site address is

<https://courtconnect.courts.delaware.gov/public>.

I regularly walk around the grounds to check on landscape work, litter and safety. I find litter continues to accumulate even though we regularly pickup. One of the most common items that we find are cigarette butts, usually near the smoking areas, but also in the mulch areas around the buildings and in flower beds. Have you ever wondered where the butts go when they are thrown out of the car window or merely cast aside on the ground or dumped in a parking lot? If they are deposited on a hard surface that is designed to direct water to the storm water system it will end up in streams, rivers and our lakes. The storm water drains into the retention pond at Luther Village and the water around the Luther Towers buildings drain into Silver Lake. It takes approximately 2 years for a cigarette butt to degrade 38 percent and up to five years to totally degrade. The toxic chemicals affect wild

life and also animals that live in an around the water. So if you are a smoker, think about the environmental impact if you fail to properly dispose of the butt

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## STAFF SPOTLIGHT

We celebrate many holidays throughout the year, President's and other historical figure's birthdays, our Veterans, special religious days of multiple denominations, and we recognize many days used to reflect upon historical events.

I am going to take this opportunity to celebrate our staff at Luther Towers/Village. They are a great group of people engaged in meaningful work and making a positive difference in the lives of all who live on our campuses. I say quite frequently that our mission is so much more complex than that of the apartment complex around the corner. What makes our staff so special is that everyone works together as one team...one team to provide our residents with the best living accommodations reasonably possible.

Our security folks respond to the needs of our residents every hour of every day; you can see them comforting a resident in distress, responding to a medical or fire alarm, checking the status of all of our residents, monitoring visitors in and out of our facilities, resetting breakers, plunging toilets, and many times simply offering a listening ear.

Our maintenance staff is elite led by a motivated, skilled, and visionary leader. Replacing air conditioning units, painting

an apartment, unclogging drains, repairing windows, building mailboxes, doing preventative maintenance on appliances, inspecting apartments to ensure residents are safe, general cleaning throughout our facilities, setting up for resident driven functions, and again a kind word and/or a listening ear for the people that live on our properties, this is our maintenance staff committed to providing residents with a safe and secure place to live.

Our Director of Support Services is everything to everyone. Whether she is completing annual recertifications, managing picnics, counseling with a resident, consulting with staff, or completing a puzzle with residents, she is always available—she will stop what she is doing to accommodate a request from a resident. The epitome of a good listener and a great question asker, residents from all of our properties stop by to get a dose of her. Visible, accessible, and approachable, her advice is sought by many and it is usually spot on. She is the queen of common sense and wisdom.

The Director of Admissions is another who will go out of her way to help. Meeting with prospective residents, our principal liaison with the Delaware State Housing Authority and the Department of Housing and Urban Development for rent subsidies, working with residents in financial distress, ensuring that we comply with all the rules and regulations, and always finding time to visit a resident's apartment to explain something, our Director of Admissions is compassionate, always accessible, and involved in all aspects of property management. If a resident needs help, she is ready, willing, and able. If there is



something we can do to make our facilities more warm and accommodating, she is on it making solid recommendations frequently implemented.

The Chief Accountant is so good! She is another plate spinner managing payroll, monitoring the budget, one stop shopping for accounts payable and accounts receivable, our expert in applying accounting principles to the management of all of our projects, ensuring that rent is paid timely and sufficiently, and making sure we are solvent throughout the year, so we continue our top level financial standing. She oversees our annual audit and believe me, the fact that our auditors make no findings is a major triumph.

Our Director of Social Services keeps our residents informed, engaged, and assisted when necessary. Movie Night, Field Trips, daily activities, informational briefings, bringing agencies to the residents, and advocating for our residents with governmental agencies, she is a bundle of energy fueled by her compassion for others. She facilitates interventions with state and federal agencies on behalf of our residents, manages the food bank program, and always has a line of residents outside her door seeking her guidance. Caring, compassion and concern best describe our Social Services Director.

There you have it, a staff with a calling...a calling to serve others. Led by Mr. Coy and Mr. Richter, these folks are such a delight. They are special people who carry out the special mission of Luther Towers/Village...providing housing to our ageing population. It's not

just bricks and mortar for all of them...it's all about you, our residents.

Take a moment to reach out and thank these folks for what they do every day of every week of every month of every year—the smile they wear every day will get even bigger.

*Jeff Lewin,*  
Deputy Director

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## ***THE BULLY BLOG***



I recently read an article stating “Bulldog owners love their dogs more than other humans”. Some of the interesting comments were, “they love them so much they treat them like kids” and “prefer to spend time with their dog over friends and family members”. The study published showed dogs make facial movements when their owner is talking with them, or when they are trying to get their attention. These expressions were not predicated on being given treats either. They just want their owner’s attention. It also commented that this study did not surprise animal trainers, why you ask?? It stated “Because dogs give us unconditional love, and many times people build stronger bonds with their Bulldog than other humans.”

I personally don't believe this pertains to just Bulldogs, but all dogs. Our dogs don't care if we are having a bad day, if we haven't taken a shower, or if we have treated them badly. They are so quick to forgive and ready to be your BEST friend.



I think we, as humans, could learn a lot from dogs. We could try treat everyone with compassion, and show respect as a fellow human even if they aren't one of our favorite people. It really doesn't hurt, try it sometime. And what if this person doesn't treat you the same? Be the BIGGER dog and just walk away. Too many times we feel offended and think we have to get in the last word. TRUST ME – YOU DON'T!



*In His Spirit, Kim*

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**“TALK WITH TRICIA”**



Hello Everyone ☺

**OCTOBER IS MEDICARE OPEN ENROLLMENT. OCTOBER 15-DEC 7.** If you are NOT pleased with your prescription plan give me a call so we can set up an appt. If you are pleased you do not need to do anything.

For those enrolled in **DELAWARE PRESCRIPTION ASSISTANCE PROGRAM** please check your mail for yearly renewal documents and call me to set up an appt. Please gather your social security benefit statements to have when we meet.

