

From the Desk of The Executive Director

As I am working on the budgets for next fiscal year, I am reminded of the need to continue to save energy. You are all fortunate to have all of your utilities included in your rent. Since you don't have to deal with an electricity bill each month, it is easy to not consider your usage and the need to conserve.

Each year the staff and I prepare a budget for each of our buildings that we then send to HUD for approval for any rent increases that we may need in order to cover operating expenses. Since we send the budget 120 days before the end of the current year, we are guessing what the cost will be approximately 1½ years in the future. Any increases beyond what is forecast must be absorbed from other funding lines.

If you are improperly clothed for the time of year in your apartment, you will be running the heat or cooling at a temperature greater or less than should be required. Occasionally, we find residents who have windows open at the same time they are running the heat or air conditioning. This is unacceptable and will result in a lease violation per the regulations.

The following are the budget lines for FY'22 by building:

Luther Towers I.....	\$125,186
Luther Towers II	\$ 42,303
Luther Towers III.....	\$ 41,319
Luther Towers IV.....	\$ 37,138
Luther Village I.....	\$ 60,225
Luther Village II	\$ 27,338
Luther Village III	\$ 38,347

We have recently received several complaints about noise after hours. All of us need to be cognizant of others right to quiet enjoyment of their apartments.

It is impossible to not hear noise since there are common walls, but we can insure that televisions, music and conversations are kept at a reasonable level. For those of us who are hearing impaired, there are devices that will help you hear without affecting your neighbors.

COVID 19 cases are on the decline as are hospitalizations. We have had our share of cases among the staff and residents. Restrictions to social distancing and wearing of a mask in public areas are still in effect for now in accordance with the Governor's State of Emergency Order. We will begin to relax restrictions on use of public areas, events and transportation while remaining in compliance with the guidance we receive. All residents will be required to comply with the restrictions as we reopen the services and facilities.

Soon we will be installing the new entry system for access to our buildings. This system will require guests to register as they enter the building and to gain access to the apartments. We will provide some training information to you and we request you share it with your guests. The new system will enhance our ability to know who is in the building so we ask you to please not let individuals into the buildings until they have registered.

Spring is here and now is the time to do that Spring Cleaning. Please make sure you utilize the bulk trash area when removing large items. Do not attempt to put large boxes down the trash chutes, but take them to the recycling containers.

Gary Coy



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From the Desk of The Deputy Director

In a letter dated February 24th addressed to the membership and hand-delivered to in-house mail-boxes, the following Relaxation of Restrictions pertaining to COVID-19 were announced:

Delaware COVID-19 cases, hospitalizations and the ratio between testing and positive cases are on a steep downward trajectory. Since early February 2021, hospitalizations (a true indicator of virulence) are down 53%.

Given the positive indicators, we believe it is reasonable to relax some of the restrictions put in place late last year. Effective February 26, 2021, the following existing restrictions will be lifted:

- ♦ Residents may resume the use of building common areas such as parlors, libraries and exercise rooms. All residents must don facial coverings (mouth and nose) and maintain at least six feet of social distancing. ***NO FOOD OR BEVERAGES ARE PERMITTED [in common areas]. These terms necessitate a limitation on the number of residents occupying these public areas – and these requirements will be strictly enforced.***
- ♦ Grab'n'Go lunch meals will again be available. Please make your reservations with Luther Village security staff not later than 4:00 pm each day for the lunch meal on the following day. Meals will be distributed between 11:30 am and 12:30 pm.
- ♦ Bible Study may resume; participants must be limited in order to maintain at least six feet of social distancing. Religious services will resume when clergy feel comfortable conducting services – Tricia is in contact with the religious institutions providing resident services.
- ♦ Public restrooms will be open to all residents.

The potential for resumption of hairdresser services, medical transportation, bus service for shopping and various routine resident activities, will be re-visited in mid to late March, 2021. We very much want to resume all activities; however, protecting your health is our #1 priority.

