

Luther Towers / Luther Village

November 2019

EXECUTIVE DIRECTOR COMMENTS....

This is a reminder that residents and guests should not leave personal items in public areas. We have observed individuals leaving furniture, clothing and other items unattended in entryways and outside of the buildings. Leaving furniture for others use may lead to an injury if the item is not in good repair. If staff observes abandoned items they will remove them from the area for proper disposal.

Parking at the front entrance of the buildings is not permitted. These areas are to remain free of parked vehicles by code. It would be permissible if someone is pulling up in front of the building to let a mobility-limited person out when they remain with the car until the person is out of the car. If an ambulance, fire, or law enforcement vehicles should arrive, the vehicle should be immediately moved from the vicinity of the door. The 15-minute parking spots in front of Luther Towers I should be used for offloading. This is why it is critical that residents or their guests refrain from exceeding 15-minutes. Fifteen minutes is enough time to get a cart, load it, and return to the building.

Each building is equipped with a few shopping carts for movement of items from a vehicle to the apartment. They should be borrowed for long enough to

complete the task and never kept in an apartment or taken off of the premises. Recently there has been a spate of residents who think they should be able to borrow the cart for extended periods of time thereby prohibiting others from the ability to use them. If you need to have a cart for an extended period of time we can provide you information as to where to purchase them.

Often our staff receives information from a resident that they are concerned about the well-being of another resident. This information may include physical, emotional, financial, or neglect by those responsible to provide for their care. As we become older and more physically frail, we experience a reduction in the ability to care for ourselves. We observe it every day and it is normal aging, however, when we see someone taking advantage of the elderly we need to speak up. As landlords we do occasionally see the problems but not as often as other residents who socialize and see others daily. Financial exploitation, unauthorized use of a credit card or writing checks on a bank account, is not uncommon as well as taking cash or drugs from the resident. Scams are everywhere and you can read daily where someone reported that they sent money in order to claim the big prize.

If your neighbor's demeanor or physical condition changes quickly, there may be a problem. Physical abuse is more

difficult to spot unless the victim is reporting the incident. Bruising and wounds are not uncommon from falls that are a result of the aging process. If you should observe or have concerns about the wellbeing of a resident and you are certain the family is aware and has not intervened then you should be the person to report to Adult Protective Services at 302-424-7310 or Mobile Crisis at 1-800-345-6785. After you report the case, you can let our Director of Social Services know so she is aware of the concern.

“JUST SHOW UP”

“You can say no anytime you want—but if you say yes, then mean it!”

Every time you decide to show up (or not to bother), you make a statement, a simple but powerful statement, sometimes long remembered.

I hope you’ve noticed the gradual increase in the number of activities in which our residents can become involved over the past few months: 1) Movie Nights; 2) Field Trips to various local attractions; 3) The Summer Bash; and 4) exercise opportunities. These programs compliment the many activities which have been in place for years. The objective is to provide you with the opportunity to engage in social activities of all kinds to maintain a positive spirit and enhance your quality of life.

We, the staff at Luther Towers and Luther Village, feel great pleasure and satisfaction when you participate in and enjoy the activities we plan for you. It’s so much fun to listen to your laughter during a good movie, see your happiness

when you visit a local attraction, observe you having casual conversation with your friends during a hosted meal, and to feel your pride as you improve your strength through exercise.

While most of what we observe is positive, we would be remiss if we did not bring to your attention a troubling pattern emerging. Over the past six weeks, we’ve noted that many of you committed to a particular activity, but for whatever reason did not show for the event and did not inform the activity coordinator that you would not be coming. For instance, 35 people signed up for movie night at Luther Towers in October, yet 15 showed; 28 people from Luther Village signed up for the field trip to Fifer Farms two weeks ago, yet 14 showed. The greater majority of no-shows did not notify staff. We’ve also noticed a drop-off in participation in yoga classes at both campuses. On a positive note, the movie night participation for Luther Village in October was terrific, 15 signed up and 23 showed for the movie, and we’ve had nearly full busloads for the Luther Towers Fifer Farms field trip.

I know you know how much work our staff does to sponsor these events...time, purchase of materials, and monetary compensation. When you show up (or don’t), it matters. Efficient use of time and money is essential to program effectiveness. We need to ensure that our spending favorably impacts all of you and facilitates the best quality of life. We’ll continue to offer these activities as long as doing so makes cost sense.

What can you do? It’s simple, just show up when you commit to do so. We understand that there will be situations

for which you have no control--that is understandable; however, when those situations arise, let us know. Remember, these activities are coordinated and scheduled for your benefit; take advantage of the opportunity.

Make a statement...just show up.

Jeff Lewin,
Deputy Director

THE BULLY BLOG



Well the holidays are almost here. They tend to be a time where we run from one event to the other to meet up with family and friends. Sometimes keeping us so busy, that instead of being a joyful occasion – they are full of stress.

Here are a just a few ideas that you might be able to use to keep your holidays stress free:

1. Make a to-do list
2. Avoid too many commitments
3. Don't wait until the last minute
4. Don't shop at peak times
5. Ask family or friends for help
6. Avoid family conflict
7. Make time for downtime

Remember what this holiday season is all about. It is meant to be filled with joy, merriment and thankfulness. Carve out time with family and friends to reconnect with one another. So slow down and think about what you *really* want to do this season. Don't get so caught up in the hustle and bustle that you forget to enjoy. Above all try to find the good in every situation and be thankful for what you do have.

“Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.” - Colossians 3:15 (NIV)

In His Spirit, Kim

“TALK WITH TRICIA”



Hello Everyone ☺,

I just received some pretty good news!

The new paramedic company St. Francis EMS does **NOT** charge a fee for a public assist. Public Assist means a resident has fallen and needs to be picked up but is not transported to the hospital. They do not want to see a patient laying on the floor because they cannot afford to be picked up!

If a company other than St. Francis shows up (which is rare) they may charge a fee but St. Francis does not and they do the majority of the calls in our county.

WESLEY COLLEGE ANNUAL HEALTH FAIR WILL BE AT LUTHER TOWERS I (A) ON THURSDAY, NOVEMBER 14 AT 10A.M. PLEASE COME OUT AND ATTEND! The students from Wesley College put forth a lot of effort each year!

Please make note of **Medicare Open Enrollment** – I have not received many calls from residents informing me they received the Delaware Prescription Assistance Application for this year! We need to get started.

OCTOBER IS MEDICARE OPEN ENROLLMENT. OCTOBER 15-DEC 7. If you are NOT pleased with your prescription plan give me a call so we can set up an appt. If you are pleased you do not need to do anything.

NOVEMBER MOVIE: LION KING
SIGN UP ON BULLETIN BOARD
Residents only, no children please
MOVIE STARTS AT 6PM

It is always good practice to be kind to one another. We never know the challenges our neighbors may be facing. Sometimes it is easy to “gossip” about them or “judge” them for being different than we expect them to be.

It may be helpful to learn early warning signs for Dementia or Alzheimer’s Disease. If you begin to notice changes in your loved ones, friends, neighbors these are some of the signs (information taken from healthline.com):

- Memory loss. ...
- Difficulty planning and solving problems. ...
- Difficulty completing familiar tasks. ...
- Difficulty determining time or place. ...
- Vision loss. ...
- Difficulty finding the right words. ...
- Difficulty making decisions.
- Misplacing items often. ...

-It's true that in the early stages of the disease, people with dementia **might fib to cover for memory loss.** But most examples of “lying” are dementia symptoms rather than intentional deception. ... Specifically, it's called confabulation – unconsciously replacing lost memories with fabrications.

The last symptom noted is very important. We often see this when an individual believes someone is “stealing” from them. Most of the time it is not money or items of significance. It could be a tablecloth, spoon, picture, keys, etc. The important thing to note is the individual truly believes the “theft” has happened. It can be extremely frustrating if you are on the receiving end of the accusation but it may help you to understand the individual may have little control over his/her thoughts.

If you start to notice concerning behavior, contacting the persons loved one is the most important thing you can do. The earlier loved ones can step in and advocate on behalf of the individual and

get them to a medical professional the better.

DUPLICATE REMINDER:

Lighthouse 2, LLC- DOCTOR APPTS AND SHOPPING

PHONE NUMBER 302-632-7033

M&T Reliable Transportation – DOCTOR APPTS AND SHOPPING

PHONE NUMBER 302-660-9734

WHEELCHAIR ACCESSIBILITY AVAILABLE

Harvest Years Senior Center- DOCTOR APPTS AND SHOPPING

PHONE NUMBER 302-698-4285

Thank you, Tricia



Notes from the Desks

Here’s a checklist of five **important responsibilities** you have concerning Security:

- ☐ Swipe your entry card at a card reader **daily between midnight and 2 p.m.** If you don’t want to get dressed to swipe it in the Lobby, call either desk. At other times, the machine is turned off so swiping then is useless.

- ☐ Call the desk to let us know when you are away overnight. Only **call on the day you leave** because we can’t sign you out earlier than that.
- ☐ Call the desk to let us know when you have returned from being away overnight. Until you do, we don’t check on you at stat time – not advisable if you’ve just returned from rehab or KGH.
- ☐ Call the desk when you have a guest staying overnight.
- ☐ Call the desk when your guest leaves. We keep track of the number of nights because HUD allows a maximum of 14 stays per six months. Unless your guest is staying to aide you while you’re ill, it’s a lease violation to go over the allotted amount.
- ☐ Report security concerns in a timely fashion. Please take note of the time when an event happens so we can check cameras more efficiently.

Thanks for all you do to help!

