

Luther Towers / Luther Village

November 2020

EXECUTIVE DIRECTOR COMMENTS....

The Kent County sewer line replacement on the Luther Towers campus is finally complete and everything is beginning to return to normal. The grass seed and a new cherry tree was planted and should be well established by spring. Normalcy however will be short lived since the emergency call system and fire warning system is scheduled to be replaced in all four buildings. This is an extensive replacement and upgrade that will provide better service and information to the security staff. The system will include a major change to the alarm system that will include a call center that will monitor the system for alarms. What this means to you is when the alarm is activated the notification will go directly to the call service and then they will notify Kent County 911 center and the staff. This system is like the system currently in place at the Luther Village campus. The new fire warning system will give much more precise information as to the location of the alarm. All residents will be affected since every apartment will be included in the modification. Everyone will be notified of the need to access their apartments, so please be patient and we will keep you informed as we proceed.

A new entry system will soon be installed at all of the buildings on the Luther Towers Campus and Luther Village Campus which will result in the replacement of the current entry call system. All visitors will be required to sign in via a tablet located in each entryway. After signing in, the system will permit the visitor to contact the resident via a phone call. This will be an electronic log so that will also give us the ability to screen visitors as to health, for conditions like Covid19. Hopefully there will be a vaccine soon and the need will be diminished. We will be providing step by step instructions on how it will work so that you can inform your visitors. Resident access cards will continue to work as they do now.

Finally we are ready to proceed with the renovation of the lobby and entry doors for Luther Towers I building. This construction will take several months and include the expansion of the entry by providing a seating area inside for those waiting on a ride. Luther Towers I is the only building that is not locked all the time. In the future this will change and the security doors will be relocated to the end of the security desk. The doors will be locked and the new entry system will be installed for guest access. Along with the new entrance, the tile floor will be replaced on the first floor, walls painted

and new lighting. This project will cost nearly \$500,000 and will enhance safety for the residents and staff. During the construction I am asking for your patience as there will be changes in how you will enter the building. Our goal is to minimize the use of other entrances during construction but at certain points the lobby will be inaccessible. Safety is paramount so watch for information daily on the Telagenda.

A POWERFUL RIGHT FOR CITIZENS OF A DEMOCRATIC GOVERNMENT

“THE RIGHT TO VOTE”

The 15th Amendment to the Constitution of the United States: “The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of race, color or previous condition of servitude.”

The 19th Amendment to the Constitution of the United States: “*The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex.*”

The 24th Amendment to the Constitution of the United States: “*The right of citizens of the United States to vote in any primary or other election for President or Vice President, for electors for President or Vice President, or for Senator or Representative in Congress, shall not be denied or abridged by the United States or any State by reason of failure to pay any poll tax or other tax.*”

The 26th Amendment to the Constitution of the United States: “*The right of citizens of the United States, who are eighteen years of age or older, to vote shall not be denied or abridged by the United States or by any State on account of age.*”

*The issue of voting constitutes the most numerous of amendments to the United States Constitution. United States election laws date back to Article I of the Constitution, ratified in 1788; however, it took another 176 years to properly amend the Constitution to provide **all citizens the right to vote!** Moreover, since 1870, there have been ten (10) federal laws passed to remove barriers to the right to vote.*

*The most powerful words contained within the Constitution are, “We the People,” affirming that the government of the United States exists to serve its citizens. The supremacy of the **people** through their elected representatives is recognized in Article I, which creates a Congress consisting of a Senate and a House of Representatives. The positioning of Congress at the beginning of the Constitution affirms its status as the “First Branch” of the federal government.*

The number of amendments and federal laws related to voting which have been passed by ratification by the state legislatures and Congress clearly indicate the importance placed upon “**We the People,**” to elect the government representatives of the people who best represent the will of the people.

Sometimes when we begin to feel downhearted about the status of politics in our country, it's fairly easy to also begin to feel discouraged about voting. We may say to ourselves: I'm only one person and it doesn't matter in the big scheme of things. If I didn't vote, it wouldn't change anything. I'm only one vote. If these feelings begin to consume you, it is a good idea to read those amendments to our Constitution and remember that we are those people referred to in the text of the document.

So many municipal, state, and national elections have been decided by one vote dating back to the 19th century—your vote truly counts.

This is a very strange year as we deal with this pandemic, so more voting options are available to us. If you requested a mail-in ballot, please make time to properly complete the ballot, follow the instructions for sealing and signing your ballot, and above all, make certain that you mail that ballot, so your vote will be counted.

