



May 2022



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From the Desk of The Executive Director
KIM MENDOZA

Well, Spring is slowly making its way in and the temperature is starting to warm up. There are a couple of things that people regularly do this time of year. One is Spring Cleaning of their homes. If you find yourself looking around your apartment and decide you would like to get rid of some stuff you just don't use and is cluttering up your space – we have dumpsters and bulk trash that are available for you to put things in. You can always donate items to places in the community, such as Good Will or Salvation Army. I know I always feel better when my house is less cluttered and things aren't just lying around.

Another thing people do is get out to enjoy the warmer weather, gardening, cleaning up yards, putting down mulch, etc. Giving everything a fresh look for the year. As you can see, our landscaper has already been doing that around both campuses. Garden boxes have all been prepped and almost all have been assigned to someone wanting to show off their green thumb. Rachel did say she may have one box available at Luther Towers, if someone is interested.

I speak for all of the staff in saying that we take pride in where we work and make every effort to ensure this is a place that you also take pride in calling home.

With that said when any of us are out walking around, either inside or outside, you may notice a piece of trash or something else that needs to be taken care of. If it is something you can take care of, please do! If you are not able, please notify the Security desk and make them aware of the issue. We can't fix something if we are not aware of it.

We are continuing to do our part cleaning and are doing the best we can to keep up. Just wanted you to know we have been experiencing staffing shortages, so we ask that you show a little patience until we are fully staffed again. Thanks for understanding.

I also wanted to note that, no matter the weather, I have witnessed numerous individuals outside smoking in the designated areas. Though this is inconvenient and the weather doesn't always accommodate, *you are doing the right thing.*

We do, however, occasionally get reports of individuals still smoking in their apartments. Just a reminder, **smoking is prohibited in the building.** You are only permitted to smoke in the designated areas.

Smoking in any Restricted Area
will result in a
Lease Violation
in accordance with the
Lease/House Rules.

Kim

**INFORMATION BOTH
CAMPUSES**

Rent will be pulled on
May 4th.

In some months, your rent may not come out of your account on the 4th **due to holidays or weekends.**

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will save you from
Insufficient Funds problems.



HEALTH FAIR

MAY 6th 10 AM – 12PM

COME AND JOIN US!

			
Home Health	Hospice	Rehab Facilities	Local Businesses
Home Care	Assisted Senior Living	Community Support Agencies	

GIVEAWAYS AND DOOR PRIZES

LUTHER VILLAGE BUILDING 3 ACTIVITY ROOM



Senior Celebration!

There was a celebration held at
Luther Village III
to recognize residents who are

90+

Years Old!

CONGRATULATIONS

Eva Andriola (100)

Mary Jane Bell

Louretta Suarez Chowdhury

Pauline Helen Leathern

D. Joan McTigue

Minnie Lee Pope

John Edward Vann

Sarah Ann Woikoski

There was a great turnout and fun
was had by all in attendance!



From the Desk of The Deputy Director
JESSICA PARSONS

My famous line to my children is “Make Good Decisions.” I taught them that when they have to make a decision, there is always a consequence — which can be good or bad but there is *always* a consequence.

Decisions you make – such as care of your body, how you treat your fellow neighbors, managing your finances, and much more – Always think about the decisions you make in your daily lives that not only affect you but may affect others as well.

I want to make sure that everyone who has an animal, whether service or pet, understands that proper care and leashing is required. Because we have many residents using common areas, only working animals are permitted in those areas and only when the owner is present. As always, pick up after your animal for health and safety of others.

As many are aware, Rachel will be out soon for maternity leave to have her baby girl. Tricia Robinson and Jessica Balog will be stepping up to cover her duties in the meantime. Please be patient during this time as it adds quite a workload to both of them. As always, if you have questions or concerns, please don't hesitate to let us know.

