

Newsletter



April 2022



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From the Desk of The Executive Director
KIM MENDOZA

Our weather has certainly been up and down. I am looking forward to warmer days – and less rain! All the trees and flowers are starting to bloom, baby bunnies running around and soon, I am sure, ducklings will be showing up. Enjoy this time of year as it is my favorite!

I am excited to say all of our HUD inspections are behind us for 3 years. Thanks to all the maintenance/custodial staff for all their hard work – and your cooperation. As a result, we passed them all with flying colors.

While we were preparing for HUD, the Health and Safety Inspections were temporarily put on hold. We will be starting those up again this month. You will be notified in advance when your apartment is due to be inspected. If you have any questions/concerns, please contact Kelly Hauer.

We are working with the Board of Directors to make some changes/updates to the House Rules. Once the Board approves, we will be sending out the changes for you to review and provide comments. This will be a 30-day review period. Then they will be finalized and you will receive an updated copy for your files.

**INFORMATION BOTH
CAMPUSES**

Rent will be pulled on
April 4th.

In some months, your rent may not come out of your account on the 4th **due to holidays or weekends.**

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will save you from
Insufficient Funds problems.

Tricia Robinson has been doing a great job providing new opportunities for you to get out of your apartment and have a little fun with others – Karaoke, Tattoo's and Booze, Movie Nights and games with kids. We hope that those who have participated enjoyed themselves and hope that more of you will come out and have some fun.

We are hoping to put on a Summer BBQ for residents. We will post more information as the time draws near.

After YEARS of waiting for new furniture for Luther Village I, we finally had the money to purchase some. Jessica Parsons did an amazing job with her decorations. Thanks goes out to Dave and Johnny who helped put all that furniture together. Hope you all enjoy it! *See next page for photos.*

Just a friendly reminder, apartment living can be close quarters sometimes. Please make every effort to remember you have neighbors and please treat them like you would want to be treated.

Luke 6:31 “And as ye would that men should do to you, do ye also to them likewise.”

Golden Rule: Do unto others as you would like them to do unto you.

Kim Mendoza



LUTHER VILLAGE RENOVATIONS



The Renovation is Complete!

Tables for Two...

Color Schemes for a relaxing atmosphere



Artfully & Pleasingly Decorated

Furniture Arrangements for small groups or larger groups with comfort in mind.



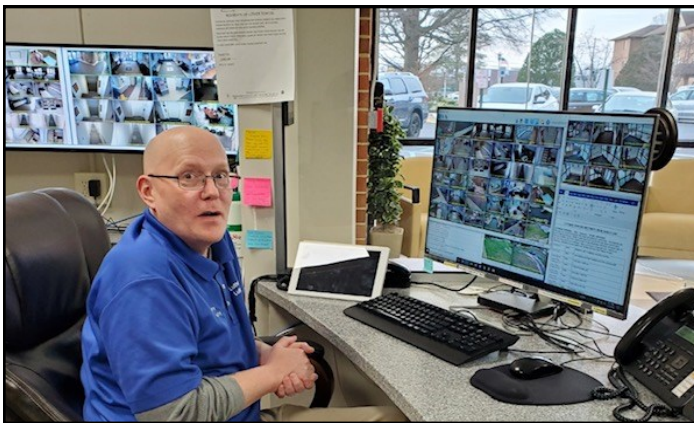
From the Desk of The Deputy Director
JESSICA PARSONS

Warm weather soothes my soul. I love this time of year. Make sure you get out and enjoy the upcoming nice days!

There have been several instances where food has been left out by residents close by the entrances to the buildings. This is strictly prohibited. The food left out will invite unwanted critters. We recently had a fox access the dumpsters – this just shows that leaving food out could be dangerous. Here is a photo of our “creepy” friend:

MARCH STAFF RECOGNITION

The staff member I would like to highlight this month is Barry Jewell. Barry has been with Luther Towers a little under a year as one of our Security Desk Personnel.



Before coming to Luther Towers, he and his family owned Acorn Books where he ran day-to-day operations. Barry’s previous work includes loading and unloading trucks, quality control, and operating power lift and delivery trucks.

Barry is married with a 12-year-old daughter – one of his proudest accomplishments. He has a dog named Cooper and a cat named Ninja Lee.

