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From the Desk of The Executive Director

KIM MENDOZA

I want to say, “Thank You”! As most of you know, our housing inspections have ramped back up after a lull during COVID. Over the past 6 weeks, there have been 3 inspections completed. Due to hard work from staff and cooperation from “you” – the resident – we have received 3 outstanding scores. There are two more inspections which will be happening the first part of December. So, please, continue to have patience with us and know that your cooperation, not only helps us to do well, but allows us to ensure we continue to provide you with a place you are proud to call home.

There is always conversation going on about making sure you are prepared for disaster, etc. Although it may not be a disaster, I am sure you are starting to notice that the shelves/racks at some of the local stores are starting to look bare. My intent in saying this is certainly NOT to have you purchase items in bulk or start hoarding things! No! Just make sure you have on hand the things you typically use. If the store is out of an item for awhile, you won't be without. According to the news, this will not be fixed anytime soon.



We will have had our “End of Summer” bash by the time you read this. It's fall already! There was a good turn out of residents from both the Towers and Village. Luther Towers will be having its annual Thanksgiving meal on November 18th. Keep your eye out for more information and make sure you RSVP so we know you are coming. In December, Christmas dinner will be served to the residents at Luther Village.

Lastly, we have hired two new individuals:

George Price – Bluebird Driver

Dave Pierce – Maintenance

If you see them, take a minute and welcome them to the family!

*Wishing Everyone a Very
Happy Thanksgiving!*

*Kim Mendoza
& Bully Dog*



*“If you have a
tendency to let
unwholesome talk
come out of your
mouth – fill it
with turkey!”
—Bully Dog*

INFORMATION BOTH CAMPUSES

Rent will be pulled on
November 4th.

In some months, your rent may not come out of your account on the 4th **due to holidays or weekends.**

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will save you from Insufficient Funds problems.

COME OUT AND SUPPORT THE STUDENTS!

**SINGING & MUSIC
& MONOLOGUE**

ALL ARE WELCOME

**SATURDAY, NOVEMBER 20TH
2:00PM**

LUTHER TOWERS I(A)

See Page 7 for more information!

From the Desk of The Deputy Director
JESSICA PARSONS

I want to stress the importance of crossing busy streets with or without crosswalks. We had an unfortunate accident in front of Luther Towers I where a resident crossing the crosswalk was struck by an oncoming car but we are thankful to report the resident will be fine.

Never Assume a driver will stop. I tell my 16-year-old daughter, who is learning to drive, to always double check when entering an intersection regardless if she has a green light. Unfortunately, not everyone obeys the law so we all need to be aware of our surroundings to help protect ourselves.

We had another successful inspection at Luther Village II with a 99% score. We appreciate all the hard work put in by Kelly and his staff. From the inspection, we have a few reminders about HUD violations: pull cords should not be blocked or taped to the wall; there should not be items on the stove top or inside the oven. Thank you to all the residents for your cooperation.

We provide services and activities to make the place you call home more enjoyable.



LUTHER TOWERS BEAUTY SHOP

\$10.00

Haircuts

SPECIAL! SPECIAL! SPECIAL!
NEW CLIENTS ONLY

Appointments
Available Wednesday,
Thursday & Friday

To make an appointment, call
302-674-1408 ext 129

I would like to encourage you to use these services provided so that we may continue to offer them. We offer movie nights, health fairs, exercise classes and much more. We have transportation for medical and shopping available by appointments. Reminder — the medical transportation has a limited number of slots and it's first come first serve. *If you are not on our schedule, the drivers are not allowed to transport you.* So, make your appointments with the desk early!

I want to leave you with a picture of my grandbaby "Jaxon." He lives in Texas but he's coming for a visit soon! He is the sweetest!

This should put a smile on your face! *Jessica*



This Little Piggy Went to Market
This Little Piggy Stayed Home
This Little Piggy Had Roast Beef for Dinner
This Little Piggy Had None
And This Little Piggy Cried Wee-Wee-Wee
All The Way Home!

From the Office of Social Services
TRICIA ROBINSON

Hello, Everyone 🙋

Thank You to those who attended the Health/Vendor Fair at Luther Towers! It was one of our best attended events! I really appreciate the effort by our residents to come out. We had 90 participants, 25 door prizes and *everyone* got free stuff! Attached is a list of all the winners and some pictures from the event. We will be having a Health/Vendor Fair at Luther Village in early Spring with all the same vendors and prizes! Keep a look out for the date!

Bluebird – We have had a very busy year and are thrilled that activities are in full swing! The Bluebird is back on schedule and we look forward to increased participation.