FYI – If you need to go to the Social Security Office they have moved. Their new location is at the Blue Hen Mall.

**A FEW CHANGES TO MOVIE NIGHT:**

**OCTOBER MOVIE: MADEA DIARY OF A MAD BLACK WOMAN**

**SIGN UP ON BULLETIN BOARD**

**MOVIE STARTS AT 6PM**

**RESIDENTS ONLY- no kids or family members**

The ambulance company that frequently cares for our residents is now called St. Francis Emergency Medical, they replaced what we have all come to know as Primecare. Paramedics for St. Francis would like to do a **PARAMEDIC OUTREACH** at LUTHER VILLAGE IN OCTOBER.

The outreach at Luther Towers in September went very well!



The paramedics will set up a table on the following days. We are asking for each resident to stop at the table and register with them.

LV BUILDING 1- MONDAY,  
OCTOBER 7 – 1pm-3pm

LV BUILDING 3- MONDAY,  
OCTOBER 14 – 1pm -4pm (FOR  
BLDG 2 AND 3)

We will be hosting a **FIFER FARM FRIDAY** at LT/LV in October. Luther Village will be Friday, October 11. Luther Towers will be Friday, October 25. We will start trips at 9am and if there is great participation we will continue to run a few hours.

There are several residents currently enrolled in Amerihealth Long Term Care Home and Community Based Services. If you receive services from an aide on a daily basis you may have Amerihealth or Highmark. *If you have Amerihealth they are hosting an event for THEIR MEMBERS ONLY on OCTOBER 22. LT WILL BE AT 11A.M. AND LV WILL BE 1:15PM.*

Bankers Life Insurance will be hosting an event Medicare 101- Understanding Medicare Basics. This is an informational seminar ONLY. Please do not sign up for any services or plans during this event. They will offer a snack during the seminar October 16. LT- 11am and LV- 1p.m.

### **DUPLICATE REMINDER:**

**Lighthouse 2, LLC-** DOCTOR APPTS AND SHOPPING

PHONE NUMBER 302-632-7033

**M&T Reliable Transportation –**  
DOCTOR APPTS AND SHOPPING

PHONE NUMBER 302-660-9734

WHEELCHAIR ACCESSIBILITY  
AVAILABLE

**Harvest Years Senior Center-**  
DOCTOR APPTS AND SHOPPING  
PHONE NUMBER 302-698-4285

Thank you, Tricia



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### **Notes from the Desks**

The security personnel's primary duty is safety and security of the residents. The positions duties are not just sitting in front of a computer watching cameras but also reporting to appropriate authorities when there are medical emergencies and problems with safety due to actions of any resident or guests. Beyond these primary tasks, security staff answers questions, coordinates with maintenance personnel and a plethora of other duties. We are limited due to our mission and do not provide other assistance that an assisted living facility or nursing home would provide. We are not staffed or funded to provide those types of services.

We recently had an uptick in requests to adjust the temperature on the PTAC's, requests for personal supplies, wake up calls, weather updates and gathering information from the internet. We do not fix oxygen tanks, reset remote controls, or fix cell phones. These requests will not be able to be fulfilled. If you call the desk or stop by you will be reminded that we

cannot provide these services for all, so we cannot provide them for some.

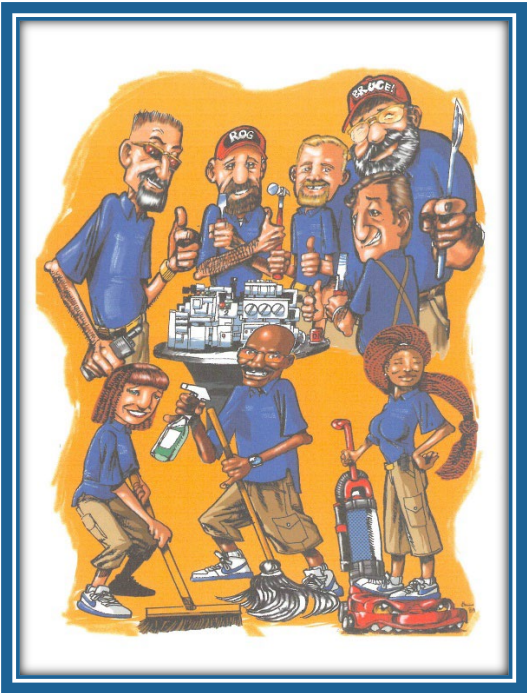
Security personnel are also not authorized to discuss any information about any resident and any requests should be directed to that person’s family.

Mr. Coy has directed the security staff to focus on the primary tasks and directed us to refer other issues to the other appropriate staff members.

There are times that you should call security immediately. If you see a fire or other emergency, please call 911 immediately! Do not leave a message on LT’s desk phone. Recently Security was busy, returned to the desk minutes later, and found an anonymous voicemail on the desk phone reporting a fire – this delayed firefighters responding as it was unclear exactly where the fire was that the caller was referring to. After you contact 911, then give a call to security to notify us of the problem and actions taken. Thank you for your compliance.

***Marcie B.*** Security Specialist

MAINTENANCE NEWS



Kelly’s Reminders: Fall is here and the days will start to get cooler. When you switch your heat pump from cool to heat, open a window until the heat smell goes away. If you don’t do this you will take a chance of setting your smoke alarm off.



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**Pest Control - Luther Towers Apartments**

- Oct 23<sup>rd</sup> –4301 - 4316

**Pest Control - Luther Village Apartments**

- Oct 2 – LV3 (2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> floors)
- Oct 9 – LV2 (entire bldg.) LV3 1<sup>st</sup> floor
- Oct 16<sup>th</sup> – LV1 (2<sup>nd</sup> & 3<sup>rd</sup> floors)
- Oct 23<sup>rd</sup> – LV1 (1<sup>st</sup> floor)

***Thought for the month***

***Today will never come again***

***Be a blessing***

***Be a friend***

***Encourage someone***

***Take time to care***

***Let your words heal***

***And not wound.***

Kelly





NEWCOMERS

Dorothy Diego	LT1 106
Mary Newnom	LT1 210
Betty Marianelli	LT1 402
Margaret Prarie	LT2 C10
George Medunick	LV3 3206

*Holiday is 14 October, Monday - Columbus Day*

Medical driver will call the afternoon before your appointment. If you do not receive a call by 6:00 p.m., please contact LT1’s front desk to confirm your appointment.