His hobbies include attending concerts, playing video games, and playing music. He is busy currently with his new home. He loves talking and connecting with people which is evident in his position. Barry is extremely meticulous with overnight security of our campus so you can rest assured he will keep the residents safe.

Jessica

HEALTH FAIR

MAY 6th 10 AM – 12PM
COME AND JOIN US!

Home Health

Hospice

Rehab Facilities

Local Businesses

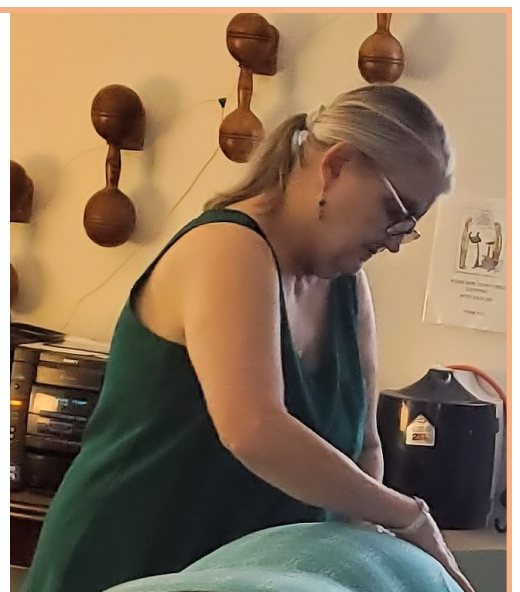
Home Care

Assisted Senior Living

Community Support Agencies

GIVEAWAYS AND DOOR PRIZES
LUTHER VILLAGE BUILDING 3 ACTIVITY ROOM

LISA HARSHBERGER
Luther Towers Building I
Appointments:
674-1408x131 Tricia
Just \$20
for 30-Minute Session



From the Office of Social Services
TRICIA ROBINSON

Hello Everyone! 🙋

We had a great time at Karaoke this month! Thank you to all those who showed up and participated! It was SO MUCH FUN. We will have another Karaoke in April! Check the calendar for dates and sign up on your bulletin board!

There will be a Diabetes Class hosted by Delaware Health and Social Services starting Friday, April 22nd at 10am in Luther Towers building I Activity Room. Both campuses can participate in this educational seminar. It is a SIX week course that will be every Friday starting on April 22nd. You must pre-register by calling 302-990-0522. If you are not comfortable calling, let me know and I will have them call you.

Thank you to those that cooperated with returning your Emergency Contact Form update! We have successfully received over 300 forms and only have a few to go! If you have not returned your emergency contact form update, please do so as soon as possible. We understand that many of you did not have a contact change but Luther Towers/Luther Village updated the form we use and we need to receive them for ALL residents.

Sharon, the kind lady from Frederica Post Office, is retiring. Sharon has been coming to LT/LV for 10+ years and has always been so caring to staff and residents – we will greatly miss her! We are not yet certain if Sharon will be replaced with another community liaison. In the meantime, if you need to purchase a book of stamps, you can contact me (Tricia). A book of postage stamps (20) is \$11.60. You must purchase an entire book – individual stamps will not be sold.

Movie Night will be at Luther Towers Thursday, APRIL 14th and Luther Village Thursday, APRIL 21st at 5:30p.m. The April

movie will be “BOOK CLUB” starring Jane Fonda and Diane Keaton. Come join us for a great time! Sign up on bulletin board in your building.

Oscar from SNAP (Food Stamps) will be available again this month to assist residents with completing a food stamp application (if you are not already receiving food stamps). He will be at Luther Village on Wednesday, APRIL 6th at 9:30am in LV-I Parlor and Luther Towers on Monday, APRIL 4th at 9:30a.m. You do not need an appointment – it is first come first serve!



Thank you, *Tricia*

— NOTICE —
— Information For All Residents —

WALGREENS

261 N. duPont Highway, Dover

on THURSDAY • APRIL 14th
the Walgreens by the Dollar Tree
will be moving their
PHARMACY
to a small location behind
ALDI.