Food Bank – Please remember to pick up your Food Box on Food Bank Day if you are signed up to participate! The Food Bank of Delaware has let us know that participation is down and they would love to see more residents come out who are signed up to get the box. If you are currently not signed up, call Tricia to check your eligibility 674-1408 ext 131.

Exercise Class – “Monday Morning Stretch w/Betsy” has been a HUGE success at Luther Towers! We are so excited for the enthusiasm! Keep up the good work so we can keep Betsy around!

Movie Night – will be at Luther Towers Tuesday, November 9th, and Luther Village Thursday, November 18th, at 5:30p.m (check your calendars) – *see page 6*. The November movie will be “FATHERHOOD” starring Kevin Hart. Come join us for a great time! Sign up on the bulletin board in your building.

Special Feature – In December look forward to the movie about the life of Aretha Franklin ‘Respect’!

Entertainment: *See pages 2 and 7* for information on the Music/Dancing & Monologue performance coming November 20th.

Duplicate Reminder: We are SO EXCITED to announce we have a local Massage Therapist (Lisa) at Luther Towers/Luther Village locations. She offers 30 minute massage sessions (with clothes on) for \$20. Massage can have great benefits – stress relief, pain relief, relaxation. We have had an amazing response and residents are enjoying the service so much! Call Tricia for an appointment at 674-1408 ext 131. I am now taking **November Reservations**.

Duplicate Reminder: Oscar from SNAP (Food Stamps) has returned to BOTH campuses. Oscar will be available once a month to assist our residents with completing a food stamp application (if you are not already receiving food stamps). He will be at Luther Village on Wednesday, November 3rd at 9:30am in the LV1 Parlor and Luther Towers on Monday, November 1st at 9:30am in the LT1(A). You do not need an appointment – it is first come first serve!

If you have an answer you would like to submit for this month’s Trivia Question, please put it in the BLACK BOX next to security desk (both campuses have one). Jennifer from Dover Place will do a door prize drawing for those who have the correct answer!!

October’s Winner was Rejeinia Emerick!
The prize was a
FREE MASSAGE with LISA!

**NOVEMBER
TRIVIA QUESTION:**

When Michael Jordan played for the Chicago Bulls, how many championships did he win?

From The Maintenance Manager
KELLY HAUER

PEST CONTROL

Luther Towers Apartments



Nov 3rdLT I201-223

Nov 10th.....LT I302-323

Nov 17th.....LT I401-423

Nov 18th.....LT I501-523

Nov 3rd LT IIB01-B18

Nov 10th LT III 1001-1018

Nov 17th LT III 2001-2018

Nov 18th LT III 3007-3018

Luther Village Apartments

—None at This Time—

MAINTENANCE NEWS

KELLY'S REMINDERS:

I've noticed that when residents are using the washing machines, they are either overloading them or putting too much detergent in the compartment; both will cause the machine to go "out-of-order"!

**When loading clothes into the machine,
do NOT overfill the drum.**



Lots of Clothes + Water = Very Heavy Load
and will cause the machine to go "out-of-order"

When putting clothes into the machine, only fill halfway up the interior of the drum. If you're loading towels, fill even less, about $\frac{1}{3}$ up the drum. Towels are much heavier than clothes and could cause the machine to "walk" and go "out-of-order"!

Lots of Detergent = Lots of Suds
and will cause the machine to go "out-of-order"

Only use $\frac{1}{8}$ -cup to $\frac{1}{4}$ -cup liquid detergent. It will just cover the detergent compartment in the dispenser drawer. Filling it even further equals too much suds and will cause the machine to go "out-of-order"!

Kelly

WEIRD CLEANING SPOTS



Does this look familiar? Granted, it's taken out of context but, when in full view, it's still unnoticed! These are the overflow holes in my bathroom sink! They also serve to allow air in, which helps water flow down the drain. Now that you know where they are, have you ever wondered about what lurks inside? Stick a Q-Tip in and swirl a bit. Be prepared to say, "Gross!!!" It's a wonderful place for MOLD to grow and thrive.

Do you have a spray bottle of bleach? No?! Oh, we'll have to cover "spray bottles" soon!

Here's what to do: If you have the spray bottle of bleach, squirt the holes being very careful not to spray yourself and your clothing or your bathroom mats!! Yikes! Leave it alone for a bit to let the bleach do its thing. Then, here's the gross part, put some bleach on a disposable rag or wad of paper towels and "corkscrew" an end into the hole twirling it in as far as you can go. Repeat until the holes are clean.