If you decide to vote in person at one of the available polling places, and you do not have your own transportation, please reserve a space on our bus by contacting our Director of Social Services, Patricia Robinson. We will make as many trips as practically possible to preserve your right to vote.

VOTE, IT'S WHAT KEEPS US FREE!

Jeff Lewin
Deputy Director

THE BULLY BLOG



Recertification paperwork: I would like to thank everyone for being so timely with the return of your recertification paperwork. For the most part everyone is doing a fantastic job. There are a few problems I have encountered: **All I require on the paperwork I ask you to sign is your signature (do not fill out any other information, with the exception of the questionnaire); this information is to be completed by a 3rd party.** Additionally, I need everything back that I have paper clipped together. Although there are pages you do not need to sign, they are part of a package. When you remove them I have to reprint out the whole package again. If you have any questions please don't hesitate to contact me.

This article addressed online arguments such as Facebook etc., but can equally apply to everyday conversation. (Worth the read)

Don't Add Fuel to the Fires of Online Arguments

By Rick Warren — October 7, 2020

There's a lot of negative stuff online. It's never been easier to take to heart the negativity that you read on your social media feed and then get drawn into unproductive arguments. You just want to set people straight!

"Stay away from those who have foolish arguments and talk about useless family histories and argue and quarrel about the law. Those things are worth nothing and will not help anyone" (Titus 3:9 NCV).

God doesn't want you to get involved in useless arguments. That includes those on the Internet. There are plenty of people just waiting for someone to challenge them online. They even go looking for arguments. But those folks use motivated reasoning, which means, no matter what you say, it's not going to change anything. The Bible has something to say about people who live for the fight: *"Just as charcoal and wood keep a fire going, a quarrelsome person keeps an argument going"* (Proverbs 26:21 NCV).

Don't add fuel to the fire. *"Don't answer fools when they speak foolishly, or you will be just like them"* (Proverbs 26:4 NCV). Don't let them hook you!

What people think about you should not concern you and does not have any degree of influence on your happiness. Instead, here's what Jesus says you should be worrying about: *"And I tell you that on the Judgment Day people will be responsible for every careless*

thing they have said" (Matthew 12:36 NCV).

One day, we're going to give an account of every word we used on the Internet or our phones. That ought to give anyone pause before they post anything.

The Bible says that pride always causes conflict (Proverbs 13:10). Anywhere you find conflict, ego is involved. When my pride hits your pride, which causes conflict.

Before you go online, ask God to give you a good dose of humility. You'll need it as you face the fire and make the right choice to speak in love.

Ephesians 4:29 is a good example of how we should respond to others, *"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."*

In His Spirit,
Kim

"TALK WITH TRICIA"



Hello Everyone! ☺

We have had several residents turn 65yrs old this year and as most of you know there are MANY changes to your health insurance when you turn 65! If you have recently turned 65 or are going to turn 65 in the next 6 months please give me a call. The 3 biggest surprises that most

people are not prepared for when turning 65:

1. Medicare becomes your primary insurance (a few circumstances excluded such as full time employment benefits or you are not qualified for Medicare)
2. Participants will immediately begin to pay a Medicare premium when the Medicare start date arrives
3. Participants must enroll in a prescription drug plan that is separate from the red/white/blue Medicare card

There are programs that offer assistance with Medicare premiums, prescription drug premiums, copay's if you meet the financial qualifications but you must be prepared to pay until the assistance programs take effect.

Medicare Open Enrollment begins October 15-December 7. IF you are not happy with your prescription drug coverage call me, and we will set up an appt to review your plan. If you are pleased you do not need to do anything. For those enrolled in Delaware Prescription Assistance Program (DPAP) please watch your mail for the re-enrollment letters. When you receive the letters please give them to me ASAP. There is a black box located next to the security desk at both campuses that mail can be put in and I will receive it the next day.

If you are interested in setting up an appt for Wills for Seniors please give me a call! It is very important for everyone to have a Will, Power of Attorney and Advanced Directive. Jacki Chacona a

lawyer from Delaware Volunteer Legal Services volunteers her time freely to complete these documents for our seniors at LT/LV. Please take advantage of the opportunity. We have had 30 completed this month!

Winner of Pinnacle Rehabilitation and Health Center Trivia Question for October is Gloria Ford. Prize was a TARGET gift card! (prizes vary)

If you have an answer you would like to submit for this month's Trivia Question please put it in the BLACK BOX next to security desk (both campuses have one). Jennifer from Pinnacle will do a door prize drawing for those who have the correct answer!!

