

### From the Desk of The Executive Director KIM MENDOZA

It is always difficult saying goodbye to someone we love and cherish. Our beloved **Ken Richter** passed away on June 25th. He had a tremendous impact here at Luther Towers/Luther Village and will be greatly missed by everyone who knew him.

In the late 1970s, Ken Richter and a few others from two local Lutheran Churches felt a calling to provide for Delaware's low income seniors a pleasant and safe environment in which to live. It started with one building that housed 149 individuals, and has grown to seven buildings housing over 437 seniors.

A lot has happened in the last 42 years with the help of this man and his Board of Directors, from services provided, building improvements, grants to help us provide things not available elsewhere, etc.

***Heaven Has Gained an Angel...  
Sadly, as we write this, the time has come  
and Ken has left us – his presence  
will be missed immensely...***

✂ ✂

During my time working here at Luther Towers – almost 18 years – I have interacted regularly with numerous individuals who have had an impact on my life. Ken is one of them. One of the most difficult parts of knowing someone who is very special to us is when they pass away.

Although we all know that life must end, it is still not easy to let someone go. The upside to an otherwise sad situation is knowing that, although their life on earth has ended, they now have the opportunity to experience life more abundantly in heaven.

I know this subject may offend some, but I do feel the need to express my thoughts on this



L/R: Jessica Parsons, Ken Richter, Kim Mendoza

matter. I have always believed in God and knew that, if I was saved, I would have an eternal life in heaven.

During my time here, there have been several conversations on this subject. One person who strongly sticks out is a man who had countless health issues and was as ornery as the day is long. He had lost any relationship he had with family members and alienated most others with his attitude. He adamantly believed you just live here on earth and, when you die...

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From the Desk of The Deputy Director  
JESSICA PARSONS

Happy July everyone!! I hope you all are enjoying the nice weather. I would like to encourage you to plan a short stroll on our grounds each day. It's important as we age to keep our bodies moving. A suggestion would be to partner up with someone to meet each day and hold each other accountable. Speaking of the grounds, please make sure you dispose of your cigarette butts in the receptacles that are provided. We all have to work together to keep our place looking fabulous.

We have had many occasions where residents and/or family members are parking directly in the entrance way (fire lane) of the buildings to either wait for someone or deliver items. This area is for quick unloading or loading only. Remind your guests they are to park in a parking spot if they are coming to visit you or pick you up.

We had a successful month of residents reporting to Rachel for their first face-to-face recertification appointments; we appreciate your cooperation and your continued efforts. As a reminder, make sure you see Rachel to sign your Annual Recertification paperwork once it's been completed.

Lastly, those of you who have pets, please make sure they are on a leash and that the length of the leash allows them to be no further than by your side. Longer leashes can be a tripping hazard for both yourself and others, not to mention the safety of your pet.

Jessica

"Remember that not getting what you want is sometimes a wonderful stroke of luck."

—Dalai Lama

### INFORMATION BOTH CAMPUSES

#### Rent will be pulled on July 6th.

In some months, your rent may not come out of your account on the 4th due to holidays or weekends.

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will save you from Insufficient Funds problems.

From the Office of Social Services  
TRICIA ROBINSON

Hello, Everyone 🙋

Sunday Church Services have resumed at BOTH campuses. The Luther Village service is held in LV Building 3 at 11am and the Luther Towers service is held in LT Building 1 at 12pm. If you are interested in Holy Cross returning for Communion, please give me a call. I can be reached at 674-1408 ext 131.

I have some exciting news! Sharon – from the Frederica Post Office – will return Tuesday, July 13th, to sell postage stamps! Sharon will continue to come on a monthly basis – we are very grateful for her willingness to serve our community. Check the Activity Calendar for times at BOTH campuses!

Oscar from SNAP (Food Stamps) has returned to BOTH campuses. Oscar will be available once a month to assist our residents with completing a food stamp application (if you are not already receiving food stamps). He will be at Luther Village on Wednesday, July 7th at 9:30am in LV-I Parlor and Luther Towers on Monday, July 5th at 9:30am. No appointment necessary – it is first come–first served!

Movie Night will be at Luther Towers on Thursday, July 8th, and at Luther Village Thursday, July 15th, at 5:30p.m. July's movie will be "HAMILTON" (*see last page for flyer*). Come join us for a great time! Sign up on the bulletin board in your building.