The Editor



From The Director of Admissions
JESSICA BALOG

As residents of Luther Towers/Luther Village can attest,
 it takes a long time to be accepted here. So lets give a
 Big WELCOME to all the newcomers since August!

Aldridge, IdaLT2-B09
 Alexander, Rick.....LT1-421
 Andalis, RoseLT3-3012
 Badillo, CarmenLT1-503
 Brady, Vanessa -Hines.....LT2-C07
 Deloach, QueenieLV1-1104
 Goldsmith, Sheila.....LT1-101
 Jacquet, ValorieLT3-3003
 Johnson, Cynthia.....LT1-723

Jones, James.....LV1-1112
 Keel, WilliamLT1-715
 Lefebvre, Sally.....LV3-3403
 McGrory, JohnLT2-B05
 McNeil, Monique.....LT1-318
 Pantano, SueliLT4-4303
 Shockley, Ben & Charlotte ..LV3-3214
 Wall, JosephineLT1-608
 Walls, Myong.....LT3-2017



Exercise Class

“MORNING STRETCH W/BETSY”



Every Monday Morning at
 10:15am in Luther Towers I(A)



Hosted by: **Certified Instructor Betsy Gustafson**



From The Desk Supervisor – KARI EBERT

Wow! November is here already. Isn't it strange how quickly the year has gone? It reminds me of the lyrics to my daughter's favorite song – *Seasons of Love* – from the Broadway show "*Rent*" – *see lyrics right*.

Looking back over the past year, I'm challenged to list the moments that nourished my soul or blessed me in some way. This helps me change my perspective and plant positive seeds for next year. Even in the hard times, there are always moments that I can hold onto. Many of those moments happen at work, believe it or not. Residents and Co-workers often lift me up without even knowing it. I count myself so lucky to work in such a caring environment. I hope you'll remember this song as you look back over your own year and see some beautiful moments.

Quick Reminder:

If you notice an ongoing problem, please call the desk when that problem is happening. We can't investigate as fully if we're told that it "happens all the time." *Kari*

*"Autumn shows us how beautiful
it is to let things go."*

— unknown

"RENT"

Five hundred twenty-five thousand six hundred minutes
Five hundred twenty-five thousand moments so dear
Five hundred twenty-five thousand six hundred minutes
How do you measure? Measure a year?
In daylights,
In sunsets,
In midnights,
In cups of coffee,
In inches, in miles, in laughter, in strife
In five hundred twenty-five thousand six hundred minutes
How do you measure a year in a life?

LISA HARSHBERGER

Luther Towers Building I
Appointments: 674-1408x131 Tricia
\$20 for 30-Minute Session



THE TIMBELLA FOUNDATION

Timbella Productions was founded in 2015 by Timothy and Izabela Parsons. This partnership aims to help expand the music and arts community through the sharing of ideas, resources and artistic gifts.

Timbella Productions launched a new arts program in Delaware that isn't limited to their own four walls. Their goal is to support all of the local creative arts in Delaware! They not only want to be an outlet for those in need, but they also want to help creatives develop their artistic gifts to be used in other theaters and talent outlets across the state! They currently offer piano, violin, singing and acting lessons. —from <https://www.timbella.com/>

COME OUT & SUPPORT THE STUDENTS!

SINGING / MUSIC & MONOLOGUE

SATURDAY – NOVEMBER 20TH AT 2:00PM – LUTHER TOWERS I(A)



IN IT, TOGETHER.

MOVIE NIGHT
'FATHERHOOD'

COMEDY STARRING:
KEVIN HART

TUESDAY, November 9
5:30PM



LT I (A)



SIGN UP ON BULLETIN BOARD IN YOUR BLDG

MOVIE NIGHT
'FATHERHOOD'

COMEDY STARRING:
KEVIN HART

THURSDAY, November 18
5:30PM



LV III THEATRE



SIGN UP ON BULLETIN BOARD IN YOUR BLDG

KEVIN HART
FATHERHOOD

NETFLIX and HIGHER GROUND PRODUCTIONS PRESENT A COLUMBIA PICTURES PRODUCTION A KEVIN HART FILM "FATHERHOOD" STARRING KEVIN HART, JESSICA WALTERS, AND PAUL WILTON
WRITTEN BY MARTY BROWNE, KEVIN HART, AND PAUL WILTON
DIRECTED BY KEVIN HART

