



# June 2022



## TABLE OF CONTENTS

PAGE

Executive Director – Kim Mendoza.....	2
Deputy Director – Jessica Parsons.....	3
Employee of the Month – by Jessica Parsons .....	4
<i>Spotlight on Tricia Robinson</i>	
DAFB Airshow Pictures – Kim Mendoza .....	4
Social Services – Tricia Robinson.....	5
Massage by Lisa (Ad) • COVID Tests Available (Ad) .....	5
Health First Medical Care (Ad) • Personal Products (Ad) .....	5
Desk Supervisor – Kari Ebert.....	6
Rent Will Be Pulled June 6th.....	6
Meet n' Greet • Methodist Women (Ad).....	7
Welcome Wagon • Karaoke Day (Ad) .....	7
Maintenance – Kelly Hauer .....	8
Exercise Class • Bingo & Domino Schedules • Beauty Salon (Ad) .....	8
Reptile Event Poster .....	9
Surf's Up! Trips to the Beach Pictures.....	10
Health Fair Pictures .....	11
Movie Night: "Sing" – starring Reese Witherspoon – an animated comedy ...	12
June Menu.....	13
Luther Towers June Activity Calendar .....	14
Luther Village June Activity Calendar.....	15
Phone Extensions.....	16

## From the Desk of The Executive Director

### KIM MENDOZA

Well June is here and I definitely welcome the warmer weather. Hopefully, you will all take some time to get out and enjoy the property with its wonderful landscaping and the wildlife you might see while you are out and about. Just make sure, as it gets warmer, you stay hydrated – water is the best source of hydration.

I spent yesterday afternoon at the Dover AFB airshow with some of my kids and grandkids. What an awesome display of our military pride and power! While I was watching them and all of the others around me, it made me think about a few things I thought were worth mentioning in this month's newsletter.

Being part of the military – I retired with 22 years in the Air Force – I know the time, the effort and the teamwork needed to put on this display for everyone to enjoy. Can you imagine the training that goes into learning how to fly those planes and to do the flight patterns they display for all to see? It was not an overnight task and it took the commitment of all involved to make it happen and without an incident.

Being part of the military means following rules. I know we all have rules put on us that we may not agree with; however, there are consequences to not following them if we get caught. As a First Sergeant, part of my job was assisting the commander when it came time to enforce discipline when one of our airmen didn't follow the regulations. Not a pleasant task, but necessary.

The same goes with being a tenant here. I am sure there are rules with which you do not agree. However, as a landlord, we are tasked with assuring everyone has a safe and enjoyable place to live. Sometimes it means enforcing rules not everyone agrees with.

I know one personally is smoking. As you are aware, many years back, it was determined that our apartment buildings would be non-smoking, helping to ensure the safety and health of all involved. There are established smoking areas for those who choose to smoke. You can be assured that your neighbors are quick to contact both management and Security to let them know when they smell any type of smoke in the buildings. Please don't make us have to issue lease violations – OR WORSE – because you fail to adhere to the rules of your lease.

Another thing I was thinking about while waiting for the planes to take off and looking around at all the families having a good time together – how lucky we are to be living in the United States of America. Just watching the news should make you feel the same way.

Can you imagine what it would be like to live in the Ukraine right now and literally having to fight for your life, seeing everything you have destroyed by bombs and having no access to food or water?

Look at all the individuals who are flooding the borders down south (some experiencing who knows what, even death) in hopes of finding a better life here in America.

There isn't much else to say on this matter, except next time we want to complain about something... stop and think about how blessed you are when things could be much worse.

*If you are in a position to help someone out, do so when you can. Sometimes it's as easy as saying a kind word...*

*Kim*

*See Airshow Pictures on Page 4*

### BE AWARE

We want to make everyone aware that we have seen an increase in individuals who will come onto the property with no viable reason for being here. Some may just be using our campus as a short cut, whereas others are looking to see what they can steal. Last night Security viewed a car pull into the lot. A couple of hooded individuals got out and were going from car to car in the parking lots by Towers 2 and Towers 4 to see if the cars were open and what they might be able to take. Security did call Dover Police; however, while they were on the phone with them, the car left the lot and they were unable to catch them. So please ensure your vehicles are locked and, if you view something suspicious, notify Dover Police and the Security Desk ASAP.