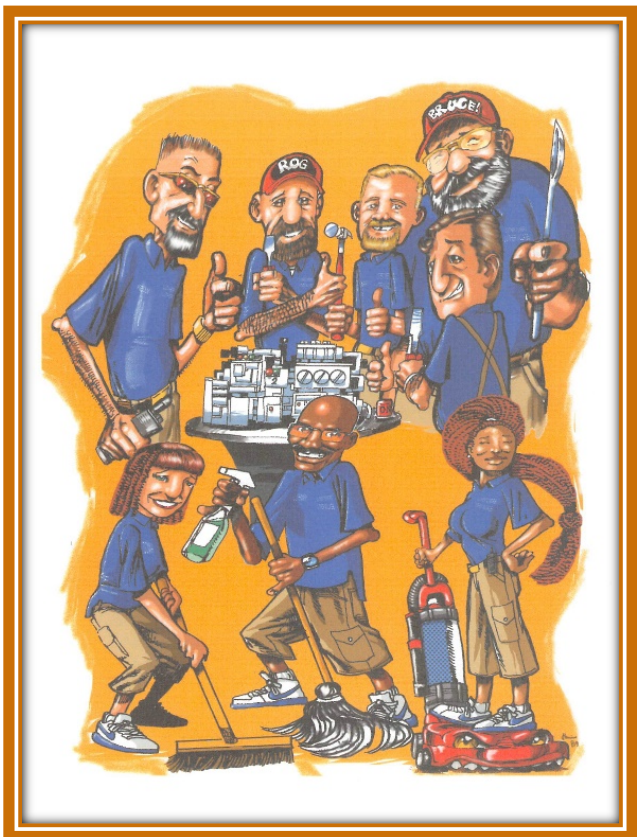
TRIVIA QUESTION:

The term "Cornucopia" means what?

- (a) Tall Corn
- (b) Greek God of Corn
- (c) Horn of Plenty
- (d) A traditional New England relish

Thank you, Tricia





MAINTENANCE NEWS

Pest Control - Luther Towers Apartments

- Nov 4th – 201-223 & B01-B18
- Nov 10th – 301-323 & 1001-1018
- Nov 18th – 401-423 & 2001-2018
- Nov 20th – 501-523 & 3001-3018

Pest Control - Luther Village Apartments

- None this month

Kelly’s Reminders: Just want to let you know that the maintenance department will be replacing heat pump filters this month. We will send out notices when this will be preformed.

Thought for the month

November it the month to remind us to be thankful for the many positive things happening in our life.

Kelly



Rent will be pulled on 4 November. Some months your rent may not come out of your account on the 4th, due to holidays, weekends, etc. **Please check with your bank to verify the rent has been deducted** before pulling your money out assuming the rent was already paid. This will save you from Non-Sufficient Funds problems.



NEWCOMERS

Anthony Casson	LT2	B18
Cathy Spear	LT4	4306
Maurice Mizell	LT4	4310
Ronald Laws	LV1	1208
Harry Shelp	LV3	3212



LUTHER TOWERS ACTIVITIES



MEDICAL TRANSPORTATION

SCHEDULE YOUR MEDICAL APPTS FOR MONDAYS, TUESDAYS, AND THURSDAYS BY CALLING LTI's FRONT DESK – 674-1408 (EXT 0) or LV1's Security at 674-3780 (EXT 212). Please have your appointment information available and turn your TV or radio volume down before calling.

*Holidays during the next 3 months:
No transportation will be provided on
November 26th, Thursday
December 24th, Thursday
January 18th, Monday*

Medical driver will call the afternoon before your appointment. If you do not receive a call by 6:00 p.m., please contact LT1's front desk to confirm your appointment.

When you call to make an appointment for transportation, do not leave voicemail messages with the information. Call back and talk to whoever is on-duty personally. This will eliminate possible confusion. Please remember this is a first-come first-serve service.

Bingo – *Luther Towers Building 1 Activity Room at 6p.m. Bingo will only be held on Wednesday's for the time being. Thanks for your understanding.*

NEW BINGO GUIDELINES:

No food is allowed

Participants can bring own beverage

Paper cards will be provided

THERE WILL BE NO OUTSIDE PARTICIPANTS PERMITTED (if you do not live at Luther Towers or Luther Village you will not be permitted to play)

Cherub Group – *10 November* at 3:00 p.m. in LT1 Activity Room. For residents who have knitted or crocheted baby blankets for newborn babies at Bayhealth.