Walgreens Pharmacy
will then be strictly a
PHARMACY

HEALTH FIRST MEDICAL CARE

QUALITY COMPREHENSIVE CARE AT HOME

**PROVIDING A WIDE RANGE
OF SERVICES**

- Primary Care
- Mental Health Consult/
Mental Health Counseling
- Annual Wellness Exam
- Medication Management/
Pharmacy Consultation
- Audiology/Optometry
Assessments
- Podiatry

MEDICAL DIRECTOR

ERNEST TAMAJONG
CRNP/DNP(c)



CONTACT INFORMATION:
302-616-9324
etamajong@health1mc.com
www.health1mc.com

Affordable Health Care Solutions in the Comfort of Your Home

MEET & GREET

Join Us!

**Enjoy Meeting &
Making New
Friends.**

**While you're at it,
have a snack
& a sip.**

**Find out what you
might be missing!**



**LUTHER TOWERS
(I)A 6:00PM
APRIL 30TH, 2022**

**LUTHER VILLAGE
(I)A 4:00PM
APRIL 8TH, 2022**



**WELCOME TO
ROSEMARY CIRCLE**



2nd Wednesday of Each Month

1:00 p.m. • LT I (conf room)

Fellowship, Prayer, Learning

ALL ARE WELCOME

Sponsored by: United Methodist Women



Luther Towers
Building I Activity Room

Luther Village
Building I Activity Room

Thursday, April 21st
1:00pm

Thursday, April 28th
1:00pm

Snacks & Door Prizes & Fun, Fun & More Fun!
Sign Up on Bulletin Board in Your Building

Newcomers – Welcome, Neighbor!

LT1 618	Audrey Crandall
LT1 414	Doris Bushey
LT1 722	Shirley Swain
LT1 211	Frank Nardone
LT4 4215	Francis Hale
LT4 4116	Wilsa Coker
LV1 1311	Dennis Bordley
LV3 3201	Danny & Ra Cho



From The Maintenance Manager
KELLY HAUER

PEST CONTROL

Luther Towers Apartments

Apr 274301-4316

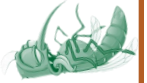
Luther Village Apartments

Apr 6th LV 32nd, 3rd, 4th Floors

Apr 13th LV 2Entire Building / LV 3 1st Floor

Apr 20th LV 12nd & 3rd Floors

Apr 27th LV 21st Floor



KELLY'S REMINDERS:

Spring is Here and Now is the Time for SPRING CLEANING!

If you have any un-wanted items cluttering up your apartment, you can remove stuff and put in our Bulk Trash Area located on the North End of the Luther Towers Building 3 and the North End of Luther Village Building 1.



THOUGHT OF THE MONTH

**YOUR MIND IS A GARDEN,
YOUR THOUGHTS ARE THE SEEDS...
YOU CAN GROW FLOWERS,
OR YOU CAN GROW WEEDS...**

Kelly

BINGO SCHEDULE

LUTHER TOWERS

Mondays	5:00pm	(II)A
Wednesdays	5:30pm	(I)A
Thursdays	5:45pm	(IV)
Fridays	5:30pm	(I)A
Saturdays	5:00pm	(II)A

LUTHER VILLAGE

Wednesdays	10:00am	(I)A
Thursdays	6:30pm	(I)A



DOMINOS

LUTHER VILLAGE

EXCLUSIVELY

Mondays...5:30pm...(I)A



Exercise Class

“MORNING STRETCH W/BETSY”


**Every Monday Morning at
10:15am in Luther Towers I(A)**

Hosted by:

**Certified Instructor
Betsy Gustafson**



From The Desk Supervisor – KARI EBERT



It's April, and Mother Nature is blossoming! At this time of year, I really miss the large cherry tree that used to be in back of Luther Towers, building I. When it was still there, I would park in the back just so I could walk by it and take in its blooming beauty. It was replaced by a smaller sapling, and while I still get excited when I see the blooms, I still miss the old one.

This reminds me of a scripture in the Bible:



That small tree will eventually be as large and majestic as its predecessor. All the potential is held within its form, and any bit of growth is a reason to rejoice.

I challenge you (and myself) to remember this when you begin something new or difficult and there seems to be very little progress. Whether its rehabilitating after an injury or illness, learning something new, or simply beginning a project you've been avoiding, any progress is progress. Be encouraged and remind yourself not to despise a small beginning. You never know how big it will grow to be.

Here's a sweet little poem that doesn't have much to do with small beginnings, but it made me smile. I hope it makes you smile, too.