From the Desk of The Deputy Director  
**JESSICA PARSONS**

As a resident in HUD subsidized properties (except LV3), you are required to recertify annually. We notify you 4 months before your recertification so that you can begin to gather information regarding your income, assets and medical expenses. Here is a review what is required for your appointments. Bring copies of the following information:

**Income:** Social Security, pensions, unemployment, employment, annuity income, workman's compensation, etc.

**Assets:** Life Insurance policies (company name, address and policy number(s)); annuities; a bank statement for each bank account to include checking, savings, certificates of deposits, stocks, bonds and IRA (at least the most recent statement). In some cases, if we do not receive verification back from your financial institution, HUD requires us to obtain 6 months of bank statements.

**Medical Expenses:** In order for a medical expense to count, we need proof of payment. Expenses include Medicare premium, supplemental insurance, vision and dental insurance and pharmacy expenses. The expense information we collect cannot be older than 12 months from your recertification date. If you provide the medical facility name and address, we can send a verification form to verify your out-of-pocket expense. If we do not receive a response from your doctor, you would need to provide a copy of the receipt or a bill with documentation that shows proof of payment. I would encourage you to keep your receipts from any physician or medical facility and bring to your recertification appointment.

**Over the Counter:** In order to count 'over the counter' items as a medical expense, you would need to have your doctor complete a form verifying the item is needed to treat a medical condition, and you need to provide receipts. Other items that can be counted as a medical expense with a receipt – but without a doctor's verification – are hearing aids and batteries, incontinence items, cane, walker, wheelchair, shower chair, etc.

Over the past couple months, we have had a few cooking fires that, luckily, did not get out of control but did cause a lot of damage. Two of the incidents were unattended cooking; both residents began cooking and walked away. One of those incidents caused approximately \$8,500 in damages. In a third incident, a resident had paper towels on the stove (which is a safety violation) and turned on the wrong burner which caused a fire and ruined the stove. The approximate cost in damages was \$650.

As a tenant, you are responsible to pay for damages caused by carelessness, misuse or neglect per your lease. You are strongly encouraged to be very careful when using your stove.

We do not require you to have renter's insurance; however, you may want to consider obtaining renter's insurance for these examples alone – which I believe is relatively inexpensive.

The landlord bears no responsibility for a tenant's belongings; however, your renter's insurance should cover your property – but not your neighbors. For example, if your upstairs neighbor had a flood and it affected your apartment, without renter's insurance, there is no recourse to replace your items; i.e., the cost is on you.

*Jessica*



*Smoke  
Damage  
kitchen & living  
room caused by  
kitchen fire*

*the Stove*



## EMPLOYEE OF THE MONTH

by Jessica Parsons

This month I would like to recognize Tricia Robinson. Tricia has been married for almost 11 years with two stepsons, William and Wesley. Tricia graduated from Caesar Rodney High School in 1993 and received a degree in Social Services from Lancaster Bible College in Pennsylvania in 2002.

Tricia has been a Social Worker for over 20 years, working with high-risk youth, in-patient psychiatric patients, managed group homes for adults with developmental disabilities and has been at Luther Towers/Luther Village for 10 years.

Tricia's grandmother, Mary Bays, lived at Luther Towers Building 4 for a very long time and, because of this, Tricia has always had a special place in her heart for the residents of Luther Towers and Luther Village. Tricia loves being a social worker and plans to be here for a very long time.

Some of you may not know Tricia was diagnosed with Breast Cancer in 2010 and is now celebrating a 12-year survivorship this MONTH!

Tricia adds great value not only to our residents but also to the staff and the organization as a whole. Tricia is always willing to lend a helping hand and always with a smile. She has a genuine giving heart that we all benefit from.

Jessica



*My Three Little Amigos at DAFB Airshow  
with Aerial Photos – Kim Mendoza*



Kim



From the Office of Social Services  
**TRICIA ROBINSON**

Hello Everyone! 🙋

We had 2 great trips to Rehoboth Beach on the Bluebird! Driver Chris reported everyone had a great time and really enjoyed the ride. Thank you to those who attended and we hope to have more trips in the future!