Crochet Club – On hold for now

Dominoes – On hold for now

Food Box pick-up – *17 November, 12:15 p.m.*

Movie Night – On hold for now.

Religious Services

LT1 – Activity Room

Church Service - Sundays – On hold for now.

Holy Cross Communion – On hold for now.

Prayer groups – On hold for now.

Bible Studies –. On hold for now

Dover Church of Christ Outreach – Mondays at 6:00 p.m. in LT1 Activity Room.

MASS – Unknown at this time

Methodist Women – On hold for now

Stamps – On hold for now.

LUTHER VILLAGE ACTIVITIES



Bingo – *Luther Village Building 1 Activity Room at 6:30 p.m. Bingo will only be held on Thursday's for the time being. Thanks for your understanding.*

NEW BINGO GUIDELINES:

No food is allowed

Participants can bring own beverage

Paper cards will be provided

THERE WILL BE NO OUTSIDE PARTICIPANTS PERMITTED (if you do not live at Luther Towers or Luther Village you will not be permitted to play) On hold.

Ceramics –Thursdays in LV3, 12–3pm. Limited to 8 per class. Must wear mask until seated at table and maintain social distancing.

Crafts Class – *30 November*, 1p.m. Limited to 8 per class. Must wear mask until seated at table and maintain social distancing.

Dominoes – On hold for now.

Exercise (YMCA)!!!! – Thursdays at 1:15 - 2:00 p.m. in LV3 Activity Room. Chair yoga and exercises.

Food box pick-up – *17 November*, 11:30.

Games – On hold for now.

Knit & Stitch – On hold for now.

Movie Night – On hold for now.

Pokeno – On hold for now.

Religious Services – 9:00 – 1:00, LV3 activity room.

Senior Companion Worker Meeting – On hold for now.

Sign Language Class – On hold for now.

Stamps – On hold for now.

TOWERS 1 2, 4 AND VILLAGE 3



(No reporters, if interested please contact Kim or Tricia)

TOWERS I – RESIDENT CONTRIBUTION

It's 78 and Sunny! 10/7/20, a Wednesday. Always so busy with my work, I just took a short break to get some fresh air. "Toured" the Luther Towers property on my bike, noticing the new asphalt in front of building!!, the park which is our back yard, always so well maintained, the new house under construction at the North end of our park, several folks out for a stroll, the construction work for the new fence going in where we line up to get the food boxes, and taking in the beauty of Mother Nature.

I take a moment to remind all of us how fortunate we are to be living here in our "golden years", in such a well maintained facility, with such a dedicated and capable team taking care of us as well as the property. Yes, indeed, it could be soooo much worse.

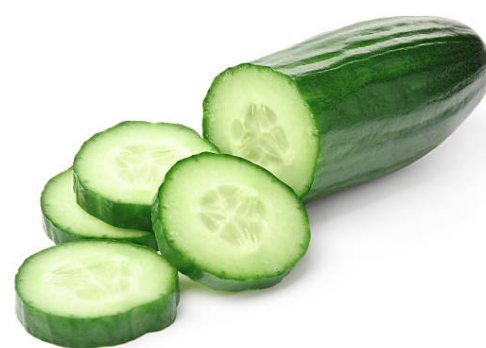
Count your Blessings, and occasionally let them know – Director Coy, Ken

Richter, Jeff, Kim, Kelly, Marcie, Donna, any staff whom you encounter, that you appreciate their good work.

See you around,

Ken Abraham in 414

The amazing cucumber



This information was in the New York Times as part of their "Spotlight on the Home" series that highlighted creative and fanciful ways to solve common problems.

1. Cucumbers contain most of the vitamins you need every day, just one contains Vitamins B1, B2, B3, B5, B6, Folic acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.
2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. They are a good source of B vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.
3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.
4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The

chemicals in the cucumber give off a scent undetectable to humans, but drive pests crazy and make them flee.

5. Looking for a fast and easy way to remove cellulite before going out to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes. The phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer of skin. Works on wrinkles too.

6. Want to avoid a hangover or terrible headache? Eat a few slices before going to bed and wake up refreshed, headache free. They contain sugar, B vitamins and electrolytes that replenish essential nutrients the body lost.

7. Looking to fight off that afternoon/evening snacking binge? Cucumbers have been used for centuries by trappers for quick meals to thwart off starvation.

8. Have an important meeting/job interview and haven't enough time to polish your shoes? Rub a fresh cut cucumber over the shoe, its chemicals provide a quick, durable shine that also repels water.