When you call to make an appointment for transportation, do not leave voicemail messages with the information. Call back and talk to whoever is on-duty personally. This will eliminate possible confusion. Please remember this is a first-come first-serve service.



LUTHER TOWERS ACTIVITIES



MEDICAL TRANSPORTATION

SCHEDULE YOUR MEDICAL APPTS FOR MONDAYS, TUESDAYS, AND THURSDAYS BY CALLING LTI’s FRONT DESK – 674-1408 (EXT 0). Please have your appointment information available and turn your TV or radio volume down before calling.

**Bingo** – LT1 Bingo Wednesdays and Fridays – 5:30 p.m. in LT1 Activity Room. Fridays - 6:00 p.m. in LT2 Parlor, Mondays and Thursdays – 5:45 p.m. in LT4 Parlor, and Thursdays – 5:30 p.m. in LT3 Parlor.

**Cherub Group** – *8 October* at 3:00 p.m. in LT1 Conference Room. For residents who have knitted or crocheted baby blankets for newborn babies at Bayhealth.

**Crochet Club** – Monday's 1:00 – 3:00 pm, LT1 conference room

**Dominoes** – On the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays 7 p.m. in LT1 Activity Room and LT4 on Saturdays at 5:30.

**Food Box pick-up** – *15 October*, 12:15 – 1:00 p.m. Boxes will be distributed outside in front of each building. For questions, contact Tricia Robinson.

**Movie Night** – LT 1 – 6:30 p.m. – RSVP to Tricia “Diary of a Mad Black Woman” Tyler Perry movie.

## **Religious Services**

LT1 – Activity Room

**Church Service** - Sundays - 11:30 a.m.- 1:00 p.m.

**Holy Cross Communion** – Sundays at 10:30 in LT1 Activity Room.

**Prayer groups** – Wednesdays at 7-9 p.m. in LT1 Conference Room.

**Bible Studies** – Tuesdays at 6:30 – 8:30 p.m. in LT1 Activity & Conference Room.

**Dover Church of Christ Outreach** – Mondays at 6:00 p.m. in LT1 Activity Room.

**MASS** – *Unknown at this time*

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## **Ladies...What Are You Looking For?**

Ladies...do you feel as though something might be missing from your life? Maybe you would like to be part of a group of Christian women that meet every month right here at Luther Towers. We are the United Methodist Women, although you DO NOT need to be a United Methodist to join us. Our "purpose" is to know God better, to develop fellowship with one

another and to support the mission of United Methodist Women in their aid for programs for women, youth and children.

United Methodist Women is 150 years old this year with 800,000 members worldwide. Our group here at Luther Towers is a part - or Circle - of Wesley United Methodist Women here in Dover. The Rosemary Circle meets the second Wednesday of the month at 1PM in the Conference Room on the first floor. Members currently include Dot Harrison, Cindy Goodman, Frances Johnson (Leader) and more.

Won't you join us? We would love to include you in our discussions, study and chances to reach out to our local community and worldwide community. If you have questions, please contact President Barbara Rafte at 302.632.6308 or [b.rafte@gmail.com](mailto:b.rafte@gmail.com). Or just show up! *We would love to see you.*

Barbara Rafte

President, Wesley United Methodist Women

302.632.6308 (cell)

[b.rafte@gmail.com](mailto:b.rafte@gmail.com)

"I will walk by faith even when I cannot see" *2 Corinthians 5:7*

**Senior Yoga** – Tuesdays 5:00 pm LT1 Activity Room

**Stamps** - *2 October* at 12:00 -12:45 p.m. in LT1 Library.



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## LUTHER VILLAGE ACTIVITIES



**Bingo** – Thursdays at 6:30 p.m. in LV1 Activity Room.

**Ceramics** – Thursdays 12 - 3 p.m. in LV3 Arts & Crafts Room.

**Dominoes** – Mondays at 5:30 p.m. in LV1 Activity Room.

**Exercise (YMCA)!!!!** – Thursdays at 1:15 - 2:00 p.m. in LV3 Activity Room. Chair yoga and exercises.

**Food box pick-up** – **15 October**, 11:30 – 12:00. Boxes will be distributed in LV2 Activity Room. Questions, contact Tricia Robinson.

**Games** – Fridays & Saturdays, 6:00 p.m., LV1 Activity Room.

**Glass Painting** – **28 October** at 1 p.m. in LV3 Arts & Crafts Room.

**Knit & Stitch** – **8 October** at 1:00 – 3:00 p.m. in LV2 Activity Room.

**Movie Night** – **17 October**, 6:30 p.m. LV3 activity room. RSVP to Tricia. “Diary of a Mad Black Woman” Tyler Perry movie.

**Pokeno** – Wednesdays at 6 p.m. in LV1 Activity Room.

**Religious Services** –

*In LV1 – Activity Room:*

**Bible Study** – Thursdays at 10 a.m.

**Prayer** – **1 October** at 9:30 a.m.

**Holy Communion** – Mondays at 9:30 a.m.

*In LV3 Activity Room:*

**Church Service** – Sundays at 11 a.m. - 1 p.m.

**Senior Companion Worker Meeting** – **29 & 30 October** in LV3 Activity Room.

**Senior Yoga** – Tuesdays at 6:30 pm in LV3 Activity Room.

**Sign Language Class** – Fridays at 6:00 pm in LV3 Activity Room.

**Stamps** – **1 October** from 1:00-1:45 p.m. in LV1 Activity Room.

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## INFORMATION FOR BOTH CAMPUSES

**Rent will be pulled on 4 October.** Some months your rent may not come out of your account on the 4<sup>th</sup>, due to holidays, weekends, etc. **Please**



**check with your bank to verify the rent has been deducted** before

pulling your money out assuming the rent was already paid. This will save you from Non-Sufficient Funds problems.

