



Newsletter



October 2021



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From the Desk of The Executive Director
KIM MENDOZA

Another month is gone, so hard to believe... This year will be over before you know it! Make sure you take time to enjoy each and every day. Tomorrow is promised to no one.

I would like to thank the residents of Luther Towers IV for their patience and participation during our recent HUD inspection. Kelly and crew helped us achieve an outstanding 98%!

This inspection will be the first of many to come. We have two types of inspections: REAC and MOR.

REAC is where they do a thorough walk through of the entire building – which includes coming into your apartments – to ensure the apartments/buildings are kept up to standards and there are no health and safety issues.

MOR is mostly processes, paperwork and files to make sure we are following regulations. They may look at an apartment or two, but will typically stick to common areas and the building exterior.

With that said, we have six buildings that fall under these criteria – which translates to two inspections per building. They are all overdue. So, if we are asking to look at/fix things in your apartment, you now know why.

Our next inspection is Luther Towers II on 29 September and Luther Village II is scheduled for 13 October.

We have experienced a few residents who have tested positive for COVID recently. Individuals are complying with the requirement to quarantine for 10 days. The good news is no one has been really sick when they have contracted it. Just make sure you are taking necessary precautions for yourself and others if you feel sick.

Other information that you may find useful... located in each building is a **Rise System** which is there for your visitors to contact you. It is at this point that you can choose to let them in or not.* Security can not be responsible for keeping track of individuals whom you *do or do not want* to come in to see you.

**This is one of the reasons people in the lobby should not arbitrarily open the door to let people in thus bypassing the security system. It's a possibility just one of those entering this way may pose a problem to the person on whose door they knock... think about it! It's called "security" for a reason...*

Kim Mendoza



**INFORMATION BOTH
CAMPUSES**

**Rent will be pulled on
October 4th.**

In some months, your rent may not come out of your account on the 4th **due to holidays or weekends.**

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will save you from Insufficient Funds problems.

MASSAGE

Introducing Our New Massage Lady ~

LISA HARSHBERGER

show here with resident *Susie Sweet*
who is receiving a nice massage at
Luther Towers Building I



From the Desk of The Deputy Director
JESSICA PARSONS

As we get ready to say goodbye to the summer weather and welcome the cool days of Fall, let's have a **"Goodbye Summer Days"** luncheon! We will have a sign-up sheet and provide more information soon. We will also be scheduling our yearly holiday luncheons for Luther Towers (Thanksgiving) and Luther Village (Christmas) in the coming months – so keep a lookout for more information.

The replacement of Luther Towers II elevator is underway and making progress. There is a chairlift located in the south end of the building in the stairwell for those located on the second and third floor. We will soon have an operational elevator in no time. We understand the inconvenience this may cause and we appreciate your patience.

We have had some complaints about individuals parking in reserved parking spots.

Please remember – and inform your visitors –

If a parking spot has a **number**,
it is a **reserved handicap spot**
for a specific individual.

Also, a reminder that parking in front of the buildings is not permitted – it is for quick unloading and loading only.

I would like to thank all the residents of Luther Towers IV for your cooperation for the HUD inspection. Kelly and his staff worked hard to prepare and had the building in tip top shape! We appreciate everyone working together.

Jessica



HEALTH/VENDOR FAIR

FRIDAY, OCTOBER 8TH

10:00 A.M.

LUTHER TOWERS I ACTIVITY ROOM

**Free Giveaways, Door Prizes,
Blood Pressure Check &
Health Info**

***Attend and Enter in a Chance
To Win from a Variety of Gift Cards***

LUTHER TOWERS BEAUTY SHOP

\$10.00

Haircuts

SPECIAL! SPECIAL! SPECIAL!
NEW CLIENTS ONLY

Appointments
Available Wednesday,
Thursday & Friday

To make an appointment, call
302-674-1408 ext 129

From the Office of Social Services
TRICIA ROBINSON

Hello, Everyone 🙋

Bluebird

We have hired a new driver, George Price. If you get a chance, please welcome him to Luther Towers! We will be training George on Thursday's the first couple weeks in October and will announce when the Bluebird will return to the normal schedule.

Exercise Class

"Monday Morning Stretch w/Betsy" has been a HUGE success at Luther Towers! We are so excited for the enthusiasm! Keep up the good work so we can keep Betsy around!

Movie Night ...

...will be at Luther Towers Thursday, October 14th and Luther Village Thursday, October 21st at 5:30p.m.

The October movie will be "Tyler Perry's BOO" Come join us for a great time! Sign up on the bulletin board in your building.

Medicare Open Enrollment ...