We had a Health Fair at Luther Village this month. I really appreciate the vendors who took the time in their busy schedules to come visit us! We had several door prizes, beautiful gift baskets, many gift cards... Congratulations to all the winners! Attendance could have been better and we hope it will be next time!

🎤 **Karaoke** will continue – we are having a great time and the attendance has been spectacular! Thank you to everyone for coming out. Check the activity calendar for dates and times in June! Door Prizes and yummy treats!

🎪 **Movie Night** will be at Luther Towers Thursday, June 9th, and Luther Village Thursday, June 16th at 5:30p.m. JUNE movie will be **“SING” starring Reese Witherspoon**. Come join us for a great time! Sign up on the bulletin board in your building.

🛒 **SNAP** Oscar from SNAP (Food Stamps) will be available once a month at both campuses to assist our residents with completing a food stamp application (if you are not already receiving food stamps). He will be at Luther Village on Wednesday, June 1st at 9:30am in LVI Parlor and Luther Towers on Monday, June 6th at 9:30a.m. You do not need an appointment – it is first come first serve!

Don't forget **EXERCISE CLASS** every Monday at 10:15a.m. with Betsy! It is a great way to start your week and get moving!



Thank you,  
*Tricia*

**LISA HARSHBERGER**

Luther Towers Building I

**Appointments:**

674-1408x131 Tricia

**Just \$20 for 30-Minute Session**



**COVID TESTS:**

**Anyone can Order another  
Eight (8) FREE COVID TESTS**

**Contact:**

**CovidTests.gov or call 1-800-232-0233**

**PERSONALS:**

**If you need adult diapers (pull-ups),  
incontinence pads (sanitary napkins),  
bed pads (sheet protectors)...  
please call Tricia at 302-674-1408 x131**

**HEALTH FIRST MEDICAL CARE**

QUALITY COMPREHENSIVE CARE AT HOME

**PROVIDING A WIDE RANGE  
OF SERVICES**

- Primary Care
- Mental Health Consult/  
Mental Health Counseling
- Annual Wellness Exam
- Medication Management/  
Pharmacy Consultation
- Audiology/Optometry  
Assessments
- Podiatry

**MEDICAL DIRECTOR**

ERNEST TAMAJONG  
CRNP/DNP(c)



**CONTACT INFORMATION:**

302-616-9324

etamajong@health1mc.com

www.health1mc.com

*Affordable Health Care Solutions in the Comfort of Your Home*

## From The Desk Supervisor – KARI EBERT

Happy June to everyone!

You may have noticed some new faces at the security desks at both campuses lately. We've said goodbye to a few staff members and hello to new ones.

First, Ben made the transition to full time maintenance, so we still get to see him around the halls. Then Linda bought a house and moved to Arkansas. Lastly, Rob transitioned into his well-deserved retirement. We're going to miss them, but we wish them all the best.

All three new staff members have finished their training and are such great additions to the team. Danielle will be working at both campuses with weekend and weeknight hours. Kimberly and Tré will be working mostly the weekend midnight shifts. They'll be rotating locations so they will get to know the ins and outs of both campuses. I'm thrilled that we are now fully staffed again and will have 24-hour coverage at both Luther Towers and Luther Village (barring any vacations and emergencies). I know Danielle, Tré, and Kimberly will fit in beautifully to our family. Make sure you welcome them if you haven't already.

### Quick Reminders:

- It's a blessing that **Grocery Carts** are available to residents to carry their groceries or heavier items to their apartments. The rules state that residents must bring the carts back after they're finished unloading. Recently, we've had to track down carts that were kept for long periods of time. Please be considerate of others who may need to use a cart.
- **15-Minute Parking Spaces** are designated for guests and residents who are unloading or who will only be in the building for that period of time. If unloading will take longer than 15 minutes, you must park somewhere else. If security sees someone in a space for more than 15 minutes, they will ask that person to come move their vehicle. Please make sure your visitors know as well.

Kari

### INFORMATION BOTH CAMPUSES

**Rent will be pulled on  
June 6th.**

In some months, your rent may not come out of your account on the 4th **due to holidays or weekends.**

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will save you from  
Insufficient Funds problems.