The new (revised) House Rules were distributed the beginning of April for a tenant comment period ending April 30th. At the beginning of May, you will receive a final copy of the approved House Rules. There will be a signature page that each household member will need to sign and return. You may drop these in the black boxes in either Luther Towers I or Luther Village I. Please make sure you review the changes as this is part of your lease agreement.

[Your signature means that you have
read and understand all the rules.]

EMPLOYEE OF THE MONTH

This month I would like to highlight one of our custodians, Rageena Collick. Rageena has been with Luther Towers/Luther Village for almost 6 years. She has been in this line of work for almost 30 years.

Rageena is most proud of her five children and that is what motivates her. At one point in her life, she was a struggling young mother who was homeless, but that didn't stop her from working hard to get where she is now. Among her children, she has one in the Army, three have graduated, and one more to graduate next year. The happiness of her children is what matters most.

Rageena is a vital asset to Luther Towers/Luther Village. It's hard to find someone who puts their whole heart in everything they do and Rageena is that person. Her high quality of work is becoming the quality standard in this workplace. She goes beyond what is expected and keeps our campuses looking beautiful.



Thank You, Rageena! Speaking for the Tenants, your work is greatly appreciated and we love you for your amazing commitment!

The Editor

From the Office of Social Services
TRICIA ROBINSON

Hello Everyone! 🙋

Thank you to everyone participating in the events at Luther Towers and Luther Village! We had so much fun at Movie Night and Karaoke!

Just a gentle reminder — Food Box distribution time is not the best time to ask me to take care of a matter for you; by the time I get back to my office, I most likely will have forgotten! I will be happy to take your call and help — just make an appointment on any other day!

Please make every effort to pick up your box if you are signed up to participate. The Food Bank will start removing names from the list if you do not pick up your box. I cannot pick up your box for you so, if you need assistance, find a friend or family member to help out.

We are hosting a Health Fair at Luther Village Building 3, Activity Room, Friday May 6th from 10a.m. to 12p.m.! If you are a resident of Luther Village, come out and participate! There will be many free giveaways, door prizes, gift cards! It will be a great time. (see page 2 for the ad)



Movie Night will be at Luther Towers on Thursday, May 12th, and Luther Village on Thursday, May 19th at 5:30p.m. The May movie will be “HIDDEN FIGURES” starring Taraji Henson. Come join us for a great time! Sign up on bulletin board in your building.

Oscar from SNAP (Food Stamps) is attending BOTH campuses and will be available once a month to assist our residents with completing a food stamp application (if you are not already receiving food stamps). He will be at Luther Village, Wednesday, May 4th at 9:30 a.m. in the LV-I Parlor; and at Luther Towers on Monday, May 2nd at 9:30 a.m. You do not need an appointment – it is first come first serve!



Thank you, *Tricia*

LISA HARSHBERGER

Luther Towers Building I

Appointments:

674-1408x131 Tricia

Just \$20 for 30-Minute Session



— NOTICE —

— Information For All Residents —

WALGREENS

**261 N. duPont Highway, Dover
PHARMACY**

has moved behind ALDI.

**Walgreens Pharmacy
will then be strictly a
PHARMACY**

HEALTH FIRST MEDICAL CARE

QUALITY COMPREHENSIVE CARE AT HOME

**PROVIDING A WIDE RANGE
OF SERVICES**

- Primary Care
- Mental Health Consult/
Mental Health Counseling
- Annual Wellness Exam
- Medication Management/
Pharmacy Consultation
- Audiology/Optometry
Assessments
- Podiatry

MEDICAL DIRECTOR

ERNEST TAMAJONG
CRNP/DNP(c)



CONTACT INFORMATION:
302-616-9324
etamajong@health1mc.com
www.health1mc.com

Affordable Health Care Solutions in the Comfort of Your Home

MEET & GREET

Join Us!

Enjoy Meeting &
Making New
Friends.

While you're at it,
have a snack
& a sip.

Find out what you
might be missing!