ALWAYS MARRY AN APRIL GIRL

—BY OGDEN NASH

Praise the spells and
bless the charms,
I found April in my arms.
April golden, April cloudy,
Gracious, cruel, tender, rowdy;
April soft in flowered languor,
April cold with sudden anger,
Ever changing, ever true —
I love April, I love you.

Quick Reminder:

Please make sure you call the Luther Towers or Village Desk to register your overnight guests and notify the desk when they leave.

As stated in the **LUTHER TOWERS/
LUTHER VILLAGE HOUSE RULES**
pertaining to overnight guests:

"The length-of-stay cannot exceed
14 days in a 6-month period."

Rule 8
Page 6

OVERNIGHT GUESTS

Security is tasked with keeping an accurate record. If you forget to tell us your guest has left, we'll assume they're still with you. This can make the count inaccurate.

Thank you for keeping us informed!

Kari

april showers bring may flowers!

CENTRAL MIDDLE SCHOOL VISITORS

A group of young people from Central Middle School visited and played Table Games with our seniors at Luther Towers. There was a nice turnout of residents who not only had the pleasure of playing games and visiting young folks but had door prizes to win and snacks to eat & drink!



IT WAS A GREAT TIME!

KARAOKE PERFORMERS ~ LUTHER TOWERS ~ MARCH 11TH “STARS OF THE SHOW”



KARAOKE PERFORMERS ~ LUTHER VILLAGE ~ MARCH 25TH “STARS OF THE SHOW”



DIANE
KEATON

JANE
FONDA

CANDICE
BERGEN

MARY
STEENBURGEN



The Next Chapter is Always the Best.

Book Club

MOVIE NIGHT
BOOK CLUB

COMEDY STARRING: DIANE
KEATON, JANE FONDA
THURSDAY, APRIL 14

5:30PM



LT I (A)



SIGN UP ON BULLETIN BOARD IN YOUR BLDG

Join the Club. **May 18**

MOVIE NIGHT
BOOK CLUB

COMEDY STARRING: DIANE
KEATON, JANE FONDA
THURSDAY, APRIL 21

5:30PM



LV III THEATRE



SIGN UP ON BULLETIN BOARD IN YOUR BLDG






Menu April 2022

Monday	Tuesday	Wednesday	Thursday	Friday
28 Chili with White Beans Seasoned Rice Chef's Choice Veggies Cornbread / Milk Fruit	29 Chicken Marsala w/Sauce Egg Noodles Buttered Carrots Wheat Bread / Milk Fruit	30 Minestrone Soup Tuna Salad on Bun Coleslaw Milk Fruit	31 Fried Chicken Mashed Potatoes Mixed Greens Roll / Milk Ice Cream	1 Baked Chicken Mac & Cheese Buttered Carrots Wheat Bread / Milk Pudding
4 Meatloaf w/Tomato Gravy Mashed Potatoes Buttered Broccoli Wheat Bread / Milk Sherbet	5 Spaghetti w/Meat Sauce Buttered Broccoli Italian Bread / Milk Fruit	6 Beef Stroganoff Buttered Noodles Green Beans Wheat Bread / Milk Applesauce	7 Ham w/Pineapple Glaze Mashed Sweet Potatoes Buttered Peas / Dinner Roll Milk / Carrot Cake	8 Seafood Newburg Rice Buttered Green Beans Wheat Bread / Milk Fruit
11 Baked Ziti w/Meat Sauce Buttered Mixed Veggies Italian Bread / Milk Cookies	12 Chicken Pot Pie Buttered Zucchini Bread / Milk Pears	13 Salisbury Steak w/Gravy Mashed Potatoes Green Beans Wheat Bread / Milk Pudding	14 EASTER DINNER & BIRTHDAY Fried Chicken Mac & Cheese Seasoned Collard Greens Cornbread / Milk Ice Cream	15 GOOD FRIDAY CENTER CLOSED
18 LS Ham w/Mustard Sauce Boiled Potatoes Seasoned Cabbage Wheat Bread / Milk Oatmeal Cookies	19 Baked Chicken w/Gravy Yellow Rice Veggie Blend Roll / Milk Yogurt	20 Taco Chili Salad Lettuce & Tomato Tortilla Chips Milk Pudding	21 Liver & Onions / Gravy Mashed Potatoes Seasoned Green Beans Wheat Bread / Milk Fruit	22 Pork Chops w/Gravy Mashed Potatoes Sauerkraut Wheat Bread / Milk Brownie
25 LS Ham w/Mustard Sauce Boiled Potatoes Seasoned Cabbage Wheat Bread / Milk Oatmeal Cookies	26 Baked Chicken w/Gravy Yellow Rice Veggie Blend Roll / Milk Yogurt	27 Taco Chili Salad Lettuce & Tomato Tortilla Chips Milk Pudding	28 Liver & Onions / Gravy Mashed Potatoes Seasoned Green Beans Wheat Bread / Milk Fruit	29 Lemon Pepper Chicken Rice Mixed Veggies Wheat Bread / Milk Fruit