If you need to see a staff member – and there is no other option – please make an appointment. Limited face-to-face interactions protect both you and our staff.

As a reminder, wearing of facial coverings and social distancing remains in effect until further notice.

Thanks very much for your cooperation and patience.

Jeff



From the Desk of Kim Mendoza

March is here already, certainly hard to believe! Just keep in mind weather tends to be a mix of everything in March. If we happen to experience snow or freezing rain, it will take time for the parking lots to be completely cleared. We do our best to ensure walkways and parking lots are cleared.



However, with cars parked in the lot, only so much can be completely cleared out. Therefore, you should use caution when walking between or exiting your vehicles.

Thankfully, winter is on its way out and soon we will be able to enjoy the warmer weather outside. Personally, I enjoy seeing everything around us starting to bloom. What appeared gone will be transformed into something beautiful.

We are starting to see some changes towards normalcy all around us. There were numerous residents who participated in the COVID-19 vaccinations given at both campuses. Additional residents have gotten the vaccine through other venues. And we have noticed a decline in new cases! Hopefully, in a few months, the worst of this will be behind us. In the meantime, remember to do your part to stay safe – wear your mask, wash your hands and maintain social distancing.

Be Prepared: One issue that we keep mentioning is having an **Advanced Directive** or **Will** drawn up. If you have any of these documents, please inform us. We can keep copies in your folder or just information as to where they can be located. This will allow staff, family members/friends and medical personnel to be able to carry out your wishes. We continually have individuals who do not have any of these items – causing either your wishes not being carried out and/or a delaying them. Neither is a good scenario.

I would like to thank everyone for staying on top of their recertification paperwork. I know, with COVID-19 restrictions, it is a little different. But you are doing an awesome job providing me with the paperwork necessary to complete your annual recertification. As always, if you are confused with any of it, please call me.

On a Personal Note... Although I certainly don't want to tell you what to wear when you go to sleep or take a nap during the day, but please remember that staff may have to come in and check on you. There have been times when we see more of you than we should... *Thanks for understanding.* Kim

From the Desk of Tricia Robinson

Hello Everyone! 🙋

Vaccinations: Thank you to everyone who participated in the COVID Vaccine Clinic Round 1! We had a great turnout and things went very smoothly! For those who participated in the vaccine clinic February 17 and 19, the second vaccine will be offered March 10th at Luther Towers and March 11th at Luther Village. I will be sending out appointment times for only those residents who participated on February 17 and 19 at Luther Towers and Luther Village respectively.

If you still need your second COVID vaccine but were vaccinated on a different day, give me a call and I will put you on a list which I am sending to Public Health. They have stated they will do their best to try and get the second vaccination on an alternate date to those who did not participate in our clinic.

Will Tomorrow Come? If something were to happen to you, who would you want to be in charge of clearing out your apartment? The best way to make sure your wishes are followed is to have a Will completed. Please give me a call if you would like to start working on your Will, Advanced Directive, and/or Power of Attorney. I have packets in my office that you can fill out and we can then mail to Jacki who is the lawyer from Delaware Volunteer Legal Services. After Jacki receives the documents, she will draft the official Will and mail back to you. Having a Will is SO IMPORTANT!

Thank You to all residents who turned in their 2021 Social Security Benefit statements! If you still have not turned it in, there is still a bit of time!

Dover Place Trivia: The Winner of the Trivia Question for February was ~Ellen Conley~ from LT1. Her prize was a TARGET gift card!

If you have an answer you would like to submit for this month's Trivia Question, please put it in the BLACK BOX next to the Security Desk (both campuses have one). Jennifer from Dover Place will do a door prize drawing for those who have the correct answer!!

MARCH TRIVIA QUESTION:

The question is:

Which North African seaport is the Spanish name for the White House?

(ALSO THE NAME OF A VERY POPULAR MOVIE)

Thank you,

Tricia

INFORMATION FOR BOTH CAMPUSES

Rent will be pulled on March 4th.