### *Instructions on Not Giving Up* Ada Limón

More than the fuchsia funnels breaking out of the crabapple tree, more than the neighbor's almost obscene display of cherry limbs shoving their cotton candy-colored blossoms to the slate sky of Spring rains, it's the greening of the trees that really gets to me. When all the shock of white and taffy, the world's baubles and trinkets, leave the pavement strewn with the confetti of aftermath, the leaves come. Patient, plodding, a green skin growing over whatever winter did to us, a return to the strange idea of continuous living despite the mess of us, the hurt, the empty. Fine then, I'll take it, the tree seems to say, a new slick leaf unfurling like a fist to an open palm, I'll take it all.



# MEET & GREET

**Join Us!**

Enjoy Meeting &  
Making New  
Friends.

While you're at it,  
have a snack  
& a sip.

Find out what you  
might be missing!



**LUTHER TOWERS**  
**(I)A 6:00PM**  
**JUNE 25TH, 2022**

**LUTHER VILLAGE**  
**(I)A 4:00PM**  
**JUNE 11TH, 2022**



**WELCOME TO  
ROSEMARY CIRCLE**



**2nd Wednesday of Each Month**

**1:00 p.m. • LT I (conf room)**

**Fellowship, Prayer, Learning**

**ALL ARE WELCOME**

**Sponsored by: United Methodist Women**



**Luther Towers**  
Building I Activity Room

**Luther Village**  
Building I Activity Room

**Thursday, June 16th**  
**1:00pm**

**Thursday, June 23rd**  
**1:00pm**

**Snacks & Door Prizes & Fun, Fun & More Fun!**  
**Sign Up on Bulletin Board in Your Building**

**Newcomers – Welcome, Neighbor!**

LT1 610	Betty Robinson
LT1 718	Shirley Raikes
LT2 A14	Sandra Bowden-Avant
LV1 1317	Betty Taylor
LV3 3403	Cheryl McDuffie



From The Maintenance Manager  
**KELLY HAUER**

## PEST CONTROL



### **Luther Village Apartments**

None at This Time

### **Luther Towers Apartments**

June 1st.....LT-1 . 201-223 .....LT-2 . B01-B18

June 8th .....LT-1 . 301-323 .....LT-3 . 1001-1018

June 15th ....LT-1 . 401-423 .....LT-3 . 2001-2018

June 22nd ...LT-1 . 501-523 .....LT-3 . 3001-3018

### **KELLY'S REMINDERS:**

As I walk around the outsides of the buildings,  
I have noticed that some residents are not picking  
up after their pet. Please think of others and pick  
up after your pets...



## **THOUGHT FOR THE MONTH**

- ~ Be Happy with Being You
- ~ Love Your Flaws
- ~ Own Your Quirks
- ~ And Know that You are Just as Perfect as Anyone Else



*Kelly*



## **Exercise Class**

## **“MORNING STRETCH W/BETSY”**

**Every Monday Morning at  
10:15am in Luther Towers I(A)**

**Hosted by:**

**Certified Instructor  
Betsy Gustafson**



## **BINGO SCHEDULE**

### **LUTHER TOWERS**

Mondays	5:00pm	(II)A
Wednesdays	5:30pm	(I)A
Thursdays	5:45pm	(IV)
Fridays	5:30pm	(I)A
Saturdays	5:00pm	(II)A

### **LUTHER VILLAGE**

Wednesdays	10:00am	(I)A
Thursdays	6:30pm	(I)A



## **DOMINOS**

### **LUTHER VILLAGE**

**EXCLUSIVELY**

**Mondays...5:30pm...(I)A**



**LUTHER TOWERS BEAUTY SALON  
\$10.00 HAIRCUTS**

**SPECIAL! SPECIAL! SPECIAL!  
NEW CLIENTS ONLY**

**APPOINTMENTS AVAILABLE  
WED/THURS/FRI**

**TO MAKE APPOINTMENT  
CALL 302-674-1405 x129**



# Reptile Event!

Friday, July 22nd at 2:30pm

LUTHER TOWERS I(A)



**RESERVE YOUR SEAT TODAY!**

*Sign Up on the Bulletin Board in Your Building*

Join Us for a **HANDS-ON & INTERACTIVE PRESENTATION**  
with as many as 12 to 15 different exotic species of reptiles.  
Everything from baby turtles, giant tortoises,  
monitor lizards and large pythons!