Marcie B. Security Specialist

Thanks

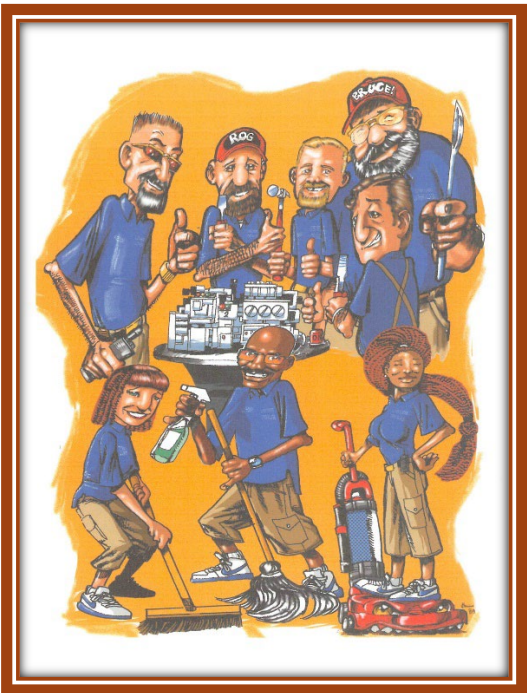
- T**hanks for time to be together, turkey, talk, and tangy weather.
- H** for harvest stored away, home, and hearth, and holiday.
- A** for autumn's frosty art, and abundance in the heart.

- N** for neighbors, and November, nice things, new things to remember.
- K** for kitchen, kettles' croon, kith and kin expected soon.
- S** for sizzles, sights, and sounds, and something special that about.

That spells THANKS for joy in living and a jolly good Thanksgiving.

Aileen Fisher, *All in a Word*

MAINTENANCE NEWS



Kelly’s Reminders: Fall is here and the leaves are falling. Please be careful when walking outside. Leaves can be slippery when they are wet.

Pest Control - Luther Towers Apartments

- Nov 6th – 201-223 & B01-B18
- Nov 13th – 301-323 & 1001-1018
- Nov 20th – 401-423 & 2001-2018
- Nov 26th – 501-523 & 3001-3018

Pest Control - Luther Village Apartments

- None at this time

Thought for the month

Happy November! November is the month to remind us to be thankful for the many positive things happening in our life.

Kelly



NEWCOMERS

Barbara Daniels	LT1	215
Queen Greene	LV1	1124
Geneva & Herbert Sudler	LV3	3412



MEDICAL TRANSPORTATION

SCHEDULE YOUR MEDICAL APPTS FOR MONDAYS, TUESDAYS, AND THURSDAYS BY CALLING LTI’s FRONT DESK – 674-1408 (EXT 0).

Please have your appointment information available and turn your TV or radio volume down before calling.

Holidays are: Monday –November 11th and Thursday November 28th.

Medical driver will call the afternoon before your appointment. If you do not receive a call by 6:00 p.m., please contact LT1's front desk to confirm your appointment.

When you call to make an appointment for transportation, do not leave voicemail messages with the information. Call back and talk to whoever is on-duty personally. This will eliminate possible confusion. Please remember this is a first-come first-serve service.

LUTHER TOWERS ACTIVITIES



Bingo – LT1 Bingo Wednesdays and Fridays – 5:30 p.m. in LT1 Activity Room. Fridays - 6:00 p.m. in LT2 Parlor, Thursdays – 5:45 p.m. in LT4 Parlor, and Thursdays – 5:30 p.m. in LT3 Parlor.

Cherub Group – *12 November* at 3:00 p.m. in LT1 Conference Room. For residents who have knitted or crocheted

baby blankets for newborn babies at Bayhealth.

Crochet Club – Monday's 1:00 – 3:00 pm, LT1 conference room

Dominoes – On the 1st and 3rd Thursdays 7 p.m. in LT1 Activity Room and LT4 on Saturdays at 5:30.

Food Box pick-up – *19 November*, 12:15 – 1:00 p.m. Boxes will be distributed outside in front of each building. For questions, contact Tricia Robinson.

Movie Night –*14 November*, LT 1 – 6:00 p.m. – RSVP to Tricia “Lion King” 2019 version.

Religious Services

LT1 – Activity Room

Church Service - Sundays - 11:30 a.m.- 1:00 p.m.

Holy Cross Communion – Sundays at 10:30 in LT1 Activity Room.

Prayer groups – Wednesdays at 7-9 p.m. in LT1 Conference Room.

Bible Studies –Tuesdays at 6:30 – 8:30 p.m. in LT1 Activity & Conference Room.

Dover Church of Christ Outreach – Mondays at 6:00 p.m. in LT1 Activity Room.

MASS – *Unknown at this time*

Ladies...What Are You Looking For?

Ladies...do you feel as though something might be missing from your life? Maybe you would like to be part of a group of Christian women that meet every month right here at Luther Towers. We are the United Methodist Women, although you

DO NOT need to be a United Methodist to join us. Our "purpose" is to know God better, to develop fellowship with one another and to support the mission of United Methodist Women in their aid for programs for women, youth and children.

United Methodist Women is 150 years old this year with 800,000 members worldwide. Our group here at Luther Towers is a part - or Circle - of Wesley United Methodist Women here in Dover. The Rosemary Circle meets the second Wednesday of the month at 1PM in the Conference Room on the first floor. Members currently include Dot Harrison, Cindy Goodman, Frances Johnson (Leader) and more.

Won't you join us? We would love to include you in our discussions, study and chances to reach out to our local community and worldwide community. If you have questions, please contact President Barbara Rafte at 302.632.6308 or b.rafte@gmail.com. Or just show up! ***We would love to see you.***

Barbara Rafte

President, Wesley United Methodist Women

302.632.6308 (cell)

b.rafte@gmail.com

"I will walk by faith even when I cannot see" 2 Corinthians 5:7

Senior Yoga – Tuesdays 5:00 pm LT1 Activity Room

Stamps – ***6 November*** at 12:00 -12:45 p.m. in LT1 Library.