In some months, your rent may not come out of your account on the 4th due to holidays or weekends.

Please check with your bank to verify rent funds have been deducted *before* pulling your money out while assuming the rent was already paid.

This will save you from Insufficient Funds problems.

MAINTENANCE NEWS

KELLY'S REMINDERS: With things beginning to open up again, I would ask that everyone continue to practice social distancing and wearing your masks. Together, we will get through this!

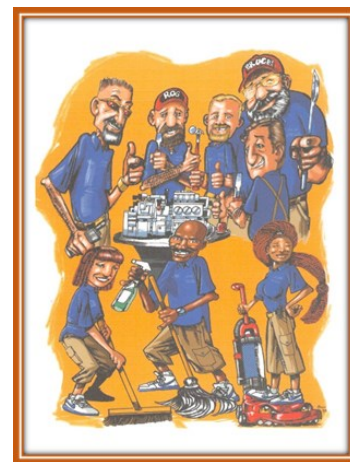
PEST CONTROL

Luther Towers Apartments

- Mar 3rd – 601 – 623 & 4102-4116
- Mar 10th – 701 – 723 & 4201-4216
- Mar 17th – 101 – 110 & A01-A18
- Mar 24th – C01 – C18

Luther Village Apartments

None for March



THOUGHT FOR THE MONTH




I've learned that...
people will forget what you said,
people will forget what you did,
but people never forget
how you made them feel.

Menu March 2021

Did you know? With funding from the Division of Services for Aging and Adults with Physical Disabilities, senior nutrition programs (Congregate and Meals on Wheels) are designed to provide balanced meals with services not met by other meal providers. We help you to live independently... longer!






Monday		Tuesday		Wednesday		Thursday		Friday	
1	Baked Ziti with Meat Sauce Broccoli Italian Bread Cookies & Milk	2	Baked Chicken Sweet Potatoes Green Beans Wheat Bread Peaches & Milk	3	Salisbury Steak Mashed Potatoes & Gravy Chef's Blend Vegetables Wheat Bread Pears & Milk	4	Williamsburg Chicken Long Grain Wild Rice Carrots Wheat Bread Pudding & Milk	5	BBQ Pulled Pork Hamburger Roll Baked Potato Bahama Blend Vegetables Pineapple & Milk
8	Meatloaf Mashed Potatoes & Gravy Succotash Wheat Bread Mandarin Oranges & Milk	9	Beef Stew with Biscuit Peas Orange Orange Juice & Milk	10	Vegetable Beef Soup Chicken Salad Hamburger Roll Orange Juice Cookies & Milk	11	Roast Beef & Gravy Red Potatoes Carrots Wheat Bread Cake & Milk	12	Fried Chicken Macaroni & Cheese Collard Greens Wheat Bread Pears & Milk
15	Baked Chili with White Rice Broccoli Cornbread Orange & Milk	16	Baked Chicken Sweet Potatoes Chef's Blend Vegetables Wheat Bread Applesauce & Milk	17	Chicken Noodle Soup Tuna Salad on Hamburger Roll Orange Juice Cookies & Milk	18	Fried Flounder Macaroni & Cheese Stewed Tomatoes Wheat Bread Pudding & Milk	19	Baked Chicken Red Potatoes Green Beans Wheat Bread Mandarin Oranges & Milk
22	Boneless Breast of Chicken with Cranberry Glaze Baked Potato & Broccoli Wheat Bread Cookies & Milk	23	Meatloaf Mashed Potatoes & Gravy Succotash Wheat Bread Fruit Cocktail & Milk	24	Chicken a la King Egg Noodles Carrots Wheat Bread Applesauce & Milk	25	Liver & Onions Mashed Potatoes & Gravy Green Beans Wheat Bread Bread Pudding & Milk	26	Baked Chicken Garlic Roasted Potatoes Peas Wheat Bread Pears & Milk
29	Spaghetti & Meatballs Broccoli Wheat Bread Applesauce & Milk	30	Baked Chicken White Rice & Gravy Peas Wheat Bread Pears & Milk	31	Chicken & Dumplings Chef's Blend Vegetables Biscuit Orange Juice Peaches & Milk	1	EASTER FEAST Ham with Cranberry Glaze Macaroni & Cheese Green Beans & Dinner Roll Cake & Milk	2	GOOD FRIDAY