## Mission Statement

### **Reptile Wonders: The Nature Center On-The-Go**

An environmental education center and wildlife rehabilitation facility dedicated to awakening the communities' sense of awareness to the natural beauties of the environment and our role amidst Earth's biological diversity.



# SURF'S UP! LET'S GO TO THE BEACH!





# HEALTH FAIR

Luther Village hosted the Health Fair in May.

There were vendors and door prizes and beautiful gift baskets and many gift cards...

We hope to see many more visitors next time taking advantage of the information available to them — as well as all the goodies!





FROM THE CREATORS OF **DESPICABLE ME**

ILLUMINATION  
PRESENTS

# SING

MATTHEW MCCONAUGHEY • REESE WITHERSPOON  
SETH MACFARLANE • TORI KELLY  
JOHN C. REILLY • TARDON EGERTON  
SCARLETT JOHANSSON

AUCTIONS BEGIN  
2016

**MOVIE NIGHT**  
**'SING'**

STARRING: Reese Witherspoon  
Animated Movie

THURSDAY, JUNE 9  
5:30PM



LT I (A)

SIGN UP ON BULLETIN BOARD IN YOUR BLDG

**MOVIE NIGHT**  
**'SING'**

STARRING: Reese Witherspoon  
Animated Movie

THURSDAY, JUNE 16  
5:30PM



LV III THEATRE

SIGN UP ON BULLETIN BOARD IN YOUR BLDG

ILLUMINATION  
ANIMATED MOVIES





# Menu June 2022

Monday	Tuesday	Wednesday	Thursday	Friday
30 Chicken Pot Pie Buttered Broccoli Wheat Bread / Milk Peaches	31 Spaghetti w/Meat Sauce Chef's Choice Veggies Italian Bread / Milk Pudding	1 Beef-A-Roni Casserole Buttered Squash Italian Bread / Milk Pears	2 Williamsburg Chicken Buttered Peas Glazed Carrots Wheat Bread / Milk Chocolate Mousse	3 Hot Dog on Bun Baked Beans Coleslaw Milk Pudding
6 Chili w/Red Beans & Rice Peas & Carrots Wheat Bread / Milk Fruit	7 Spaghetti w/Meat Sauce Chef's Choice Veggies Italian Bread / Milk Pudding	8 Tuna Salad on Bun Lettuce & Tomato Coleslaw Milk Brownies	9 Fried Chicken Macaroni & Cheese Collard Greens Cornbread / Milk Cake <b>BIRTHDAYS / JUNETEENTH</b>	10 Baked Pork Chops w/Onion Gravy Mashed Potatoes Mixed Greens Roll / Milk Strawberries
13 Chili w/Red Beans & Rice Peas & Carrots Wheat Bread / Milk Fruit	14 Ham & Cabbage Boiled Potatoes Wheat Bread / Milk Brownie	15 Baked Chicken w/Gravy Wild Rice Buttered Spinach Milk Fruit	16 Italian Meatballs & Spaghetti Mixed Veggies Garlic Bread / Milk Applesauce	17 BBQ Riblet on Bun Potato Salad Mixed Greens Roll / Milk Pie <b>FATHER'S DAY</b>
20 <b>JUNETEENTH</b> <b>Holiday</b> <b>Center Closed</b>	21 Baked Ziti w/Meat Sauce Peas Garlic Bread / Milk Oatmeal Cookies	22 BBQ Pork on Bun Potato Wedges Corn Milk Pudding	23 Liver & Onions Mashed Potatoes w/Gravy Green Beans Wheat Bread / Milk Applesauce	24 Baked Chicken w/Gravy Scalloped Potatoes Buttered Broccoli Roll / Milk Fruit
27 Salisbury Steak w/Gravy Mashed Potatoes Carrots Roll / Milk Fruit Cocktail	28 Smothered Pork Chops w/Gravy Au Gratin Potatoes Mixed Veggies Bread / Milk Applesauce	29 Turkey & Cheese Sub w/Lettuce & Tomato Coleslaw Milk Pudding	30 Fried Chicken Macaroni & Cheese Mixed Greens Cornbread / Milk Mousse	1