9. Out of WD40 and need to fix a squeaky hinge? Rub a slice along the hinge and the squeak is gone.

10. Stressed out and don't have time for a massage or visit to the spa? Cut up an entire cucumber and place it in a pot of boiling water. The chemicals react with the water and are released in the steam, creating a soothing, relaxing aroma shown to reduce stress in new mothers and college students during exams.

11. Just finish a business lunch and don't have gum or mints? Take a slice and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath.

12. Looking for a "green" way to clean your faucets, sinks or stainless steel? Take a slice and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks or harm your nails.

13. Using a pen and made a mistake? Take the outside of a cucumber and slowly use it to erase the pen writing, works great on crayons and markers that they kids use to decorate the walls.

TOWERS 3

WHO/WHAT AM I?



Last months answer to: What was the very first Mickey Mouse Cartoon called? Steam Boat Willie

Who/What am I? I played Gypsy Rose Lee in the Movie "Gypsy". Who am I?

Mr. Stupid's Adventures

"The birth of Mr. Stupid"

Hi folks, it's me, Mr. Stupid or Dave Masterman, a maybe a few of you already know. I'd like to be serious this time.

One night when I was sitting in my apartment with tears in my eyes. I was thinking about my family and what happened to them. But, I'll spare you that and any way it is my demon. SO here I sat. I finally got to my feet and

did what I usually do to avoid falling asleep, and I didn't want to go through the nightmare crap any more. I went for a walk.

Now maybe you think I am strange, but I am who I am. When I walk I talk. I don't talk to myself though, because there is someone with me. For many years I walk at night to avoid sleep. I make believe that God is walking beside me like a buddy and I address everything to him. This particular night I'm walking and talking. No one heard me, because there is never anyone out by the river/lake at 3:00 a.m. In tears I ask God, "So God, how do I make it through this?" There was complete silence, and all of a sudden, in my mind I heard "laughter, how many folks are feeling down?" Ok, "Bring them back up." All this time I'm talking out loud. "But God I am not a comedian, am I?" Then it comes to me and I almost yelled "stupid!!" I looked to my right, smiled and said, "Hey, thanks buddy -er- I mean God – sorry." Well, it was 5:30 a.m. by then and at that time I usually walked up US13 to where Nicole's used to be. I turned around and started back. The traffic was picking up and my right hip was about to give up, there is a bullet in there and sometimes it moves "ouch". Back in my apartment with pen and paper. So, what started to come to mind was "hey I don't mind laughing at myself and I've done many stupid things in my ears and some. Then what do I call it? That wasn't very hard, I remember what Sister Saint Anthony told me once, well she said after "stupid kid" pulled a stupid stunt. She said in the words that I have laughed about since. "Mr. Stupid, Stupid is as stupid does." She pinched my ear and walked away.

So, there it was, "Mr. Stupid was born. Now, I am not a journalist. Hell, my spelling isn't that great and I tell it like it was in the only words I know. So what I write is all true, no embellishments. I try to keep these experiences as short as I can because there are others who need the space too. The nightmares? I still have them. But now when I awake sweating and with tears, I walk, then I come back and write. When I was on the job though, Mr. Stupid takes a back seat to it. And that is why I am still alive today – "Wow!!"

Thanks Folks,

Dave Masterman

VILLAGE 1 – NEWS!



What can we say about November? It's the last full month of Autumn in the northern hemisphere? We experience colder temperatures – sometimes you don't know if it is going to snow or be sunny. Our days are shorter; oh, time will fall back one hour on the 2nd of the month (ending daylight savings time). We will be celebrating Thanksgiving on the 26th this year; and finally, the next day regarded as the beginning of the Christmas shopping season--Black Friday.

Don't forget to vote on Tuesday, November 3rd. Remember – YOUR VOTE COUNTS! On October 19th, Mr. Coy advised me a bus would be provided

to take residents to their designated voting location on November 3rd. Please check the bulletin board for any forthcoming information.

HAPPY VETERANS' DAY



Veterans Day Nov. 11th

On November 30, we will be painting Christmas balls in our Arts and Craft class. I must admit this is one of my, and a few others, favorite class. It is just fun and so easy. Just \$2.00 for each class on the last Monday of the month. You must sign-up and put date you signed up...first come, first served. If for any reason the class is cancelled, it will be posted.