(Continued on page 3)

(Continued from page 1—Kim Mendoza)

that's it. That, to me, is extremely sad! I know there are individuals who live healthy prosperous lives while others are plagued with numerous difficult issues their entire life. To me it would be very unfortunate if that is all we have to look forward to. I completely understand that there may be some reading this who don't have the same belief that I do.

There is a saying from Albert Camus that sums it up for me, *"I would rather live my life as if there is a God and die to find out there isn't – than live as if there isn't and to die and find out that there is."*

### A FEW THINGS:

- Security is important to us as well as all of the residents here. Along with that comes accountability with us knowing who is in our buildings. Just a reminder, All visitors are required to sign in at the Rise Kiosk located in each buildings' entrance.

- Apartment living is very different than living in your own home. Your neighbors are a lot closer – so try to be understanding when listening to your TVs and radios after hours.
- I had someone approach me and explain how we should not allow people to sit around and gossip about others. Unfortunately, this is something that happens fairly regularly. First, remember that, as we age, our hearing declines, making us talk louder. When we do this, we increase the number of individuals who hear what is being said. Secondly, if you can't say anything nice about someone – try not to say anything.
- All of the staff at Luther Towers/Luther Village care deeply about both their job and the residents here. There may be times when we may not see eye to eye, but I can guarantee you that my staff will not curse at you or yell in frustration. So please return the courtesy!

Kim Mendoza



(Continued from page 2—Tricia Robinson)



We have finally hired a new Bluebird Driver! The new driver's name is **Gary Liddick**. Please take time to say hello to him and welcome him aboard! Starting in July, we can now resume our normal Bluebird shopping schedule. Thank you to all residents for being so patient! We hope Gary will be with us for a long time to come!

We tried to have an Exercise Class at both campuses in the past but we did not have adequate participation so we had to cancel. Recently, I was approached by a couple of residents possibly interested in attending Exercise Class again. If you are interested in joining a Chair Exercise Class, please sign up on the bulletin board in your building!

If you have an answer you would like to submit for this month's Trivia Question, please put it in the **BLACK BOX** next to security desk (both campuses have one). Jennifer from Dover Place will do a door prize drawing for those who have the correct answer!! **June's winner was Cheryl Stone!**

### JULY TRIVIA QUESTION:

Who was the newly inaugurated president who, on March 4th, 1933, during his first inaugural address, said,

“Let me assert my firm belief that the only thing we have to fear is fear itself.”

???

Tricia





From The Maintenance Manager  
**KELLY HAUER**



*Clockwise from top left above:*  
Kelly Hauer (Director), Roger Kemp, Larry Mason (former), Bruce Johnston (deceased), Brian Coker, Rageena Collick, Johnny Boyd & Donna Eacho.

### THOUGHT FOR THE MONTH

“Beautiful things happen when you distance yourself from Negativity.”

### MAINTENANCE NEWS

#### KELLY’S REMINDERS:

Since the new washers & dryers have been installed, I have noticed that residents are either over loading the washer or putting too much detergent in the machine.

Please, only fill the inside of the washer with clothes half way up and if you put heavy items in the washer, please balance the load so it doesn’t throw the machine out of balance when the items get wet.

When putting your clothes detergent in the machine, you only need to use **1/8th of a cup** to wash your clothes.

Please, only use **liquid detergent** or the **Pods** to wash your clothes.



**Do Not Use Powdered Detergent!**

*Kelly*

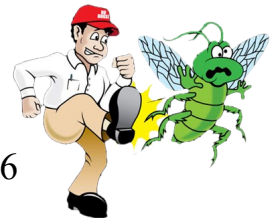
### PEST CONTROL

#### Luther Village Apartments

July 7th	LV-3	2nd,3rd,4th Floor
July 14th	LV-2	Entire Building
	LV-3	1st Floor
July 21st	LV-1	2nd & 3rd Floors
July 28th	LV-1	1st Floor

#### Luther Towers Apartments

July 28 LT-4 4301-4316



#### CLEANING TIP:

Keep a spray bottle of white vinegar & water under your kitchen sink. Spray a paper towel and wipe up spills or splatters as they happen. *Be careful around the stove area if the burners are still hot or there’s still a hot pot in the way.*



This is efficient and means you’re way ahead of the game when it’s time to cleanup your kitchen area after cooking or simply making a snack.

*Your Editor*

### LUTHER TOWERS BEAUTY SHOP

# \$10.00

## Haircuts

SPECIAL! SPECIAL! SPECIAL!  
NEW CLIENTS ONLY

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Appointments  
Available Wednesday,  
Thursday & Friday

To make an appointment, call  
302-674-1408 ext 129

## From The Desk Supervisor – KARI EBERT

July is here and summer is our daily companion. I love seeing residents enjoying the beautiful paths, swings and gazebos on both properties.