...begins October 15th and runs through December 7th. If you are NOT pleased with your prescription plan, please call me to set up an appointment: 302-674-1408 ext 131.

Remember, if you are NOT having any issues, you Do Not Need to Do Anything!

Massage ...

...We are SO EXCITED to announce we have a local Massage Therapist (Lisa) coming to Luther Towers & Luther Village locations. She offers 30 minute massage sessions (with clothes on) for \$20.

Massage can have great benefits – stress relief, pain relief, relaxation... We have had an amazing response and residents are enjoying the service very much!

Call Tricia for an Appointment at
302-674-1408 ext 131
Now Taking
OCTOBER RESERVATIONS

Health/Vendor Fair ...

...will be held at Luther Towers Building I on Friday, October 8th at 10am-12pm. Come out to get some freebies and a chance to win gift cards from Target, or a Free Massage, or for McDonalds, and many more!

Diabetes Class...

...will be held starting Wednesday, October 20th at 9:30a.m. The class will be every Wednesday for 5 weeks in Luther Towers Building I Activity Room. You must call to pre-register at 302-990-0522.

Oscar from SNAP (Food Stamps) ...

...has returned to BOTH campuses. Oscar will be available once a month to assist our residents with completing a food stamp application (if you are not already receiving food stamps). He will be at Luther Village on Wednesday, October 6th at 9:30am in LV I Parlor and at Luther Towers on Monday, October 4th at 9:30a.m. You do not need an appointment – it is first come first serve!

Tricia

Trivia Question ...

...If you have an answer you would like to submit for this month's Trivia Question, please put it in the BLACK BOX next to the security desk (both campuses have one). Jennifer from Dover Place will do a door prize drawing for those who have the correct answer!!

September's Winner was
Bernice Rollings!

The Prize was a
FREE MASSAGE with LISA!

**OCTOBER
TRIVIA QUESTION:**

**In what country
did Halloween originate?**

From The Maintenance Manager
KELLY HAUER

PEST CONTROL

Luther Towers Apartments

Oct 27th.....4301-4316



Luther Village Apartments

Oct 6th..... LV III2nd,3rd,4th Floors

Oct 13th..... LV III1st Floor

LV IIEntire Floor

Oct 20th..... LV I2nd & 3rd Floors

Oct 27th..... LV I1st Floor

MAINTENANCE NEWS

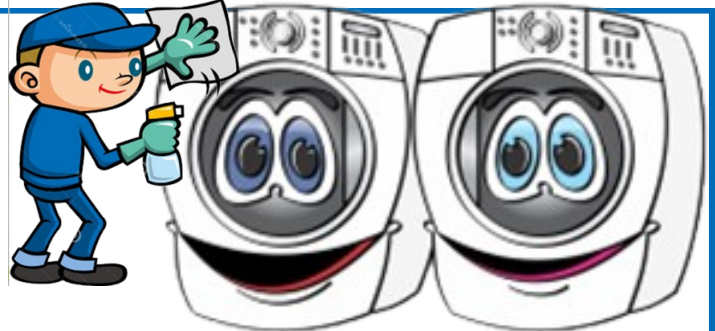
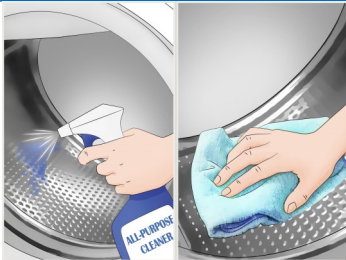
KELLY'S REMINDERS:

It's getting close to Heating Season and, with that, when you change over your heat pump from A/C to Heat, please open your windows for 30 minutes until the "heat smell" goes away. *If you skip this step, it will set off your Smoke Detector!*

THOUGHT FOR THE MONTH

A Little Consideration ~
A Little Thought for Others~
Makes All the Difference ...

Kelly



TIPS FOR THE LAUNDRY ROOM

Long Story Short! Be Considerate of the Next Person to Use the Laundry Facilities!!!

When you are waiting for your washer to run its cycle, use that time to do the following:

- Use a slightly dampened paper towel from the dispenser next to the sink to wipe off surfaces of dust and spills and splashes.
- "Surfaces" include tops, reachable sides, and fronts of the machines *and* table.
- Is there dropped paper products on the floor? Pick it up (using a clean paper towel) and dispose of it.
- Leave washer doors ajar to properly dry and avoid any musty odors.

Did you miss a tissue in your pocket? Did you wash a bath mat that's seen better days? Then Please-Please-Please, wipe out the washer! There is nothing more rude than to come into the laundry room thinking everything will be as it should be and then have to spend OUR time cleaning someone else's mess. This applies to the dryer as well.