I am sure most of us, at one time or the other, can be noisy during the day moving around/whatever in our apartments...after all, we are just human. However, when 10 PM rolls around, that is the designated quite time to begin for all Luther Village residents. No one appreciates being woke up 1AM– 3AM with noise, music—whatever. I understand approximately around 3 AM a resident's loud TV/whatever was reported to Towers just recently. Please be considerate of others' quiet/sleeping time.

In October, we lost Bruce Johnston, Luther Village's long-time maintenance man. Our sincerest condolences go out to his family and friends. Many Luther Village residents will miss him.

The Lighthouse of the Lord

Beckons to all, as we sail the seas of life.



Please say a prayer for all Luther Villages ill residents; and please pray for our Country.

Happy Birthday to all Luther Village's November residents.

Did You Know: The first national holiday of Thanksgiving was observed in honor of the creation of the new United States Constitution! In 1789, President George Washington issued a proclamation designating November 26 of that year as a “Day of Public Thanksgiving” to recognize the wisdom in creating the new United States federal Constitution. President Lincoln's proclamation marked Thursday, November 26, 1863, as Thanksgiving. He enumerated the blessings of Americans and called upon his countrymen to “set apart and observe the last Thursday of November as a day of Thanksgiving and Praise.” In **1939**, President Franklin D. Roosevelt changed Thanksgiving from the last Thursday in November to the second-to-last Thursday. However, thousands continued to celebrate Thanksgiving on

the last Thursday in November. In **1941**, to end any confusion, President Franklin Delano Roosevelt established Thanksgiving as a United States federal holiday to be celebrated on the fourth Thursday in November, which is how it stands today!

Thought for the day: *The happiest people don't have the best of everything, they just make the best of everything.*

Buttermilk Substitute

My recipe for Lemon Zucchini Bread calls for a cup of buttermilk. I've never used buttermilk (my Mother did); nor did I want to spend the money. So, I discovered the below homemade buttermilk substitute that comes together in 5 minutes and requires only 2 ingredients. So, I am skipping the grocery store, making my own buttermilk, and saving money!

Yield: 1 cup

Prep Time: 1 minute

Additional Time: 5 minutes

Total Time: 6 minutes

Ingredients

- 1 tablespoon white vinegar, OR lemon juice
- 1 scant cup milk

Instructions

1. Measure one tablespoon of white vinegar, or lemon juice into a liquid measuring cup.
2. Add in a scant cup of milk and fill to the 1 cup measurement line.
3. Stir the mixture together and let sit for 5 minutes before using.

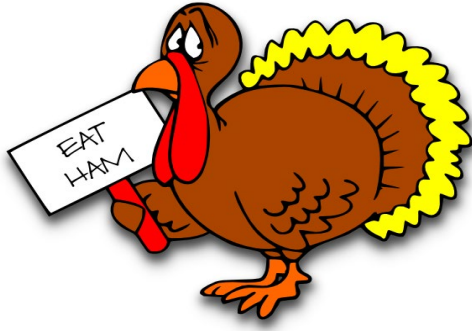
THANKSGIVING PRAYER

O Gracious God,
we give thanks for your
overflowing generosity to us.
Thank you for the blessings of
the food we eat and especially
for this feast today.
Thank you for our home, family
and friends, especially for the
presence of those gathered here.
Thank you for our health, our
work and our play.
Please send help to those who
are hungry, alone, sick and
suffering war and violence.
Open our hearts to your love.
We ask your blessing through
Christ your son.
Amen



SAM

VILLAGE 2 – NEWS!



Don't forget to vote on the 3rd, our voting day. I understand, unless there is a change of plans, there will be a bus to take those of us to our designated place to vote.

November 11th is Veterans Day; the day we honor all military veterans. Most of



us have/had a family member who is/was a veteran.

Thanksgiving will soon be here. What can we expect when it gets here? Will we be able to enjoy it with our families or will we still be on Covid19 watch?

Boy, we sure hope not! I want my turkey, mash potatoes, gravy, deviled eggs, candied sweet potatoes, olives, macaroni and cheese, and big round biscuits. Oh, I

forgot, my “pumpkin” pie! Don't want much, do I?

Happy birthday to all who has one this month. May you have many more.

Pray for all our residents, and those in the hospital or rehab.

Don't forget your mask when you leave your apartment. I know some of us forget until we are out the door, but after all, we are only human. I know I have forgotten. Hopefully, by late Spring we won't need to wear them anymore.

Do be careful and don't load the washers too full. Maintenance says that's why they won't spin our clothes dry. Even though one washer may only have a few pieces, it won't spin the water out. We must wring the clothes out by hand.