LUTHER TOWERS
(I)A 6:00PM
MAY 28TH, 2022

LUTHER VILLAGE
(I)A 4:00PM
MAY 14TH, 2022



**WELCOME TO
ROSEMARY CIRCLE**



2nd Wednesday of Each Month

1:00 p.m. • LT I (conf room)

Fellowship, Prayer, Learning

ALL ARE WELCOME

Sponsored by: United Methodist Women



Luther Towers
Building I Activity Room

Thursday, May 19th
1:00pm

Snacks & Door Prizes & Fun, Fun & More Fun!
Sign Up on Bulletin Board in Your Building

Luther Village
Building I Activity Room

Thursday, May 26th
1:00pm

Newcomers – Welcome, Neighbor!

LT1 214	Barbara & James Russell
LT2 A07	Michelle Crockett
LV1 1306	Bonnie Baynard
LV2 2116	Jean E. Wilson
LV3 3410	Beverly Henry



From The Maintenance Manager
KELLY HAUER

PEST CONTROL



Luther Village Apartments

None at This Time

Luther Towers Apartments

May 6th LT-1 ...201-223 B01-B18
May 13th LT-1 ...301-323 1001-1018
May 20th LT-1 ...401-423 2001-2018
May 27th LT-1 ...501-523 3001-3018

KELLY'S REMINDERS:

I have noticed that residents are putting furniture by the trash dumpsters at both Luther Towers and Luther Village. Furniture needs to be put in our Bulk Trash Area located on the North End of the Luther Towers Building 3 and the North End of Luther Village Building 1.



*Luther Towers
Bulk Dumpster*



Exercise Class

“MORNING STRETCH W/BETSY”

**Every Monday Morning at
10:15am in Luther Towers I(A)**

Hosted by:

**Certified Instructor
Betsy Gustafson**



THOUGHT OF THE MONTH

Hello May!

**May this month bring you
satisfaction, peace & joy.**

**May all the desires of your
heart be granted.**

**May this be the beginning of
new things in your life.**

**Stay strong, be positive and
fulfill your dreams.**

Happy New Month, Friends!

Kelly

BINGO SCHEDULE

LUTHER TOWERS

Mondays	5:00pm	(II)A
Wednesdays	5:30pm	(I)A
Thursdays	5:45pm	(IV)
Fridays	5:30pm	(I)A
Saturdays	5:00pm	(II)A

LUTHER VILLAGE

Wednesdays	10:00am	(I)A
Thursdays	6:30pm	(I)A



DOMINOS

LUTHER VILLAGE

EXCLUSIVELY

Mondays...5:30pm...(I)A



LUTHER TOWERS BEAUTY SALON

\$10.00 HAIRCUTS

SPECIAL! SPECIAL! SPECIAL!
NEW CLIENTS ONLY

**APPOINTMENTS AVAILABLE
WED/THURS/FRI**

**TO MAKE APPOINTMENT
CALL 302-674-1405 x129**

From The Desk Supervisor – KARI EBERT

May is here, but you'd think it was still March with all the wind and chill temperatures we've been having. I love the sunny days in between that give me hope for warmer temperatures. In the wintertime, I just want to snuggle up with a book and ignore the world. The sun does wonders for my mood, and it encourages me to be more social, too. Maybe it's the extra Vitamin D? I suspect that many of you feel the same way as the wintry weather recedes (hopefully).

I see more and more residents sitting in the "sun room" vestibule of LT-1 enjoying the view and chatting.

Everyone seems to love the newly updated LV1 parlor. Each time I go by the Security Desk, I see a nice group of residents enjoying conversation.



Soon, the outside benches, gazebos, and swings are going to be populated with sun-seekers and fun-seekers. I've been taking a few walks with my daughter just to laugh and soak up the sun. I hope you'll take every

QUICK REMINDERS

Med Transport Appointments: Please check the names of doctors and practices as well as addresses when making your appointments. There are a lot of residents and we cannot remember which doctor each resident sees.

opportunity to chat with your friends, make new ones, and enjoy the coming weather around our beautiful grounds. Who doesn't love a sunny disposition?