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## TOWERS 1 – NEWS!



I wanted to say thanks to everyone involved in the “End of Summer Bash” held on August 30<sup>th</sup>. Was great to see the office staff and maintenance crew working together to serve the residents. Others have mentioned how nice everything went, and wanted to say “thanks”. The event was well organized. The food was great, with music in the background. And the fellowship was enjoyed by all. Great job!

A couple of years ago, sometime after we moved in here, a resident gave me a houseplant, a healthy sprout of a heart-shaped, green leafed trailing vine (Philodendron). It took root and grew quickly. I started another container, and soon had two very nice plants. We took one to our grandson’s housewarming gathering earlier this year. Then we started another one, sitting on two separate tables, both vines began to grow downward. Before long I noticed that they had connected and began to intertwine with each other so that it looks like one vine trailing down to the floor.

This made me think of a scripture: Ecclesiastes 4:12 which reads, “A cord of three strands is not quickly broken.” I’ve used this scripture in some marriage ceremonies, to join a couple along with

God. To bind them together with God, the third strand. As I look at my two plants, I see the third strand as nature bringing them together.

Sometimes two people may stay in the same “Pot” for many years, yet grow apart and experience fewer of the benefits God wants them to enjoy. When their lives are woven together with God, However, there is a greater sense of stability and closeness. Their relationship will grow stronger. There is one of these plants by the first floor elevators. When I look at it, I think of the numerous leaves on the vine, and it makes me think of the many residents living in our buildings. Like houseplants, marriages and friendships require some nurturing. Relationships are strengthened by God, the third strand. He’s our endless supply of love and grace – the things we need most to stay happily united with each other.

Bloom where you are planted! Have a great month!

Clyde Moyer

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## TOWERS 3

### WHO/WHAT AM I?

**Last month’s answer:** James Dean

**Who/What am I?** I have a famous son, Michael, and starred in the movie Detective Story in 1951, and many others. Who am I?

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When I was inducted into the Army, I was sent back to the induction center in



Buffalo, New York for my physical and to be sworn in. While there I visited a priest in the orphanage where I was raised in the first part of my life. The priest was happy to see me and brought out the Old Irish whiskey and two shot glasses. After a shot or two (actually 7 or 8) he decided to tell me about his first Mass. He said, “I was very nervous and asked an older priest for advice. He told me to have a drink before the Mass.” Well, ok when the Mass was over I asked the father, “How did I do?” “Well son, you did ok except Mass is said in Latin, and David slew Goliath, He didn’t knock the big S.O.B. on his \_\_\_\_, beat the crap out of him and cut off his head with his own sword and threw it in the trash.” “And lastly, I said have a small glass of wine,” where as he pulled out an empty bottle of 30 year old Irish whiskey and held it upside d own. “Not a whole bottle of my 30 year old whiskey from the old country.” With that he just turned and grunted and walked away.

## TOWERS 2, 4 AND VILLAGE 3



*(No reporters, if interested please contact Kim or Tricia)*

## VILLAGE 1 – NEWS!



I want to thank Mr. Coy, his staff and helpers for all their work in making the “Summer Bash” an exceptional get-together for Luther Towers/Luther Village residents at Towers on August 30<sup>th</sup>. In short, it was a smash!!! It was a splendid day... The weather was great; there was lots of delicious food, and there was camaraderie all around. Many residents (as I did) sat outside and ate while enjoying the atmosphere and conversing—especially about what a nice event this was, and maybe next summer we will have another “Summer Bash.” Hope so!

Coffee Klatch on September 10<sup>th</sup> was great, too. Just like the “Summer Bash”, all was good. There were five *no-shows*; however, several *not signed up* residents came and joined the camaraderie. Along with all the donut/bagels, Betty S. donated her home-made blueberry and banana nut muffins. Everyone enjoyed conversing with each other while enjoying the coffee, donuts/bagels, and muffins. On a personal note, I want to thank Margaret E. and Dot W. for all their help with this coffee klatch gathering...so appreciated.

A reminder: when you sign up for the Glass Painting Class, materials are purchased accordingly to those signed up. Do not sign up if you are not sure you will be attending and please remove your name from the signup sheet if you find you cannot attend.

Always check out your building's bulletin boards for upcoming events, such as the Fifer's trip on the 11<sup>th</sup> (must sign up) and Movie Night (must sign up).

This has been stated several times, however, we still find individuals not complying, so thought it should be mentioned again: LV's Laundry Rooms are for LV residents only. Additionally, residents are only to use the machines in their respective (own) building. Please know if a resident from another building is discovered using laundry rooms outside of their assigned building, security will be notified.

Speaking of laundry facilities, please do not use powdered soap in the washing machines, as the machines are designed to work with liquid detergent, not soap powder. Soap powder won't rinse away, and the soap's residue will stick to clothes and may eventually stop up the washer.

*For our Spanish residents:* El cuarto de lavado de LV1 es solo para residentes de LV1. Cualquier residente de otro edificio que se encuentre usando la lavandería de LV1 será reportado a la seguridad. No use jabón en polvo en las lavadoras de la sala de lavandería, están diseñados solo para detergente líquido.

Pray for all our ill and hospitalized residents at Luther Village. Also, a special prayer to get well goes out to Luther Tower's long-time resident, Miss Sadie G.

Please pray for peace throughout our USA and the world.

Thought for the day: *Be strong enough to stand alone, smart enough to know when you need help and brave enough to ask for it.*

### Chicken Cordon Bleu Crescent Rolls

Just a handful of ingredients and takes about 20minutes

#### Ingredients:

1 can Pillsbury Crescent Rolls

8 slices Swiss Cheese

8 slices deli ham

2 chicken breasts, cooked & thinly sliced

1 tsp. Italian seasoning

Optional: 2 tsp. honey & 2 tbsp Dijon mustard

#### Instructions:

Preheat oven to 375°F

Spray a pie pan or 9-inch baking dish with cooking spray – set aside

Remove crescent rolls from and lay out in a long rectangle. Pinch the seams together well

Sprinkle with Italian seasoning

Layer first Swiss cheese, then ham and finally the chicken breast on top



Roll up like a cinnamon roll and cut into 8-10 rolls

Place in pie pan/9-inch baking dish and bake for 18-20 minutes or until golden brown

Optional: mix honey and Dijon mustard and serve with rolls

Dear Lord,

Help me to leave behind

frustration, fatigue, bitterness,  
anger and sadness.