LUTHER VILLAGE ACTIVITIES



Bingo – Thursdays at 6:30 p.m. in LV1 Activity Room.

Ceramics – Thursdays 12 - 3 p.m. in LV3 Arts & Crafts Room.

Dominoes – Mondays at 5:30 p.m. in LV1 Activity Room.

Exercise (YMCA)!!!! – Thursdays at 1:15 - 2:00 p.m. in LV3 Activity Room. Chair yoga and exercises.

Food box pick-up – ***19 November***, 11:30 – 12:00. Boxes will be distributed in LV2 Activity Room. Questions, contact Tricia Robinson.

Games – Fridays & Saturdays, 6:00 p.m., LV1 Activity Room.

Glass Painting – ***25 November*** at 1 p.m. in LV3 Arts & Crafts Room.

Knit & Stitch – ***12 November*** at 1:00 – 3:00 p.m. in LV2 Activity Room.

Movie Night – ***21 November***, 6:00 p.m. LV3 activity room. RSVP to Tricia. "Lion King" 2019 version.

Pokeno – Wednesdays at 6 p.m. in LV1 Activity Room.

Religious Services –

In LV1 – Activity Room:

Bible Study – Thursdays at 10 a.m.

Prayer – **5 November** at 9:30 a.m.

Holy Communion – Mondays at 9:30 a.m.

In LV3 Activity Room:

Church Service – Sundays at 11 a.m. - 1 p.m.

Senior Companion Worker Meeting – **27 November** in LV3 Activity Room.

Senior Yoga – Tuesdays at 6:30 pm in LV3 Activity Room.

Sign Language Class – Fridays at 6:00 pm in LV3 Activity Room.

Stamps – **6 November** from 1:00-1:45 p.m. in LV1 Activity Room.

INFORMATION FOR BOTH CAMPUSES



Rent will be pulled on 4 November. Some months your rent may not come out of your account on the 4th, due to holidays, weekends, etc. **Please check with your bank to verify the rent has been deducted** before pulling your money out assuming the rent was already paid. This will save you from Non-Sufficient Funds problems.

TOWERS 1 – NEWS!

Recently I stopped by the library and picked up a flyer from the City of Dover on recycling in Delaware. I thought I knew more about it than what I actually did, so I wanted to share some of this information with you.

There are items that should **NOT** be thrown in our recycling dumpster: shredded paper, plastic bags, styrofoam, electronics, and broken glass. Also, concerning lids, they should be put back on plastic containers, such as yogurt, margarine, gallon jugs, water bottles, and coffee containers. Lids from glass bottles and jars, plus tin cans, should be discarded. One other item is that aluminum cans and plastic bottles should **NOT** be crushed. Guess I better stop that one myself. We are never too old to learn.

Veteran's Day is coming up soon. It's also my wife's birthday, so I tell my friends that I always take her out to eat, because I get my meal free. All kidding aside, with a Veteran's ID, you can eat free at Lone Star steakhouse, Applebee's or Mission Bar-B-Que on November 11th.

I came across some interesting facts about Thanksgiving. The first Harvest celebration took place in October 1621. It was shared by the English colonists (Pilgrims) and the Wampanoag people (Native American Indians). Our kids were taught that they came to the New World in search of religious freedom. Our sons brought home art-work of Pilgrims and Indians to tape on the refrigerator door. They made feather headbands and lots of black and white clothes and buckles on the shoes and men's hats. The Pilgrims left Britain in the early 1600's. They went to Holland

where some remained, while others traveled to the New World to preserve their English identity. As far as their clothing, they wore many colors, including red, green, blue and violet. Also, they did not wear buckles on their shoes.

As far as their Thanksgiving feast, venison was served and some sort of fowl, not specifically turkey. Pumpkin was available, but was not likely what the colonists used to make pie. Sweet potatoes were unknown, and cranberries may have been served, but not as a relish. In 1863, President Lincoln set Thanksgiving as an official holiday on the 4th Thursday in November every year. Enjoy this season, and I will talk to you again soon.

“I will give thanks to you, Lord, with all of my heart” Psalms 91:1a

Clyde Moyer

TOWERS 3

WHO/WHAT AM I?

Last month’s answer: Kirk Douglas

Who/What am I? I played Gypsy Rose Lee “The Stripper”. Who am I?



TOWERS 2, 4 AND VILLAGE 3



(No reporters, if interested please contact Kim or Tricia)

VILLAGE 1 – NEWS!



First: On this Veterans Day, let us remember the service of our veterans, and let us renew our national promise to fulfill our sacred obligations to our veterans and their families who have sacrificed so much so that we can live free.

“Father, please turn your gaze to those men and women who in their military service have sacrificed time, comfort, strength, ambition, health and prosperity for the peace and safety of family and friends and others they’ve never even known. Please reward them a hundredfold for all their sacrifice and service. Bless them far beyond all their expectations.