IRON

SONY

PRESENTED BY

NETFLIX

JUNE 18 | **NETFLIX**





Menu November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chili w/White Beans Rice Green Beans Cornbread / Milk Applesauce	2 LS Ham w/Mustard Sauce Parslled Potatoes Cabbage Wheat Bread / Milk Fruit	3 Beef Pasta Casserole Buttered Peas w/ Pearl Onions Roll / Milk Pudding	4 NATIONAL DIABETES DAY Baked Salmon w/ Dill Sauce Wild Rice Buttered Broccoli Wheat Bread / Milk Fresh Fruit	5 BBQ Chicken Potato Wedges Coleslaw Roll / Milk Pudding
8 Spaghetti w/ Italian Meatballs Veggie Blend Italian Bread / Milk Pudding	9 Pork Chops w/ Gravy Mashed Potatoes Buttered Broccoli Wheat Bread / Milk Fruit	10 VETERANS DAY & BIRTHDAY CELEBRATION Fried Chicken / Mac & Cheese Seasoned Collards Dinner Roll / Milk Cake w/ Icing	11 VETERANS DAY CENTER CLOSED	12 Chicken Pot Pie Buttered Zucchini Roll / Milk Yogurt
15 Chicken & Dumplings Buttered Spinach Biscuit / Milk Peaches	16 Beef Stew w/ Potatoes Peas & Carrots Biscuit / Milk Applesauce	17 Taco Chili Salad Lettuce & Tomato Tortilla Chips Milk Pudding	18 THANKSGIVING DINNER Roast Turkey w/ Gravy Cranberry Sauce Stuffing / Mashed Potatoes Candied Sweet Potatoes Buttered Green Beans w/ Bacon Roll / Milk / Sweet Potato Pie	19 Meatloaf w/ Gravy Au Gratin Potatoes Buttered Broccoli Wheat Bread / Milk Peaches
22 Baked Ziti w/ Meat Sauce Chef's Choice Veggie Italian Bread / Milk Yogurt	23 Fried Fish Macaroni & Cheese Stewed Tomatoes Roll / Milk Cookies	24 Williamsburg Chicken Rice Buttered Peas Wheat Bread / Milk Fruit Cocktail	25 THANKSGIVING DAY CLOSED 	26 Holiday Weekend Day After Thanksgiving Day CLOSED
29 Chicken Parmesan Spaghetti Broccoli Roll / Milk Pears	30 Liver w/ Onions Mashed Potatoes Green Beans Wheat Bread / Milk Lemon Mousse	1	2	3

**LUTHER
FOWERS**

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November 2021 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 5:30 Dominos (I)A	2 9:30am Prayer (I)A	3 9:30am-11am Food Stamp Rep (I)A 10am Bingo (I)A	4 10am Bible Study (I)A 12pm-3pm Ceramics (III) 5pm Bingo (I)A	5	6
7  11am Church (III)A	8 5:30 Dominos (I)A	9	10 9:00am-1pm Sr. Comp (III)A 10am Bingo (I)A 1-1:45pm Postage Stamps for Sale (I)Parlor	11  10am Bible Study (I)A 12pm-3pm Ceramics (III) 5pm Bingo (I)A	12	13
14 11am Church (III)A	15 5:30 Dominos (I)A	16 11:30am-12pm Food Box	17 10am Bingo (I)A	18 10am Bible Study (I)A 12-3pm Ceramics (III) 5pm Bingo (I)A 5:30p MOVIE NIGHT (III)A	19	20
21 11am Church (III)A	22 5:30 Dominos (I)A	23	24 10am Bingo (I)A	25 9am-9pm Lowe (III)A 9am-9pm Baldwin (I)A 	26  9am-9pm Lowe (III)A	27
28 11am Church (III)A	29 5:30 Dominos (I)A	30	1 10am Bingo (I)A	2	3	4



Phone Extensions

302-674-1408

Name & Position	Extension #
Kim Mendoza, Executive Director	112
Jessica Parsons, Deputy Director	130
Tricia Robinson, Social Services	131
Jessica Balog, Admissions.....	119
Rachel White, Administrative Coordinator	113
Sharon Poisson, Accounting.....	132
Kari Ebert, Desk Supervisor	0
Kelly Hauer, Maintenance	111
Nicole Newton, Kitchen.....	128
Karen Ambruso, Beauty Shop.....	129
Wednesday / Thursday / Friday — <i>By Appointment Only</i>	
Front Desk	0



Phone Extensions

302-674-3780

Name & Position	Extension #
Tricia Robinson, Social Services	210
Luther Village 1 Desk	212
Karen Ambruso, Beauty Shop.....	674-1408 ext 305
<i>By Appointment Only</i>	
Medical Transportation	242-6187