Let me hear Your voice and accept  
Your guidance.

Move me--mind, body and soul  
to a good place.

One where I feel your love and support.

One where I am inspired to  
gracious living.

This is my day Lord, thank You for it.

Amen



**SAM**

## VILLAGE 2 – NEWS!



Well, here it is October again! Soon it will be time, for the harvest. Gathering of the corn and pumpkins. Cutting the corn stalks for Halloween decorations, etc. I love to see all the beautiful leaves change color; I also love the fall's cooler weather and walking around outside for exercise, with a light breeze blowing.

Things in the Villages are good, except for the few who like to gossip. I wish it wasn't this way, but I guess there always will be those who love to gossip.

There are movies being run in Building 3; it is free, and anyone can go. But they must sign up with our Social Director.

Luther Villages' Coffee Klatch is on October 8<sup>th</sup>; please come and visit with the other residents. We always have a good time together, enjoying our coffee/tea and donuts/bagels.

There are always classes and things going on in these buildings, so please check your bulletin board, because new things are occasionally added.

If you find yourself in need of food items and such, before asking your neighbors you, contact the Social Services Director and see if there are programs you might qualify for.

Please pray for those who are not well, in

the hospital or rehabilitation. We have residents in Building 2 who are not well and need prayers, too.



Please remember to keep your body healthy by walking for each day. Sitting all day stiffens up your muscles and weakens them. Walking is good exercise for your muscles.

Once again--you must do your laundry in your own building, unless your building's laundry facilities are not working. If this is the case, Tricia or Security will give you an okay to use another laundry facility...No exceptions! You will be reported to security if you are using another building's laundry room.

There is a trip to Fifers Farms on October 11<sup>th</sup> starting at 9 am. You must sign up if you wish to participate.

There are Yoga classes offered in Building 3 on Tuesdays at 6:30 pm. No need to sign up.

Some residents are putting their household trash in our activity room trash can. Please stop doing this as it makes the room smell bad. Take your trash to our trash disposal room on the second floor.

Do not play musical instruments late at night, especially at 1:00 AM in the morning in our parlor. It wakens our residents; some can't go back to sleep and

have complained. Thank you.

Please do not use soap powder in the washers. It clogs them up. Our washing machines are for liquid detergent only.

HAPPY OCTOBER!! MONA

Mona

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## END OF SUMMER BASH

I would like to thank Luther Towers for our “End of Summer Bash”, what a great time we had, the food was wonderful and getting together was fun.

Most of all I want to thank our staff for serving us, catering to us, and most of all, cleaning up after us. We are blessed to have such a wonderful place to live and a great staff that takes care of us.

Claudine Marcum

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Folks, you have read several of my comments about how well run this joint (LTLV) is. The fact is that it operates so well because the entire staff was chosen, trained and guided by Gary Coy, and his trusty “sidekick”, Ken Richter. By the way, Mr. Richter is much more than a “Sidekick”. He has been here since day one, and gives this place a special flavor. Mr. Coy is one of those people who could have chosen to do pretty much anything after he left the Air Force. He chose to come here, and from our perspective that was a great decision. So, I whipped up the humorous “Court Document” just to express our appreciation.

The Court of Chancery of the State of Delaware In and For Kent County

Residents of Luther Towers and Luther Village

INJUNCTION

Vs

Gary Coy

On this 12<sup>th</sup> day of September 2019, the Court makes the following findings of fact and issues the Order (Injunction) below:

Three weeks ago, this Court did receive a remarkably unusual filing – Petition for Injunction - seeking an Injunction against the Executive Director of Luther Towers and Luther Village (hereinafter LTLV), Mr. Gary Coy.

1. ALL of the residents of Luther Towers and Luther Village [ every single one of them] did sign the Petition swearing that the following facts are true and correct.
  - a. Gray Coy is the Executive Director of LTLV, has been for the duration of their residency, and has done an indescribably excellent job in every way.
  - b. Petitioners have heard that Gary Coy is considering retiring and may soon leave LTLV,
  - c. Petitioners assert that the popular term “nobody is irreplaceable” is not entirely true, and has some exceptions,
  - d. Gary Coy is such an exception!
  - e. Nobody other than Gary Coy can bring to the position of Executive Director the combination of caring, management skills, common sense, attention to detail, and the other attributes so essential to making LTLV the success that it is,

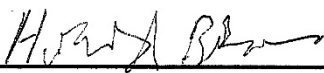
f. Unanimously, in light of these extraordinary circumstances, we ask this Court to Order that Gary Coy not leave LTLV,

THEREFORE, in light of the most compelling assertions put forth by the residents, and verified by this Court,

It is ORDERED that:

Gary Coy is not permitted to retire and leave LTLV for a period of at least an additional five years (he still is relatively young, after all!).