Can you believe the holidays are almost upon us? Doesn't seem possible that Christmas decorations are already out in some stores. And before we know it, it will be time for our Holiday dinner (hosted by Luther Towers' personnel).

The Coffee Klatch on October 8th was great; a big thank you for all that attended. Andria Bennett, our representative for our 32nd District dropped by for a visit. She also brought a guest, Frank Rendon, President of the St. Jones Common Homeowners Association, who was very friendly and cordial. In addition, Andria had Delaware's new voting machine brought in so we could learn how to operate it with the help of her two assistants Justin and Dustin. (It is nice to know that the voting machine cannot be hacked.) We had a very good turnout; only three "no shows." Andria is very personal, so all enjoyed talking to her. In fact, she stayed an extra hour and joined in with some camaraderie with a few of us.

Our next Coffee Klatch will be on November 12th. The cost will be back to \$2.00 for all the coffee you can drink plus a donut or bagel. As always, an extra donut or bagel, are 50 cents each.

As most know, Prime Care Emergency Ambulance Company was replaced by St. Francis Emergency Medical Services. On October 7th, Sean Martin, NRP, CCCEMT-P from St. Francis' Healthcare and two assistants held an Emergency Management Services/Paramedic Outreach event for LVI. We had our

blood pressure and blood sugar taken and received a "File of Life" form to fill out and place on our refrigerator. Brian mentioned that paramedics are being trained to always check refrigerators for the "File of Life" sheet. Also, good to know St. Francis does not charge anything to come and help someone get up who is unable to do so.

Please don't tie up our grocery carts by leaving them in the laundry room while you do your wash. And please don't leave your washed laundry in the washer overnight or for any length of time.

In reference to the laundry room, the following note from a resident speaks for itself: "Monday morning I went to do laundry—in washer #1 there were cigarette butts all in the bottom of the tub." She was kind enough to clean the cigarette butts out. Residents, please check the washer tub after your laundry is finished & remember no smoking in LV.

We would like to say "thank you" to Edna F (LV3) for selling tickets throughout Luther Village for Harvest Year's Spaghetti Dinner held on October 18th. Several residents mentioned the Spaghetti Dinner was delicious; everyone had a fun time while there and hope to go again.

Please pray for all our ill and hospitalized residents at Luther Village. Please pray for peace for the USA and throughout the world as well.

Thought for the Day: *If you wish to be happy right from the beginning of your*

*day, then it is about time to leave behind
your past*

3 Ingredient Pumpkin Pie Dip

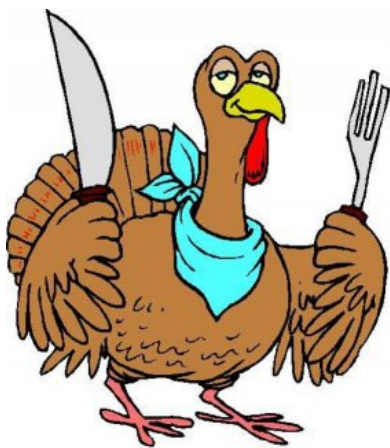
Ingredients

- 1 tub 8 ounces cool whip, thawed
- 1 can 15 ounces pumpkin puree
- 1 packet 3.4-ounce Jell-O Pumpkin Spice pudding mix

Instructions

1. Mix all the ingredients in a large bowl until light and fluffy.
2. Chill in the refrigerator until ready to serve.

Serve with cookies, graham crackers or anything...it's so thick and creamy you can just dig in with a spoon or serve as a mousse.



Thanksgiving Observance

Count your blessings instead of your crosses;

Count your gains instead of your losses.

Count your joys instead of woes;

Count your friends instead of your foes.

Count your smiles instead of your tears;

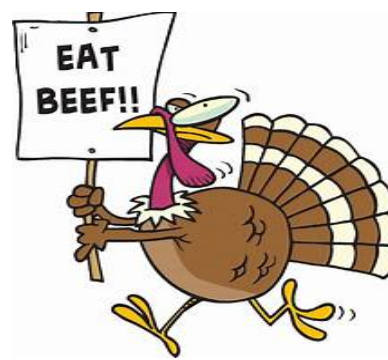
Count your courage instead of your fears.

Count your full years instead of your lean;

Count your kind deeds instead of your mean

Count your health instead of your wealth;

Count on God instead of yourself.



HAPPY THANKSGIVING! SAM

VILLAGE 2 – NEWS!

Well, here it is, the month of November already. Where has the time gone? It went so fast. I have been told time flies when you are having fun

Please do not park your walkers in front of the doors as someone may need to go in or out... especially on food day.

Don't forget the Coffee Klatch on November the 12. We always have a good time talking to our neighbors while eating our donuts or bagels and drinking our coffee or tea. It's nice to just be together building friendly relationships amongst our fellow residents.

We also have Movie Night. So, please check your bulletin board or your building's monitor for information...to see when and what is playing. You must sign up for Movie Night.

We have exercise classes available for all; so, please don't be a couch potato. Sitting too long sometimes make your legs stiffen up and make it hard to walk. There is a regular exercise class and a yoga class on Tuesday nights. You can also exercise by walking in our three halls or outside on our side walks. I love to walk outside when it is good weather. The fresh air and

sunshine is good for our bodies.