<div> <div> <div>fUTHER</div> <div>LOWERS</div> </div> <div> <div>April 2022</div> <div>Activity Calendar</div> </div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
12pm Church Service (I)A	9am Food Stamp Rep (I)A 10:15 Morning Stretch w/Betsy 5pm Bingo (II)A		5:30pm Bingo (I)A	1pm British Wives (I)A 5:45pm Bingo (IV)	5:30pm Bingo (I)A	5pm Bingo (II)A
10	11	12	13	14	15	16
12pm Church Service (I)A	10:15 Morning Stretch w/Betsy 5pm Bingo (II)A	3pm Cherub Group (I)C	5:30pm Bingo (I)A	5:30pm MOVIE NIGHT (I)A	5:30pm Bingo (I)A	5pm Bingo (II)A
17	18	19	20	21	22	23
12pm Church Service (I)A	10:15 Morning Stretch w/Betsy 5pm Bingo (II)A	12:15pm-1:00pm Food Box	5:30pm Bingo (I)A	1:00pm KARAOKE (I)A 5:45pm Bingo (IV)	10am Diabetes Class Week 1 (I)A 5:30pm Bingo (I)A	5pm Bingo (II)A
24	25	26	27	28	29	30
12pm Church Service (I)A	10:15 Morning Stretch w/Betsy 5pm Bingo (II)A		5:30pm Bingo (I)A	5:45pm Bingo (IV)	10am Diabetes Class Week 2 (I)A 5:30pm Bingo (I)A Arbor Day	6pm MEET N' GREET (I)A



April 2022 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 	2
3 11am Church (III)A	4 5:30pm Dominoes (I)A	5 9:30am Prayer (I)A	6 9:30am Food Stamp Rep (I)A 10am Bingo (I)A	7 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	8 4pm MEET N' GREET LV(I)A	9
10 11am Church (III)A	11 5:30pm Dominoes (I)A	12	13 10am Bingo (I)A	14 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	15 	16
17  11am Church (III)A	18 5:30pm Dominoes (I)A	19 11:30am-12:00pm Food Box	20 10am Bingo (I)A	21 10am Bible Study (I)A 12-3pm Ceramics (III) 5:30pm (III)A MOVIE NIGHT 6:30pm Bingo (I)A	22 	23
24 11am Church (III)A	25 5:30pm Dominoes (I)A	26	27 10am Bingo (I)A	28 10am Bible Study (I)A 12-3pm Ceramics (III) 1pm Karaoke (I)A 6:30pm Bingo (I)A	29  Arbor Day	30 9am-9pm Parker (III)A

Phone Extensions

302-674-1408

Name & Position	Extension #
Kim Mendoza, Executive Director	112
Jessica Parsons, Deputy Director	130
Tricia Robinson, Social Services	131
Jessica Balog, Admissions.....	119
Rachel White, Administrative Coordinator	113
Sharon Poisson, Accounting.....	132
Kari Ebert, Desk Supervisor	0
Kelly Hauer, Maintenance	111
Lili Griffin, Kitchen	128
Karen Ambruso, Beauty Shop.....	129
Wednesday / Thursday / Friday — <i>By Appointment Only</i>	
Front Desk	0

Phone Extensions

302-674-3780

Name & Position	Extension #
Tricia Robinson, Social Services	210
Luther Village 1 Desk	212
Karen Ambruso, Beauty Shop.....	674-1408 ext 305
<i>By Appointment Only</i>	
Medical Transportation	242-6187