So Ordered, this 12<sup>th</sup> day of September 2019

  
Chancellor

# MOVIE NIGHT

MADEA: DIARY OF A MAD BLACK WOMAN

STARRING: TYLER PERRY

THURSDAY, OCTOBER 10

6:00PM



LT I (A)



SIGN UP ON BULLETIN BOARD IN YOUR BLDG

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# MOVIE NIGHT

MADEA: DIARY OF A MAD BLACK WOMAN

STARRING: TYLER PERRY

THURSDAY, OCTOBER 17

6:00PM



LV III (A)



SIGN UP ON BULLETIN BOARD IN YOUR BLDG



# HALLOWEEN

## Word Scramble

knumpip

eaolewhnl

dirpse

ktcir

mearpvi

opykos

retta

chwti

uhdanet

oteucms

sothg

ayncd

oknltese

emntros

acysr



# HAPPY HALLOWEEN



T	X	G	Y	N	D	J	S	W	H	E	Z	Z	T	B
Z	E	F	O	O	O	B	K	S	I	Y	R	I	A	F
I	Q	I	C	B	U	T	U	K	P	T	Y	X	C	O
Q	K	T	B	N	L	P	E	I	P	F	C	F	F	J
Z	O	P	N	M	E	I	M	L	I	T	L	H	K	K
R	Z	Y	A	R	O	E	N	X	E	M	U	M	M	Y
J	O	V	H	M	J	Z	M	Q	M	K	D	E	E	Z
Q	E	E	B	E	L	B	M	U	B	I	S	T	S	H
O	R	V	A	M	P	I	R	E	A	O	S	A	S	V
O	T	H	G	I	N	K	D	M	Y	O	V	R	E	B
L	Y	S	K	U	J	U	R	K	H	N	N	I	C	I
M	I	R	C	R	M	E	T	G	L	U	V	P	N	L
W	P	V	G	E	M	D	R	N	U	R	C	R	I	H
Q	M	W	E	W	R	H	Y	O	B	S	Y	C	R	C
V	W	O	Z	D	G	H	I	U	Y	E	F	Y	P	Z



BUMBLEBEE  
DEVIL  
GHOST  
KNIGHT  
NURSE  
SKELETON  
WITCH

BUNNY  
DOCTOR  
GOBLIN  
MERMAID  
PIRATE  
SUPERHERO  
ZOMBIE

CAT  
FAIRY  
HIPPIE  
MUMMY  
PRINCESS  
VAMPIRE





Menu for October 2019

	1	2	3	4
	meatloaf mashed potatoes gravy succotash fruit cocktail	baked chicken garlic roasted potatoes broccoli pears	liver and onions mashed potatoes gravy green beans bread pudding	baked chicken gravy white rice peas chocolate mousse
7	8	9	10	11
veal parmesan spaghetti with marinara sauce italian bread broccoli apple	fried chicken mashed sweet potatoes greens rice pudding	navy bean soup chicken salad hamburger roll orange juice cookies	roast pork with mashed potatoes gravy sauerkraut cake  HAPPY BIRTHDAY	DE baked chicken potatoes with onions and peppers harvard beets fruit cocktail
14	15	16	17	18
HOLIDAY	chicken and dumplings biscuit peas orange juice apple	spaghetti with meatsauce chef's blend vegetables wheat bread orange juice fruit cocktail	baked chicken cranberry glaze red potatoes broccoli rice pudding	BBQ pulled pork hamburger roll baked potato greens cookies
21	22	23	24	25
baked ziti with meatsauce broccoli wheat bread mandarin oranges	baked chicken mashed potatoes gravy green beans and red peppers peaches	creamy cauliflower soup chicken salad hamburger roll cran apple juice pears	reduced sodium ham pineapple glaze red potatoes chef's blend vegetables applesauce	fried chicken macaroni and cheese mixed greens pudding
28	29	30	31	1
chicken a la king egg noodles wheat bread carrots applesauce	homemade meatloaf mashed potatoes gravy succotash fruit cocktail	baked chicken white rice gravy peas chocolate mousse	liver and onions mashed potatoes gravy green beans bread pudding	baked chicken garlic roasted potatoes parmesan broccoli pears

# Luther Towers - October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 1-5 Library reserved 1 - 2:30 AARP (IV) <b>12-1245 STAMPS FOR SALE (I)LIBRARY</b> <b>5pm YOGA (I) Exercise Room</b> 6:30 – 8:30pm Women’s Bible Study (I)A&C	<b>2</b> <b>9am Food Stamp Rep (I)A</b>  530pm Bingo (I)A 7pm–9pm Prayer Mtg (I)C	<b>3</b> 1pm British Wives (I)A  5:45pm Bingo (IV) 7pm Dominoes (I)A 6pm Bingo (III)A	<b>4</b>   530pm Bingo I (A) 6pm Bingo (II)A	<b>5</b> 9am–9am RSVD Smith (I)A  5:30pm Dominoes (IV)
<b>6</b> 10:30 Communion (I)A 11:30 Youth Svc (I)A	<b>7</b> <b>11am-Private reservation (I)A</b> <b>1pm-3pm Crochet Club (I)C</b> 1-4 Library Reserved 6pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	<b>8</b> 1-5 Library RSVD 3pm Cherub Grp (I)C <b>5pm YOGA (I) Exercise Room</b> 6:30pm – 8:30pm Women’s Bible Study (I)A&C	<b>9</b> 1pm-4pm Methodist Women (I)C  530pm Bingo (I)A 7pm-9pm Prayer Mtg (I)C	<b>10</b> <b>6PM MOVIE NIGHT RSVP TO TRICIA (I)A</b> <b>MADEA DIARY OF A MAD BLACK WOMAN</b> 5:45pm Bingo (IV) 6pm Bingo (III)A	<b>11</b>   530pm Bingo I (A) 6pm Bingo (II)A	<b>12</b> <b>9am-9pm Vansant (I)A</b>  5:30pm Dominoes (IV)
<b>13</b> 10:30 Communion (I)A 11:30 Youth Svc (I)A	<b>14</b> <b>1pm-3pm Crochet Club (I)C</b> 1-4 Library Reserved  6pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	<b>15</b> 1 -5 Library reserved <b>12:15pm – 1pm Food Box</b> <b>5pm YOGA (I) Exercise Room</b> 6:30pm – 8:30pm Women’s Bible Study (I)A&C	<b>16</b> <b>11AM MEDICARE 101 BANKERS LIFE (I)A</b>  530pm Bingo (I)A 7pm–9pm Prayer Mtg (I)C	<b>17</b>   5:45pm Bingo (IV) 7pm Dominoes (I)A 6pm Bingo (III)A	<b>18</b>   530pm Bingo I (A) 6pm Bingo (II)A	<b>19</b> <b>9am-9pm Coward (I)A</b>  5:30pm Dominoes (IV)
<b>20</b> 10:30 Communion (I)A 11:30 Youth Svc (I)A	<b>21</b> <b>1pm-3pm Crochet Club (I)C</b> 1-4 Library Reserved 6pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	<b>22</b> <b>11AM-1PM AMERIHEALTH MEDICAID PARTICIPANTS ONLY (I)A</b> 1-5 Library reserved <b>5pm YOGA (I) Exercise Room</b> 6:30pm – 8:30pm Women’s Bible Study (I)A&C	<b>23</b> <b>1pm SNACKS/BINGO Medicare 101 (I)A</b>  530pm Bingo (I)A 7–9pm Prayer Mtg (I)C	<b>24</b>   5:45pm Bingo (IV) 6pm Bingo (III)A	<b>25</b> <b>9AM FIFER FARM FRIDAY BLUE BIRD</b>  530pm Bingo I (A) 6pm Bingo (II)A	<b>26</b>   5:30pm Dominoes (IV)
<b>27</b> 10:30 Communion (I)A 11:30 Youth Svc (I)A	<b>28</b> <b>1pm-3pm Crochet Club (I)C</b> 1-4 Library Reserved 6pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	<b>29</b> 1-5 Library reserved <b>5pm YOGA (I) Exercise Room</b> 6:30pm – 8:30pm Women’s Bible Study (I)A&C	<b>30</b>  530pm Bingo (I)A 7pm-9pm Prayer Mtg (I)C	<b>31</b> <b>10am CPR CLASS (I)A</b>  5:45pm Bingo (IV) 6pm Bingo (III)A		