I will be making Chili this month, so check your bulletin board for time and day. I will be using kidney beans (not baked beans) and cooking it for a couple of hours.

Please ask your guests to remember that residents of LV are all seniors; consequently, can be hurt badly if knocked down by someone running in our halls as they exit their apartments.

Please do not leave your laundry in our washers or dryers a long time, especially overnight, as someone may need them. This just happened recently.

Please pray for our residents as there are some in hospital and rehab. We all need prayers. Even us healthy ones.

Don't forget Veterans Day on November 11th; a day to honor all those who have served our Country and say a prayer for all those who are still serving our Country.

Happy Thanksgiving.



Mona

Luther Towers - November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 1PM BAYADA MED BAG CAMPAIGN (I)A	2
					530pm Bingo I (A) 6pm Bingo (II)A	5:30pm Dominoes (IV)
3 10:30am Communion (I)A 11:30 Youth Svc (I)A	4 11AM PRIVATE (I)A 1pm-3pm Crochet Club (I)C 6pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	5 1 - 2:30 AARP (IV) 5pm YOGA CLASS (I)EXERCISE ROOM 6:30pm – 8:30pm Women’s Bible Study (I)A&C	6 9am Food Stamp Rep (I)A 12pm-1245 STAMPS FOR SALE (I)LIBRARY 530pm Bingo (I)A 7-9pm Prayer Mtg (I)C	7 1pm British Wives (I)A 5:45pm Bingo (IV) 6pm Bingo (III)A 7PM DOMINOES (I)A	8 530pm Bingo I (A) 6pm Bingo (II)A	9 9AM-9PM GRACIANI (I)A 5:30pm Dominoes (IV)
10 10:30am Communion (I)A 11:30 Youth Svc (I)A	11 1pm-3pm Crochet Club (I)C 6pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	12 3pm Cherub Grp (I)C 5PM YOGA CLASS (EXERCISE ROOM) 6:30pm – 8:30pm Women’s Bible Study (I)A&C	13 8am-4pm DSHA (I)A 1pm-4pm Methodist Women (I)C 530pm Bingo (I)A 7–9pm Prayer Mtg (I)C	14 10am WESLEY COLLEGE HEALTH FAIR (I)A 6PM MOVIE NIGHT (I)A 5:45pm Bingo (IV) 6pm Bingo (III)A	15 1130AM-130PM WILLS FOR SENIORS (I)A 530pm Bingo I (A) 6pm Bingo (II)A	16 6PM MEET N’ GREET GERALDINE HALL (I)A 5:30pm Dominoes (IV)
17 10:30am Communion (I)A 11:30 Youth Svc (I)A	18 1pm-3pm Crochet Club (I)C 6pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	19 12:15 – 1 Food Box 5PM YOGA CLASS (I)EXERCISE ROOM 6:30pm – 8:30pm Women’s Bible Study (I)A&C	20 530pm Bingo (I)A 7pm-9pm Prayer Mtg (I)C	21 7PM DOMINOES (I)A 5:45pm Bingo (IV) 6pm Bingo (III)A	22 6pm Bingo (II)A 530pm BINGO (I)A	23 5:30pm Dominoes (IV)
24 10:30am Communion (I)A 11:30 Youth Svc (I)A	25 1pm-3pm Crochet Club (I)C 6pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	26 5PM YOGA CLASS (I)EXERCISE ROOM 6:30pm – 8:30pm Women’s Bible Study (I)A&C	27 530pm Bingo (I)A 7pm-9pm Prayer Mtg (I)C	28 THANKSGIVING DAY 9am-9pm Simmons (I)A	29 530pm Bingo I (A) 6pm Bingo (II)A	30 9AM-9PM CAUSEY (I)A 5:30pm Dominoes (IV)