With the arrival of July, we start to think about freedom and heroes who have made our country great. I'm working to help revitalize the Dover Art League and we're working on a window display honoring American heroes for July.

This got me thinking about what it means to be a hero. I think we can all be heroes on a daily basis without even knowing it. I've witnessed staff members make sure a resident has vital supplies when that resident is in need. I've seen residents who check on each other daily and notify the desk if they haven't seen their neighbors. I've also seen how a kind word, smile or joke can turn a person's day completely around. These small things can be huge in the life of another person who may be struggling physically, financially or emotionally. Often times, we don't even know it.

There's a story I've heard about a teenager who was on his way home to end his life because he was absolutely hopeless and at the end of his rope. He tripped and dropped the books he was carrying. Another teenager was passing by and helped him pick up the books. They walked to the first boy's house together, chatting along the way and eventually became friends. After several years, the first boy finally told the second boy what he'd planned on doing, but the other boy's kind act made him realize there was hope. Through their friendship, the first boy's life was saved without the other boy even knowing it.

I believe there are many moments like these in every day we live. I believe that I live and work around many American heroes who give of themselves to make a difference in other's lives. It makes me proud to be an

American when I focus on these acts of kind heroics. Thank you for your kindness and acts of service.

A quick reminder that security desk personnel are here to assist in any way we can. We often ask questions to find out more specific information that will help us find a solution. Often times, a resident has lost something, or a package has been mis-delivered. If we ask questions, we're not trying to hassle you unnecessarily. Narrowing down the time frame & date helps us be more efficient and get the information to you quicker. Can you imagine how much video we would have to watch if the time frame was "sometime last week"? That's 24 hours x 7 days = 168 hours of video to watch!

Speaking of mis-delivered packages, it seems Amazon is less diligent with the rise in online shopping. Here are a few things you can do to make it easier for them to find you and to correct any mistakes they make. First, make sure your address and name are correct. Second, you can add "building #" to your address. Third, check the name & address if a package is delivered to you before opening it. Finally, if you see a package anywhere in the building or vestibules, call the desk or bring it to the correct apartment. I've seen many residents do this and it's really a blessing.


Kari



***"True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost."***


**—Arthur Ashe**

# July 2021 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4  12:00pm Church Service (I)A	5 9:30am Food Stamp Rep (I)A 6:00pm Bingo (II)A 6:00pm Church of Christ Outreach (I)A&C	6	7 5:30pm Bingo (I)A	8 5:30pm Movie Night (I)A	9 5:30pm Bingo (I)A	10
11 12:00pm Church Service (I)A	12 6:00pm Bingo (II)A 6:00pm Church of Christ Outreach (I)A&C	13 12:00pm Stamps for Sale (I)Library 3:00pm Cherub Group (I)C	14 1:00-4:00pm Methodist Women (I)C 5:30pm Bingo (I)A	15	16 5:30pm Bingo (I)A	17
18 12:00pm Church Service (I)A	19 6:00pm Bingo (II)A 6:00pm Church of Christ Outreach (I)A&C	20 12:15pm-1:00pm Food Box	21 5:30pm Bingo (I)A	22	23 5:30pm Bingo (I)A	24
25 12:00pm Church Service (I)A	26 6:00pm Bingo (II)A 6:00pm Church of Christ Outreach (I)A&C	27	28 5:30pm Bingo (I)A	29 6:00pm Meet n' Greet (I)A	30 5:30pm Bingo (I)A	31
1	2	3	4	5	6	7



# July 2021 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 12pm-3pm Ceramics (III) 5pm Bingo (I)A	2	3 9am-9pm Private Reservation
4  11am Church (III)A	5 5:30pm Dominos (I)A	6	7 9:30am SNAP Representative (I)Parlor 10am Bingo (I)A	8 12pm-3pm Ceramics (III) 5pm Bingo (I)A	9 8am-8pm Private Reservation (I)A	10 8am-3pm Bacon (I)A
11	12 5:30pm Dominos (I)A	13 1:00pm Stamps for Sale (I)Parlor 12-4pm Welsh (I)A	14 10am Bingo (I)A	15 12-3pm Ceramics (III) 5:30pm Movie Night (III)A 5pm Bingo (I)A	16	17 9am-9pm Private Reservation
18	19 5:30pm Dominos (I)A	20 11:30am-12pm Food Box	21 10am Bingo (I)A	22 12-3pm Ceramics (III) 5pm Bingo (I)A	23 9am-9pm Private Reservation (III)A	24 9am-9pm Private Reservation (III)A
25	26 5:30pm Dominos (I)A	27 12-4pm Welsh (I)A	28 10am Bingo (I)A	29 12-3pm Ceramics (III) 5pm Bingo (I)A	30	31
1	2	3	4	5	6	7