# Luther Village - October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:30am Prayer (I)A <b>1PM-145 STAMPS FOR SALE (I)PARLOR</b> 3pm Major (I)A 6pm-8pm Wells (II)A <b>630-730pm YOGA CLASS (III)A</b>	<b>2</b>  5pm White-RSVD (II)A 6pm Pokeno (I)A	<b>3</b> 10am Bible Study (I)A 12pm-3pm Ceramics (III) <b>1:15pm-2pm Exercise Class (III)A</b> 5pm Welsh (II)A 6:30pm Bingo (I)A	<b>4</b> 11am-4pm King (I)A  2pm Harris (III)A 6pm Free Sign Language Class (III)A 6pm Games (I)A	<b>5</b>    6pm Games (I)A
<b>6</b> 9am-1pm Church (III)A	<b>7</b> 9:30am Communion (I)A <b>10am-11:30am Food Stamp Rep (I)A</b> <b>12:30 EMERGENCY MED SVCS BLDG 1 ONLY</b> 2PM Harris (III)A 5:30pm Dominos(I)A	<b>8</b> <b>10AM KOFFEE KLATCH (I)A</b> 1pm-3pm Knit & Stitch (II)A 3pm Major (I)A <b>630PM-730PM YOGA CLASS (III)A</b>	<b>9</b>  5pm White-RSVD (II)A 6pm Pokeno (I)A	<b>10</b> 10am Bible Study (I)A 12pm-3pm Ceramics (III) <b>1:15pm-2pm Exercise Class (III)A</b> 5pm Welsh (II)A 6:30pm Bingo (I)A	<b>11</b> 11am-4pm King (I)A <b>9am FIFER FARM FRIDAY BLUE BIRD</b> 2pm Harris (III)A 6pm FREE Sign Language Class (III)A 6pm Games (I)A	<b>12</b> 10am-12pm Major (II)A 9am-9pm Parker (III)A  6pm Games (I)A
<b>13</b> 9am-1pm Church (III)A	<b>14</b> 9:30am Communion (I)A <b>1230 EMERGENCY MED SVCS (III)A FOR BLDG 2 &amp; 3</b> 2pm Harris (III)A 5:30pm Dominos(I)A	<b>15</b> <b>11:30pm-12pm Food Box</b>  3pm Major (I)A <b>630PM-730PM YOGA CLASS (III)A</b>	<b>16</b> 1pm BANKERS LIFE MEDICARE 101 INFO ONLY! (I)A  5pm White-RSVD (II)A 6pm Pokeno (I)A	<b>17</b> 10am Bible Study (I)A 12pm-3pm Ceramics (III) <b>1:15pm-2pm Exercise Class (III)A</b> 5pm Welsh (II)A <b>600PM MOVIE NIGHT (III)A RSVP TO TRICIA</b> 6:30pm Bingo (I)A	<b>18</b> 11am-4pm King (I)A  2pm Harris (III)A 6pm Free Sign Language Class (III)A 6pm Games (I)A	<b>19</b>    6pm Games (I)A
<b>20</b> 9am-1pm Church (III)A	<b>21</b> 9:30am Communion (I)A 2pm Harris (III)A 5:30pm Dominos(I)A	<b>22</b> 1:15p.m. Amerihealth Medicaid Participants only (I)A 3pm Major (I)A <b>630PM-730PM YOGA CLASS (III)A</b>	<b>23</b> 9am-1pm Driver Safety Class (I)A 5pm White-RSVD (II)A 6pm Pokeno (I)A	<b>24</b> 10am Bible Study (I)A 12pm-3pm Ceramics (III) <b>1:15pm-2pm Exercise Class (III)A</b> 5pm Welsh (II)A 6:30pm Bingo (I)A	<b>25</b> 11am-4pm King (I)A 2pm Harris (III)A 6pm FREE Sign Language Class (III)A 6pm Games (I)A	<b>26</b> 9am-9pm Johnson (III)A  6pm Games (I)A
<b>27</b> 9am-1pm Church (III)A	<b>28</b> 9:30am Communion (I)A <b>1pm Glass Painting (III) Arts Room</b> 2pm Harris (III)A 5:30pm Dominos(I)A	<b>29</b> 9am Sr. Comp (III)A 3pm Major (I)A <b>630PM-730PM YOGA CLASS (III)A</b>	<b>30</b> 9am-3pm Sr. Comp (III)A 5pm White-RSVD (II)A 6pm Pokeno (I)A	<b>31</b> 10am Bible Study (I)A 12pm-3pm Ceramics (III) <b>1:15pm-2pm Exercise Class (III)A</b> 5pm Welsh (II)A 6:30pm Bingo (I)A		





## Luther Towers & Luther Village TRANSPORTATION SCHEDULE

**MONDAY, TUESDAY, THURSDAY:** Luther Towers & Luther Village **Medical Transport\*** for medical appointments scheduled between 8 a.m.-2:45 p.m.