Luther Village - November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 11am–4pm King (I)A 2pm Harris (III)A 6pm Games (I)A 6pm Sign Language Class (III)A	2 9AM-9PM Collick (III)A 9am-3pm Driver Safety Class (I)A 6pm Games (I)A
3 9am–1pm Church (III)A	4 9:30am Communion (I)A 10am–11:30am Food Stamp Rep (I)A 2pm Harris (III)A 5:30pm Dominos(I)A 7pm Bible Study (II)A	5 9:30am Prayer (I)A 3PM Major (I)A 6PM-8PM Wells (I)A 630pm YOGA EXERCISE CLASS (III)GYM	6 12pm-2pm Pope (III)A 1pm-145 STAMPS FOR SALE (I)PARLOR 5pm White-RSVD (II)A 6pm Pokeno (I)A	7 10am Bible Study (I)A 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A 6:30pm Bingo (I)A	8 11am–4pm King (I)A 2pm Harris (III)A 6pm Games (I)A 6pm Sign Language Class (III)A	9 10am-12pm Major (II)A 6pm Games (I)A
10 9am–1pm Church (III)A 2pm-10pm Joachim (III)A	11 9:30am Communion (I)A 9am NARFE (III)A 2pm Harris (III)A 5:30pm Dominos(I)A	12 9am NARFE (III)A 10am Koffee Klatch (I)A 1pm-3pm Knit & Stitch (II)A 3PM Major (I)A 630pm YOGA EXERCISE CLASS (III)GYM	13 5pm White-RSVD (II)A 6pm Pokeno (I)A	14 10am Bible Study (I)A 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A 6:30pm Bingo (I)A	15 11am–4pm King (I)A 2pm Harris (III)A 9am-11am WILLS FOR SENIORS (II)A 6pm Games (I)A 6pm Sign Language Class (III)A	16 12pm-3pm Blaine (I)A 6pm Games (I)A
17 9am–1pm Church (III)A	18 9:30am Communion (I)A 2pm Harris (III)A 5:30pm Dominos(I)A	19 11:30pm–12pm Food Box 3PM Major (I)A 630pm YOGA EXERCISE CLASS (III)GYM	20 5pm White-RSVD (II)A 6pm Pokeno (I)A	21 10am Bible Study (I)A 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A 6PM MOVIE NIGHT (III)A 6:30pm Bingo (I)A	22 11am–4pm King (I)A 2pm Harris (III)A 6pm Games (I)A 6pm Sign Language Class (III)A	23 9am-9pm Harrison (III)A 6pm Games (I)A
24 9am–1pm Church (III)A CHURCH ALL DAY	25 9:30am Communion (I)A 2pm Harris (III)A 1pm Glass Painting Class (III) Arts Room 5:30pm Dominos(I)A	26 3PM Major (I)A 630pm YOGA EXERCISE CLASS (III)GYM	27 9am-1pm Sr. Comp (III)A 5pm White-RSVD (II)A 6pm Pokeno (I)A	28 THANKSGIVING DAY 9am-9pm Baldwin (III)A 9am-9pm Cole (II)A	29 11am–4pm King (I)A 2pm Harris (III)A 6pm Games (I)A 6pm Sign Language Class (III)A	30 6pm Games (I)A

					1
					baked chicken garlic roasted potatoes parmesan broccoli pears
4		5	6	7	8
chicken and dumplings biscuit green beans orange juice strawberries	meatloaf mashed potatoes gravy chef's blend vegetables fruit	turkey and american cheese with lettuce and tomato kaiser roll coleslaw peaches	fried chicken, gravy mashed potatoes collard greens cookies	pork loin with gravy long grain wild rice succotash orange	
11	12	13	14	15	
HOLIDAY	chicken pot pie wheat bread broccoli apple	liver and onions mashed potatoes gravy green beans peaches	roast beef mashed potatoes gravy carrots cake HAPPY BIRTHDAY	baked chicken white rice gravy peas pears	
18	19	20	21	22	
spaghetti with meat sauce garden blend vegetables orange juice wheat bread mixed fruit	baked chicken garlic roasted potatoes broccoli pears	vegetable soup chicken salad hamburger roll cran apple juice cookies	roast turkey w/ gravy mashed potatoes, sweet potatoes stuffing, green beans cranberry sauce dinner roll sweet potato pie FEAST	chicken and dumplings biscuit chef's blend vegetables orange juice peaches	
25	26	27	28	29	
BBQ pulled pork hamburger roll baked potato corn applesauce	veal parmesan spaghetti with marinara sauce green beans italian bread cookies	Williamsburg chicken egg noodles carrots mixed fruit	HOLIDAY	HOLIDAY	

MOVIE NIGHT

MOVIE: LION KING

STARRING: James Earl Jones

THURSDAY, NOVEMBER 14

6:00PM



LT I (A)



SIGN UP ON BULLETIN BOARD IN YOUR BLDG

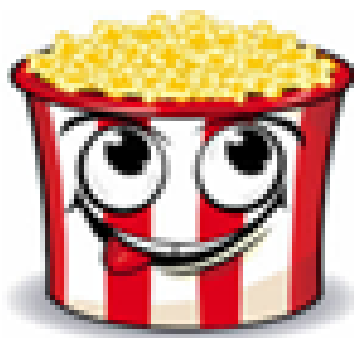
MOVIE NIGHT

MOVIE: LION KING

STARRING: James Earl Jones

THURSDAY, NOVEMBER 21

6:00PM



LV III (A)



SIGN UP ON BULLETIN BOARD IN YOUR BLDG



Luther Towers & Luther Village TRANSPORTATION SCHEDULE

MONDAY, TUESDAY, THURSDAY: Luther Towers & Luther Village **Medical Transport*** for medical appointments scheduled between 8 a.m.-2:45 p.m.