Did you know that May is Jewish American Month? Here's an imaginative poem about the power of the sun.

DAYBREAK

—BY JEWISH POET BERT MEYERS

Birds drip from the trees.

The moon's a little goat
over there on the hill;
dawn, as blue as her milk,
fills the sky's tin pail.

The air's so cold a gas station
glitters in an ice-cube.

The freeway hums like a pipe
when the water's turned on.
Streetlights turn off their dew.

The sun climbs down from a roof,
stops by a house and strikes
its long match on a wall,
takes out a ring of brass keys
and opens every door.

Maintenance Issues: Call the front desk with all maintenance concerns — even on holidays and weekends! There have been instances of residents waiting through the weekend without heat because they thought no one was on duty. Security has a list of the emergencies that require the on-call maintenance person to come in and attend to it.

**We are here for your safety
as well as your security.**

DO NOT HESITATE TO CALL.

Kari

DAYBREAK

MOVIE NIGHT FUN



Ice Cream Sundaes
& Lots of Fun!
Who could ask for more!!!



THE MORE THE MERRIER

KARAOKE PERFORMERS ~ LUTHER TOWERS ~ APRIL 21ST “STARS OF THE SHOW”



KARAOKE PERFORMERS ~ LUTHER VILLAGE ~ APRIL 28TH “STARS OF THE SHOW”

Everyone Enjoyed Ice Cream Sundaes *and the*
Special Guest Star GARY FARMER from Luther Village Security Desk





MOVIE NIGHT

"Hidden Figures"

STARRING:

Taraji Hensen

THURSDAY, May 12

5:30PM



LT I (A)

SIGN UP ON BULLETIN BOARD IN YOUR BLDG



MOVIE NIGHT

"Hidden Figures"

STARRING:

Taraji Hensen

THURSDAY, May 19

5:30PM



LV III THEATRE

SIGN UP ON BULLETIN BOARD IN YOUR BLDG



Menu May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Ziti w/Meat Sauce Broccoli Italian Bread / Milk Butter Cookies	3 Chicken Pot Pie Buttered Zucchini Roll / Milk Rice Pudding	4 White Bean Soup Turkey & Cheese on Bun w/Mayonnaise Milk Peaches	5 Taco Chili Salad Lettuce & Tomato Salsa & Tortilla Chips Milk / Mint Julip Mousse CINCO DE MAYO & DERBY	6 Williamsburg Chicken Mashed Potatoes Mixed Veggies Bread / Milk Pudding
9 Chili Con Carne Seasoned Rice Peas & Carrots Cornbread / Milk Fruit	10 Fried Chicken Mashed Potatoes w/Gravy Chef's Choice Veggies Biscuit / Milk Brownie	11 Meatloaf w/Gravy Scalloped Potatoes Green Beans Wheat Bread / Milk Applesauce	12 Roast Turkey w/Gravy Cranberry Sauce & Stuffing Peas w/Pearl Onions Roll / Milk Cake w/Icing BIRTHDAY & MOTHER'S DAY	13 Spaghetti w/Meat Sauce Buttered Broccoli Wheat Bread / Milk Fruit
16 LS Ham w/Mustard Sauce Parslaid Potatoes Seasoned Cabbage Wheat Bread / Milk Pudding	17 BBQ Chicken Mexican Corn Colelaw Biscuit / Milk Applesauce	18 Italian Meatballs & Spaghetti Buttered Zucchini Italian Bread / Milk Fruit	19 Fried Chicken Macaroni & Cheese Seasoned Greens Rolls / Milk Ice Cream	20 Chili w/Red Beans Rice Mixed Veggies Cornbread / Milk Fruit Cocktail
23 Chicken Tetrazzini w/Noodles Green Beans Wheat Bread / Milk Fruit	24 Liver & Onions Mashed Potatoes w/Gravy Seasoned Green Beans Wheat Bread / Milk Fruit	25 Vegetable Soup Chicken Salad on Bun Milk Yogurt	26 Fried Fish Scalloped Potatoes Stewed Tomatoes Cornbread / Milk Ice Cream	27 Chicken Marsala w/Mushroom Gravy Wild Rice Buttered Carrots Wheat Bread / Milk Pudding
30 CLOSED MEMORIAL DAY	31 Salisbury Steak w/Gravy Mashed Potatoes Buttered Carrots Wheat Bread / Milk Fruit	1	2	3