<div>  March 2021 Activity Calendar <div> COVID-19 Began 1 Year Ago!  </div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2	3	4	5	6
7	8	9 3pm Cherub Group III / C	10	11	12	13
14	15	16 12:15 to 1:00 Food Box	17 HAPPY ST. PATRICK'S DAY	18	19	20 SPRING
21	22	23	24	25	26	27
28  Palm Sunday	29	30	31	1	2	3
4	5	6	7	8	9	10



March 2021 Activity Calendar

COVID-19 Began
1 Year Ago!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2	3	4 12:00 to 3:00pm Ceramics III Arts & Crafts Room	5	6
7	8	9	10	11 12:00 to 3:00pm Ceramics III Arts & Crafts Room	12	13
14	15	16 11:30 to 12:00 Food Box	17 	18 12:00 to 3:00pm Ceramics III Arts & Crafts Room	19	20 
21	22	23	24	25 12:00 to 3:00pm Ceramics III Arts & Crafts Room	26	27
28  Palm Sunday	29	30	31	1	2	3
4	5	6	7	8	9	10



Phone Extensions

302-674-1408

Name & Position	Extension #
Gary Coy, Director.....	112
Jeff Lewin, Deputy Director	130
Tricia Robinson, Social Services	131
(Tuesday / Thursday / Friday)	
Jessica Parsons, Admissions	119
Kim Mendoza, Support Services	113
Sharon Poisson, Accounting.....	132
Kelly Hauer, Maintenance	111
Nicole Newton, Kitchen.....	128
Karen Ambruso, Beauty Shop.....	129
(Wednesday / Thursday / Friday)	
Front Desk	0



Phone Extensions

302-674-3780

Name & Position	Extension #
Tricia Robinson, Social Services	210
(Monday & Wednesday)	
Luther Village 1 Desk	212
Karen Ambruso, Beauty Shop.....	674-2712 ext 305
(Tuesday)	
Medical Transportation	242-6187

EXECUTIVE

DIRECTOR

Gary Coy

DEPUTY

DIRECTOR

Kenneth Richter

HUMAN RESOURCES

Jeff Lewin

INFORMATION TECHNOLOGY

Mark Lewin, Director

SOCIAL SERVICES

Tricia Robinson, Administrator

Greg Holmes, Transportation

Dan Raube, Transportation

Thomas Flowers, Transportation

SUPPORT SERVICES

Kim Mendoza, Director

Marcie Bunnell, Security Specialist

Kirk Harris, Security

Linda Cassidy, Security

Brandy Webb, Security

Becca Dill, Security

Stephen Leora, Security

Gary Farmer, Security

Kari Ebert, Security

Jeff White, Security

Rachel Bakley, Security

Shamoya Barzey, Security

Rob Coles, Security

Maintenance

Kelly Hauer, Director

John Pinder, Maintenance Tech

Brian Coker, Maintenance Tech

Lew Friday, Maintenance Tech

Rageena Collick, Custodian

Roger Kemp, Custodian

Johnny Boyd, Custodian

Donna Eacho, Custodian

Accounting

Sharon Poisson, Director

Admissions

Jessica Parsons, Director

Newsletter

LT1 Reporter – VACANT

LT2 Reporter – VACANT

LT3 Reporter – David Masterman

LT4 Reporter – VACANT

LV1 Reporter – Sam Shaver

LV2 Reporter – Mona Cole

LV3 Reporter – VACANT

Beauty Shop

(LT1) Wed, Thur, Fri – 674-1408 ext 129

(LV3) Tuesday – 674-2712 ext 305