WEDNESDAYS: "BLUE BIRD" for **LUTHER TOWERS** only:

9 & 10am- BETWEEN Food Lion on RT 10 and Safeway RT 13 then to Walgreen/Dollar Tree Shopping Center

11am- STORE PICK UP ONLY

1pm- To BANKS AND PHARMACIES (DRIVER WAITS IF POSSIBLE)

2PM- BETWEEN Food Lion on RT 10 and Safeway RT 13 then to Walgreen/Dollar Tree shopping center

~~~~~ On the SECOND Wednesday of each month bus goes to Byler's at 9 and 10 only (last pick-up from Byler's at 11)

**THURSDAYS:** "BLUE BIRD" FOR **LUTHER VILLAGE** ONLY:

1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> week of the month:

9 & 10am- CAMDEN WALMART

11am- STORE PICK UP ONLY

1 & 2pm-North as far as DOVER MALL

2<sup>nd</sup> week of the month:

9 & 10am – BYLER'S (last pick up from Bylers at 11am)

1 & 2pm- North to Cheswold Walmart

4<sup>th</sup> week of the month:

9 & 10am- Kohls Shopping Center & North to Cheswold Walmart

11am STORE PICK UP ONLY

1 & 2pm- North as far as DOVER MALL (last pick up from shops at 3pm)

**SATURDAYS:** "BLUE BIRD" FOR **LUTHER TOWERS** ONLY:

1<sup>st</sup>, 3<sup>rd</sup>, & 5<sup>th</sup> week of the month:

9, 10 & 11am- Safeway/Target and South to Camden Walmart

1 & 2pm- Safeway/Target and South to Camden Walmart (last pickup from shop 3pm)

2<sup>nd</sup> and 4<sup>th</sup> week of the month:

9, 10 & 11am- Kohls Shopping Center and North to Cheswold Walmart

1 & 2pm- Kohls Shopping Center and North to Cheswold Walmart (last pickup from store at 3pm)

BLUEBIRD RULES: MAXIMUM CAPACITY IS 14 PASSENGERS. LIMIT OF 2 BAGS PER RESIDENT PER TRIP IS PERMITTED. SEAT BELTS MUST BE WORN AND MOTORIZED WHEELCHAIRS MUST BE IN THE "OFF" (BRAKED) POSITION WHILE THE BUS IS IN MOTION





**Phone Extensions for Luther Towers and Luther Village**

**Luther Towers 674-1408**

|                                  |          |                                |
|----------------------------------|----------|--------------------------------|
| Director, Gary Coy               | Ext. 112 |                                |
| Deputy Director, Ken Richter     | Ext 130  |                                |
| Deputy Director, Human Resources | Ext 112  |                                |
| Jeff Lewin                       |          |                                |
| Social Services, Tricia Robinson | Ext 131  | (Tuesday, Thursday & Friday)   |
| Admissions, Jessica Parsons      | Ext 119  |                                |
| Support Services, Kim Mendoza    | Ext 113  |                                |
| Accounting, Sharon Poisson       | Ext 132  |                                |
| Maintenance, Kelly Hauer         | Ext 111  |                                |
| Kitchen, Nicole Newton           | Ext 128  |                                |
| Beauty Shop, Karen Ambruso       | Ext 129  | (Wednesday, Thursday & Friday) |
| Front Desk                       | Ext 0    |                                |

**Luther Village 674-3780**

|                                  |                     |                      |
|----------------------------------|---------------------|----------------------|
| Social Services, Tricia Robinson | Ext 210             | (Monday & Wednesday) |
| LV1 Desk                         | Ext 212             |                      |
| Beauty Shop, Karen Ambruso       | 674-2712 (ext. 305) | (Tuesday)            |
| Medical transportation           | 242-6187            |                      |

(This number is to be called when you are ready for pick up after your appointment.  
Call 674-1408 Ext 0 to make, cancel, or confirm appointments)

LUTHER TOWERS (674-1408)

EXECUTIVE

DIRECTOR

Gary Coy

DEPUTY

DIRECTOR

Kenneth Richter

MAINTENANCE

Kelly Hauer, Director

Bruce Johnston, Maint Tech

Larry Mason, Maint Tech

Brian Coker, Maint Tech

Rageena Collick, Custodian

Roger Kemp, Custodian

Johnny Boyd, Custodian

Donna Eacho, Custodian

DEPUTY DIRECTOR/HUMAN RESOURCES

Jeff Lewin

INFORMATION TECHNOLOGY

Cory McGlumphy, Director

SOCIAL SERVICES

Tricia Robinson, Administrator

Pete Kirch, Transportation

Dan Raube, Transportation

Thomas Flowers, Transportation

ACCOUNTING

Sharon Poisson, Director

ADMISSIONS

Jessica Parsons, Director

SUPPORT SERVICES

Kim Mendoza, Director

Marcie Bunnell, Security Specialist

Christine Branka, Security

Kirk Harris, Security

Linda Cassidy, Security

Brandy Webb, Security

Becca Dill, Security

Courtland Pitts, Security

Gary Farmer, Security

Kari Ebert, Security

Jeff White, Security

Angela Devlin, Security

NEWSLETTER

LT1 Reporter – Clyde Moyer

LT2 Reporter – VACANT

LT3 Reporter – David Masterman

LT4 Reporter – VACANT

LV1 Reporter – Sam Shaver

LV2 Reporter – Mona Cole

LV3 Reporter - VACANT

BEAUTY SHOP

(LT1) Wed, Thur, Fri 674-1408, Ext 129

(LV3) Tues 674-2712, Ext 305

LUTHER VILLAGE (674-3780)

LV 1 REPRESENTATIVE

(VACANT)

LV 2 REPRESENTATIVE

Mona Cole

LV 3 REPRESENTATIVE

(VACANT)

LIBRARIAN

LVI – Joan Jones

GAMES

Arlene Baldwin