We wish to express our sorrow on the passing of our Maintenance man, Bruce Johnston. We will miss him. Please pray for his family.

Don't forget to thank god for all he does for us.

God bless
Mona

November

2	Sloppy Joe Hamburger Roll Milk Baked Potato Broccoli Orange	3	Baked Chicken Cavatappi Marinara w. Mushrooms & Onions Wheat Bread/Milk Prince William Blend Veg. Brownie	4	Navy Bean Soup Chicken Salad Hamburger Roll/Milk Orange Juice Fruit Cocktail	5	Pepper Steak Jasmine Rice Broccoli Wheat Bread Milk Fruit	6	Liver & Onions Mashed Potatoes Gravy Wheat Bread/Milk Green Beans Bread Pudding
9	Beef Pasta Casserole Meat Sauce Italian Bread/Milk Chef's Blend Mixed Veg. Apple	10	BBQ Pulled Pork White Cheddar Mac & Cheese Collard Greens Wheat Bread/Milk Cookies	11	 VETERANS DAY <i>Honoring all who served</i> CENTER CLOSED	12	Birthday Day Roast Beef Au Jus Red Potatoes Carrots Wheat Bread/Milk Cake	13	Baked Chicken Long Grain Wild Rice Gravy Chef's Blend Veg. Wheat Bread/Milk Strawberries
16	Spaghetti Meat Sauce Wheat Bread/Milk Broccoli Applesauce	17	Baked Chicken White Rice Gravy Wheat Bread/Milk Peas Pears	18	Vegetable Soup Chicken Salad Hamburger Roll/Milk Cranapple Juice Cookies	19	Thanksgiving Feast Roast Turkey, Gravy Mashed Potatoes, Sweet Potatoes Stuffing, Dinner Roll Milk, Green Beans Sweet Potato Pie \$6 age 60 up, \$9 under 60	20	Chicken and Dumplings Biscuit/Milk Chef's Blend Veg. Orange Juice Peaches
23	Sloppy Joe Hamburger Roll Milk Baked Potato Broccoli Mixed Fruit	24	Baked Chicken Sweet Potatoes Wheat Bread/Milk Spinach Apple	25	Tossed Salad with Chicken Strips, Cheese, Cucumber, Tomatoes, Croutons, Dried Cranberries, Dressing Dinner Roll Cookies	26	 HAPPY THANKSGIVING	27	CENTER CLOSED
30	Mild Chili White Rice Broccoli Cornbread Milk Peaches	Dec 1	Baked Chicken Garlic Roasted Potatoes Peas Wheat Bread/Milk Tapioca Pudding	Dec 2	Chicken Noodle Soup Tuna Salad Hamburger Roll Milk Grape Juice Banana	Dec 3	Cod Macaroni & Cheese Stewed Tomatoes Wheat Bread/Milk Pears	Dec 4	Baked Chicken Sweet Potatoes Green Beans Wheat Bread/Milk Applesauce

Luther Towers - November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 6pm Church of Christ Outreach (I)A&C	3	4 6pm Bingo (I)A	5	6	7
8	9 6pm Church of Christ Outreach (I)A&C	10 3pm Cherub Grp (I)C	11 6pm Bingo (I)A	12	13	14
15	16 6pm Church of Christ Outreach (I)A&C	17 12:15pm Food Box	18 6pm Bingo (I)A	19	20	21
22	23 6pm Church of Christ Outreach (I)A&C	24	25 6pm Bingo (I)A	26 THANKSGIVING DAY	27	28
29	30 6pm Church of Christ Outreach (I)A&C					

Luther Village - November 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9am–1pm Church (III)A	2	3	4	5 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A	6	7
8 9am–1pm Church (III)A	9	10	11	12 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A	13	14
15 9am–1pm Church (III)A	16	17 11:30pm–12pm Food Box	18	19 12pm–3pm Ceramics (III) 1:15pm–2pm Exercise Class (III)A	20	21
22 9am–1pm Church (III)A	23	24	25	26 THANKSGIVING DAY	27	28
29 9am–1pm Church (III)A CHURCH ALL DAY	30 1pm Glass Painting Class (III) Arts Room					

LUTHER TOWERS
BLUEBIRD SCHEDULE
RSVP TO LV SECURITY DESK
674-3780 EXT 212

WEDNESDAY:

Safeway, Target, Food Lion

BYLERS- SECOND WEDNESDAY OF THE MONTH-

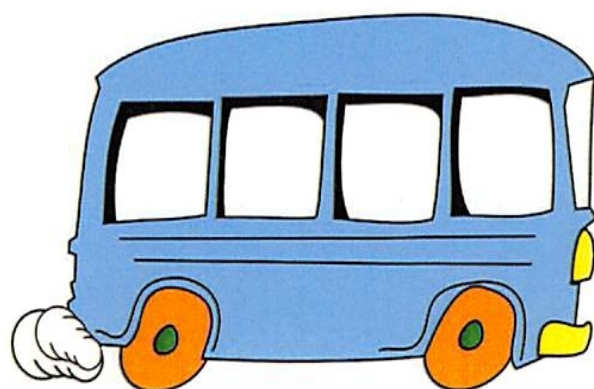
9am and 10am TRIP ONLY

(pharmacy stop as requested and driver able)

SATURDAY:

Weeks 1st, 3rd, 5th - CAMDEN WALMART

Weeks 2nd, 4th – CHESWOLD WALMART



***7 PASSENGERS PER TRIP ALLOWED (MAXIMUM)**

***SOCIAL DISTANCING AND FACE MASKS REQUIRED**

***SANITATION COMPLETED BY DRIVER AFTER EACH TRIP**

COME ON OUT AND RIDE!



Phone Extensions for Luther Towers and Luther Village

Luther Towers 674-1408

Director, Gary Coy	Ext. 112	
Deputy Director, Ken Richter	Ext 130	
Deputy Director, Human Resources	Ext 112	
Jeff Lewin		
Social Services, Tricia Robinson	Ext 131	(Tuesday, Thursday & Friday)
Admissions, Jessica Parsons	Ext 119	
Support Services, Kim Mendoza	Ext 113	
Accounting, Sharon Poisson	Ext 132	
Maintenance, Kelly Hauer	Ext 111	
Kitchen, Nicole Newton	Ext 128	
Beauty Shop, Karen Ambruso	Ext 129	(Wednesday, Thursday & Friday)
Front Desk	Ext 0	

Luther Village 674-3780

Social Services, Tricia Robinson	Ext 210	(Monday & Wednesday)
LV1 Desk	Ext 212	
Beauty Shop, Karen Ambruso	674-2712 (ext. 305)	(Tuesday)
Medical transportation	242-6187	

(This number is to be called when you are ready for pick up after your appointment.
Call 674-1408 Ext 0 to make, cancel, or confirm appointments)

LUTHER TOWERS (674-1408)

EXECUTIVE

DIRECTOR

Gary Coy

HUMAN RESOURCES

Jeff Lewin

INFORMATION TECHNOLOGY

Mark Lewin, Director

SOCIAL SERVICES

Tricia Robinson, Administrator

Pete Kirch, Transportation

Dan Raube, Transportation

Thomas Flowers, Transportation

SUPPORT SERVICES

Kim Mendoza, Director

Marcie Bunnell, Security Specialist

Kirk Harris, Security

Linda Cassidy, Security

Brandy Webb, Security

Becca Dill, Security

Stephen Leora, Security

Gary Farmer, Security

Kari Ebert, Security

Jeff White, Security

Rachel Bakley, Security

Gabrielle Taylor, Security

Rob Coles, Security

DEPUTY

DIRECTOR

Kenneth Richter

MAINTENANCE

Kelly Hauer, Director

John Pinder, Maint Tech

Brian Coker, Maint Tech

Lew Friday, Maint Tech

Rageena Collick, Custodian

Roger Kemp, Custodian

Johnny Boyd, Custodian

Donna Eacho, Custodian

ACCOUNTING

Sharon Poisson, Director

ADMISSIONS

Jessica Parsons, Director

NEWSLETTER

LT1 Reporter – VACANT

LT2 Reporter – VACANT

LT3 Reporter – David Masterman

LT4 Reporter – VACANT

LV1 Reporter – Sam Shaver

LV2 Reporter – Mona Cole

LV3 Reporter - VACANT

BEAUTY SHOP

(LT1) Wed, Thur, Fri 674-1408, Ext 129

(LV3) Tues 674-2712, Ext 305

LUTHER VILLAGE (674-3780)

LV 1 REPRESENTATIVE

(VACANT)

LIBRARIAN

LVI – Joan Jones

LV2 – Vacant

LV3 - Vacant

LV 2 REPRESENTATIVE

Mona Cole

GAMES

Arlene Baldwin

Jane Hastings - Dominoes/Pokeno

LV 3 REPRESENTATIVE

(VACANT)

DECORATIONS

FINANCES

SUNSHINE REPRESENTATIVE (LV1)