**It only takes a minute
to keep things
NICE**

TRICK OR TREAT, FOOLS.



Tyler Perry's
BOO!
A MADEA HALLOWEEN

LIONSGATE AND TYLER PERRY STUDIOS PRESENT A TYLER PERRY STUDIOS / LIONSGATE PRODUCTION "TYLER PERRY'S BOO! A MADEA HALLOWEEN" TYLER PERRY CASSI DAVIS
PATRICE LOVELY YOUSEF ERAKAT LEXY PANTERRA ANDRE HALL LIZA KOSHY DIAMOND WHITE BROCK O'HURN AND BELLA THORNE COSTUME DESIGNER KIM TAYLOR-COLEMAN CSA
EXECUTIVE PRODUCERS JOEL C. HIGH PRODUCED BY ELVIN ROSS WRITTEN BY CRYSTAL HAYSLITT PRODUCED BY LARRY SEXTON DIRECTED BY RICHARD VALEY EDITOR SHIRLEY INGET EXECUTIVE PRODUCERS WILL ARIEU PRODUCED BY OZZIE ARIEU
PG-13 PARENTS STRONGLY CAUTIONED SOME MATERIAL MAY BE INAPPROPRIATE FOR CHILDREN UNDER 13
TYLER PERRY IN THEATERS OCTOBER 21
LIONSGATE

**Luther Village
THEATER**



MOVIE NIGHT
'Tyler Perry's BOO'
HALLOWEEN COMEDY
THURSDAY, October 14
5:30PM



LT I (A)



SIGN UP ON BULLETIN BOARD IN YOUR BLDG

MOVIE NIGHT
'Tyler Perry's BOO'
HALLOWEEN COMEDY
THURSDAY, October 21
5:30PM



LV III THEATRE



SIGN UP ON BULLETIN BOARD IN YOUR BLDG

Exercise Class

“MORNING STRETCH W/BETSY”

Every Monday Morning at
10:15am in Luther Towers I(A)

Hosted by: Certified Instructor Betsy Gustafson



The following items were received in the mail and we thought it would be a good idea to share with you in the October newsletter. One is a card we received from a young lady in Kansas reaching out for a Pen Pal. The other is a thank you from residents Clyde and Penny Moyers of Luther Towers I from last month when Penny was in the hospital.



It would certainly make Amber a happy girl to receive letters from some of you!

Hello everyone! my name is Amber and i am looking for Pen Pals! I am a 18 year old animal lover I also love art, God, Poetry and gardening! my favorite scripture is "He made everything beautiful in its time" //

If you are interested you can write me back at
335 S Jane #613
Haysville ks
67060

Have a blessed day! ↓

NOTES

Thank YOU!

My wife and I want to thank everyone for their kindness to us. Thank you for the many prayers, as some actually came to pray for my wife's health.

Thank you for the flowers and food that you gave. We appreciate all that you've done for us. God Bless all of you!

Sincerely,
Clyde & Penny Moyer

P.S. A special thanks to our neighbors (↑) on the 3rd floor

Menu October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Served 11:30am to 1:00pm 27	28	29	30	1
4 Chicken Pot Pie Buttered Broccoli Roll / Milk Peaches	5 Chili Con Carne Rice Tossed Salad Cornbread / Milk Fruit	6 Baked Fish w/Lemon Sauce Mexican Corn Stewed Tomatoes Wheat Bread / Milk Pudding	7 Fried Chicken Macaroni & Cheese Mixed Greens Dinner Roll / Milk Cookies	8 Salisbury Steak w/Gravy Mashed Potatoes Glazed Carrots Wheat Bread / Milk Fruit Cocktail
11 Columbus Day Center is Closed 12 Sliced Ham w/PA Sauce Boiled Potatoes Seasoned Cabbage Wheat Bread / Milk Peaches	13 Sweet & Sour Pork Egg Noodles Peas Roll / Milk Pudding	14 BIRTHDAY CELEBRATION Roast Beef Sauerbraten Mashed Potatoes Sauerkraut Roll / Milk Cake w/ Icing	15 BBQ Chicken Potato Salad Bi Colored Coleslaw Cornbread / Milk Peas	22 Williamsburg Chicken Yellow Rice Glazed Carrots Wheat Bread / Milk Applesauce
18 Chicken Parmesan Spaghetti Buttered Broccoli Italian Bread / Milk Fruit	19 Fried Flounder Scalloped Potatoes Yellow Squash w/Tomatoes Cornbread / Milk Pudding	20 Baked Ziti w/Meat Sauce Mixed Vegetables Roll / Milk Oatmeal Cookies	21 NUTRITION CLASS AT LUNCH TIME Liver & Onions Mashed Potatoes w/Gravy Green Beans Wheat Bread / Milk / Mousse	29 Chicken Marsala w/ Mushrooms Wild Rice / Peas Roll / Milk Fruit
25 Spaghetti w/Meat Sauce California Blend Veggies Italian Bread / Milk Pudding	26 Chicken w/Hawaiian Sauce Gingered Rice Peas & Carrots Wheat Bread / Milk Peas	27 Pork Chop w/Onion Gravy Mashed Potatoes Collard Greens Roll / Milk Peaches	28 HALLOWEEN CELEBRATION Beef Hot Dog on Bun Baked Beans & Macaroni Salad Milk Chocolate Cake w/Orange Icing	