<div>  <h1>May 2022 Activity Calendar</h1> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12pm Church Service (I)A	2 9:30am SNAP Rep (I)A 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A 6pm Church of Christ Outreach (I)A & (I)C	3	4	5 1:00pm British Wives (I)A 	6 10am-12:30pm DIABETES CLASS Week 3 5:30pm Bingo (I)A	7 5pm Bingo (II)A
8	9 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A 6pm Church of Christ Outreach (I)A & (I)C	10 3pm Cherub Group (I)C	11 1:00-4:00pm Methodist Women (I)C 5:30pm Bingo (I)A	12 5:30pm MOVIE NIGHT (I)A 5:45pm Bingo (IV)	13 10am-12:30pm DIABETES CLASS Week 4 5:30pm Bingo (I)A	14 5pm Bingo (II)A
15	16 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A 6pm Church of Christ Outreach (I)A & (I)C	17 12:15pm-1:00pm Food Box	18	19	20 10am-12:30pm DIABETES CLASS Week 5 5:30pm Bingo (I)A	21 5pm Bingo (II)A
22	23 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A 6pm Church of Christ Outreach (I)A & (I)C	24	25	26	27 10am-12:00pm DIABETES CLASS Week 6 5:30pm Bingo (I)A	28 6:00pm MEET N' GREET (I)A 5pm Bingo (II)A
29	30 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A 6pm Church of Christ Outreach (I)A & (I)C					



May 2022 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11am Church (III)A	2 5:30pm Dominoes (I)A	3 9:30am Prayer (I)A	4 9:00-11:00am Food Stamp Rep (I)A 10am Bingo (I)A	5 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	6 10:00am HEALTH FAIR (III)A	7
8 11am Church (III)A	9 5:30pm Dominoes (I)A	10	11 9:30am-1:30pm Sr. Comp (III)A 10am Bingo (I)A	12 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	13	14 4pm MEET N' GREET LV(I)A
15 11am Church (III)A	16 5:30pm Dominoes (I)A	17 11:30am-12:00pm Food Box	18 10am Bingo (I)A	19 10am Bible Study (I)A 12-3pm Ceramics (III) 5:30pm (III)A MOVIE NIGHT 6:30pm Bingo (I)A	20	21
22 11am Church (III)A	23 5:30pm Dominoes (I)A	24	25 10am Bingo (I)A	26 10am Bible Study (I)A 12-3pm Ceramics (III) 1pm Karaoke (I)A	27	28
29 11am Church (III)A	30 5:30pm Dominoes (I)A	1	2 10am Bingo (I)A	3	4	5

Phone Extensions

302-674-1408

Name & Position	Extension #
Kim Mendoza, Executive Director	112
Jessica Parsons, Deputy Director	130
Tricia Robinson, Social Services	131
Jessica Balog, Admissions.....	119
Rachel White, Administrative Coordinator	113
Sharon Poisson, Accounting.....	132
Kari Ebert, Desk Supervisor	0
Kelly Hauer, Maintenance	111
Lili Griffin, Kitchen	128
Karen Ambruso, Beauty Shop.....	129
Wednesday / Thursday / Friday — <i>By Appointment Only</i>	
Front Desk	0

Phone Extensions

302-674-3780

Name & Position	Extension #
Tricia Robinson, Social Services	210
Luther Village 1 Desk	212
Karen Ambruso, Beauty Shop.....	674-1408 ext 305
<i>By Appointment Only</i>	
Medical Transportation	242-6187