<div> <div>  </div> <div> <h1>June 2022 Activity Calendar</h1> </div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 5:30pm Bingo (I)A	2 5:45pm Bingo (IV)	3 5:30pm Bingo (I)A	4 9am-9pm Jackson (I)A 5pm Bingo (II)A
5 12pm Church Service (I)A	6 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A	7 3pm Cherub Group (I)C	8 1:00-4:00pm Methodist Women (I)C 5:30pm Bingo (I)A	9 5:30pm MOVIE NIGHT (I)A 5:45pm Bingo (IV)	10 5:30pm Bingo (I)A	11 9am-9pm Association for the Blind (I)A 5pm Bingo (II)A
12 12pm Church Service (I)A	13 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A	14 3pm Cherub Group (I)C	15 5:30pm Bingo (I)A	16 1:00pm KARAOKE (I)A 5:45pm Bingo (IV)	17 5:30pm Bingo (I)A	18 5pm Bingo (II)A
19 12pm Church Service (I)A	20 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A	21 12:15pm-1:00pm Food Box	22 5:30pm Bingo (I)A	23 5:45pm Bingo (IV)	24 5:30pm Bingo (I)A	25 6:00pm MEET N' GREET (I)A 5pm Bingo (II)A
26 12pm Church Service (I)A	27 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A 6pm Church of Christ Outreach (I)A & (I)C	28	29 5:30pm Bingo (I)A	30 5:45pm Bingo (IV)	1	2



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 9:30am <b>SNAP (I)A</b> 10:00am Bingo (I)A	2 10am Bible Study (I)A 12pm-3pm Ceramics (III) 5pm Bingo (I)A	3	4
5 11am Church Services (III)A	6 5:30pm Dominos (I)A	7	8 10:00am Bingo (I)A	9 10am Bible Study (I)A 12pm-3pm Ceramics (III) 5pm Bingo (I)A	10	11 9am-9pm Parker (III)A  4pm <b>MEET N' GREET LV(I)A</b>
12 11am Church Services (III)A	13 1pm Matinee Breakthrough <b>ENCORE</b> Movie Theater (III) 5:30pm Dominos (I)A	14 Flag Day 	15 10:00am Bingo (I)A	16 10am Bible Study (I)A 12pm-3pm Ceramics (III) 5:30pm Movie Night (III)A 5pm Bingo (I)A	17	18 
19 <b>Happy Father's Day!</b> 11am Church Services (III)A	20 5:30pm Dominos (I)A	21 11:30am-12:00pm Food Box	22 10:00am Bingo (I)A	23 10am Bible Study (I)A 12pm-3pm Ceramics (III) 1pm Karaoke (I)A 5pm Bingo (I)A	24	25 9am-9pm Harris (III)A
26 11am Church Services (III)A	27 5:30pm Dominos (I)A	28	29 10:00am Bingo (I)A	30 10am Bible Study (I)A 12pm-3pm Ceramics (III) 5pm Bingo (I)A	1	2

# **Phone Extensions**

**302-674-1408**

<b>Name &amp; Position</b>	<b>Extension #</b>
Kim Mendoza, Executive Director .....	112
Jessica Parsons, Deputy Director .....	130
Tricia Robinson, Social Services .....	131
Jessica Balog, Admissions.....	119
Rachel White, Administrative Coordinator .....	113
Sharon Poisson, Accounting.....	132
Kari Ebert, Desk Supervisor .....	0
Kelly Hauer, Maintenance .....	111
Lili Griffin, Kitchen .....	128
Karen Ambruso, Beauty Shop.....	129
Wednesday / Thursday / Friday — <i>By Appointment Only</i>	
Front Desk .....	0

---

# **Phone Extensions**

**302-674-3780**

<b>Name &amp; Position</b>	<b>Extension #</b>
Tricia Robinson, Social Services .....	210
Luther Village 1 Desk .....	212
Karen Ambruso, Beauty Shop.....	674-1408 ext 305
<i>By Appointment Only</i>	
Medical Transportation .....	242-6187