October 2021 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
3	4 9am Food Stamp Rep (I)A 10:15-11am Morning Stretch (I)A 1pm Massage Therapy (I) Call Tricia 5pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	5	6 12-12:45pm Postage Stamps for Sale (I) Library 5:30pm Bingo (I)A	7 1pm British Wives (I)A 5:45pm Bingo (IV)	8 9am Massage Therapy (I) Call Tricia for Appt 10am-12pm Health Fair (I)A 5:30pm Bingo (I)A	9 5:00pm Bingo (II)A
10	11 10:15-11am Morning Stretch (I)A 5pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	12 3pm Cherub Group (I)C	13 1-4pm Methodist Women (I)C 5:30pm Bingo (I)A	14 5:30pm MOVIE NIGHT (I)A 5:45pm Bingo (IV)	15 5:30pm Bingo (I)A	16 5:00pm Bingo (II)A
17	18 10:15-11am Morning Stretch (I)A 1pm Massage Therapy (I) Call Tricia 5pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	19 12:15-1pm Food Box	20 9:30am-12pm Diabetes Class Week 1 (I)A 5:30pm Bingo (I)A	21 5:45pm Bingo (IV)	22 9am Massage Therapy (I) Call Tricia for Appt 5:30pm Bingo (I)A	23 5:00pm Bingo (II)A
24/31	25 10:15-11am Morning Stretch (I)A 5pm Bingo (II)A 6pm Church of Christ Outreach (I)A&C	26	27 9:30am-12pm Diabetes Class Week 2 (I)A 5:30pm Bingo (I)A	28 5:45pm Bingo (IV)	29 5:30pm Bingo (I)A	30 6pm Meet n' Greet (I)A 5:00pm Bingo (II)A



October 2021 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2 9am-9pm Watkins (III)A
3 11am Church (III)A	4 10am Bankers Life Intro to Medicare (I)A 5:30 Dominos (I)A	5 9:30am Prayer (I)A	6 9:30am-11am Food Stamp Rep (I)A 10am Bingo (I)A 1-1:45pm Postage Stamps for Sale (I)Parlor	7 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	8	9 9am-9pm Parker (III)A
10	11 1pm Massage Therapy (III) Call Tricia for Appt 5:30 Dominos (I)A	12	13 9am-3pm Sr Comp (III)A 10am Bingo (I)A	14 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	15 9am Massage Therapy (III) Call Tricia for Appt	16
17	18 5:30 Dominos (I)A	19 11:30am-12pm Food Box	20 10am Bingo (I)A	21 10am Bible Study (I)A 12-3pm Ceramics (III) 5:30pm MOVIE NIGHT (III)A 6:30pm Bingo (I)A	22	23
24/31 11am Church (III)A	25 1pm Massage Therapy (III) Call Tricia for Appt 5:30 Dominos (I)A	26	27 10am Bingo (I)A	28 10am Bible Study (I)A 12-3pm Ceramics (III) 6:30pm Bingo (I)A	29 9am Massage Therapy (III) Call Tricia for Appt	30



Phone Extensions

302-674-1408

Name & Position	Extension #
Kim Mendoza, Executive Director	112
Jessica Parsons, Deputy Director	130
Tricia Robinson, Social Services	131
Jessica Balog, Admissions.....	119
Rachel White, Administrative Coordinator	113
Sharon Poisson, Accounting.....	132
Kari Ebert, Desk Supervisor	0
Kelly Hauer, Maintenance	111
Nicole Newton, Kitchen.....	128
Karen Ambruso, Beauty Shop.....	129
Wednesday / Thursday / Friday — <i>By Appointment Only</i>	
Front Desk	0



Phone Extensions

302-674-3780

Name & Position	Extension #
Tricia Robinson, Social Services	210
Luther Village 1 Desk	212
Karen Ambruso, Beauty Shop.....	674-1408 ext 305
<i>By Appointment Only</i>	
Medical Transportation	242-6187