**WEDNESDAYS:** “**BLUE BIRD**” for **LUTHER TOWERS** only:

9 & 10am- BETWEEN Food Lion on RT 10 and Safeway RT 13 then to Walgreen/Dollar Tree Shopping Center

**11am- STORE PICK UP ONLY**

1pm- To BANKS AND PHARMACIES (DRIVER WAITS IF POSSIBLE)

2PM- BETWEEN Food Lion on RT 10 and Safeway RT 13 then to Walgreen/Dollar Tree shopping center

**~~~~~** On the **SECOND** Wednesday of each month bus goes to Byler’s at 9 and 10 only (last pick-up from Byler’s at 11)

**THURSDAYS:** “**BLUE BIRD**” FOR **LUTHER VILLAGE** ONLY:

**1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> week of the month:**

9 & 10am- CAMDEN WALMART

11am- STORE PICK UP ONLY

1 & 2pm-North as far as DOVER MALL

**2<sup>nd</sup> week of the month:**

9 & 10am – BYLER’S (last pick up from Bylers at 11am)

1 & 2pm- North to Cheswold Walmart

**4<sup>th</sup> week of the month:**

9 & 10am- Kohls Shopping Center & North to Cheswold Walmart

11am STORE PICK UP ONLY

1 & 2pm- North as far as DOVER MALL (last pick up from shops at 3pm)

**SATURDAYS:** “**BLUE BIRD**” FOR **LUTHER TOWERS** ONLY:

**1<sup>st</sup>, 3<sup>rd</sup>, & 5<sup>th</sup> week of the month:**

9, 10 & 11am- Safeway/Target and South to Camden Walmart

1 & 2pm- Safeway/Target and South to Camden Walmart (last pickup from shop 3pm)

**2<sup>nd</sup> and 4<sup>th</sup> week of the month:**

9, 10 & 11am- Kohls Shopping Center and North to Cheswold Walmart

1 & 2pm- Kohls Shopping Center and North to Cheswold Walmart (last pickup from store at 3pm)

**BLUEBIRD RULES: MAXIMUM CAPACITY IS 14 PASSENGERS. LIMIT OF 2 BAGS PER RESIDENT PER TRIP IS PERMITTED. SEAT BELTS MUST BE WORN AND MOTORIZED WHEELCHAIRS MUST BE IN THE “OFF” (BRAKED) POSITION WHILE THE BUS IS IN MOTION**





**Phone Extensions for Luther Towers and Luther Village**

**Luther Towers 674-1408**

Director, Gary Coy	Ext. 112	
Deputy Director, Ken Richter	Ext 130	
Deputy Director, Human Resources	Ext 112	
Jeff Lewin		
Social Services, Tricia Robinson	Ext 131	(Tuesday, Thursday & Friday)
Admissions, Jessica Parsons	Ext 119	
Support Services, Kim Mendoza	Ext 113	
Accounting, Sharon Poisson	Ext 132	
Maintenance, Kelly Hauer	Ext 111	
Kitchen, Nicole Newton	Ext 128	
Beauty Shop, Karen Ambruso	Ext 129	(Wednesday, Thursday & Friday)
Front Desk	Ext 0	

**Luther Village 674-3780**

Social Services, Tricia Robinson	Ext 210	(Monday & Wednesday)
LV1 Desk	Ext 212	
Beauty Shop, Karen Ambruso	674-2712 (ext. 305)	(Tuesday)
Medical transportation	242-6187	

(This number is to be called when you are ready for pick up after your appointment.  
Call 674-1408 Ext 0 to make, cancel, or confirm appointments)

**LUTHER TOWERS (674-1408)**

**EXECUTIVE**

**DIRECTOR**

Gary Coy

**DEPUTY**

**DIRECTOR**

Kenneth Richter

**MAINTENANCE**

Kelly Hauer, Director

Bruce Johnston, Maint Tech

Larry Mason, Maint Tech

Brian Coker, Maint Tech

Rageena Collick, Custodian

Roger Kemp, Custodian

Johnny Boyd, Custodian

Donna Eacho, Custodian

**DEPUTY DIRECTOR/HUMAN RESOURCES**

Jeff Lewin

**INFORMATION TECHNOLOGY**

Cory McGlumphy, Director

**SOCIAL SERVICES**

Tricia Robinson, Administrator

Pete Kirch, Transportation

Dan Raube, Transportation

Thomas Flowers, Transportation

**ACCOUNTING**

Sharon Poisson, Director

**ADMISSIONS**

Jessica Parsons, Director

**SUPPORT SERVICES**

Kim Mendoza, Director

Marcie Bunnell, Security Specialist

Christine Branka, Security

Kirk Harris, Security

Linda Cassidy, Security

Brandy Webb, Security

Becca Dill, Security

Courtland Pitts, Security

Gary Farmer, Security

Kari Ebert, Security

Jeff White, Security

Angela Devlin, Security

**NEWSLETTER**

LT1 Reporter – Clyde Moyer

LT2 Reporter – VACANT

LT3 Reporter – David Masterman

LT4 Reporter – VACANT

LV1 Reporter – Sam Shaver

LV2 Reporter – Mona Cole

LV3 Reporter - VACANT

**BEAUTY SHOP**

(LT1) Wed, Thur, Fri 674-1408, Ext 129

(LV3) Tues 674-2712, Ext 305

**LUTHER VILLAGE (674-3780)**

**LV 1 REPRESENTATIVE**

(VACANT)

**LV 2 REPRESENTATIVE**

Mona Cole

**LV 3 REPRESENTATIVE**

(VACANT)

**LIBRARIAN**

LVI – Joan Jones

**GAMES**

Arlene Baldwin