# Menu July 2021

Monday	Tuesday	Wednesday	Thursday	Friday
28 Independence Day -Closed-	29 Beef-A-Roni Casserole Succotash Italian Bread / Milk Fruit	30 Chicken Marsala w/Mushrooms / Wile Rice Chef's Choice Veggie Bread / Milk Cookies	1 Chicken Parmesan Linguine w/Marinara Sauce Broccoli Garlic Bread / Milk Fruit	2 <b>Celebrate Independence Day</b> Cheeseburger on Bun Baked Beans / Potato Salad Milk / Fruit / Strawberries
5 Chicken & Dumpling Buttered Spinach Roll / Milk Peaches	6 LS Sliced Ham w/PA Cherry Sauce Boiled Potatoes / Cabbage Wheat Bread / Milk Applesauce	7 Tuna Salad on Bun Macaroni Salad Lettuce & Tomato Milk Pudding	8 <b>Birthday Luncheon</b> Roast Turkey w/Gravy Stuffing / Cranberry Sauce Mixed Greens Roll / Milk / Cake	9 Herb Baked Chicken Au Gratin Potatoes Carrots Wheat Bread / Milk Fruit
12 Meatloaf w/Gravy Mashed Potatoes Green Beans Wheat Bread / Milk Applesauce	13 Chicken & Dumpling Buttered Spinach Roll / Milk Peaches	14 Tuna Salad on Bun Macaroni Salad Lettuce & Tomato Milk Pudding	15 Fried Chicken Mac & Cheese w/White Cheddar Collard Greens Biscuit / Milk Cake w/Icing	16 Chili w/Red Beans / Rice Broccoli & Cauliflower Roll / Milk Fruit
19 Spaghetti w/Meat Sauce Buttered Peas Roll / Milk Fruit	20 <b>Filipino Day</b> Chicken Adobo w/ Yellow Rice Peas & Carrots Roll / Milk Fruit	21 2x Hot Dogs on Bun Baked Beans Milk Watermelon / Fruit	22 <b>Nutrition Class</b> BBQ Chicken Creamed Corn / Mac Salad Milk / Pears **Spinach Salad Dover Only**	23 Baked Ziti w/Meat Sauce Broccoli Roll / Milk Oatmeal Cookies
26 Spaghetti w/Meat Sauce Buttered Peas Roll / Milk Fruit	27 Williamsburg Chicken Roasted Potatoes Glazed Carrots Wheat Bread / Milk Chocolate Mousse	28 Pepper Steak Buttered Rice Green Beans Roll / Milk Fruit	29 Fried Fish (Tilapia) Corn on Cob Buttered Squash Roll / Milk Pudding	30 Chicken Cacciatore White Rice Vegetable Blend Wheat Bread / Milk Fruit

Call Day Before for Reservation for "Grab n Go" or Dine-In Meal ~ 302-674-1408 ext 128

Meal Cost to Residents is \$2.00 ~ Guests \$5.00

Note: Foods provided by Modern Maturity may contain these ingredients: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish & seafood base.







## Phone Extensions

# 302-674-1408

Name & Position	Extension #
Kim Mendoza, Executive Director .....	112
Jessica Parsons, Deputy Director.....	130
Tricia Robinson, Social Services.....	131
Jessica Balog, Admissions .....	119
Rachel White, Administrative Coordinator .....	113
Sharon Poisson, Accounting.....	132
Kari Ebert, Desk Supervisor .....	0
Kelly Hauer, Maintenance.....	111
Nicole Newton, Kitchen .....	128
Karen Ambruso, Beauty Shop.....	129
(Wednesday / Thursday / Friday)	
Front Desk.....	0

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## Phone Extensions

# 302-674-3780

Name & Position	Extension #
Tricia Robinson, Social Services.....	210
Luther Village 1 Desk.....	212
Karen Ambruso, Beauty Shop.....	674-2712 ext 305
(Tuesday)	
Medical Transportation .....	242-6187

